



# College News Update



College of Education, Health and Human Development  
[www.montana.edu/ehhd](http://www.montana.edu/ehhd)

January 2013

## NEW DEAN ARRIVES TO LEAD COLLEGE OF EHHD



The college welcomes Lynda Ransdell as the new dean, replacing retiring Larry Baker. Ransdell began her duties on January 1, 2013, and brings a strong background in the field of health and exercise.

Since 2004, Ransdell has been at Boise State, where she served as head of the Department of Kinesiology from 2004-2008. She also served as the faculty ombuds for the university. At the University of Utah, she co-directed the graduate program in exercise and sport science and served as executive director of the faculty/staff fitness program. In addition to her work at Boise State and Utah, she has been a faculty member at Colorado State University and the University of Kentucky.

Ransdell has a strong interest in promoting the health benefits of exercise and sport and has been president of the National Association for Girls and Women in Sport. She has published more than 85 papers and three books and was named a fellow in the American College of Sports Medicine and the Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance, or AAHPERD. She has also served as editor for the “Women in Sport and Physical Activity Journal.”

Ransdell has a doctorate in exercise and wellness education (curriculum and instruction) from Arizona State University, a master’s degree in exercise and sport studies from Smith College and a bachelor’s degree in physical education and health from Eastern Kentucky University.

“Montana State is a university on the move,” Ransdell said. “With a new strategic plan in place, a visionary and dynamic leadership team, a hard-working and distinguished faculty and staff, and the best students in the Northwest, I’m excited about the opportunities that are presented at Montana State. I look forward to working hard to take the College of Education, Health and Human Development to the next level.”

—Excerpts from MSU News Service

Associate Professor Deborah Haynes is serving as President of the American Council on Consumer Interests for 2012-2013. The national association focuses on consumer issues, family and consumer economics, and personal finance research, education, and outreach.

The College News Update is published monthly. Designed and written by Debra Redburn, Communications Specialist for the College of EHHD. For submission ideas, contact [dredburn@montana.edu](mailto:dredburn@montana.edu)

## KING ELECTED PRESIDENT OF HR ORGANIZATION

After having served as president-elect of the Gallatin Valley Human Resources Association (GVHRA) for the past year, the college's HR operations manager, Sara King, assumed the role of president for the next two years of the association in January.

A non-profit organization, GVHRA is an affiliate of the international Society for Human Resources Management, which provides policy advice, best practices, and research on current trends in the field of human resources.



Above: Troy Smith (L) shows students how to use the plasma cutter to make holiday ornaments.

Below: Scott Davis demonstrates how the 3D printer works.



## TECH ED PROGRAM HOSTS AREA HIGH SCHOOL STUDENTS

In early December, students from Lone Peak High School in Big Sky, Mont., spent a day on campus in the technology education program, learning about a variety of skills from web designing and using the new 3D printer to using the plasma cutter machine. In addition to presentations by Scott Davis, associate professor, and Lydia Haughey, adjunct professor, MSU technology education students also demonstrated the variety of skills one can learn in the program. The Lone Peak students were accompanied by their technology education teacher, Matt Bakken, a recent graduate of the MSU program.

Sixteen international graduate students, all business majors from Kazakhstan, toured campus and the Bozeman area in December learning about Montana's economy, agriculture, and manufacturing. In conjunction with the Office of International Programs at MSU, Deborah Haynes, associate professor in family and consumer sciences (FCS), set up speakers for the students' visit to campus, as well as presenting a session on "An Economy is Only as Healthy as its Households."

FCS associate professor Holly Hunts also gave a presentation on land grant universities and why research is important.

## GRADUATE STUDENTS FROM KAZAKHSTAN VISIT MSU

Kazakhstan students with Holly Hunts and Debby Haynes (front row, second and third from left)



## ECP MOVES TO OFF-CAMPUS LOCATION

In November, the Early Childhood Project (ECP) moved from its home since 1985 in Herrick Hall to a new off-campus location on Stadium Drive. The Early Childhood Project began as a Northwest Area Foundation Grant of \$55,000 for each of three years and is currently funded through the Early Childhood Services Bureau of the Montana Department of Public Health and Human Services. The project works collaboratively with partner organizations across the state to improve the quality of care and education for young children and families. ECP goals focus on the coordination of key components of Montana's professional development system for the nearly 6,500 early childhood program and support staff.

The dedicated staff of ECP includes Libby Hancock, director; Ann Klaas, career development coordinator; Brandi Johnson, program manager; Tiffany Krushensky, program assistant; and Christy Hill Larson, special projects coordinator, located in Helena. Visit their website at [www.mtecp.org](http://www.mtecp.org) to learn more about the Early Childhood Project

Stop by their new location at 2066 Stadium Drive, Suite 203.



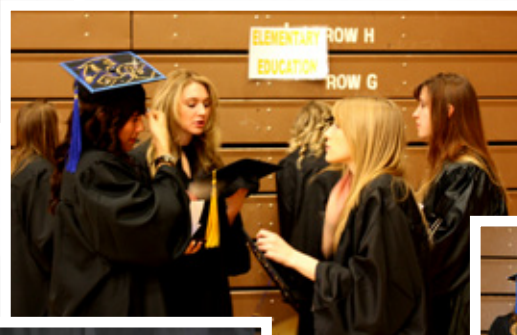
ECP held an open house of their new offices.

# FALL COMMENCEMENT 2012

Montana State University held a fall commencement ceremony for the first time in almost 50 years. Over 1000 students were eligible to participate at the ceremony in the Brick Breeden Fieldhouse on December 15, 2012. One hundred two College of EHHD students graduated. Prior to the Saturday ceremony, a student/family reception was held in the Bertha Clow Lounge in Herrick Hall to honor the recent EHHD graduates.



Above: Sandy Osborne (R) with FCS grads. Right: Education graduates get ready to line up.



Kathy Weaver (center in white) with Health and Human Performance grads

## COLLEGE HOSTS FALL PROFESSIONAL DEVELOPMENT WORKSHOP

Back by popular demand, Tiphani Lynn, a graduate student in the molecular bio-science program, was the guest presenter at the college's fall professional development workshop, with new information for attendees. Her presentation, "Energy, Nutrition, and Cognitive Maintenance: Food for Thought" focused on how food and exercise can help keep the brain healthy and functioning. Lynn said exercise "does more to bolster thinking than thinking." Even moderate amounts of exercise cause increased blood flow to carry more oxygen and nutrients to the brain, and it stimulates the frontal lobe and hippocampus aiding in mood, memory, and cognition. Nutrition also plays a part in cognitive maintenance. Lynn said the Western diet has many nutrient deficiencies, the most common being iron, Vitamins B2 and D, and Omega-3 fatty acids. She also warned attendees that too much of some vitamins can be harmful to health; therefore, she recommended that people follow dosages listed on labels.

