

CASCADE COUNTY 4-H NEWS LETTER

January 2006

- 1 4-H Market Beef ear tagged, in possession and on feed
- 2 **Holiday, Extension Office Closed**
- 3 **Nut Sale Begins**
- 3 **Cloverbud Club**, 4:00 p.m., Extension Meeting Room
- 3 **Livestock Leaders**, 7:00 p.m, Extension Meeting Room
- 3-31 **.22 Rifle, Tuesdays**, Great Falls Rifle and Pistol Range
- 5&19 **Robotics**, 6:00-8:00 p.m., MAFB Youth Center
- 5 **Speech Workshop**, 7:00 p.m., Extension Meeting Room
- 6-27 **Archery**, Friday Nights, Archer's Den
- 8 **Weigh-In for Beef Rate of Gain Contest**, 1:00-3:00 p.m., Yeager C-Bar Enterprises, Vaughn
- 9-30 **Cross Stitch, Mondays**, 4:00 p.m., Extension Meeting Room
- 9 **Horse Leaders**, 7:00 p.m., Extension Meeting Room
- 10 **Crochet**, 4:00 p.m., Extension Office
- 13 **KMON Registration Due**
- 13 **Speech Registration Due**
- 16 **Holiday**, Extension Office Closed
- 16 **Home School Communications Classes begin**, 10:30- 12:00, Extension Office
- 16 **Clothing Committee**, 7:00 p.m., Extension Office
- 17 **Market Beef Intent to Enter Fair Forms Due**
- 18 **Cat Workshop**, 4:00 - 5:00, Extension Office
- 19-21 **Citizenship Seminar**, Helena
- 21 **KMON Meats, Livestock, Crops, Beef Ambassador Contests**
- 23 **Teen Activity Night**, Roller City
- 26-29 **Montana Winter Fair**, Lewistown
- 28 **Babysitting Workshop**, 9:00-12:30, Campfire Office
- 30&31 **Speech Contests**, Congregational Church
- 31 **Last day for Beef Intent to Enter** with \$25 late fee

ALSO:

4-H on the Web
Greytak Calendars
Foundation Scholarship Information
Additional Scholarship
4-H License Plate
Citizenship Washington Focus
International Programs



LOOKING AHEAD TO FEBRUARY

- 1 People Partner Grant Applications Due
- 1 Citizenship Washington Focus Applications Due
- 6-27 Home School Communications
- 2&16 Robotics
- 3-24 Archery continues, Friday evenings
- 5 Nut Sale Ends
- 6-27 Cross Stitch, Mondays
- 6 Horse Education Session, 7 pm
- 6 Horse Leaders Meeting, 8 pm
- 7 Cloverbud Club
- 7 Speech Finals
- 7 Livestock Leaders
- 7-28 .22 Rifle, Tuesdays
- 10 Funtastic Foods Day Reg Due
- 14 Crochet
- 15 Foundation Meeting
- 18 Funtastic Foods Day
- 20 Holiday, Extension Office closed
- 28 Foods Festival Workshop



CLUB MEETING DATES

All Americans, 1st Monday
Bootlegger Bandits, 1st Saturday
Cascade Clovers, 2nd Monday
Discovering MT, 3rd Tuesday
Five Falls, 2nd & 4th Thursdays
Giffen Coulee, 2nd Sunday
G. F. Giggles, 2nd Monday
Happy Hooligans, 2nd Monday
Highwood Hustlers, 1st Sunday
Missouri River Riders, 4th Mon.
Montana Sunsets, 2nd Sunday
Psychedelic Rasp, 1st Tuesday
Running Free, 2nd Sunday
Tiger Butte, 1st Sunday
Ulm Pishkun, 1st Sunday

FIND US ON THE WEB

You may now access your 4-H newsletter and other 4-H and Extension Service information on the web at: <http://www.montana.edu/cascade/>

GREYTAK CALENDARS

These calendars make a great gift to start the new year. All illustrations are suitable for framing. Calendars are available for purchase from the Extension Office for \$10.00 each.

BABY BLANKETS

205 warm and cuddly baby blankets were delivered to Benefis East on December 5.

A SPECIAL THANK YOU *Debra and Scott Royce, Kathy Perry and Deana Wilson* from Bernina who provided all the sewing machines and their time for two days of sewing, to Clothing Chairpersons, **Patty and Megan Broesder and other Clothing Committee members** and to the following members, leaders and parents who assisted in the construction of the baby blankets: *Krista Arnold-Anderson, Dee Almanza, Kaci Almanza, Amanda Ashley, Kelly Ashley, Shaylin Ashley, Jacob Bernhardt, Kathleen Bernhardt, Maria Bernhardt, Megan Bernhardt, Kaylyn Bourne, Lynn Bourne, Hayden Broesder, Megan Broesder, Patty Broesder, Jeanette Carlisle, Kelsey Carroll, Annette Chandler, Gunner Chandler, Tiller Chandler, Cody Conway, Laura Conway, Zachary Conway, Belinda Darlinton, Haley Darlinton, Matt Darlinton, Kelsey Devlin, Sheri Devlin, Annie Douglas, Joan Douglas, Byron Dunn, Kathy Dunn, Jehremy Felig, Brittney Gibbs, Alix Harris, Joni Harris, Andrew Johnson, Holly Johnson, Isabell Johnson, Natasha Johnson, Natalie Johnson, Sherann Johnson, Courtney Jones, Chilo Ketterling, Jovonne Ketterling, Janel Krezowski, Madelyn Krezowski, Jeanna LaVerdure, Kathleen Lay, Jackie Lewis, Monica Lewis, Traci Lukkason, Gwen Mann, Nadine Mann, DJ Matury, Erin Matury, Ashley Morgan, Julie Morgan, Mikayla Morgan, Cindy Moyer, Elizabeth Moyer, Pam Murrill, Rikki Murrill, Rickey Musgrave, Nancy Phelps, Tammy Phelps, Ruth Plowman, Katie Price, Karissa Procopio, Leesha Procopio, Michaela Ranes, Demi Roady, Andy Rucinsky, Kathleen Schlimgen, Maggie Schlimgen, Kali Schuster, Kathy Seidler, Tristan Seidler, Emily Shaulis, Tori Silva, Kaylene Smith, Leanne Smith, Valerie Smith, Cherie Stordahl, Jeremy Stordahl, Jessica Stordahl, Abby Strandell, Roba Strandell, Logan Wedum, Wendy Wedum, Kate Whitt.*

NUT SALE

This year we will be selling Virginia Diner Nut products instead of candy. This sale is an annual event conducted for the purpose of supporting the Montana 4-H Foundation as well as our local Cascade 4-H Foundation and your individual club. You are probably aware that you are not charged for project manuals. If you look at the cost of the manuals in the Clover you will understand that the Cascade 4-H Foundation allocates a great deal toward the purchase of your project manuals. Fundraisers like this nut sale make that possible.

Every member is expected to assist in this effort by selling \$25.00 of nuts or donating \$7.00. Customers will have a choice of ten varieties of nut products.

Your club leader has all of the information and the sales forms. The nut sale will begin January 3 and continue through February 5. **Members at large** will need to pick up their sales materials at the Extension Office.

GET FIT 4-H

Enjoy lean beef for important vitamins and minerals. A 3-ounce serving of beef is an excellent source of protein, zinc, vitamin B12, selenium, and phosphorus and a good source of niacin, vitamin B, iron and riboflavin, yet it contributes less than 10 percent of calories to a 2,000 calorie diet.

Being active during the winter months can help your weight and stress level. Move more - every step counts; Move often - be active throughout the day; Move inside - walk the stairs, the halls, the malls; Move outside - walk, shovel, skate, sled, ski or snowboard; Move for fun - dance, sweep, vacuum; Move together - find a friend and take a walk, enroll in a yoga class, walk the mall!

CLOVERBUD CLUB

Tuesday, January 4, 4:00 - 5:00 p.m.
Extension Meeting Room

If you are a Cloverbud and missed the first three workshops, you will want to be sure to join us for this one. We will be learning all about pets. BRING your favorite stuffed animal with you. Cost for the Cloverbuds workshops is \$1.00 per session or \$5.00 for the remainder of the year. If you have not already pre-registered, please call and let us know you will attend so we will have adequate supplies.

AMBASSADOR NEWS

by Jacob Hansen, Senior Ambassador

This past month has been fun working with Cloverbuds and kicking off with the first Teen Activity Night for this year.

With Cloverbuds we made gingerbread houses. It was very interesting looking at all the creative designs these little youngsters could come up with. Some had marshmallow chimneys while others had walkways made of red hot candy. Next time we will be talking about pets, and we will even bring in some real, yes real, pets for show. And my good friend, Larry, might even make another appearance. Be sure to bring your favorite stuffed animal! See you all there!

Teen Activity night took place at Murph's Bowling. We played two straight hours of bowling, and everyone had a blast. After a while the alley's lights went down and they turned on black lights, making the lanes, and even people's clothes, glow. All in all a fun night, but the fun doesn't end there. We are planning another fun Teen Activity Night for January 23 at Roller City. If you are in 4-H and are 13 years or older you won't want to miss out! The price is only \$2 and that includes the rental of skates! Get ready to get the night rolling at Roller City! See the section on Teen Activity Night for more details.

TEEN ACTIVITY NIGHT

Monday, January 23, 6:30 - 8:00 p.m.
Roller City, 300 23rd Avenue NE

Meet at Roller City at 6:30 p.m. Bring \$2.00 for skating which includes skate rental. If you have roller blades, you may bring them. Plan to have your ride pick you up at 8:00. Teen Activity night is for any 4-H member who was at least 13 by October 1 of 2005.

PUBLIC SPEAKING ACTIVITIES

We hope **EVERY** 4-H member will participate in at least one category of the **public speaking contests being held** January 30 and 31. This event offers something for everyone, regardless of your comfort level in public speaking.

There are six categories to choose from including two categories for **COWBOY POETRY** - one for reciting a piece you have written and one for reciting a piece written by someone else. Refer to the page in this newsletter for a description of each category and stop by the Extension Office to pick up a copy of the **4-H Public Speaking** publication for assistance in planning and preparing your oral communication activity.

The speech contests will be held two different nights **Monday, January 30** and **Tuesday, January 31** to accommodate the large number of presentations. Members may participate in three of the six categories. Contests both nights will be at **Congregational Church, 2900 Ninth Avenue South**.

Contest registration forms were mailed to club leaders. Registrations are due **Friday, January 13**. Schedules will be mailed to each participant following this date.

For a great start in feeling prepared for this contest, be sure to attend the **WORKSHOP** designed to help you learn more about the contest, each of the categories and how to plan, prepare and present a speech on:

Thursday, January 5

7:00 PM, EXTENSION MEETING ROOM

HOME SCHOOL COMMUNICATIONS

In cooperation with a local Toastmasters Club, the Extension Service will offer a series of oral communication skills workshops for homeschoolers.

This 10-week program will begin Monday, January 16 at Westgate Mall. There will be two sections held simultaneously, grades 3-5 and grades 6-9 from 10:30-12:00 p.m. Register by contacting the Extension Office (454-6980) or sknowles@montana.edu.

CASCADE COUNTY FOUNDATION SCHOLARSHIPS

The Cascade 4-H Foundation has three types of scholarships it will award this year:

Fred Sanborn Scholarship, \$1000.00

for 4-H agricultural project members

Doug Dear Scholarship \$400.00

for 4-H work in beef breeding and/or market beef

Foundation Scholarships, \$500.00 each

Up to seven for first time recipients and up to four for previous recipients for overall 4-H work.

These scholarships are for 4-H high school seniors and/or members who have completed at least one quarter or semester of college, trade school or vo-tech. Past recipients may apply for a repeat scholarship. Applications are due March 31 and are available at the Extension Office. Recipients will be announced at the April 19 Foundation meeting. Please share this information with former 4-H

members who have graduated and no longer receive this newsletter.

ADDITIONAL SCHOLARSHIP

The **Great Falls Advertising Federation** makes available a \$2000 scholarship to a high school senior intending to pursue a career in communication, advertising, marketing, electronic media, graphic design or other related fields. Deadline for application is February 3. Complete information can be obtained at the Extension Office.

4-H LICENSE PLATE

Remember, the 4-H license plate is still available. Be sure to ask for the application at the Motor Vehicle Department when you renew/purchase your next license. Congratulations to the following who won a 4-H license plate at the drawing held at the November Leader's Council meeting: Peggy Perry, Kathy Dunn and Sharon Dawson.

CITIZENSHIP WASHINGTON FOCUS

Sunday, June 11 through Saturday, June 17 Montana delegates will attend workshops, committees, field trips and social events giving them hands-on opportunities to learn and grow. Estimated cost for this trip to Washington D.C. is \$1500.00. Registration and payment are due February 1 and may be obtained from the Extension Office.

INTERNATIONAL PROGRAMS

If you are interested in hosting an international student for short term this summer or the full year contact the Extension Office for complete information and applications.

KMON JUDGING CONTESTS

Leaders recently received registration information for the January 21st contest. If you need registration forms for MEATS, LIVESTOCK, CROPS or BEEF AMBASSADOR contest and did not receive a mailing, contact the Extension Office. **All registration is due January 13th.** Cost is \$2.00 per person, per contest. A **Dance for 4-H** and FFA members participating in these contests will be held on Friday, January 20th from 9:00-12:00 at the Hampton Inn. Cost is \$4.00 per person.

PEOPLE PARTNERS GRANTS

People Partner grants offer financial support to groups to work with people in a way that will enhance the "quality of living" in a community. Applications may be obtained at the Extension Office and are **due February 1**. This is a great opportunity for your club to apply for some financing to assist with a community service project. Three clubs in Cascade County received grants last year: Happy Hooligans provided school supplies for under-privileged children, Discovering Montana made ornaments for Meals on Wheels and blankets for Children's Receiving Home, and Great Falls Gigglers made Care Bags for the Children's Receiving Home.

2005 REC LAB

March 17 - 18 are the dates now set for the 2006 Rec Lab to be held in Deer Lodge. Mark these dates and watch for registration information. This event is open to all members 13 or older by October 1, 2005.

MONTANA WINTER FAIR - LEWISTOWN

This event will take place January 26-29 at the Fergus County Fairgrounds in Lewistown. 4-H members can enter photography, quilting and knitting projects, and there are other food related events youth can enter, too! The youth livestock show is Sunday, Jan. 29th. To view the premium book with the schedule, entry and contact information, go to www.tein.net/~msufergus.

PROJECT WORKSHOPS

ARCHERY: You must be enrolled in the archery project to participate. If you are not currently enrolled and would like to add the project, contact the Extension Office. You will need to show your 4-H membership card at the first session.

All archery instruction will be at **Archer's Den**, 1520 River Drive North beginning **Friday, January 6** at the following times:

- 6:30 pm 10 yards
- 8:00 pm 15 yards
- 9:00 pm 20 yards

If you are not certain at which distance to shoot, the instructors will help you decide. Begin the first night at 10 yards; you can always move up to a greater distance.

Each person will need to buy a target the first night at a cost of \$1.50. The range fee is \$2.00 each Friday if you

have your own equipment, and \$3.00 if you use the equipment at the range. You must shoot at least 6 of the 8 sessions to be in the State Fair Match. Complete copies of ARCHERY GUIDELINES will be available at the first session.

SAFETY is always our first priority. Any member not complying with the safety rules will be asked to leave the range and may not return for sessions this year.

Complete the "This Is What I Plan To Do" section of your Journal before you begin on January 6th and continue to complete your journal after each session.

.22 RIFLE: Sign up, orientation and the first night of shooting for .22 rifle will be Tuesday, January 3 at 6:00 p.m. at the Great Falls Rifle and Pistol Range. Members must be enrolled in rifle on their enrollment form and bring their 4-H membership card. Safety guidelines and instructions on shooting procedures will be covered and the \$20.00 range fee will be collected. Ammunition can be purchased at the range. Sessions will continue through March 14th. Members must shoot 6 of the 8 sessions to be eligible to shoot a state fair target.

Complete the "This Is What I Plan To Do" section of your Journal before you begin on January 3 and continue to complete your journal after each session.

If you are interested in rifle and did not yet enroll, you may add the project before January 3rd.

SHOOTING SPORTS TOURNAMENT, Archery and Rifle, March 4-5, Bozeman. Complete information and registration can be obtained for this tournament at the Extension Office, or from the rifle or archery instructors. Entries will be taken on a first come, first served basis up to 300 entries.

CAT: Members interested in this workshop will meet at the Extension Office on Wednesday, January 18 from 4:00 - 5:00. p.m. **Do not** bring your cat to this workshop. This workshop will be a fun introduction to this year's cat workshops including a word search, review of State Fair cat show and a special treat!!

CROSS STITCH: continues on Monday afternoons at 4:00 p.m. at the Extension Office. Thank you to Carol Linafelter who so generously shares her time each week to teach this skill. There are some beautiful pieces of handwork being completed!

CROCHET: this workshop under the leadership of Billy Hansen will be held Tuesday, January 10, from 4:00 - 5:00 at the Extension Office. If you were at a previous class, bring the project you started. If you are new, bring a size **H**

crochet hook. Call the Extension Office (454-6980) to register if you have not already done so.

Funtastic Foods Day

Saturday, February 18

**9:00 a.m. - 2:00 p.m., Westside Baptist Church
1300 6th Street Northwest**

Registration Due - February 10

You won't want to miss this opportunity to make and EAT a wonderful selection of foods while learning a variety of food preparation skills. **Funtastic Foods Day** is for any member, leader or parent. You do not have to be enrolled in a foods project to attend.

Each person who registers will attend four different workshops. Cost for the day is \$7.00 to cover cost of the supplies. At 1:00 p.m. everyone will enjoy a wonderful buffet with an opportunity to taste all of the products made.

Again this year . . . we will donate some of our creative cooking to the *Meals on Wheels* program. Each participant will go to a workshop where we will make and package cookies and hot chocolate mix to share with these recipients. It always feels good to share our skills and some of the products we make with the shut-ins of our community.

Here are just a few of the great classes that will be offered this year . . . soup, salads, soft pretzels, chicken wings, stir fry vegetables, gingerbread, apple crisp and ROOT BEER. Each person registering will need to **bring an empty beverage bottle** with lid such as water or juice bottle to make root beer in.

PHOTOGRAPHY: All levels of photography will want to be aware that for the 2005-2006 year, **digital photos** may be used for any entry at State Fair. Keep this in mind as you begin taking photos this year.

ROBOTICS: This opportunity is made possible to us through a grant designed to involve more Malmstrom and military family youth in 4-H. We will register a maximum of 12 youth, 12 years or older who would like to discover robotics and engineering as they design and build a LEGO rover, then use the computer to program it to do a multitude of things. You will enroll in a 4-H self-determined project.

To register you must have a basic knowledge of computer use, be proficient with the use of a mouse and commit to attending the classes twice a month. The first class will begin Thursday, January 5 at MAFB Youth Center from 6:00 - 8:00. It will continue the first and third Thursday of each month.

Call the Extension Office (454-6980) by January 14 to register. We will take registration on a first come first served basis with first priority given to Malmstrom and

military family youth to fulfill the requirements of the grant.

LIVESTOCK LISTINGS

Livestock Leaders will meet on Tuesday, January 3rd at 7:00 p.m. in the Extension Conference Room. Planning begins for the Cascade Co. Livestock Show and Sale.

****Please read! -- IMPORTANT CHANGE****

As many of you are aware, 4-H and the Montana State Fair management/advisory board have disagreed over the decision making process for the 4-H program. In November the Fair Advisory Board informed the 4-H Livestock Leaders that the Fair was taking over all livestock events at the Montana State Fair, including the show previously managed by 4-H.

As a result of the Fair Board's decision, **the Cascade County 4-H Livestock Leaders have voted to hold a Cascade County 4-H Livestock Show and Sale on July 14th and 15th, 2006.**

This presents an exciting new opportunity for all 4-H members taking market livestock projects. For those interested you can now sell up to three animals - two at the county show and one more at the Montana State Fair.

Remember neither the County Show nor the Montana State Fair is required to complete the 4-H market livestock project. Cascade County 4-H members may enter the County Show/Sale, the Montana State Fair or enter both events. The choice is yours. Animals sold at the Cascade County show and sale will have carcass evaluations.

Plans will be getting underway in January for this event. Cascade County 4-H members may enter and sell up to two (2) animals in the Cascade County 4-H livestock sale. 4-H members will still need to Intent their animals to Enter the Cascade County livestock Show.

Cascade County Livestock Show and Sale

Intent to Enter forms for the Cascade County Show and Sale July 14- 15th are available at the Extension Office. We will follow the same process as in previous years with the Intent to Enter process. Beef must be in possession and on feed Jan. 1, 2006. Beef Intent to Enter forms are due on Jan. 17th in the Extension Office with a \$10 per animal fee; late entries will be accepted until Jan. 31st with a \$25 per animal late fee. Swine and Sheep will follow the regular May 1 possession/on feed date with Intent to Enter forms due on May 15th with a \$10 per animal fee; late entries will be accepted until May 31st with a \$25 per animal late fee.

LIVESTOCK QUALITY ASSURANCE

Two Livestock Quality Assurance (LQA) sessions are planned for spring 2006. Look for more information in February's newsletter. **If you took LQA in 2004, you need to repeat the class in 2006. If you are new to market and breeding projects or poultry and rabbit projects, you will need to take LQA.**

Division & Junior Division Chair Applications are now available at the Extension Office. A description of responsibilities is available with the application. There are several openings this year. Come and talk to those who have experience at the January meeting. Needed are: 3-4 Swine Adult chairs + 2 youth, 1 Sheep/Breeding project Adult + 1 youth, and 2 Beef Adults and 2 youth.

REMINDER to Leaders: To receive a copy of the monthly agenda and minutes, **you must sign up as a Leader (blue enrollment form) and sign up for the Livestock Committee.**

- Livestock Judging Contests -

Dec. 28 Shelby Livestock Judging*
Jan. 7 Stillwater Co., Absorkee*
Jan. 13 KMON Registrations Due
Jan. 21 KMON Judging Contest
Jan. 29 Winter Fair, Lewistown**
April 30 Valley County, Glasgow

*Information on these contests is available at the Extension Office, 454-6980. **Winter Fair info is listed in this newsletter above Project Workshops.

BEEF RATE OF GAIN CONTEST

The Cascade County Livestock Leaders offer three cash prizes for the best rate of gain for market beef projects! All you need to do is show up at **Yeagers' C Bar Enterprises from 1-3 p.m. on Sunday, January 8th** and have your steer weighed. The final weights will be tallied at the Cascade County Livestock Show. The three steers with the best rate of gain will be awarded \$100, \$60 and \$40 prizes. In this contest you have nothing to lose and everything to gain! **Directions:** *drive to Vaughn, head west on Hwy 200 for 4.25 miles, Driveway is just west of a fenced house.*

2006 Montana State Fair Jr. Livestock Show

4-H members who are interested in entering the 2006 Montana State Fair will need to contact them about entry information - which should be available in early January. At this point the Fair plans to let each youth participant sell one animal. For more information please call 727-8900.

2006 MontanaFair Junior Livestock Show

The Montana Fair is August 11-19, 2006, in Billings. Exhibitors can tag 2 animals per species. These animals can not be shown or sold at another 4-H or FFA JR Livestock Show. You must attend the mandatory tagging to participate.

Beef: January 28th at PAYS, 9:00 a.m. to 12:00 pm
Animal Quality Assurance Training, 10-11:30 am

Sheep and Swine: June 3rd at PAYS, 8-11 am
Animal Quality Assurance Training, 9-10:30

Complete details are at the Extension Office, 454-6980. Also, if you do the LQA class in Billings, let us know so we can keep our records current.

Livestock Upcoming Dates to Remember

Jan. 1 All Market Beef must be in possession, ear tagged, and on feed.

Jan. 8 Beef Rate of Gain Weigh-In, at Yeagers' C-Bar Enterprises, Vaughn, from 1:00 to 3 p.m.

Jan. 17 Market Beef Intent to Enter Forms DUE.

Forms and payment must be **IN** the Extension Office by 4:30 p.m. with the \$10.00 entry fee. Late entries will be assessed a \$25 per animal fee and will be accepted only until January 31. **If you have not received your form from your livestock leader, contact him/her or the Extension Office. Be sure your 4-H member enrollment form and risk permission form have been turned into the office.**

May 1 All Market Swine and Lambs must be in possession, ear tagged, and on feed.

May 15 All Market Swine and Lamb Intent to Enter

Forms Due Forms and payment must be **IN** the Extension Office by 4:30 p.m. with the \$10.00 entry fee. Late entries will be assessed a \$25 per animal fee and will be accepted only until January 31. **If you have not received your form from your livestock leader, contact him/her or the Extension Office. Be sure your 4-H member enrollment form and risk permission form have been turned into the office.**

July 14-15 County Livestock Show

Very Important Reminder:

If you are enrolled in a **horse or livestock project** and have not yet turned in your *Permission, Release and Assumption of Risk* form, please do so immediately. **This form was due in the Extension Office December 16th.** You can not participate in Co. Show(s) or Clinic(s) until this form is in our office.

HORSE HAPPENINGS

The Horse Leaders will meet Monday, January 9th at 7 p.m. Rule Change proposals will be voted on - please remember you must have attended the November meeting to vote on these proposals. After the vote, the Horse rules book will be updated and available in February.

ATTENTION! Horseless Horse Members

You are welcome to attend any of the Education Workshops and Horse Judging sessions. It is also a great opportunity to meet other 4-H members with similar interests. You can also get help with questions you may have about the horse project.

Horse Upcoming Dates to Remember

Feb. 6 Horse Education - followed by Horse Leaders meeting TBA.

REMINDER: If you wish to receive a copy of the monthly agenda and minutes, **you must sign up as a 4-H Leader and sign up for the Horse Committee.**

Courtesy Announcement: For Sale - A variety of English and Western tack. In very good condition at low prices. Call Joyce, 761-7222.

FOR YOUR INFORMATION! Awards changes for 2006

The 4-H Horse Leaders passed several new awards for the 4-H horse program. Be sure to read your updated rule books for complete information when they are available in February.

Reminder for Colt to Maturity and Green Horse projects - be sure you have turned your *Horse Profile* in to the office and check that we have a copy of your horse's registration papers/identification on file. Remember, you must show in either the County Horse Show or State Fair and turn in your project record book each year to qualify for the Colt to Maturity belt buckle.

SPEECH CATEGORIES

Prepared Speech

You may choose any topic for this speech. Note cards may be used but you should not read from them. No props or visual aids are allowed in the prepared speech category. Time limits are:

8 - 10 year olds	3 - 5 minutes
11 - 13 year olds	5 - 7 minutes
14 and older	5 - 7 minutes plus 2 - 3 minute impromptu

Interview

You will have many occasions in life to be involved in an interview. This is a great opportunity to develop the skills that will make you shine above all the rest. **BEFORE** you arrive for the interview, you will prepare a **RESUME**. The resume is part of your score. It tells about you and the qualities you have for the job for which you are applying. All of the information must be true. Choose information that would be most valuable for the job for which you are being interviewed. A guideline for preparing the resume will be mailed to each person in this category. The positions for the interviews this year are:

- ▶ Age 8 - 13: **Help with special activities at a day care two afternoons a week**
- ▶ Age 14 and older: **Take over a newspaper delivery route**

Commercials

They're short, they're fun and they are convincing! They encourage you to buy things or to become involved. Here's your chance to create one.

- ▶ Choose a product or idea you would like to sell.
- ▶ Cover or conceal any brand names and create your own brand name.
- ▶ Prepare a convincing presentation that would make your audience want to buy this product. Remember, commercials are quite short.
- ▶ Be certain your commercial includes the three parts of an effective communication: an introduction that catches attention, a body that gives documentation of reasons the audience should buy the product or idea, and a summary that leaves an impression of the most important idea you want the audience to remember.

Broadcast

You can be the voice behind some of those exciting stories you hear on the radio. Your radio broadcast may be written and you may read from your script. You will be in your "broadcasting booth" speaking over a microphone. The success of your story will depend on the words you choose, organization of your information, use of your voice, and rate of delivery. You need to prepare a **newscast which would include 4 to 5 news items of about 30 seconds each**. Be sure you have a clear transition between news items.

Cowboy Poetry

This is our newest 4-H project. In this category you will recite an original poem you have written or you may recite someone else's work. You will begin with an introduction of what inspired the writer to write the poem and a little information about the author. The success of your delivery will be dependent on engaging the audience in the poetry through voice, tempo, expression, etc.

REMINDER to all 4-H members: You must be enrolled in 4-H for the current year to participate in the events and activities listed in this newsletter. If you have not yet turned in your enrollment, please do so.

FUNTASTIC FOODS REGISTRATION

You do not have to be enrolled in a foods project to attend and enjoy learning food preparation skills at our Funtastic Foods Day. Everyone will attend four different workshops. Cost for the day is \$7.00 to cover cost of supplies for the food preparation. At 1:00 p.m. everyone will enjoy a wonderful buffet with an opportunity to taste all of the products made in each class. Here are just a few of the great classes that will be offered this year: *soup, salads, soft pretzels, chicken wings, stir fry vegetables, gingerbread, apple crisp, ROOT BEER and more . . .*

REGISTRATION FUNTASTIC FOODS DAY

Saturday, February 18, 2006

9:00 a.m. - 2:00 p.m.

Westside Baptist Church

1300 6th Street NW

(Bring an empty water, juice, etc. bottle with lid to make your root beer)

NAME _____ Member _____ Adult _____

NAME _____ Member _____ Adult _____

NAME _____ Member _____ Adult _____

(Please indicate any food allergies we should be aware of) _____

CLUB _____ PHONE _____

\$7.00 Registration Enclosed per person registering (Transferable, Not refundable)

No. Attending _____ X \$7.00 = Total Due \$ _____

Make checks payable to Leader's Council

Limited to the first 50 member and adult registrations received!
(no Cloverbuds, please)

Registration due in Extension Office Friday, February 10, 2006

Sincerely,

Sheryl Knowles

Wendy Wedum

Cascade County Extension Agents

CASCADE COUNTY JANUARY 4-H NEWSLETTER

BEST WISHES FOR THE NEW YEAR!