

Health and Human Development Pre-Physical Therapy

Four-Year Plan 2004-2006 Catalog

Name _____ Advisor _____

E-mail _____ www.montana.edu/hhd/ _____

| Freshman Year | | | Term | Credits |
|---------------|--------------|-----------------------------|------|---------|
| Grade | | | | |
| BIOL | 102 | Molecular and Cell Biology | Fs | 4 |
| BIOL | 207 | Anatomy & Physiology | fS | 5 |
| CHEM | 131 | General Chemistry I | Fsm | 4 |
| CHEM | 132 | General Chemistry II | fSm | 4 |
| †MATH | 170Q | Survey of Calculus | fS | 4 |
| UC | | University Core & Electives | | 9 |
| | <i>Total</i> | | | 30 |

| Sophomore Year | | | Term | Credits | Grade |
|---|--------------|-----------------------------------|------|---------|-------|
| * | | | | | |
| BIOL | 208 | Anatomy & Physiology II | F | 4 | |
| HDFN | 221CS | Human Nutrition | FS | 3 | |
| HDPE | 222 | Foundations of Exercise Science | S | 3 | |
| PSY | 100IS | Intro to Psychology | Fs | 3 | |
| STAT | 216Q | Elementary Statistics | Fsm | 3 | |
| STAT | 217 | Intermediate Statistical Concepts | fSm | 3 | |
| UC | | University Core and Electives | | 3 | |
| Take one of the following sequences: | | | | | |
| PHYS | 205 | College Physics I | Fsm | 4 | |
| PHYS | 206 | College Physics II | fSm | 4 | |
| or | | | | | |
| PHYS | 211 | General and Mod Physics I | Fs | 4 | |
| PHYS | 212 | General and Mod Physics II | fS | 4 | |
| | <i>Total</i> | | | 30 | |

*Chemistry 215 is strongly recommended.

| Junior Year | | | Term | Credits | Grade |
|-------------|--------------|--|------|---------|-------|
| HDPE | 320* | Anatomical Kinesiology | F | 4 | |
| HDPE | 323* | Biomechanics | S | 4 | |
| MB | 301 | General Microbiology | FS | 5 | |
| PSY | 382 | Abnormal Psychology | F | 3 | |
| UC | | University Core and Approved Electives | | 16 | |
| | <i>Total</i> | | | 30 | |

| Senior Year | | | Term | Credits | Grade |
|-----------------------------------|--------------|--|------|---------|-------|
| HDPE | 322* | Exercise Physiology | F | 4 | |
| HDPE | 475 | Senior Seminar | Fsm | 1 | |
| HHD | 476 | Internship | fsm | 2-5 | |
| UC | | University Core and Approved Electives | | 14-21 | |
| Take one of the following: | | | | | |
| HDCF | 371* | Research Methods | S | 3 | |
| HDPE | 489 | Undergraduate Research | fsm | 2-6 | |
| | <i>Total</i> | | | 30 | |

Total needed for graduation 120

† Please note this class has a math pre-req: Math 105 or Math Placement

* "C" grade or higher required to graduate

Check List For Graduation

1. Minimum credits required to graduate (120) _____
2. Approved upper division credits (\geq 300 level) _____
3. University Core completed _____

Students Must Also Satisfy These Requirements

- Approved Upper Division HHD Electives \geq 12
- Approved Upper Division Science Electives \geq 6

| Classification | Course | # | Class Title | CR | Pre-Requisite(s) from MSU Catalog |
|----------------|--------|-----|---------------------------------|-----|---|
| Required | CHEM | 131 | General Chemistry 1 | 4 | 2 yr HS math with algebra |
| Required | CHEM | 132 | General Chemistry II | 4 | CHEM 131 or CHEM 141 |
| Required | BIOL | 207 | Anatomy and Physiology I | 5 | CHEM 121/131 w/ \geq C- grade |
| Required | BIOL | 208 | Anatomy and Physiology II | 4 | BIOL 102 or 121/131 with \geq C- grade |
| Required | MATH | 170 | Survey of Calculus | 3 | MATH 105 or math placement test |
| Required | PHYS | 205 | College Physics I | 4 | MATH 160 or HS trigonometry |
| Required | PHYS | 206 | College Physics II | 4 | PHYS 205 or 211 |
| Required | STAT | 216 | Elementary Statistics | 3 | MATH 105 or 151, or math placement test |
| Required | STAT | 217 | Intermediate Statistics | 3 | STAT 216 |
| Required | HDPE | 320 | Anatomical Kinesiology | 4 | BIOL 207 + math core |
| Required | HDPE | 322 | Exercise Physiology | 4 | BIOL 207 |
| Required | HDPE | 323 | Biomechanics | 4 | MATH 170, BIOL 207, PHYS 205, HDPE 320 |
| Required | HDPE | 465 | Exercise Testing & Prescription | 4 | HDPE 322, BIOL 208, STAT 216 |
| Required | HDPE | 489 | Undergraduate Research | 2-6 | Corequisite HDPE 490 |
| Required | HDCF | 371 | Research Methods | 3 | STAT 216 |
| Required | HHD | 476 | Internship | 2-6 | Corequisite HDPE 475 |
| HHD Elective | HDCF | 360 | Human Devl: Adult and Aging | 3 | HDCF 260 or Soc Sci core for non-majors |
| HHD Elective | HDFN | 321 | Life Cycle Nutrition | 3 | HDFN 221 |
| HHD Elective | HDFN | 351 | Nutrition and Society | 3 | HDFN 221 + HDCF 343 |
| HHD Elective | HDFN | 411 | Nutrition for Sport & Exercise | 2 | HDFN 221 + HDPE 221 |
| HHD Elective | HDFN | 421 | Macronutrient Metabolism | 3 | HDFN 221 + BCHM 340 + BIOL 208, all w/ \geq C |
| HHD Elective | HDFN | 422 | Micronutrient Metabolism | 2 | HDFN 421 w/ \geq C grade |
| HHD Elective | HDFN | 425 | Medical Nutrition Therapy | 4 | HDFN 401 + HDFN 421, both w/ \geq C grade |
| HHD Elective | HDHL | 402 | First Aid Instructor Lab | 1 | (HDHL 221 + HDHL 222) or current ARC CPR |
| HHD Elective | HDHL | 410 | Human Response to Stress | 3 | PSY 100 + Junior standing |
| HHD Elective | HDHL | 440 | Principles of Epidemiology | 3 | STAT 216 + Research Methods course |
| HHD Elective | HDPE | 415 | Management in Health/Fitness | 3 | Junior Standing |
| HHD Elective | HDPE | 425 | Health Psychology | 3 | PSY 100 |
| HHD Elective | HDPE | 436 | Principles of Strength & Cond. | 3 | HDPE 221 |
| HHD Elective | HDPE | 440 | Health & Fitness Promotion | 3 | None listed |
| HHD Elective | HDPE | 445 | Applied Sport Psychology | 3 | HDPE 267 |
| HHD Elective | HDCF | 319 | Theories & Skills Help Relation | 3 | Junior Standing |
| HHD Elective | HDCF | 429 | Sm Business Operation in HHD | 3 | HDCF 138 |
| HHD Elective | HDFN | 401 | Nut Assessment & Counseling | 2 | HDCF 319 + HDFN 351+ PS 318 |
| HHD Elective | HDHL | 451 | Health & Healing | 3 | PSY 100 |
| Science Elec | BCHM | 340 | General Biochemistry | 5 | BIOL 207/208 + (CHEM 215 or CHEM 312) |
| Science Elec | BCHM | 442 | Matabolic Regulation | 3 | BCHM 340 |
| Science Elec | BIOL | 301 | Principles of Genetics | 3 | BIOL 102 or MB 301 |
| Science Elec | BIOL | 310 | Comparative Vertebrate Anat. | 4 | BIOL 101 |
| Science Elec | BIOL | 402 | Advanced Cell & Mol Biology | 3 | BIOL 301 + BCHM 340 |
| Science Elec | BIOL | 410 | Dissection Anat. Human Extrem | 3 | BIOL 207 + BIOL 208, both w/ \geq C grades |
| Science Elec | BIOL | 411 | Animal Physiology | 3 | BIOL 102 + (CHEM 215 or CHEM 311 or BCHM122) |
| Science Elec | BIOL | 413 | Neurophysiology (spring) | 3 | BIOL 207 or BIOL 411 |
| Science Elec | CHEM | 311 | Organic Chemistry I | 4 | CHEM 132 or CHEM 142 |
| Science Elec | CHEM | 312 | Organic Chemistry II | 4 | CHEM 311 |
| Science Elec | CHEM | 323 | Physical Chemistry I | 3 | See MSU course catalog |
| Science Elec | CHEM | 324 | Physical Chemistry II | 3 | CHEM 323 |
| Science Elec | I & ME | 313 | Work Design and Analysis | 3 | COM 110 + ENGL 121 |
| Science Elec | I & ME | 413 | Ergonomics and Safety I | 3 | I & ME 313 |

Graduate courses listed below may be taken as upper division HHD electives, however, the following rules apply:

1.) Students must have senior status and GPA > 3.25 ; and 2.) Graduate courses taken to fulfill undergraduate degree requirements may not be counted toward a graduate degree, i.e. students planning to pursue a Master of Science in HHD at MSU should be cautious about taking graduate courses.

HDFN 511: Exercise Metabolism and Nutrition - 3 cr, S

HDPE 540: Mech Anal Human Mov. - 3 cr, F

HDPE 545: Graduate Ex Phys - 3 cr, F