

Directions for Athletic Physical at Student Health Service

The MSU Athletic Department requires that the student-athlete have a pre-participation exam - physical before participating at Montana State. This exam will assist us with providing you with quality health care while you are a student-athlete at Montana State. Pre-participation exams will be given on the following dates, as specified, at MSU's Student Health Service. You will not be allowed to participate in any activities until this is completed. Every effort will be made to accommodate everyone's schedule. Be sure to complete the required forms and information needed before your exam and arrival at MSU. **Read all directions before beginning.**

Call Student Health Service- during hours of operation 9AM-12PM, 1-5pm (406) 994-2312

1. let them know you trying to set up an appointment for an athletic physical
-based on dates & time below
2. ask them to help with your online Student Health Service Login Information
-they will need **your e-mail** address and you will need your **Student I.D #**
-if you set an appointment up – you still need to get on line to finish form - continue

Go to www.montana.edu/health/

On-line Student Health *new*

Have you registered yet?

Click on register

New User

Choose user name(this can be anything you choose)

Student ID # (with the dash)

Submit

You will then receive a random password via e-mail that you will use to log in to your Student Health Account. Once you get the password, choose:

Login

Username

Password

Submit

Change your password

This is now your Student Health Home page. Continue on to set appointment date & time for Physical if have not already done so when talking with Health Service(dates are listed below) and to complete Form for Athletic Physical.

New Appointment

Athletic Physical

Scheduled Dates (Window Calendars) & Times

WBB & MBB – June 30, 2009

VB – July 15, 2009

Football - Aug. 10, 2009

Cheer & Dance – Aug. 24, 2009

Cross Country, Track & Field, Golf, Ski, Tennis -***Plan on this appointment lasting 1 1/2 to 2 hours***

- must select a date and time based on your Orientation Schedule

Attending Orientation Aug 26- 28(Window Calendars) - you must schedule a time **before** 12 PM Weds. Aug. 26 or **after** 12 PM Friday Aug. 28. to have your physical. Do not schedule during orientation times.

Not Attending Orientation Aug 26-28(Window Calendars) – you must schedule an appointment **after** 1PM Weds. Aug 26and **before** 12PM Friday Aug 28 to have your physical.

Clinic option – select – “Summer Appointment”

Providers option - select - “All”

Reason option – select – “Athletic Physical”

Complete Form for Athletic Physical – this must be completed before time of physical