

DRUG TESTING POLICY

Student-athletes must sign and consent to be drug tested per the both the NCAA and MSU Drug Testing policies before being permitted to practice with an MSU athletic team. Below is the MSU drug testing policy. The NCAA Drug Testing policy can be found at <http://www.msubobcats.com/studentathletes>

MSU-BOZEMAN DRUG EDUCATION, TESTING, AND TREATMENT PROGRAM AND POLICY FOR ALL STUDENT-ATHLETES

1. **Introduction**

Montana State University-Bozeman has always maintained a policy of careful maintenance of and concern for the health of our student-athletes. MSU believes the use and/or abuse of those chemical substances listed in Appendix F, except when prescribed by a physician to treat a specific problem, can:

- A. Be detrimental to the physical and mental well-being of its student-athletes in academic and athletic competition, no matter when such usage should occur during the year;
- B. Seriously affect the performance of individuals as students and athletes;
- C. Be dangerous to athletes and their teammates in athletics competition and practice; and,
- D. In some cases, provide an unfair advantage over other competitors.

A violation of the athlete's intercollegiate team rules has occurred and may subject the athlete to the sanctions set forth in this policy, if:

- i. an athlete uses and/or abuses any of the drugs listed in this policy, except as prescribed by a physician to treat a specific medical condition, and/or
- ii. an athlete fails to participate in alcohol and drug abuse counseling and/or treatment as outlined in the policy.

2. **Purpose of the Program**

Montana State University-Bozeman has adopted this Drug Education, Testing, and Treatment Program for all MSU student-athletes who participate in intercollegiate athletics. The purpose of the program is:

- A. To educate all athletes on health and safety hazards inherent in the use of drugs;
- B. To identify and provide assistance to athletes whose use of drugs may affect the health and safety of themselves and/or other athletes;
- C. To maintain the integrity and competitive fairness of MSU athletics programs; and,
- D. To encourage athletes to avoid the use of drugs.

3. Description of the Program

The MSU program combines the use of drug education with a system for drug testing and referral to counseling and treatment for those athletes who test positive for the use of prohibited drugs. Student-athletes are subject to random drug screenings to test for "performance enhancing" substances and/or illegal drugs and may also be tested when there is reasonable suspicion that they are using either "performance enhancing" or "street drugs."

A. Testing Component

- i. The testing program will be confidential and will utilize methodology with appropriate sensitivity and specificity to minimize the likelihood of inaccurate results.
- ii. Tests may be performed to identify the use of "performance enhancing" drugs and illegal drugs if the University has reasonable suspicion that an athlete is using these drugs either during the athletic season or at other times athletes are on campus as students or athletes.
- iii. Substances for which tests may be made are listed at the end of this policy. Because testing for all substances may be cost-prohibitive, selective tests for substances may be made.
- iv. Athletes will be provided with notification of the program and shall consent to be tested as follows:

Notification

- a. A statement of the MSU-Bozeman Drug Education, Testing, and Treatment Program will be provided to each athlete and all members of the coaching staff on an annual basis.
- b. A list of substances for which tests may be conducted will be attached to the statement. The list may be updated at any time to conform with NCAA requirements or as information becomes available which requires that the list be updated. The student-athletes will be provided with copies of any revisions to the list.
- c. Consent – A consent form, which acknowledges that the athlete has received the information described in paragraph A.iv.a above and that the athlete has agreed to participate in the program, will be signed annually and kept on file in the Compliance Office as a pre-condition for participation in MSU-Bozeman intercollegiate athletic program.

4. **Testing Protocol**

A. **Probable Cause**

- i. If a member of the coaching staff, an athletic trainer or the Athletic Director has a reasonable suspicion that an athlete is using any of the substances identified in Appendix F, the coach, trainer or Athletic Director shall notify the athlete and explain the reasons which caused him/her to suspect that the athlete is using a substance which is prohibited. The athlete shall be given an opportunity to explain his/her position to the coach and/or trainer and/or Athletic Director.
- ii. The coach and/or trainer and/or Athletic Director may seek to have the athlete tested by notifying the Athletics Director, designee or Faculty Athletic Representative (when the Athletic Director is the person that has reasonable suspicion) within 24 hours after meeting with the athlete. The Athletics Director or Faculty Athletic Representative will arrange a meeting with a committee comprised of the Athletics Director or Faculty Athletic Representative and the University Legal Counsel or their designees as soon as possible. If the committee determines that the trainer and/or coach and/or Athletic Director has a reasonable suspicion that a drug test will produce evidence of improper substance use, the athlete will be required to submit a urine sample for the purpose of testing for prohibited substances. The athlete may also be required to submit to a medical evaluation.
- iii. If the athlete wishes to appeal the decision of the committee, then the urine sample will be taken, frozen, and stored without testing until the Appeals Committee can render a decision on whether there was, in fact, the requisite reasonable suspicion that the athlete may be using a prohibited substance. The Appeals Committee shall be the Dean of Students or designee, the Faculty Athletics Representative or designee and a person selected by the Chief Student Affairs Officer who has expertise or knowledge of drugs, drug use, and/or drug abuse. The decision of the Appeals Committee is the final decision of Montana State University-Bozeman.
- iv. The athlete shall be eligible to practice and compete until the test results are obtained.

B. **Random Drug Screening**

- i. A certain percentage of athletes from all athletic teams may be selected to provide a valid urine sample under the same conditions and protocol as reasonable cause collection procedures.
- ii. These student-athletes will be selected randomly.

C. **Testing Method**

- i. The athlete will be required to present him/herself at the appropriate collection site during specified time. The athlete will be asked to disclose any "over-the-counter" drugs and prescribed drugs he/she may be taking. No athlete will be penalized for the proper use of over-the-counter drugs which are disclosed.
- ii. The athlete will be asked to provide a urine specimen. Urine specimens will be collected in the presence of a same sex observer. The specimen will be split with one portion of the specimen being tested for prohibited drugs and the other portion properly refrigerated, stored, and secured. If the test results in a positive indication for the use of any prohibited drugs, the refrigerated portion of the sample will be tested for a concurring positive result. The athlete will be considered to have tested positive only if both results are positive. Proper anonymous coding of the samples and documentation of the chain of custody will be maintained.
- iii. Athletes who refuse to provide a urine sample, who fail to report to the assigned collection site per C.i above, or who fail to give a valid test sample within a four hour period shall be deemed in violation of the policy. The violation shall be equivalent to a positive test result.
- iv. Test results will be returned to the Athletics Director. The Athletics Director or designee will notify the athlete of the test results. The test results of any athlete shall be available only to the athlete, the laboratory or person conducting the test, and University officials who have a legitimate need to know the results of the test in the performance of official duties as determined by University Legal Counsel in consultation with the Athletics Director. No other persons shall be provided information regarding the results of the test unless upon the written consent of the student-athlete.

5. **Effect of Positive Test Results – Sanctions**

- A. **First Positive Test** – An Athlete who tests positive for a prohibited drug for the first time shall be subject to the following consequences:
 - i. Suspension from practice and competition until a negative test is obtained or the Appeals Committee authorizes return to practice or competition pending the outcome of a test when it is established that the prohibited substance used presents no serious risk to health or safety, the use has ceased, and an education program has been initiated. (For example, an athlete may test positive to inadvertent use of a banned substance such as caffeine or ingredients contained in over-the-counter medication. If, in the decision of the Appeals Committee, the conditions set forth above are met, the Appeals Committee may authorize the athlete to practice and compete while awaiting the results of a second test taken after use has ceased.)
 - ii. Referral to and required participation in counseling and drug education and/or evaluation of the drug use problem through existing university programs or public programs, if available, or a private qualified counselor at the student's expense, and,;

- iii. Re-testing routinely and without notice throughout the remainder of the academic year.
- B. **Second Positive Test** – An Athlete who tests positive for a prohibited drug for the second time shall be subject to the following consequences:
- i. The same consequences which are imposed for the first positive test, and,
 - ii. Loss of any athletic scholarship awarded by the Athletics Department for the succeeding full term of an academic year.
- C. **Third Positive Test** – An Athlete who tests positive for a prohibited drug for the third time shall be subject to the following consequences:
- i. Dismissal from the team, and,
 - ii. Forfeiture of all rights as a student-athlete including termination of all athletics financial assistance.

6. **Athlete's Rights to Hearing and Reinstatement**

- A) Athletes subject to a sanction under the terms of this program will be entitled to a hearing before an appeal committee composed of the Dean of Students or designee, the Faculty Athletics Representative, and a person selected by the Dean of Students who is knowledgeable about drugs, drug use, and/or abuse. The request for a hearing must be made within five days of the notice that sanctions shall be imposed. The athlete shall be subject to suspension from practice and competition until the hearing is held and a final determination is reached.
- B) An athlete who has been dismissed from the team may apply for reinstatement after one calendar year from the date of dismissal, if the following have been met:
- i. Submission of evidence of successful completion of a professional counseling program;
 - ii. Submission of evidence of negative test results obtained at the student's expense within the last six months;
 - iii. Demonstrated commitment on the part of the athlete to abide by The MSU-Bozeman Drug Education, Testing, and Treatment Program; and,
 - iv. Consent to regular unannounced testing if reinstated.

Applications for reinstatement to the team following a dismissal shall be submitted to the Athletics Director who will schedule a meeting of the Appeals Committee. The Appeals Committee will determine whether the applicant has met the conditions for reinstatement. The Appeals Committee shall provide a written decision regarding reinstatement to the student-athlete. The decision of the

Appeals Committee shall be the final decision of Montana State University-Bozeman.

7. **Amendments and Modification to the Program**

The MSU-Bozeman Drug Education, Testing, and Treatment Program may be modified or amended at any time. All amendments or modifications shall be in writing and shall be incorporated into the Program statement upon the approval of the President of Montana State University-Bozeman. Such amendments or modifications shall apply to and be effective for all athletes in the intercollegiate athletics program upon notification of and acknowledgment by the athletes of receipt of the policy as amended. Amendment or modification of the program does not negate any positive tests obtained and any sanctions imposed under the previous policy.

Policy History: Adopted December 6, 1989, revised 2006

NCAA Banned-Drug Classes 2007-08

The NCAA list of banned-drug classes is subject to change by the NCAA Executive Committee. Contact NCAA education services or www.ncaa.org/health-safety for the current list. The term "related compounds" comprises substances that are included in the class by their pharmacological action and/or chemical structure. **No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.**

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete's own risk. Student-athletes should contact their institution's team physician or athletic trainer for further information.

Banned Drugs

The following is a list of banned-drug classes, with examples of substances under each class:

- (a) **Stimulants:**
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|---------------------------------|---|
| amiphenazole | methylenedioxyamphetamine (MDMA, ecstasy) |
| amphetamine | methylphenidate |
| bemigride | nikethamide |
| benzphetamine | octopamine |
| bromantan | pemoline |
| caffeine ¹ (guarana) | pentetrazol |
| chlorphentermine | phendimetrazine |
| cocaine | phenmetrazine |
| cropropamide | phentermine |
| crothetamide | phenylpropanolamine (ppa) |
| diethylpropion | picrotoxine |
| dimethylamphetamine | pipradol |
| doxapram | prolintane |
| ephedrine (ephedra, ma huang) | strychnine |
| ethamivan | synephrine (citrus aurantium, zhi shi, bitter orange) |
| ethylamphetamine | and related compounds. |
| fencamfamine | The following stimulants are not banned: |
| meclofenoxate | phenylephrine |
| methamphetamine | pseudoephedrine |

(b) **Anabolic Agents:**

anabolic steroids

- | | |
|--------------------------------|-------------------------------------|
| androstenediol | methyltestosterone |
| androstenedione | nandrolone |
| boldenone | norandrostenediol |
| clostebol | norandrostenedione |
| dehydrochlormethyltestosterone | norethandrolone |
| dehydroepiandrosterone (DHEA) | oxandrolone |
| dihydrotestosterone (DHT) | oxymesterone |
| dromostanolone | oxymetholone |
| epitrenbolone | stanozolol |
| fluoxymesterone | testosterone ² |
| gestrinone | tetrahydrogestrinone (THG) |
| mesterolone | trenbolone |
| methandienone | and related compounds |
| | <u>other anabolic agents</u> |
| | clenbuterol |

(c) **Substances Banned for Specific Sports:**

Rifle:

- | | |
|------------|------------------------------|
| alcohol | pindolol |
| atenolol | propranolol |
| metoprolol | timolol |
| nadolol | and related compounds |

(d) **Diuretics and other Urine Manipulators:**

- | | |
|---------------------|------------------------------|
| acetazolamide | hydrochlorothiazide |
| bendroflumethiazide | hydroflumethiazide |
| benzhiazide | methyclothiazide |
| bumetanide | metolazone |
| chlorothiazide | polythiazide |
| chlorthalidone | probenecid |
| ethacrynic acid | spironolactone (canrenone) |
| finasteride | probenecid |
| flumethiazide | triarterene |
| furosemide | trichlormethiazide |
| | and related compounds |

(e) **Street Drugs:**

- | | |
|------------------------|---|
| heroin | tetrahydrocannabinol (THC) ³ |
| marijuana ³ | |

(f) **Peptide Hormones and Analogues:**

- corticotrophin (ACTH)
growth hormone (hGH, somatotrophin)
human chorionic gonadotrophin (hCG)
insulin like growth factor (IGF-1)
luteinizing hormone (LH)
(all the respective releasing factors of the above-mentioned substances also are banned.)
erythropoietin (EPO) sermorelin
darbepoetin

(g) **Anti-Estrogens**

- anastrozole
clomiphene
tamoxifen
and related compounds

(h) **Definitions of positive depends on the following:**

¹for caffeine—if the concentration in urine exceeds 15 micrograms/ml.

²for testosterone – an adverse analytical finding (positive result) based on any reliable analytical method (e.g., IRMS, GCMS, CIR) which shows that the testosterone is of exogenous origin, or if the ratio of the total concentration of testosterone to that of epitestosterone in the urine is greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.

³for marijuana and THC—if the concentration in the urine of THC metabolite exceeds 15 nanograms/ml.

31.2.3.4.1 Drugs and Procedures Subject to Restrictions.

The use of the following drugs and/or procedures is subject to certain restrictions and may or may not be permissible, depending on limitations expressed in these guidelines and/or quantities of these substances used:
(Revised: 8/15/89)

(a) Blood Doping. The practice of blood doping (the intravenous injection of whole blood, packed red blood cells or blood substitutes) is prohibited, and any evidence confirming use will be cause for action consistent with that taken for a positive drug test. (Revised: 8/15/89, 5/4/92)

(b) Local Anesthetics. The Executive Committee will permit the limited use of local anesthetics under the following conditions:
(1) That procaine, xylocaine, carbocaine or any other local anesthetic may be used, but not cocaine; (Revised: 12/9/91, 5/6/93)
(2) That only local or topical injections can be used (i.e., intravenous injections are not permitted); and
(3) That use is medically justified only when permitting the athlete to continue the competition without potential risk to his or her health.

(c) Manipulation of Urine Samples. The Executive Committee bans the use of substances and methods that alter the integrity and/or validity of urine samples provided during NCAA drug testing. Examples of banned methods are catheterization, urine substitution and/or tampering or modification of renal excretion by the use of diuretics, probenecid, bromantan or related compounds, and epitestosterone administration. (Revised: 8/15/89, 6/17/92, 7/22/97)

(d) Beta 2 Agonists. The use of beta 2 agonists is permitted by inhalation only. (Adopted: 8/13/93)

(e) Additional Analysis. Drug screening for select nonbanned substances may be conducted for nonpunitive purposes. (Revised: 8/15/89)