

ANNUAL AWARDS FOR EXCELLENCE

APRIL 2012
www.montana.edu/ehhd

Forty of Montana State University's top seniors and their faculty or staff mentors were recognized at the 30th annual Awards for Excellence banquet held on the MSU campus this spring.

Each year, the MSU Alumni Foundation and the Bozeman Chamber of Commerce sponsor the banquet that honors students nominated by faculty in their college or department. The awards are based on academic performance, campus leadership and community service. The award-winning students each selected a mentor who were honored with them at the event. Below are this year's recipients from the College of EHHD, along with their mentors:

Margaret Beardslee, elementary education, Bozeman, Mont., Ann De Onis

Jamie Diehl, family and consumer science-teaching option, Sandpoint, Idaho, Sandy Osborne

Jennifer Gauthier, health and human performance- exercise science, Columbus, Mont., Kathy Weaver

Ryan Hannahoe, elementary education, Leesport, Pa., Mary Leonard

Amanda Judisch, community health, Conrad, Mont., Dawn Tarabochia

In addition, **Jamie Diehl** was one of seven seniors who won the 2012 Torlief Aasheim Community Involvement Award, the university's top award for student service.



STUDENTS HOLD CAREER FAIR FOR HHD



L to R: Debby Haynes, Lauren Ortega, Tiffany Smith, Maggie Nottestad, and Megan Bailey help with the career fair.

In March, the honor society of Phi Upsilon Omicron (Phi U) held a "Careers & Degrees in HHD" seminar in the SUB to inform students of possible career options from majors within the Department of Health and Human Development. The group lined up speakers and a panel of local professionals to talk about different topics such as internships, student success, and careers. At the four hour event, there were also information booths, refreshments, a raffle, and door prizes. Phi U member **Maggie Nottestad** said the organization organizes a professional project every year.

"The project has two goals—to educate the students in HHD and to raise funds for a local cause," said Nottestad.

Through sponsorships from local community businesses, Phi U donated the proceeds to the local Rock Youth Center this year.

Advisors **Debby Haynes** and **Sandy Osborne** said the event "went well."

TECH ED STUDENTS EXCEL AT NATIONAL COMPETITION

Seven technology education students, along with professors **Scott Davis** and **Lidia Haughey**, spent spring break in Long Beach, Calif., attending the International Technology and Engineering Educators Association (ITEEA) conference. The four-day conference was in conjunction with the Technology Education Collegiate Association competition. This is the first time in several years that MSU has sent a team. Students competed in three competitions and came away with third place, out of 14 teams, in Technology Problem Solving. Other competitions included technology lesson planning and technology challenge Quiz Bowl.

At the Spirit of Excellence breakfast, MSU technology education major **Simone Scafide** was awarded the ITEEA's Litherland Undergraduate Scholarship for 2012. The award is given to only one student nationwide, based on interest in teaching, academic ability, and faculty recommendation.



Top photo, back row: Matt Bakken, Dave Phillips, Kent Liston, Scott Davis. Front: Lidia Haughey, Simone Scafide, Brad Paskey, Troy Smith, and Tim Schmoll.

Bottom photo: Simone Scafide accepts a national scholarship from ITEEA.

NUTRITION CLASS PROVIDES LUNCH FOR STAFF



For the spring staff lunch, classified and professional staff members from the college were treated to a delicious and nutritious lunch, courtesy of nutrition adjunct professor **Melody Anacker's** Food Fundamentals class. The theme for the lunch in Herrick Hall was "Shape Up Your Plate," and the 44 stu-

dents' dishes focused on using whole foods and reducing salt, sugar, and fat.

Anacker said the mid-term project involved researching the health benefits of a given food and finding a recipe that would incorporate the food into the diet in a nutritious way. **Marcy Gaston**, graduate nutrition student, teaches the lab section of the class, made up of students from food and nutrition, family and consumer sciences, and sustainable foods and bioenergy systems. Students agreed that it was "the best lab ever" because you could "eat your experiments."

Recipes from the lunch will be published weekly in the college's *Tuesday Times*.



Sara King, EHHD's human resources operations manager, led the most recent professional development workshop for staff on "Balancing Tasks and Time." Participants were actively involved in the session by using i-clickers to respond to survey questions and scenarios posed throughout the workshop. King offered ideas on how to juggle tasks, such as communication with stakeholders, plan a task from the end and work backwards, use planners and lists, and make appointments with yourself. She also suggested ways to be successful in finding life/work balance: taking care of self, make time for stress busters, find time to laugh, take breaks from the task, and look at what you have accomplished.

HHD HOSTS TWO RESEARCH SEMINARS



Bethany Letiecq and Sandy Bailey

Sandy Bailey, professor and Extension family & human development specialist, and Bethany Letiecq, associate professor in community health, presented ten years of programming and research related to Montana Grandparents Raising Grandchildren (GRG). Bailey said in the state of Montana there are 6,600 grandparents raising their grandchildren and many of them are unaware of the programs and services that are available to them or their grandchildren. Letiecq stated grandparents often are caught off-guard when called to take in their grandchildren, and they don't know the laws and programs that can help them, such as Medicaid and Temporary Assistance for Needy Families (TANF).

Bailey and Letiecq have conducted three studies of GRG, including a qualitative study using family life histories. One quantitative study of 55 grandparents found factors such as race, parental stress, length of time parenting, and income to be factors relating to stress. The qualitative study revealed ambivalence within grandfamilies and strategies grandparents use to cope. In addition, Letiecq conducted a study of social worker attitudes towards grandparents rearing grandchildren. The studies support the programming done through the Montana GRG project. GRG groups can help families go from stress and depression to resiliency. Currently there are 20 locations across Montana that provide local support for Grandparents Raising Grandchildren.

The second research seminar, "Promoting Well-being among Pre-school Aged Children," featured collaborative research conducted by Health and Human Development faculty Rebecca Koltz, Adina Smith, and Christine Lux. Smith said the three "joined forces to take an interdisciplinary approach" to explore the well-being of the children in the MSU Child Development Center (CDC). Lux, also the director of the CDC, stated that the CDC was already doing activities to foster pro-social behaviors, but there was a need "for better attention to work with children's emotional well-being." The trio and a Moebus research assistant designed an eight-week curriculum that was delivered by Koltz's second-year counseling students. The curriculum focused on the emotional, social, physical, and coping well-being of three to five-year-olds. Lux has noticed CDC children already developing the vocabulary of well-being, and Koltz said positive results were demonstrated in the children's journals from the project. More research will be conducted over a three-year period to determine what the perceived impact of the eight-week well-being curriculum is with preschool age children.



Christine Lux, Rebecca Koltz, Adina Smith

CHRISTOPHER RECEIVES FULBRIGHT-NEHRU

Professor John Christopher from the Department of Health and Human Development at MSU was awarded a Fulbright-Nehru Scholar Grant to study in India for a year. Christopher will study Indian indigenous psychology and how contemplative practices in yoga are being integrated into health care in India. In addition, he will co-teach classes on cultural and theoretical psychology at the University of Allahabad. Christopher leaves in mid-May.

PIZZA WITH THE PRESIDENT



President Waded Cruzado and Provost Martha Potvin recently held a listening session for students in the College of EHHD. As students ate pizza provided by the President, they shared their ideas on various topics and also heard from the Provost about the process for the search for a new dean for the college.

EDUCATION STUDENT INTERNS AT SMITHSONIAN

While some MSU students were vacationing on beaches or skiing during spring break, one education student spent a week as an intern at the Smithsonian Institution in Washington, D.C. **Cari Kaiser-Sielbach**, a junior majoring in elementary education and Spanish teaching, worked with the curator of the Linguistics Department creating a bibliography that focused on the connection between education and endangered languages.

"The curator was researching a native language in Mexico and studying how language is lost or kept when children enter classrooms," said Kaiser-Sielbach, a native of Billings, Mont.

While in Washington, she also did some site-seeing and even got to go "behind the scenes" at the Smithsonian, places the public doesn't have access to. Her favorite experience was having lunch with a Smithsonian education specialist.

"Every exhibit at the museum has an education specialist that works to make sure the exhibits at the museum are effective for the public," Kaiser-Sielbach said.

Kaiser-Sielbach found out about the internship from **Lynn Kelting-Gibson**, assistant professor of educational assessment, who told her class about the internship opportunity sponsored by MSU Honors and University Scholars programs, which funded three MSU students for the Smithsonian internship experience.



Cari with Senators Max Baucus and John Tester

MONTANA TEAM NUTRITION RECEIVES AWARD



Katie Bark (center in grey sweater) accepts award

Montana's First Lady, Nancy Schweitzer, recently awarded Montana Team Nutrition with a 2012 First Lady's Math and Science Award for their part in developing the Nancy's Garden Kit. Katie Bark, director of Montana Team Nutrition, was on hand to receive the award, which was presented at the ServeMontana Symposium luncheon ceremony in February. Nancy's Garden is the newest feature of the Governor and First Lady's Math & Science Initiative. It provides a gardening experience for every fourth grade student in Montana by supplying grow boxes, seeds, lesson plans, and instructions for each classroom. Bark was involved with several other Montana organizations and businesses to develop a series of six lesson plans to get students excited about engaging in healthy eating and possible careers in math and science. Team Nutrition developed the nutrition lesson called "Mmm Mmm Montana."

"MT Team Nutrition is humbled by this award and I do want to acknowledge the work of Mary Stein (former employee) that helped me with this project," said Bark.