

**Unofficial visit.** Any visit by you and your parents to a college campus paid for by you or your parents. The only expense you may receive from the college is three complimentary admissions to a home athletics contest. You may make as many unofficial visits as you like and may take those visits at any time. The only time you cannot talk with a coach during an unofficial visit is during a dead period.

## Recruiting Calendars

To look at recruiting calendars for all sports, go to [www.ncaa.org](http://www.ncaa.org).

### Summary of recruiting rules for each sport—Division I

	RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
SOPHOMORE YEAR	<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>You may receive brochures for camps and questionnaires.</li> <li>You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive brochures for camps and questionnaires.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive brochures for camps and questionnaires.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive brochures for camps and questionnaires.</li> </ul>
	<b>Telephone calls</b>	<ul style="list-style-type: none"> <li>You may make calls to coach at your expense.</li> <li>College may accept collect calls from you at end of year.</li> <li>College coach cannot call you.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to coach at your expense only.</li> <li>College coach cannot call you.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to coach at your expense only.</li> <li>College coach cannot call you.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to coach at your expense only.</li> <li>College coach cannot call you.</li> <li><i>Ice Hockey—if you are an international prospect, a college coach may call you once in July after sophomore year.</i></li> </ul>
	<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>
	<b>Official visit</b>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>
	<b>Unofficial visit</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>
JUNIOR YEAR	RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
	<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving September 1 of junior year.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving September 1 of junior year.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving September 1 of junior year.</li> </ul>
	<b>Telephone calls</b>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> <li>Once per month in April, May and June 1-20.</li> <li>Once between June 21 and June 30 after your junior year.</li> <li>Three times in July after your junior year.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>
	<b>College coaches may call you</b>	<ul style="list-style-type: none"> <li>Once per month beginning June 15, before your junior year through July 31.</li> </ul>	<ul style="list-style-type: none"> <li>Once during May of your junior year.</li> </ul>	<ul style="list-style-type: none"> <li>Once during March of your junior year.</li> <li>Once per week starting July 1 after your junior year.</li> </ul>	<ul style="list-style-type: none"> <li>Once during March of your junior year.</li> <li>Once per week starting July 1 after your junior year.</li> </ul>
	<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed, once only during April on your high-school campus.</li> <li>Allowed starting July 1 after your junior year.</li> <li><i>For gymnastics—allowed after July 15 after your junior year.</i></li> </ul>
	<b>Official visit</b>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>
<b>Unofficial visit</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	

## Summary of recruiting rules for each sport—Division I (continued)

RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>
<b>Telephone calls</b> <b>College coaches may call you</b>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> <li>Twice per week beginning August 1.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> <li>Once per week beginning August 1.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> <li>Once per week beginning September 1.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> <li>Once per week.</li> </ul>
<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>Allowed beginning September 9.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed beginning September 16.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed beginning November 27.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>
<b>Official visit</b>	<ul style="list-style-type: none"> <li>Allowed beginning opening day of classes your senior year.</li> <li>You are limited to one official visit per college up to a maximum of five official visits to Division I and II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed beginning opening day of classes your senior year.</li> <li>You are limited to one official visit per college up to a maximum of five official visits to Division I and II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed beginning opening day of classes your senior year.</li> <li>You are limited to one official visit per college up to a maximum of five official visits to Division I and II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed beginning opening day of classes your senior year.</li> <li>You are limited to one official visit per college up to a maximum of five official visits to Division I and II colleges.</li> </ul>
<b>Unofficial visit</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>
<b>Evaluation and contacts</b> <b>How often can a coach see me or talk to me off the college's campus?</b>	<ul style="list-style-type: none"> <li>Up to seven times during your senior year.</li> <li>A college coach may contact you or your parents/legal guardians not more than three times during your senior year.</li> </ul>	<ul style="list-style-type: none"> <li>Up to five times during your senior year.</li> <li>A college coach may contact you or your parents/legal guardians not more than three times during your senior year.</li> </ul>	<ul style="list-style-type: none"> <li>Up to six times during your senior year.</li> <li>A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus), six times.</li> <li>One evaluation during September, October and November.</li> </ul>	<ul style="list-style-type: none"> <li>Up to seven times during your senior year.</li> <li>A college coach may contact you or your parents/legal guardians not more than three times during your senior year.</li> </ul>

## Summary of recruiting rules—Divisions II and III

	DIVISION II	DIVISION III
<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>A coach may begin sending you printed recruiting materials September 1 of your junior year in high school.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive printed materials anytime.</li> </ul>
<b>Telephone calls</b>	<ul style="list-style-type: none"> <li>A college coach may call you once per week beginning June 15 between your junior and senior year.</li> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>No limit on number of calls or when they can be made by the college coach.</li> <li>You may make calls to the coach at your expense.</li> </ul>
<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>A college coach can have contact with you or your parents/legal guardians off the college's campus beginning June 15 after your junior year.</li> <li>A college coach is limited to three in-person contacts off campus.</li> </ul>	<ul style="list-style-type: none"> <li>A college coach may begin to have contact with you and your parents/legal guardians off the college's campus after your junior year.</li> </ul>
<b>Unofficial visits</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits any time.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits any time.</li> </ul>
<b>Official visits</b>	<ul style="list-style-type: none"> <li>You may make official visits starting the opening day of classes your senior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I and II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>You may make official visits starting the opening day of classes your senior year.</li> <li>You may make only one official visit per college.</li> </ul>