

MONTANA
STATE UNIVERSITY
Allen Yarnell Ce
for Student Succe

## Preparing for Lives & Careers of Purpose November 14, 2022



### Thinking about taking a "W" in a challenging class? Come see us first! There may be many reasons you are not doing well in a class - your schedule is too full, you don't understand the

DON'T GIVE UP!

Come see us and we can help you:

Understand why your grade is what it is and make a plan to raise it.

- Talk through what a "W" means for your financial aid and transcript.
- Make a plan to talk with your advisor and professors.

material, you are having trouble getting motivated and energized.

AND... it never too late to get a tutor for your challenging class. Check out one-on-one and drop-in tutoring today.

Montana's Own Scholars receive FREE, unlimited tutoring - take advantage of it now!

Refer you to other assistance on campus like counseling or disability services.

See a Success Advisor!



#### **LinkedIn** is a powerful tool that, used in conjunction with your resume and cover letter, allows you to tell YOUR STORY to potential employers/internships. Learn how to "Rock Your LinkedIn Profile" with this tutorial from the MSU

What are you waiting for!

Library (use your NetID to sign in and search for the tutorial by name).

Once you've learned how to create a terrific profile, make sure you have the **perfect profile pic** to match.



We have a



# Every Tuesday 3:00 - 5:00 P.M. MAKE THE RIGHT IMPRESSION

## Brought to you by Career, Internship & Student Employment Services

GET A PROFESSIONAL LINKEDIN PROFILE

## PHOTO FOR FREE In the Allen Yarnell Center for Student Success SUB 177 No appointment needed.

Come dressed for a photo shoot!

Questions? Call 406.994.4353



MONTANA

Allen Yarnell Center

for Student Success

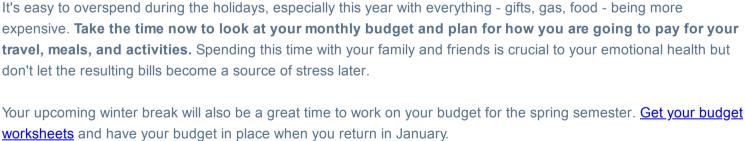
See a Career Coach!

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SUB 177 · www.montana.edu/careers

406-994-4353 · Careers@montana.edu



Don't let today's expenses be tomorrow's stressors!

Tip of the Week

PART 1: Track Your Spending Budget Sheet #1

Plan to track every expense and all your income for at least 2 weeks, if you can do a month or more that is great!

Step 1: Record the amount available for spending at the start of the structing period in the "Balance" Column.

Step 2: Record the state of the same and the state of the structing period in the "Balance" Column.

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This Worksheet will allow you to see your income vs. your expense in specific

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Building Your Budget with the Office of Financial Education

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Step 1: Use this budget to plan your spending each month.

Step 2: Record your totals at the end of the month to make sure you are sticking to your plan.

Step 3: Going forward you can add columns for months and make adjustments as your income/expenses change

PART 3: Final Budget Sheet #3
This Worksheet is your new working budget.





FEATURED RESOURCE

The <u>Office of Health Advancement</u> (OHA) is located at 1102/1106 6th Street, just across the street from the American Indian Hall on the eastern side of campus, and is your one-stop shopping for these services, and many more. Additionally, they <u>sponsor events</u> like wellness fairs, vaccination clinics, and

Part of finding purpose and meaning in work and life is to feel good physically, emotionally, spiritually and the staff and faculty at OHA can work with you on all these aspects of your life. Check out the

**Find More Resources!** 

"The Office of Health Advancement educates, empowers, and energizes the MSU community to thrive through a balanced lifestyle."

website for a full list of their services or drop in and talk to someone today.

free movie nights.



#### We Want YOUR Story on the Website

We are in the process of updating our website with videos, photos, and stories of

Montana's Own Scholars and we want to feature you!

Ready to share your interests, achievements, and goals with the world?

Contact Deb for more details and to set up a time to meet.

### Bobcat Mentoring Circles Monday, November 28, 2022 4:00 pm - 5:30 pm

**Mark Your Calendar** 

American Indian Hall

The Bobcat Mentoring Circles are a form of career development mentoring, where professionals from the

Bozeman community share their experiences and wisdom specific to career development in a small group format. It is interactive, allowing you to engage and ask questions.

This pilot project is currently offered to fewer than 200 MSU students so don't miss this unique opportunity!

November's topic is *Choice Architecture*, or how and why the choices made or not made during college and

after impacted their career. There will also be time for Q&A and dinner.

This is an excellent opportunity to learn - from professionals who have been in the business for years - what you can be doing RIGHT NOW make connections and set yourself up for a success today and in your

**More Resources for Scholars** 

See all the upcoming Montana's Own activities and events

See resources and materials just for Montana's Own Scholars.

The Montana's Own Scholarship Program is sponsored by Patt and Terry Payne.

Subscribe to our email list.

CLICK HERE TO FIND OUT!

WHO ARE THE MENTORS?

<u>on the online calendar</u>.

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