

CASCADE  
4-H NEWS  
May 2006

**APRIL**

29 **Babysitting Workshop**, 9:00 - 12:00, Campfire Office

**MAY**

1 **ALL PROJECT DROP/ADDS DUE, ENROLLMENT DEADLINE**  
 1 **Horse Leaders**, 7:00 p.m., Extension Meeting Room  
 1 **Market Lambs and Swine**, in possession and ear tagged  
 1 **Rabbit and Poultry** projects in possession on or before May 1  
 1-22 **Cross Stitch** continues, 4:00 p.m., Mondays  
 2 **Cloverbud Club**, 4:00 p.m., Extension Meeting Room  
 2 **Livestock Leaders Meeting**, 7:00 p.m., Extension Mtg. Rm  
 2-23 **Dog Obedience** continues, Tuesdays  
 3 **Stir Ups Contest**, 5:30 p.m., Extension Meeting Room  
 4 **Horse Assessments DUE in office** - *must be assessed by May 1*  
 4&18 **Robotics**, 6:00 p.m., Westgate Mall  
 7 **Cat Fun Day**, Helena  
 7 **Steer Foot Trimming Session**, Olsons' Residence at 1 p.m.  
 8 **Fashion Revue/Quilt Show**, 6:00 p.m., Extension Office  
 9 **Livestock Quality Assurance Training**, 7:00 p.m. Extn Office  
 11 **Fish Prints Workshop**, 7:00 p.m., Extension Meeting Room  
 12-14 **Junior Leader Camp**, St. Mary's  
 15 **Market Swine & Sheep** Intent to Enter **forms are due in Extension Office**  
 15 **Teen Night**, 6:30 - 8:00 p.m., Elks' Riverside Park  
 16 **Exchange Meeting**, 7:00 p.m., Extension Meeting Room  
 19 **4-H Camp Applications Due**  
 20 **Camp Clean Up**, 9:30 a.m., Camp Rotary  
 22 **Camp Planning Meeting**, 7:00 p.m., Extension Meeting Room  
 25 **Cat Workshop**, 4:00 p.m. at the Humane Society  
 26 **Dog Show** entries due  
 29 **Holiday**, Extension Office Closed  
 30 **Congress Orientation**, 7:00 p.m., Extension Meeting Room  
 30 **Leader Forum Workshop Proposals Due**



**ALSO:**

State Fair Poster Contest  
 Calendar Cover Contest  
 State Awards and Scholarships

Scholarship Winners  
 Foundation Election  
 Club Banners  
 Gavel Games



**LOOKING AHEAD TO JUNE**

1	Fair entry materials available	30	County Livestock Show Entries due
5	State Fair Dog Show	30	<b>All Fair Entry Forms Due</b>
5	Horse Leaders Meeting	17	Miss. River Riders Horse Show
6	Livestock Leaders Meeting	19-26	Exchange Group in Virginia
8-11	4-H Camp, Camp Rotary	TBA	Sheep Shearing, Fairgrounds
9-11	Youth Trapper Camp		

## PROJECT DROP\ADDS

This is the time of year to make an assessment of the projects you are registered for. If you have not completed anything in a project, you may want to drop it for this year and consider taking it again at another time. You need to notify the Extension Office, 454-6980, that you are dropping the project. If you have been working in a project that you were not enrolled in, you will need to add it to your enrollment. Remember, you can only enter items in the fair in projects in which you are enrolled. All of these changes must be made by **May 1.**

**Club leaders**, please check the project enrollment list provided to you and let the office know of any changes.

### GET FIT 4-H

There's no better time than spring to take advantage of fitness opportunities. Fly a kite, ride your bike, hike the trail, play in the park, the opportunities are endless.

Fuel that fitness with a healthy breakfast, 2 to 3 fruits every day, 3 to 5 vegetables every day and be sure to make one of those vegetables a leafy green. Try to include 5 ounces or more of nuts each week, low fat dairy products 3 times a day, more fish, more legumes, dried beans, peas and lentils and whole grains. Limit your fat, salt and sweets intake and last but not least **DRINK LOTS OF WATER!**

## AMBASSADOR NEWS

In April we taught the **Cloverbuds** about electricity and how it relates to magnets. With balloons they learned about static electricity, and then with a variety of magnets they discovered what would stick and what would not. Next month we will be focusing on Plant Science. Don't miss this last Cloverbud opportunity of the year.

**4-H Teens:** at our last teen activity night we had a pizza party and created our pizzas. I've never had so much cheese on a pizza. We had a wild time deciding what would go on each pizza. The activity was tons of fun and it can't happen without you.

Don't miss our final teen activity night scheduled for Monday, May 15 at Elks Riverside Park.

*Jacob Hansen, Senior Ambassador*

## STATE AWARDS AND SCHOLARSHIPS

Any member, 14 or older planning to submit an application for state awards or scholarships, must have it

completed and returned to the Extension Office in time for it to be mailed and arrive in Bozeman by May 1.

## CLOVERBUD CLUB

Tuesday, May 2 at 4:00 p.m. will be our last **Cloverbud Club** for this project year. We will be "growing" - Hope to see all of our Cloverbuds there.

## STIR-UPS CONTEST

Stir-ups contest is a comprehensive food contest that entails menu planning, nutrition and cost analysis as well as food preparation. One member 14 or older will be selected from this contest to represent Cascade County at the Montana 4-H Congress contest. The dish you will prepare this year must fit the theme "*Step Up, Step Out To A Healthy Meal*". This year's contest will be held Wednesday, May 3 beginning at 5:30 p.m. in the Extension meeting room. Any member interested in this contest will want to register to participate and pick up contest information at the Extension Office.

## TEEN ACTIVITY NIGHT

All 4-H teens, 13 or older by October 1, 2005, will want to join us from 6:30 - 8:00 on Monday, May 15 at Elks Riverside Park (behind Gibson Park). Bring frisbees, balls, and a snack to share. Don't miss the FUN!

## GAVEL GAMES

Gavel Games is a parliamentary procedure contest that is held at Montana 4-H Congress. If you were 14 or older by October 1, 2005, and would be interested in this contest, please contact the Extension Office.

### Exchange Meeting

**Tuesday, May 16 at 7:00 p.m.**

**Extension Meeting Room**



All participants accompanied by a parent will need to be present for this travel information orientation meeting. There will be forms that must be signed by member and parent.

## STATE FAIR POSTER CONTEST

Montana State Fair is celebrating 75 years and to help commemorate this milestone, 4-H is having a poster contest at State Fair. Posters must be on standard size posterboard (22x28 to 25x30). They may include print, art work or photos. They will highlight the theme “**75 Years of Montana State Fair**” Two winners will be selected in each age category: 8-10, 11-13 and 14-18. Winners will receive gift certificates to select merchandise from the 4-H catalog. First place award will be \$15.00, second place \$10.00. There will be a separate entry form for this poster at fair time.

## CALENDAR COVER CONTEST

The yearly calendar our office compiles for each 4-H family needs artwork for the 2006-2007 cover. Submit your drawing to highlight the theme “**4-H Step Up, Step Out**” on an 8½ x 11 page by September 5 to the Extension Office. The winner will be announced at Achievement Night.

## SCHOLARSHIP WINNERS

**Congratulations** to the following Cascade County 4-H members who were awarded scholarships from the Cascade 4-H Foundation and thank you to the Foundation for this wonderful support.

*\$1000 Fred Sanborn Scholarship*

**Jared LeVeque**

*\$500 Foundation Scholarships*

**Cade Blanchard**

**Brianna Driscoll**

**Lindsay Gossack**

**Leslie Klick**

**Pepper Root**

**Marilee Woyth**

**Tiffany Christiaens**

**Nic Darlinton**

**Amber Hansen**

**Courtney Hurin**

**Brandon Warner**

## FOUNDATION ELECTION

Welcome to newly elected teen board members of the Cascade 4-H Foundation, **Amanda Ashley** and **Allison Gossack**. Teen members serve a one year term. Our special thanks to Brianna Driscoll and Madelyn Krezowski who just completed a one year term.

Re-elected to 3 year terms on the board were Brad Thurber, Belinda Darlinton and Sue Tonne.

Officers elected to provide leadership to the Foundation for the coming year are: president, **Dave**

**Chandler**; vice president, **Heidi Klick**; secretary, **Belinda Darlinton** and treasurer **Sue Tonne**.

## CLUB BANNERS

**New 4-H clubs** will need to create a club banner to hang in their club booth at the Fair. The felt, dowels and instructions are available for you to pick up any time at the Extension Office.

Other clubs who need to make a new banner are welcome to pick up supplies also.

## MONTANA LEADERS FORUM Workshop Proposals

The deadline has been extended to May 30<sup>th</sup> for submitting a proposal to teach a workshop at the Montana Leadership Forum in Missoula Sept. 30 - Oct. 1. For complete details contact the Extension Office.

## CAMP TIME *Super Heroes*

Who is your *Super Hero*? You are sure to find many *Super Heroes* at this year's 4-H camp. Don't forget the registration deadline, May 19, for participation in this year's **4-H camp**. Applications are accepted on a first come, first served basis until camp is full. Additional applications will be put on a waiting list. You will all enjoy some new learning experiences as we meet these “*Super Heroes*”.

Each person registered for camp will want to watch the **June newsletter** which will contain information on how to get to camp, arrival and departure time, and any special items you should bring.

**ATTENTION: Junior Directors and Camp Chaperons** --The final camp meeting will be held on Monday, May 22 at 7:00 p.m. in the Extension meeting room. All junior directors and chaperons should be in attendance.

## JUNIOR LEADER CAMP

The following teens and chaperons are attending Junior Leader Camp in St. Mary's May 12-14. Be sure to contact them to share some of the great ideas with your club.

Chaperons: **Mary Christiaens, Kathy Dammen, Pam Murrill, Tere Jackson and Steve Perry.**

**Teens:** Angie Benedict, Megan Broesder, Tess Bryan, Mary Ann Christiaens, Nic Darlinton, Allison Gossack, Michaela Irvine, Nic Jackson, Kathleen Lay, Brittany LeVeque, Brandi McBride, Rikki Murrill, Victoria Silva, Anthony Skinner, and Kayla Sproles.

## CAMP CLEAN-UP

**Saturday, May 20** is clean-up day at Camp Rotary to prepare the facility for the summer camping season. **Cascade County** will be responsible for the **KITCHEN**. Clean-up begins at 9:30 a.m. and will conclude by noon. Bring a picnic lunch and enjoy a game of volleyball - we will provide the s'mores!

**REMINDER: Junior Directors, this is one of your responsibilities as a Junior Director - see you there!**

**DNRC CAMP INFORMATION:** Please contact the Department of Natural Resources and Conservation, (406) 444-6667, or visit their web site for information and applications at:  
<http://dnrc.mt.gov/cardd/camps/default.asp>

**MONTANA RANGE DAYS** -- will be held June 19-21 in Clyde Park for anyone interested in a variety of range workshops. Age divisions range from 4 years old to adult. Call (406) 222-3701 for registration information.

**Montana Natural Resources Youth Camp** - Open to youth 10-12 years old. Campers will spend one week, July 23-28, at the Lubrecht State Forest east of Missoula learning about Montana's natural resources. Call (406) 243-2773 for information.

**MT Youth Range Camp** will be July 10-14 at the Wildlife Conservation Center near the Highwoods. Call 278-7997 for information.

## Project Workshops

**CAT:** A Cat Fun Day will be held in Helena on Sunday, May 7. Cascade County cat members are invited to participate. A registration form is available at the Extension Office and is due May 1.

**CAT WORKSHOP:** This month's workshop will be

held at 4:00 p.m. on Thursday, May 25 at the Humane Society located at 1010 25<sup>th</sup> Avenue Northeast.

## CLOTHING:

**FASHION REVUE/QUILT SHOW:** This year's event will take place Monday, May 8 beginning at 6:00 p.m. at the Extension Office. Entry forms were in the April newsletter and are due April 28.

## Make It With Wool Contest

It is not too early to start thinking about constructing your garment for the 2006 contest which will be held Saturday, October 28.

**CROCHET:** There will be no crochet in May. Thanks to Billy Hansen for all of his instruction this project year.

**CROSS STITCH:** the group will continue to meet Mondays at 4:00 p.m. at the Extension Office.

**DOG OBEDIENCE:** continues Tuesdays at the Sheriff's Posse Building. This year's **State Fair Dog Show** will be Monday, June 5 at 6:30 p.m. at King Equestrian Center, 1 mile east of Great Falls on the right side of the highway. Dog show **fair entry forms** with proof of vaccination will be due May 26<sup>th</sup> and will be available at the Extension Office or at dog obedience class.

**A 4-H DOG PROJECT FUN MATCH** will be held on Saturday, June 3 in Helena. Contact the Extension Office for registration forms and information, 454-6980.

**QUILTING:** The Havre Quilt Festival September 15-17 is adding a new category for youth 16 and under. Awards will be 1<sup>st</sup> place, \$50.00, 2<sup>nd</sup>, 25.00 and 3<sup>rd</sup> \$10.

**ROBOTICS:** will meet in the Westgate Mall meeting room at 6:00 p.m. May 4 and 18.

**SPORT FISHING:** Come enjoy an evening of making **fish prints** and learning about different fish. This workshop will be held Thursday, May 11 at 7:00 p.m. in the Extension Meeting Room. Please call (454-6980) to register so we know how many supplies to have on hand.

## POULTRY & RABBIT

**Reminder: Poultry & Rabbit Projects** must be in possession and on feed by May 1<sup>st</sup>.

Breeding Project Reminder - no rabbits under 6 weeks old may be entered in Montana State Fair.

### POULTRY PROJECT TIPS

1. The Fair Judge will ask questions about your project. You need to know - breeds, types, weight (actual and typical) and parts of the bird.
2. Remember to wash and dust your poultry to control lice and mites.
3. Dust your birds every 4-6 weeks to control lice. Be sure and dust your birds a week or so before the Fair. Dust your coop every 6 months.

### RABBIT PROJECT TIPS

1. The Fair Judge will ask questions about your project - know your breed, type, weight (actual and typical) and parts of the rabbit.
2. Freeze water in bottles (to place in the cage) to help your rabbit stay cool in the summer (and Fair).
3. Check your rabbit's teeth carefully - bad teeth (or malocclusion) can not be fixed.

**Courtesy Announcement:** 7 breeds of rabbits for sale. 4-H discounts for pedigreed and pet quality rabbits, call Josh at 727-7230.

**Courtesy Announcement:** to give away, 2 male, 1 yr old French Lops - pet quality; call Magda at 268-0768, evenings.

## LIVESTOCK LISTINGS

**Livestock Leaders Meeting - Tuesday, May 2, 7:00 p.m., Extension Meeting Room**  
**Tuesday, May 9, Livestock Quality Assurance, 7 p.m., Extension Meeting Room**

### Steer Foot Trimming Session -

On May 7<sup>th</sup> at 1 p.m. learn how to take care of your steer's feet. This is a hands-on informational session and 4-H members will be involved in trimming their steer's feet. Cost is \$20 per steer. Session will be at Ed and Penny Olson's, 105 Gibson Flats road. Please sign up at the Extension Office, 454-6980.

**SHEEP SHEARING -** We tentatively are planning for mid-June. Please *pre-register* by signing up in the Extension Office. Each Cascade County 4-H member in

the lamb project may shear up to two (2) market lambs at no charge. There is a \$3.00 charge per lamb for more than two lambs.

**Livestock Quality Assurance Update:** If you are a 4-H member with a **livestock market project, a breeding project or a rabbit or poultry project** and did not attend an LQA session, you have until June 30 to check out the Livestock Quality Assurance video.

It provides valuable information on correct use of animal health care products and proper care of animals at all times. In order to qualify for Steer of Merit or Lamb Certification, members must complete this training.

The training is valid for two years. If you took the LQA training last year, you do not need to repeat the course. If you are unsure if you have taken LQA, call the office and we will look for your records. Members completing the training receive a certificate of completion.

**REMINDER:** Market **Sheep** and **Swine** members:

All market sheep and swine must be in possession, ear tagged and on feed by **May 1**.

**Intent to enter forms for market Sheep and Swine** must be in the Extension Office by **May 15**. Get your ear tag number from your organizational leader or from the office if you are a member at large.

**All sheep and goats are required to have a Scrapie tag.** Your breeder may provide the scrapie tag when you buy your lamb and goat. If no tag was provided, contact the Extension Office. When picking up tags at the Extension Office, you must provide the name and address of the flock of birth.

**Division and Junior Division Chairs - Update:** We still need two adult **Division chairs - for swine**. We have 3 youth junior division chairs. **Swine: 2 needed, Penny Olson, Sheep and Breeding: Bev Carlisle; Beef: Don Murrill.** Junior Division chairs are: **Jared LeVeque, Rikki Murrill, and Kelsey Lindquist.** They have an important job to help keep things running smoothly throughout county show.

### 2006 Cascade County Show and Sale Info

**Update -** The 2006 Show and Sale is scheduled for July 14-15, 2006. Pen set-up begins on Thursday July 13<sup>th</sup>. Market classes will show on Friday July 14<sup>th</sup> and Showmanship is July 15<sup>th</sup>. The 4-H Livestock Sale will be the evening of July 15<sup>th</sup>. Load out and Clean up is scheduled for Sunday, July 16<sup>th</sup>.

We will need a small crew to work on set up - some

folks have already volunteered. Initial set up will begin the morning of the 13<sup>th</sup> and a crew will be needed to shovel chips and shavings the afternoon of the 13<sup>th</sup>. All participants will be involved with loading and clean up on Sunday.

### **LIVESTOCK JUDGING CAMP ~**

For youth 11-18: On June 9-10 NWC/MSU is hosting a Livestock Judging Camp in Big Timber, MT. The camp costs \$125 and includes meals, lodging, awards, judging manual, and t-shirt. The Camp will consist of Sheep, Beef and Swine Judging, and Oral Reasons. The Livestock Leaders may be offering financial help for interested youth. Registration forms are at the Extension office; **Registration Deadline is May 19.** For other registration details call **Michael Lakey** at (406) 932-5590 or **Marc King** at (406) 932-5146.

**CONGRATULATIONS** to the following 4-Hers who have qualified for **Livestock Judging at 4-H Congress: Ryan Warner, Shayna Warner, and Alyssa McKelvey.** Please call the Extension office before **May 6** and let us know if you are able to attend.

**2006 MontanaFair** - Billings: Any 4-H member planning to exhibit sheep or swine at the **Montana Fair** must attend the tagging and weigh in at PAYS in Billings June 3<sup>rd</sup> at 8 a.m. to 11 a.m. Call the Extension office for more information or Roni at the Yellowstone Extension office, 256-2828.

**Marias and Teton Feeder Show - June 3, 2006** will be in Shelby this year. Entry forms will be available in early May; contact the Extension office if you are interested.

**Montana Junior Beef Expo - June 8-10**, Lewistown, Montana. For entries/info call Mardi Linhart or Mike Vanek at 538-2164 or email mmcattle@midrivers.com.

**Beaverhead Bonanza Jr. Livestock Show** is scheduled for June 24-25, in Dillon. For more info, call Jackie Sutton, Beaverhead Co. Extension 683-3785.

### **DATES TO REMEMBER:**

- May 1** Market Lambs and Swine in possession, ear tagged and on feed.
- May 2** Livestock Leaders Meeting
- May 7** Steer Foot Trimming Session, Olsons' 1 p.m.
- May 9** **LQA**, 7 pm, Extension Office
- May 15** **Market Lamb and Swine Intent to Enter Forms are DUE IN** the Extension Office.
- June 3** Sheep/Swine Tagging for Montana Fair at PAYS in Billings, 8 a.m. to Noon.
- TBA** **Sheep Shearing**
- June 30** **County Show Entries DUE**
- June 30** **FAIR ENTRIES DUE**

**July 14-15 County Livestock Show/Sale** - set up July 13<sup>th</sup>,  
Load out and Clean up on July 16<sup>th</sup>.

**COURTESY REMINDER** to livestock and horse members. **Big R Supply** will give a 4-H discount on supplies you purchase for your 4-H projects. Be sure to present your 4-H membership card.

**ALSO - Fleet Supply** offers 4-H members a discount for some purchases. Pick up a form from the Extension Office if you are interested.

## **HORSE HAPPENINGS**

**Horse Leaders Meeting, Monday, May 1, at 7:00 p.m. in the Extension meeting room**

**Any changes in horses you are riding must be in the Extension office by June 1.**

**NOTICE TO PARENTS:** For the safety of your child and horse, **you are required to be present when your child is participating in any 4-H horse event, whether a clinic, show, or open riding, etc.** If, for any reason you must leave, you must make arrangements with another parent or leader to be responsible for your child. Remember, too, that **helmets are required** for open riding and clinics.

**Equestrian Helmets for Sale** through the Extension Office. Helmets are ASTM/SEI certified and cost \$15 each plus about \$2 shipping. A minimum of ten must be ordered for the lower rate. Individuals may buy the helmets for \$26 each if under ten are ordered. Sizes are based on head measurement - call the office for specifics. Please call the office for size information or if you are interested in ordering, 454-6980.

### **Helmet Guidelines at Horse Shows**

Currently, there is not a mandatory helmet requirement for 4-H members taking horse projects or riding in shows. However, if a 4-H member chooses not to wear a helmet, The 4-H member and their parents will have to sign a "release and assumption of risk" form that is part of our 4-H policy document. The form is required if the 4-H member will not wear a helmet.

Helmets must be ASTM/SEI certified equestrian helmets - which are available for purchase through

the Extension office. 4-H Horse shows in Cascade County that will require a waiver if an equestrian helmet is not worn include: Cascade Co. Horse Show, All County and Montana State Fair 4-H Horse shows. Waivers will be available with the registration materials.

**Horse show entry forms are available for the following shows:**

Missouri River Riders Show June 17

Cascade Co. Show July 8-9

All County Show July 22-23

They will be on the Cascade County Extension website by May 1<sup>st</sup>. Go to:

[www.montana.edu/cascade](http://www.montana.edu/cascade), 4-H Horse & Livestock to download. These forms will be on legal sized paper. As always, you can stop by the office and pick up forms, too.

**MSU Youth Horsemanship School 2006**

There are still 10 openings! The school is scheduled for June 26-30 in Bozeman. If interested, please call Julie at (406)994-7953. Tuition is \$290 per rider. Registration deadline is May 31<sup>st</sup>. Visit the MSU Extension website for more information: [www.msuextension.org](http://www.msuextension.org) select Ag & Nat. Resources, then select Equine for forms.

**DATES to REMEMBER:**

- May 4** Horsemanship Levels Assessment Records due in the Extension Office
- June 17** Missouri River Riders Show, King Eques. Ctr
- June 30** HORSE SHOW FAIR ENTRIES DUE
- June 30** County Horse Show registration forms due
- July 8-9** County Horse Show, Livestock Pavilion
- July 22-23** All County Horse Show, King Eques. Ctr.
- Aug 5-6** State Fair 4-H Horse Show, Livestock Pavilion
- Sept. 15-17** State 4-H Horse Show, Billings

Sincerely,

**Sheryl Knowles                      Wendy Wedum**  
**Cascade County Extension Agents**

**CASCADE COUNTY MAY  
4-H NEWS LETTER**

**Congratulations  
to our 2006 4-H Graduates**

Cade Blanchard  
Brianna Driscoll  
Caitlin Gallagher  
Lindsay Gossack  
Heather Ingman  
Nic Jackson  
Leslie Klick  
Madelyn Krezowski  
Jared LeVeque  
Bridgett McNulty  
Shane Neuman  
Stephanie Ogden  
Alena Ogg  
Erin Oleson  
David Osborne  
Sarah Putzker  
Michael Skinner  
Logan Tinsen