Online Suicide Prevention Training

Faculty/staff often know about students who show signs of distress, depression, or problematic behavior, and most report feeling ill-equipped to handle such situations. This interactive training module provides real-world scenarios and guides you through mock discussions with students to help you:

• Identify signs of psychological distress
• Approach & refer students to help
• Refer to available support services

Access Kognito At-Risk training here:

Website: www.kognitocampus.com/login
Access Code: msuboze

Here’s a snapshot of what your MSU colleagues who are Kognito-trained had to say:

Regarding the Kognito course:
“This was very helpful. I think all professors should take this training module.”
“This is probably the best online professional development course I have taken.”
“The student situations and conversations were very realistic; I liked the interactive format.”

On applying what they learned in reflection to how they handled past students in distress:
“I didn’t do a thing; I wish I could have a do-over on that one.”
“I shouldn’t have done what I did; I should have taken him to CPS.”
“I don’t think we handled it well; I wish I had pursued it to encourage counseling.”

Overall:
94% agreed that all faculty, staff, and administrators should take this course.
100% agreed they felt confident in referring a student for mental health services.
100% agreed they knew where to refer a student in a mental health crisis.

Don’t miss out—This could be the most useful 45 minutes you spend all semester!