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EDUCATIONAL BACKGROUND

- Ed.D. MONTANA STATE UNIVERSITY, BOZEMAN, MONTANA
1992
Adult and Higher Education
Advisor: Dr. Robert Fellenz
- M.S. UNIVERSITY OF TENNESSEE, KNOXVILLE, TENNESSEE
1979
Public Health Nutrition
Advisor: Dr. Daniel Hubbard
- B.S. PENNSYLVANIA STATE UNIVERSITY, UNIVERSITY PARK, PENNSYLVANIA
1978
Community Nutrition
Advisor: Dr. Laura Sims

PROFESSIONAL EXPERIENCE

Associate Professor, State Food and Nutrition Specialist, Montana State University Extension Service, Bozeman, Montana. Provides leadership for extension educational activities in food and nutrition to address critical and emerging issues impacting Montana's consumers and families. Works cooperatively with field faculty to assess needs and develop programs, establish interdisciplinary coalitions, conduct research and disseminate information. (Full-time, 12 month appointment)

Graduate Research Assistant, Montana Family Cancer Project, College of Nursing, Montana State University, Bozeman, Montana. Facilitated research component of project, including preparation and distribution of research questionnaires, drafting reports, and organizing Advisory Council meetings. (September 1990 - April 1991)

Dietitian, St. Patrick Hospital, Missoula, Montana. Provided nutrition instruction, documented instructions for patients on medical floors, conducted diabetic clinics, provided outpatient counseling, planned diets. Taught nutrition Wellness classes and wrote articles for *The Missoulian* and the *St. Patrick Wellness Newsletter*. Developed ten-week weight management program. (May 1985 - June 1988)

Program Consultant, American Lung Association, Helena, Montana. Implemented new position for promotion of the American Lung Association programs and information in Western Montana. Developed elementary school health screening and smoking cessation class in conjunction with local agencies. (November 1985 - June 1986)

Health Information Specialist, Five Valley Health Care, Missoula, Montana. Spearheaded research in the availability of health/wellness information and health and social service resources for consumers. Oversaw incorporation of new information into system. Coordinated community development activities of Health Information Center; promoted Center in systems network. (May 1984 - May 1985)

Public Health Nutritionist, Missoula City/County Health Department, Missoula, Montana. Counseled individuals, groups, pregnant and nursing women, infants, and children in nutrition through two programs: Head Start and WIC (Women, Infants, Children). Provided training and needs assessment covering three counties, overseeing one other nutritionist plus nine aides and students. Developed and taught twenty classes in various nutrition areas. Wrote grants and presented lectures. (October 1981 - May 1984)

Regional Nutritionist-Maternal and Child Health, Missoula City/County Health Department, Missoula, Montana. Supervised two WIC Directors and consulted with five other WIC programs in a six-county region. Worked with variety of agencies by providing current nutrition information and consultation in nutrition program development. (November 1979 - September 1981)

Visiting Professor, University of Montana, Missoula, Montana. Developed and taught 3-credit undergraduate course in Family and Community Nutrition. Supervised and organized a field experience for twenty students each year. Developed and taught a 1-credit undergraduate Nutrition Course for Teachers with two other dietitians. (Winter Quarter 1981, 1982, 1983)

TEACHING

A. Teaching for Montana State University (MSU) County Extension Agents, Other Professionals, and the Public

1a. Teaching for MSU County Extension Agents Exclusively (since 1999).

“Promoting, Marketing and Documenting Success in FCS Programs.” (M. Vogel, S. Bailey, L. Paul, P. Dennee), MSU Extension Service Annual Conference, March, 2004, Bozeman, MT.

“Food and Nutrition Update: RIO.” September, 2003, Bozeman, MT

“Food Safety.” (L. Paul, C. Juergens), Tribal Reservation and Tribal College Agents: Share the Resources Conference, April, 2002, Bozeman, MT.

“Food Safety.” Extension SPLICE Conference, October, 2002, Bozeman, MT.

“ServSafe: Food Safety Employee Guide.” (L. Paul, L. Lauth), FSNEP/EFNEP Agent and Paraprofessional Training, October, 2002, Bozeman, MT.

“Nutrition for the Future.” MSU Extension Annual Conference, May 2002, Bozeman, MT.

“Diabetes.” EFNEP/FSNEP Training, November, 2001, Bozeman, MT.

“Professional Update, MSU.” March 21-22, 2001, Bozeman, MT.

“Food Safety Education and Training.” EDUFAIM New Agent Training, July, 2000, MT.

“Aging Issues.” (L. Paul, P. Dennee), MSU Extension Service Annual Conference, March, 2000, Bozeman, MT.

“Train the Trainer: Nutrition Update for Teachers.” May, 2000, Bozeman, MT.
“Nutrition Update.” Training for EFNEP/FSNEP/EDUFAIM, November, 2000, Bozeman, MT.
“Nutrition Update.” Training for FSNEP/EFNEP Update, October, 1999, Bozeman, MT.
“Family and Consumer Science Update.” MSU Extension Annual Conference, March, 1999, Bozeman, MT.

1b. Teaching for MSU County Extension Agents Exclusively (1994-1998).

18 presentations covering topics: food safety, eating disorders, nutrition educational strategies, program evaluation, update on food and nutrition research.

2a. Teaching for Professionals, including MSU Extension Agents (since 1999)

“HACCP Training for Food Processors.” (S. Silva, L. Paul, R. Brook, M. Finnegan, C. Olmstead), April, 2004, Malta, MT.
“Basic Meat Microbiology for Food Processors.” (Dr. Boles (primary), L. Paul), March, 2004, MSU.
“ServSafe Food Safety Certification Workshop.” (D. Miller, L. Paul, J. Anderson, L. Lauth), January, 2004, Little Big Horn College, Crow Agency, MT.
“ServSafe Food Safety Certification Workshop.” (D. Miller, L. Paul, J. Anderson, L. Lauth), November, 2003, Northern Cheyenne Reservation, MT.
“Been Awhile: What’s New in Raising Grandchildren?” (S. Bailey, L. Paul), 35th Annual Governor’s Conference on Aging, September, 2003, Helena, MT.
“Pathways to Health for Youth.” January, 2003, Plentywood, MT.
“ServSafe Food Protection Managers Certification.” April, 2003, Missoula, MT.
“HACCP for Meat Processors.” (L. Paul, et al), April, 2003, Bozeman, MT.
“Food Safety at 4-H Fairs.” October 3, 2003, Big Sky, MT.
“Food Safety Training.” (L. Paul, et al), Hunger Conference, October, 2003, Helena, MT.
“Food Safety Works.” October 23, 2003, MSU Collegiate Cattlewomen, Bozeman, MT.
“ServSafe for Employees.” November, 2001. MSU Collegiate Cattlewomen, Bozeman, MT.
“Barley, Bulgur & More.” Child Care Resources. January, 2002, Bozeman, MT.
“What’s Up with Bioterrorism?” (L. Paul, C. Olmstead, H. Reid, M. Finnegan), January, 2002, Havre, MT.
“Eating Disorder Prevention and Pathways to Health.” CVD Task Force Meeting, January, 2002, Helena, MT.
“Food Safety Works.” MAFCS Conference. April, 2002, Lewistown, MT.
“Food Safety and Pathways to Health.” Montana Beef Council Meeting. May, 2002, Bozeman, MT.
“Food Safety for the Food System: Enhancing Biosecurity.” Montana Dietetic Association Annual Meeting, May, 2002, Billings, MT.
“MDA Moving Nutrition Advocacy Form ‘Intimating’ to ‘Awesome’.” (B. Brown, A. Sullivan, L. Paul, C. Emerson), Montana Dietetic Association Annual Meeting, May, 2002, Billings, MT.
“Art of Community Work.” WIN the Rockies Conference. August, 2002, Bozeman, MT.
“Senior Nutrition Partnership in Richland County.” (L. Paul, S. Rosaaen, T. Rudicil, J. Johnson, D. Blakeley), Governor’s Conference on Aging, October, 2002, Helena, MT.
“The Power of Extension.” (L. Paul, B. Mason, C. DelGuerra, J. Johnson, H. Johns), Governor’s Conference on Aging, October, 2002, Helena, MT.
“Current Nutrition Issues for Fitness Professionals.” Summit Health & Fitness Conference,

- October, 2002, Kalispell, MT.
- “ServSafe Training.” Collegiate Cattlewomen, November, 2002, Bozeman, MT.
- “Optimal Nutrition for Aging.” MT Community Service Bureau, September, 2001, Big Sky, MT.
- “HACCP Training.” (L. Paul, et al), HACCP Course, September, 2001, Bozeman, MT.
- “Integration of Food Safety.” Chinese Delegation. Fall, 2001, Bozeman, MT.
- “Food for Thought: Understanding Nutrition,” (L. Paul, K. Zulkowski), Third Annual Community Services Bureau Conference. Fall, 2001, Big Sky, MT.
- “Improving Aging Services in Rural Communities.” (L. Paul, K. Zulkowski), 33rd Annual Governor’s Conference on Aging. Fall, 2001, Helena, MT.
- “Body Image in Adolescents.” Montana Association of Career and Technical Educators, fall, 2001, Bozeman, MT.
- “Status of USDA Community Food Security Initiative.” (L. Paul, T. Streit), Hunger and Homelessness Conference. Fall, 2001, Butte, MT.
- “HACCP Training.” September, 2001, Billings, MT.
- “Montana’s Present & Future Outlook for Nutrition in Aging.” (L. Paul, M. Cranston), Montana Dietetic Association Annual Meeting, May, 2000, Bozeman, MT.
- “WIC Nutrition Update.” WIC Professionals. September, 2000, Great Falls, MT.
- “ServSafe Train the Trainer.” (L. Paul, J. Lethert, P. Carol), County Extension agents, county sanitarians, food service professionals, September, 2000. Great Falls, MT.
- “ServSafe Train the Trainer.” (L. Paul, J. Lethert), County Extension agents, county sanitarians, food service professionals, January, 2000, Bozeman, MT.
- “ServSafe Training.” (L. Paul, J. Lethert), Senior Nutrition Program. August, 2000, Billings, MT.
- “ServSafe Training.” Montana Dietetic Association Annual Meeting. May, 2000, Bozeman, MT.
- “ServSafe Training.” Indian Health Service. March, 2000, Billings, MT.
- “ServSafe Train the Trainer.” (L. Paul, J. Lethert), County Extension agents, county sanitarians, food service professionals, September, 2000, Great Falls, MT.
- “ServSafe Train the Trainer.” (L. Paul, C. Lamkammer), County Extension agents, county sanitarians, food service professionals, April, 1999, Missoula, MT.
- “ServSafe Train the Trainer.” (L. Paul, K. Tyra, P. Lombard, T. West), County Extension agents, county sanitarians, food service professionals, February, 1999, Yellowstone National Park, WY.
- “Sanitation and Safety Update with Meal Preparation and Service.” (L. Paul, J. Lethert), Montana School Food Cooking Institute, August, 1999.
- “Serving it Safe.”(L. Paul, J. Lethert), Office of Public Instruction Satellite Conference, May, 1999.
- “Serving it Safe.”(L. Paul, J. Lethert), Governor’s Conference on Aging, October, 1999.
- “HACCP Training.” (L. Paul, R. Brook, M. Finnegan, C. Olmstead), June, 1999, Missoula, MT.
- “HACCP Training .” (L. Paul, R. Brook, M. Finnegan, C. Olmstead), March, 1999, Butte, MT.
- “HACCP Training.” (L. Paul, R. Brook, M. Finnegan, C. Olmstead), January, 1999, Billings, MT.
- “Folic Acid: WIC Foods.” Annual WIC Conference, May, 1999, Helena, MT.
- “Germs 101.” Annual WIC Conference, May, 1999, Helena, MT.
- “Need an Update? Latest in Nutrition News.” Annual WIC Conference, May, 1999, Helena, MT.
- “Prevention to Treatment: What Is Being Done Nationally and in Montana?” (F. Berg, L. Paul, J. Goetz, K. Sticka, J. Trost), Pathways to Health: Preventing Eating Disorders Workshop, April, 1999, Great Falls. MT.
- “What Needs to Be Done in Montana?” (L. Paul, F. Berg, P. Harris, P. Steinmuller, K. Sticka), Pathways to Health: Preventing Eating Disorders Workshop, April, 1999, Great Falls, MT.
- “Focus on Food Security: Moving from Hunger to Health.” (L. Paul, M. Medora), MAFCS and

MDA Annual Meeting, April 1999, Great Falls, MT.

“Nutrition Labeling.” Mission Valley Kitchen/Processing Center Project, January, 1999, Ronan, MT.

2b. Teaching for Professionals, including MSU Extension Agents (1994-1998).

25 presentations covering topics: food safety, eating disorders, food systems, community nutrition coalitions, and food security.

3a. Workshops and Presentations for the Public (since 1999).

“Food Safety for Volunteers.” (L. Paul, C. Cox), July, 2004, Bozeman, MT.

“Making of a Model: Media Literacy.” 4-H Congress, July, 2004, Bozeman, MT.

“A New You: Tickets to Your Good Health.” Women’s Week, June, 2004, Bozeman, MT.

“Dietary Supplements.” Women’s Week, June, 2003, Bozeman, MT.

“Calcium Plus.” October, 2001, Plentywood, MT.

“Fitness to Fit You.” October, 2001, Plentywood, MT.

“Common Sense Health for Heart and Cancer.” October, 2001, Plentywood, MT.

“What’s New in Food & Nutrition”. September, 2000, Great Falls, MT.

“Deciding About Herbal Supplements”. September, 2000, Blaine County, MT.

“High Protein Diets: Concepts and Controversies.” MSU Employee Wellness Program Wellcheck, November, 2000. Bozeman, MT.

“High Protein Diets- the “Atkins Craze” What Does It Really Mean?” January Thaw, Rocky Mountain College, January, 2000, Billings, MT.

“Saying *Yes* to Success and *No* to Dieting.” MSU Campus, October, 1999, Bozeman, MT.

“Understanding Eating Disorders.” (M. James, K. Sticka, L. Paul), MSU Women’s Center Sack Lunch Seminars, February, 1999, Bozeman, MT.

“Natural Alternatives: Facts vs Fiction.” (R. Kuiper, L. Paul),. Chouteau County Extension, Public Health Department and Missouri River Medical Center, February, 1999, Ft. Benton, MT.

“Supplements and Herbs in Our Diet.” MAGIE Farm Show, January, 1999, Great Falls, MT.

“Diet, Nutrition and Eating Disorders.” MAGIE Farm Show, January, 1999, Great Falls, MT.

3 b. Workshops and Presentations for the Public (1994- 1998).

29 presentations covering topics: food safety, eating disorders, sports nutrition, nutrition across the lifecycle, women’s nutrition, and healthy weight management.

B. On-Campus Teaching

Instructor, HDFN 351, 2 credits, Community Nutrition, Spring, 1998.

Guest Lecture, Meat Microbiology class, “Basic Microbiology.” Spring, 2004.

Guest Lecture, HDFN 351, “Policy Issues.” Spring, 2004.

Guest Lecture, HDFN 351, “Policy Issues.” Spring, 2002.

Guest Lecturer, HDFN 351, “Policy Issues.” Spring, 2001.

Guest Lecturer, HDCF 400, “Extension Nutrition Information.” February, 2000.

Guest Lecturer, HDFN 351, “Policy Issues.” Spring, 2000.

Co-planning, serving on Advisory Committee, listed as instructor for HDFN 524 (on-line course), Teaching Adolescent Nutrition (with Mary Stein as instructor, coordinator). Spring, 1999.

Guest Lecturer, HDCF 444. “Strategies for Working with Adults.” February, 1999.

Guest Lecturer. Food Safety for Women’s Cross Country Ski Team. January, 1999.

Guest Lecturer, HDFN 351. “Community Nutrition Coalitions & Empowerment.” Spring, 1996.

Guest Lecturer, HDHE 420. “Nutrition Policy.” March, 1995.

Guest Lecturer, HDHL 221. "Nutrition: Role in Disease Prevention and Health Promotion."
September, 1994.

Guest Lecturer, HDHL 221. "Nutrition: Health Promotion and Disease." February, 1994.

Guest Lecturer, HDFN 351. "Empowering Health Education." February, 1994.

C. Graduate and Undergraduate Student Committees/Internships

Graduate Representative for Jacob Verschuyf, Biological Science, Doctorate, May, 2004-current.

Committee Member for Renee Harris, Naive American Studies, Masters, February, 2004-current.

Internship preceptor for Heather Filipowicz, HDFN 351, Spring, 2002.

Internship preceptor for Amber Steffes, Family and Consumer Science Internship, Spring, 2002.

Internship preceptor for Courtine McGowan, HDFN 351, Spring, 2001.

Internship preceptor for Gina Veneziano, HDFN 351, Spring, 2001.

Internship preceptor for Dianne Berry, Distance Education Dietetic Internship, Marywood University, June-November, 2001.

Committee Member for Dorothy Albrect, College of Nursing, Masters, 2000.

Committee member for Thomas Bordelon, Adult and Higher Education, Doctorate, 1996-1997.

Committee member for Mary Jo Nehasil, Adult, and Higher Education, Masters, 1996- 1997.

Committee member for Recommending Appointments to Upper Division of MSU Dietetic Program, 1995-7.

Served as Internship mentor for Mary Jo Nehasil, EDLD 576, Fall, 1996.

Served as Instructor for Roxa Crowe, 1-credit HDPE 270, Summer, 1996.

Served as Internship mentor for Margie Holland, Community Nutrition Class, HDFN 351, Spring, 1996.

Committee member for Betty Neff, Adult and Higher Education, Doctorate, 1993-4.

RESEARCH/CREATIVE ACTIVITY

A. Refereed Journal Articles

Duncan S., Dunnagan, T., Christopher, S., Paul, L. (2003). Helping families toward the goal of self-support : Montana's EDUFAM Program. *Families in Society the Journal of Contemporary Human Services*, 84(2), 213-222.

Liebman, M., Pelican, S., Moore, S., Holmes, B, Wardlaw, M., Melcher, L., Liddil, A., Paul, L., Dunnagan, T., Yanes, G. (2003). Dietary intake, eating behavior, and physical activity-related determinants of high body mass index in rural communities in Wyoming, Montana, and Idaho. *International Journal of Obesity*, 27, 684-692.

Kendall, P., Thilmany, D., Melcher, L., Paul. (2001). Value of and satisfaction with food safety training in the Intermountain West. *Foodservice Research International* 13(1), 1-15.

Christopher, S., Dunnagan, T., Duncan, S. & Paul, L. (2001) Education for self-support: evaluating outcomes using transformative learning theory. *Family Relations* 50(2), 134-42.

Duncan, S., Dunnagan, T., Christopher, S. & Paul, L. (2000). EDUFAM: a successful program helping empower rural families toward economic self-reliance. *Journal of Extension*, 39(1) 1-9.

Paul, L., Weinert, C. (1999). Wellness profile of mid-life women with a chronic illness. *Public Health Nursing*, 16(5), 341-350.

Paul, L., Johnson, A., Cranston, G.M. (1999). Successful video conference satellite

- providing nutritional information on dementia to rural care givers. *Educational Gerontology*, 26(5), 415-425.
- Dunnagan, T., Duncan, S., Paul, L. (1999). "Doing effective evaluations: A case study of family empowerment due to welfare reform. *Evaluation and Program Planning: An International Journal*, 23, 125-136.
- Paul, L. (1998). Teaching critical thinking to nutrition professionals. *Journal of Nutrition Education*, 30(4), 232A.
- Paul, L. (1995). Impact of nutrition related coalitions on welfare reform and food security in a rural state. *Journal of Nutrition Education*, 28(2), 119-122.
- Paul, L. (1994, November). Case study: Montana Hunger Coalition: responding to food security needs in a rural state. *Food Security in the United States: A Guidebook for Public Issues Education*. USDA Cooperative Extension System.
- Paul, L. (1992). Empowering health education: a conceptual framework and an instrument for assessing health professionals' use of empowering strategies. Doctoral dissertation, Montana State University. Ann Arbor, MI: University Microfilms International.
- Conti, G., Counter, J., Paul, L. (1991) Transforming a community through research. *Convergence*, XXIV(3), 31-41.
- Counter, J., Paul, L., Conti, G. (1991, July). Conrad, Montana: A community of memories. In R. Fellenz & G. Conti (Eds.), *Cultural influences on adult learning*, 1-8. Bozeman, MT: Montana State University, Center for Adult Learning Research.
- Paul, L. (1990). Instructional techniques for enhancing memory. *Adult Literacy and Basic Education*, 14(3), 238-242.

B. Refereed Abstracts

- Paul, L., Cranston, M. (1999). Successful video conference satellite program: providing nutritional information on dementia for rural care givers. Society for Nutrition Education, Baltimore, MD.
- Paul, L. (1994). Empowering health education: a conceptual framework and an instrument for assessing health educators' use of empowering strategies. Abstract *Summary of Research in Extension*, 6, 1992-3. Department of Agricultural Education and Experimental Statistics, Mississippi State University.

C. Book Reviews

- Paul, L.C. (1990, Fall). Book Review of Adult learners' survival skills by W.H. Bittel. *Journal of Adult Education*, XIX(1), 45-46.

D. Manuscripts Submitted, in Preparation, and Research in Progress

- Cudney, S., Sullivan, T., Winters, CA, Lynn Paul, Oriet, P (2004, May). Cyberspace self-management education for chronically ill rural women. *Chronic Illness*. Current status: submitted.
- Paul, L. Weinert, C. Developing a Nutrition Quality of Life Profile for Rural Older Adults. *Journal of the American Dietetic Association*. Current status: will be submitted September, 2004.
- Paul L. Weddle D. Participatory Research Drives Improved Nutrition Partnerships for Rural Seniors. *The Journal of Rural Health*. Current Status: will be submitted in October, 2004.
- Paul, L., Cudney S., Weinert, C. Nutrition and Exercise: Cyberspace Self-Management Education

for Chronically Ill Women. *Journal of Nutrition Education and Behavior*. Current status: will be submitted in November, 2004.

E. Refereed Conference Presentations

- Paul, L. (2004, April). Community tool for assessing environmental factors influencing food, physical activity, and body image. [roundtable] *Impacting Health and Wellness: Priester Extension Health Conference*, St. Louis, MO.
- T. Andrews, L. Paul, B. Wheeler. (2004, April) Pedometer programs as a way to increase physical activity. *Impacting Health and Wellness, Priester Extension Health Conference*, St. Louis, MO.
- Paul, L. (2003, May). Development of an assessment tool for identifying environmental factors influencing food, physical activity, and body image. *National Rural Health Association Annual Conference*, Salt Lake City, UT.
- Paul, L. (2003, July). Development of a community portrait tool to describe environmental factors related to food, physical activity and body image. *Society for Nutrition Education Annual Meeting*, Philadelphia, PA.
- Kendall, P., Paul, L., etal. (2001, July). Value of food safety training to restaurant managers. *Society for Nutrition Education Annual Meeting*, Oakland, CA.
- Paul, L., Harris, P. (2001). Prevention of eating disorders: creating awareness through television. *Society for Nutrition Education Annual Meeting*. Oakland, CA.
- Paul, L., Raine-Travers, L., Cunningham-Sabo, L. (2000, July). Community-based partnerships and collaborations. *Food and Nutrition Extension Educator's Division Pre-Conference of the Society for Nutrition Education Annual Meeting*, Charleston, SC.
- Paul, L. (2000, July). Women to women: using telecommunication technology to provide nutrition information to rural women with chronic diseases. *Society for Nutrition Education Annual Meeting*, Charleston, SC.
- Paul, L., Novakofski, K., Thomas, E., Voichick, J., Anderseon, J. (1999, July). How to determine the impact of community-based nutrition education, [moderator and presenter]. *Society for Nutrition Education Annual Meeting*, Baltimore, MD.
- Pittaway, M., Paul, L. (1999, July). A model collaborative community food system project: Garden City Harvest promotes community building for health. *Society for Nutrition Education Annual Meeting*, Baltimore, MD.
- Paul, L. (1998, July). University collaborates on statewide eating disorder campaign. *Society for Nutrition Education Annual Meeting*, Albuquerque, NM.
- Paul, L. (1997, July). Critical thinking: bringing a fuzzy concept into focus, [moderator]. *Society for Nutrition Education Annual Meeting*, Montreal, Canada.
- Paul, L. (1996, July). Nutrition policy forum: providing professional continuing education and opportunity for policy development. *Society for Nutrition Education*, St. Louis, MO.
- Stein, M. and Paul, L. (1996, July). Dining on DNA: a high school unit exploring food biotechnology. *Society for Nutrition Education Annual Meeting*, St. Louis, MO.
- Paul, L. (1995, July). Community nutrition coalitions: solving local and state nutrition issues. *Society for Nutrition Education Annual Meeting*, Washington, DC.
- Paul, L. (1994, July). Media savvy! The fine art of successful media coverage: a successful model for media training. *Society for Nutrition Education Annual Meeting*, Portland, OR.
- Paul, L., Counter, J. (1990, May). The impact of participatory research on building a better community. 31st Annual Adult Education Research Conference, Athens, GA.

E. Invited Conference Presentations

- Paul, L. (2004, July). Nutrition quality of life assessment for rural older adults. Federal and Local Nutrition Programs for Older Adults: Creating Opportunities for Collaboration: A Symposium at the Society of Nutrition Annual Meeting, Salt Lake City, UT.
- Paul, L. (2003, February). Creating Connections: Obesity and eating disorders. El Paso, TX.
- Paul, L., Aomair, L., Byfield C., Ernsberger, P., Parham, E. (2000, July). Marketing the healthy at any size paradigm: where did the traditional model go wrong? Society for Nutrition Education Annual Meeting, Charleston, SC.
- Paul, L. [panel member]. (1997, November). Food safety: farm to table. Senator Baucus' Food Safety Hearing, Bozeman, MT
- Paul, L. [panel member]. (1997, February). Community food systems: forming new partnerships and linking up for food security. "From Farm to Fork: Rethinking our Food System" Conference, Boise, ID.
- Paul, L. [panel member]. (1996, July). Dancing vs. Directing: building community partnerships. Society for Nutrition Education Annual Meeting Pre-session, St. Louis, MO.
- Paul, L. (1994, July). Montana Hunger Coalition: responding to food security needs in a rural state. Measuring Food Security in Preparation for Public Issue Education, Portland, OR.
- Paul, L. (1994, January). Pesticides and food: communicating risk. "Reduced Till/ No Till Main Event" Conference, Rapid City, SD.

F. Refereed Poster Presentations

- Paul, L. (2004, July). Participatory research drives improved partnerships for rural seniors. Federal and Local Nutrition Programs for Older Adults: Creating Opportunities for Collaboration: A Symposium at the Society of Nutrition Annual Meeting, Salt Lake City, UT.
- Paul, L., Wheeler, B., Wardlaw, M., Harker, J. (2004, May). A new you: health for every body: program for your community. Idaho/Montana Dietetic Association Annual Meeting, Missoula, MT.
- Paul, L. (2003, March). *Get real: ads, images, and the truth* media literacy project. Cardiovascular Health Summit, Big Sky, MT.
- Paul, L. (2003, May). Montana Dietetic Association Annual Meeting, Public Policy Committee: resolution to support healthy school nutrition and physical activity environments. Montana Dietetic Conference, Missoula, MT.
- Paul, L., Stenberg M. (2003, May). Starting a specialty food business: knowing what questions to ask and where to find the answers. Montana Dietetic Annual Meeting, Missoula, MT.
- Paul, L. (2003, May). Top Notch Food Safety Training: tribal communities and colleges. Montana Dietetic Association Annual Meeting, Missoula, MT.
- Paul, L., Steigmuller, P., Stein, M., Wardlaw, M., Pelican, S., Moore, S. (2003, May). *Tune in* to media literacy to help your *tune in* to a healthy body image. Montana Dietetic Association Annual Meeting, Missoula, MT.
- Paul, L., Johnson J., Rosaaen, S., Rudicil, T., Blakely, D., Weddle, D. (2003, July). A state and county partnership to improve the nutritional well-being of older adults in rural community through increased availability of fruits and vegetables. American Dietetic

- Association Annual Meeting, Philadelphia, PA.
- Paul, L. (2003, April). Get Real: Ads, Images and the Truth. Shaping a Healthy Future II Conference, Jackson, WY.
- Paul, L. (2003, January). Pathways to Health Campaign: utilizing the prevention model in a rural state. California Department of Services and Center for Weight and Health, UC Berkeley, San Diego, CA.
- Paul, L., Miller, D., Steinmuller, P. (2002, July). Get real: Ads, images, and the truth” media literary project. Society for Nutrition Education Annual Meeting, St. Paul, MN.
- Pelican, S., Dennee, P., Holmes, B., Liddil, A., Melcher, L., Moore, S., Paul, L., Raidl, M., Wardlaw, M. (2002, July). WIN the Rockies: a health-improvement project in Idaho, Montana, and Wyoming. Society for Nutrition Education Annual Meeting, St. Paul, MN.
- Paul, L. (2002, September). Top notch food safety: tribal communities and colleges. Thinking Globally- Working Locally: Conference on Food Safety Education, Orlando, FL.
- Schroeder, M., Paul, L., etal. (2001). Food safety works: a welfare-to-work certificate job training. Society for Nutrition Education Annual Meeting. Oakland, CA.
- Weinert, C., Paul, L., etal. (2001). Women to women: using telecommunication technology to provide nutrition information to rural women with chronic diseases. Food and Nutrition Extension Education Annual meeting at Society for Nutrition Education, Oakland, CA.
- Paul, L., Harris, P. (2000, October). Pathways to health: public health model for preventing eating disorders. American Dietetic Association Food and Nutrition Conference and Exhibition, Denver, CO.
- Paul, L., Kendall, P. (2000, June). Motivators and barriers to safe food handling practices in restaurants. Society for Nutrition Education Annual Meeting. Charleston, SC.
- Paul, L. (2000, May). Pathways to Health: Public health model for preventing eating disorders. Montana Dietetic Association Annual Meeting, Bozeman, MT.
- Paul, L., Harris, P. (2000, April) Pathways to health: public health model for preventing eating disorders. University of Wyoming, Shaping a Healthy Future Conference. Jackson, WY.
- Paul, L., Cranston, M. (1999, July). Successful video conference satellite program: providing nutritional information on dementia for rural care givers. Society for Nutrition Education Annual Meeting, Baltimore, MD.
- Paul, L., Kendall, P., Melcher, L., Pelican, S. (1998, July). Motivators and barriers of safe food handling practices among food service workers and managers in restaurants. Society for Nutrition Education Annual Meeting, Albuquerque, NM.
- Paul, L. (1997, July). A focus on community: development of a community food and nutrition assessment tool. Society for Nutrition Education Annual Meeting, Montreal, Canada.
- Paul, L. (1997, July). SAFE AID: A food safety training program for food banks. Society for Nutrition Education Annual Meeting, Montreal, Canada.
- Paul, L., Stein, M. (1997, July). Online distance education courses on food biotechnology. Society for Nutrition Education Annual Meeting, Montreal, Canada.
- Paul, L. (1997, April) SAFE AID: A food safety program for food banks. Montana Dietetics Association Annual Meeting, Great Falls, MT.
- Paul, L. (1996, July). SAFE AID: A food safety program for food banks. Food and Nutrition Extension Educators Annual Meeting, St. Louis, MO.
- Paul, L. (1996, June). SAFE (Safety and Food Excellence): MSU Extension joins forces with sanitarians to help reduce food-borne illness. Montana Dietetic Association Annual Meeting Annual Meeting, Red Lodge, MT.
- Paul, L. (1995, July). Teaching critical thinking skills to nutrition professionals. Society for

- Nutrition Education Annual Meeting, Washington, DC.
- Paul, L. (1995, July). Community nutrition coalitions: solving local and state nutrition issues. Food and Nutrition Extension Education Division of the Society for Nutrition Education Annual Meeting, Washington, DC.
- Paul, L., Dennee, P. (1995, July). What's new in nutrition? [Resource session]. Food and Nutrition Extension Education Division of the Society for Nutrition Education Annual Meeting, Washington, DC.
- Paul, L., Dennee, P., Stein, M. (1995, July). A telecommunications course as a model for reaching teachers with food safety information. Society for Nutrition Education Annual Meeting, Washington, DC.
- Paul, L. (1995, May). Developing community nutrition coalitions. Tri-State Dietetics Conference, regional meeting,, Jackson, WY.

H. Other Creative/Research Activity

Produced Television Shows

- Paul, L., Malice S. (2001). Co-producer and presenter for *Every Body is Beautiful*, 1 hour KUSM Public television program.
- Paul, L., Mallick, S. (2000). Co-producer and presenter for *Boosting Children's Self-Esteem and Body Image*. 1 hour KUSM Public television program.
- Paul, L., Keating, M. (1999). Co-producer and presenter for *Helping a Friend with an Eating Disorder*. 1 hour KUSM Public television program.
- Paul, L., Keating, M. (1998). Co-producer and presenter for *Eating Disorders Awareness: Which Road Will Our Youth Take?* 1 hour KUSM Public television program.
- Paul, L., Dennee, P. (1993). Co-producer and presenter for *Healthy Eating Choices and Exploring Food Variety in Kidspeak*. 2 programs at 1 hour each, KUSM public television program and satellite videoconference.

Produced Educational Videos

- Paul, L (2003) *Starting a Specialty Food Business: Knowing What Questions to Ask and Where to Find the Answers* education video and resource guide.
- Paul, L., Miller D., Mallick, S. (2002) Project Director for *Get Real: Media, Images and the Truth* Pathways to Health education video and resource guide.

Produced Videoconferences

- Paul, L. Miller, D. (2002). Project Director for *Your Avenue to Revenue: Food Safety and Sanitation* videoconference.

I. Grants

1. Grants received

- Astroth, K, Principal Investigator, Vogel, M., Paul, L., Bailey, S., Linkenbach, J., Lande, G. Co-Principal Investigators. (2004). MSU- Bozeman Meth Education Initiative. Montana Office of Public Instruction, \$60,000.
- Paul, L. (2003). Food safety employee guides. Montana Beef Council, \$2,500.
- Paul, L. (2003). Tribal College Food Safety Outreach Project. USDA/FSIS, \$35,000.

- Paul, L. (2003). Native American HACCP Training and Related Outreach Projects. USDA/FSIS, \$30,000.
- Paul, L. (2002). Food Safety Training. Montana Beef Council, \$2,500.
- Paul, L. (2002). Tribal College Food Safety Outreach Project. USDA/FSIS, \$23,000.
- Paul, L. (2001). Rural America Nutrition Partnership. Florida International University, \$1,000.
- Paul, L. (2001). Tribal College Food Safety Outreach Project. USDA/FSIS, \$23,000.
- Paul, L. (2001). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Office on Aging, DPHHS, \$19,051.
- Paul, L. (2001). Creating A SAFE (Safety and Food Excellence) Montana. USDA/CSREES, \$25,000.
- Weinert, C. (PI) Paul, L., et al. (Co-Investigators). (2001) Rural Chronically Ill Women: Online Support Network. National Institute of Nursing Research, National Institute of Health, \$585, 000.
- Paul, L., Harris, P. (2001). Eating Disorders Prevention Program .Montana Beef Council, \$2,000.
- Weinert, C. (PI), Paul, L., et al (Co-Investigators). (2000). Rural Chronically Ill Women: Online Support Network. SC Ministry Foundation, \$57,511.
- Paul, L. (2000). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Office on Aging, DPHHS, \$38,102.
- Paul, L. (2000). Food Safety Works Project. Colorado State University Extension Service, \$2,530.
- Zulkowski, K.(PI), Paul, L., Weinert, C. (Co-PI). (2000). Promoting Optimal Nutrition Through Assessment of Rural Elderly in Montana. USDA, CREES, \$45,556.
- Paul, L., Harris. P. (2000). Eating Disorders: Prevention Program. Montana Beef Council, \$2,950.
- Paul, L. (1999). Montana's Food Safety Education and Training. Food Safety and Quality, USDA, \$40,000.
- Paul, L. (1999). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Montana Office on Aging, DPHHS, \$37,618.
- Paul, L. (1999). Factors Affecting Food Safety Attitudes and Behaviors. Clinical Nutrition Research Center, \$2,800.
- Paul, L (1998). Creating a SAFE (Safety and Food Excellence) Montana. Food Safety and Quality, USDA, \$25,000.
- Paul, L. (1998). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Montana Office on Aging, DPHHS, \$37,085.
- Paul, L., Harris, P. (1998) Eating Disorder Project. Montana Beef Council, \$3,560.
- Paul, L. (1997). Creating a SAFE (Safety and Food Excellence) Montana. Food Safety and Quality, USDA, \$25,000.
- Paul, L (1997). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Montana Office on Aging, DPHHS, \$72,879.
- Paul, L (1996). Creating a SAFE (Safety and Food Excellence) Montana. Food Safety and Quality, USDA, \$25,000.
- Paul, L (1996). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Montana Office on Aging, DPHHS, \$49,304.
- Paul, L. (1995). Creating a SAFE (Safety and Food Excellence) Montana. Food Safety and Quality, USDA, \$25,000.
- Paul, L. (1995). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Office on Aging, DPHHS, \$12,379.
- Stein, M. (PI), Paul, L., Dennee, P., Co-project Directors (1995). Food Biotechnology Education Through Telecomputing Courses. Food Safety and Quality, USDA, \$60,000.

- Paul, L. (1994). Promoting Montana's Food Safety Priorities. USDA-Extension Service, \$20,000.
- Paul, L. (1994). Safety and Food Excellence. Colorado State University, \$1,760.
- Paul, L., Dennee, P., Co-project Directors (1994). An Interdisciplinary Approach to Food Biotechnology Education for High School. USDA, \$34,921.
- Paul, L., Dennee, P., Co-project Directors (1994). Nutrition Education Training Program. Montana Office of Public Instruction, \$37,400.
- Paul, L., Dennee, P., Co-project Directors (1994). Staff Development Program for Montana School Food Service. Montana Office of Public Instruction, \$39,800.

2. Grants submitted but not funded:

- Winters, C., Hill, W., Mayer, D., Haynes, D., Paul, L., Weinert, C. (2003). Men's Heart Network. National Institute of Nursing Research, National Institute of Health, \$212,250.
- Winters, C., Hill, W., Mayer, D., Haynes, D., Paul, L. (2003). Men's Heart Network. American Heart Association, Pacific Mountain Affiliate, \$110,000.
- Weinert, C. (PI), et al Paul, L., (C-PI's). (2000). Rural chronically ill women: online support network. US Department of Health and Human Services, Agency for Health Care Policy and Research, \$317,479.
- Weinert, C. (PI), et al Paul, L., (C-PI's). (2000). Online support network for rural chronically ill women. USDHHS, \$546,523.
- Weinert, C. (PI), et al Paul, L., (C-PI's). (2000). Rural chronically ill women: online support network. Pfizer Health Literacy Grant Program, \$75,000.
- Weinert, C. (PI), et al Paul, L., (C-PI's). (2000). Rural chronically ill women: online support network. USDA, \$162,000.
- Zulkowski, K.(PI) , Paul, L.(Co-PI). (2000). Promoting Optimal Nutrition through Assessment of Rural Elderly in Montana. MONTS, \$24,994.
- Zulkowski, K.(PI) , Paul, L.(Co PI). (1999). Promoting Optimal Nutrition through Assessment of Rural Elderly in Montana. American Foundation for Aging Research, \$49,993.

J. OUTREACH, SERVICE, PROFESSIONAL CERTIFICATION & RECOGNITION

OUTREACH:

1. Extension Publications: Instructional Guides/Resources for MSU Extension Agents (includes program objectives, agenda, program script, handouts, resources)

- Paul, L. (2002). Fitness to Fit You.
- Paul, L. (2001). Common Sense Food Choices for Diabetes.
- Paul, L. (2001). Calcium Plus.
- Paul, L. (2001). Food Safety Works.
- Paul, L. (1999). Helping a Friend with an Eating Disorder- What Can You Do?
- Paul, L. (1998). Eating Disorders Awareness: Which Road Will Our Youth Take?
- Paul, L. (1998). Nutrition Labeling for Food Product Development.
- Paul, L. (1998). Deciding About Supplements.
- Paul, L. (1997). What Is A Healthy Diet, Anyway?

- Paul, L. (1997). Nutrition Just for Women.
 Paul, L. (1997). Five Tickets to Your Good Health.
 Willis, V., Paul, L. (1996). Safe Aid: A Food Safety Training Program for Food Banks.
 Paul, L. (1996). Top Tips for Safe Food Handling Program,
 Paul, L. (1995). Top Tips for Safe Food Handling” Poster and Brochure.
 Paul, L. (1994). New Food Label.

2. Extension Publications: Montguides and 4-H Curriculum

- Bailey, S., Paul, L., Dennee, D. (2004). Family Mealtime. (MT200403). Montana State University Extension, Bozeman, MT.
 Astroth, K., Dennee, P., Paul, L. (2003) Teens Entertain. 4 H Food and Nutrition Curriculum.
 Paul, L. (2000 with 2004 update). Preparing food for fun and profit (MT200007). Montana State University Extension, Bozeman, MT:
 Paul, L. (1998). What you should know about dietary supplements.(MT 9818). Montana State University Extension , Bozeman, MT.
 Paul, L., Mason B. (1996). Processing fruit, tomatoes, and mixtures in a pressure canner. (MT 8803). Montana State University Extension, Bozeman, MT.. Number distributed: 6,542.
 Paul, L., Mason, B. (1996). Home canning meat, poultry and fish. (MT 9610). Montana State University Extension , Bozeman, MT. Number distributed: 1,900.
 Paul, L.,Bautz, A. (1996). Canning pickles and sauerkraut. (MT 9607). Montana State University Extension, Bozeman, MT. Number distributed: 3,201.
 Paul, L., Bautz, A. (1996). Freezing vegetables. (MT 8331). Montana State University Extension Bozeman, MT. Number distributed: 3,700.
 Paul, L., Johnson, J. (1996). Freezing fruit. (MT 8330). Montana State University Extension, Bozeman, MT. Number distributed: 2,851.
 Paul, L., Bautz, A. & Mason, B. (1996). Making jams and jellies. (MT 9609). Montana State University Extension, Bozeman, MT . Number distributed: 955.
 Paul, L. (1995). Fruit and vegetable leather. (MT 8327). Montana State University Extension, Bozeman, MT. Number distributed: 1,700.
 Paul, L. (1995). Drying fruits and vegetables. (MT 8344). Montana State University Extension, Bozeman, MT. Number distributed: 2,005.
 Paul, L. (1995). Home canning pressures and processing times. (MT 8329). Montana State University Extension, Bozeman, MT. Number distributed: 8,550.

3. Newspaper Articles (since 1999)

- “Seasoned Brined Turkey.” 2003
 “Herbal Supplement Use: Not Telling Your Doctor Can Be Dangerous.” 2002.
 “MSU Extension Seeks Experts for Video on Starting a Food Business.” 2002.
 “How to Make Jams and Jellies.” 2002.
 “Home Made Dill Pickles and Sauerkraut Are Mouth-puckering Good.” 2002.
 “Expert Says, Can the Creativity When Home-canning.” 2002.
 “Keep Summer Cookouts Fun, Tasty and Healthy.” 2002.
 “Canning Summer Produce.” 2002.
 “Picnic Packer’s Survival Guide.” 2002.
 “Dish up Happy Memories with a Tasty Turkey.” 2002.

“A Celebration of Leftovers: the Second Time’s the Charm.” 2002.
“Family Food and Fitness For the Holidays.” 2000.
“Eating Disorder Prevention if Focus of Montana TV.” 2000.
“All Foods Fit in a Healthy Diet- Use Good Judgment.” 2000.
“If Diets Don’t Work, What Does?” 2000.
“Buffets: Overcoming the Tendency to Overeat.” 2000.
“Program on Women’s Health Offered.” 2000.
“Food for Fun and Profit.” 2000.
“Vitamins and Herbs: Are They Safe?” 1999.

4. Websites

Paul,L. (2002). MSU Extension Food and Nutrition Extension Website.
<http://www.montana.edu/extensionnutrition/>

Steffes, A., Paul L., Dennee, P., Bailey, S., Eiger, M., Lombard, P. (2002). What Do You for Dinner? <http://www.montana.edu/extensionnutrition/dinner/index.htm>

Provide food and nutrition topics and resources for:

MSU Eating Disorders <http://www.montana.edu/eatingdisorders/>

MSU EDEN (Extension Disaster Education Network) <http://montanahelp.org/>

SERVICE (leadership roles and committee membership included):

1. National Service

Professional Organizations

American Dietetic Association, 1985-present.

State Representative for Public Health Practice Group, 2001-present.

Public Health Nutrition Practice Group, 1998- present.

Hunger and Malnutrition Practice Group, 1996-present.

Nutrition Research Practice Group, 1996-8.

Society for Nutrition Education, 1992-present.

Board Member, 2001-2004.

Board Member Liaison to Weight Realities Division, 2002-2004.

SNE Division Coordinator (10 Divisions), 2002-2004.

Board Member Liaison to Advisory Council on Public Policy, 2001-3.

Issues and Resolutions Task Force, 2001- 2003.

Weight Realities Division, 2000-present.

Food and Nutrition Extension Education Division, 1992-present.

President & President-Elect for Society for Nutrition Education’s Division of

Food and Nutrition Extension Education, 1997-1999.

Sustainable Food Division, 1994-8.

American Association for Adult and Continuing Education, 1989-present.

National and Federal Agencies

CREES Leadership Task Force on Childhood Obesity, 2003-4.

HACCP State Information and Resources Coordinator, 1998-present.

CREES Food Safety Liaison, 1998-present.

Organizing Committee for “National Nutrition, Food Safety and Health Specialists’ Conference, March 2001.

USDA State Co-Liaison for Community Food Security Initiative, 1999-2001.

Food Security Public Issues Education Project of National ES-USDA Collaborative Team, 1994-5.

2. State Service

Professional Organizations

Montana Dietetic Association, 1990-present.

Public Policy Committee Core Committee, 1998-present.

Board Member, 1993-5.

Treasurer, 1993-1995.

Continuing Education Coordinator, 1993-5.

State Agencies and Advisory Councils

Montana Food Safety Council, 2002-4.

Cardiovascular Disease Prevention Task Force, 2000-present.

AERO, Statewide Coordinating Council for Montana Food System Initiative, 1998-2000.

Eat Right Montana Coalition, 1995-2000.

Montana Hunger Coalition, 1993-8.

Board Member, 1995-7.

Food and Nutrition Advisory Council, 1994-8.

Chairperson, 1995-6.

3. University Service

University

MSU Biobased Institute, Board of Directors, 2003-present.

WIN the Rockies, Tri-State Team, 2000-present.

Center for Research on Chronic Health Conditions in Rural Dwellers, 2001-present.

Provost Search Committee, 2001.

WIN the Rockies State Project Coordinator Search Committee, 2000.

Alternate, Faculty Council, 1994-5, 1997-9.

College

Promotion and Tenure Document Revision Committee, 2001-2.

Promotion and Tenure Committee, 2000.

College Faculty Council, 1994-6.

Chair, 1995-6.

Department

Food and Nutrition Search Committee, Co-Chair, 2003-4.

Promotion and Tenure Committee, 2003-4.

Promotion and Tenure Document Revision Committee, 2000-2.

MSU Pathways to Health and Preventing Eating Disorders Team, Chair, 1998-2002.

Food and Nutrition Search Committee, Chair, 1998-9.
Member, Promotion and Tenure Committee, 1995-6; 1998-9.
Member, Search Committee for HHD Department Head, 1996.
Chair, Search Committee for Nutrition for Aging Services Position, 1995.
Member, Search Committees for Food and Nutrition Position, 1994-1995.

4. Extension - Montana State University

MSU Extension Annual Conference Planning Committee, 2004.
MSU Extension Disaster and Emergency Network Technology Team, 2002-present.
MSU Legislative Committee, 1999- present.
MSU Extension Evaluation Committee, 2001-2.
MSU Family and Consumer Science Specialists Committee, 1999-present.
MSU Strategic Planning, 1998-9.
MSU Extension Technology Task Force, 1997-8.
MSU EDUFAIM Team, 1996-9.
MSU Extension Food Safety and Quality Task Force, 1994- 7.
MSU/OPI Nutrition Education and Training Advisory Council, 1994-6.
MSU Extension Advisory Council for Decision for Health Initiative, 1995.
Member, Search Committee for MSU Health Outreach Position, 1994.
MSU Extension Food Biotechnology Education through Telecomputing Courses, 1996-7.

PROFESSIONAL CERTIFICATION AND RECOGNITION

Professional Certification

Human Participants Protection Education for Research Teams, certification of completion. July, 2001.
Licensed Registered Dietitian, Montana.
Commission on Dietetic Registration for American Dietetic Association.
Certified as ServSafe Instructor by National Restaurant Association Education Foundation, 1997.
Certified as HACCP Train-the-Trainer by Dr. Von Mendenhall, Utah State University, Extension Nutrition & Food Sciences, 1998.

Honors, Awards, and Special Recognition

2004 Society for Nutrition Education Weight Realities Division Certification of Appreciation for Outstanding Contributions.
2002 Montana Dietetic Association Annual Meeting “Dietitian of the Year.”
2002 Cooperative State Research, Education, and Extension Service (CSREES) Nutrition, Diet and Health, Exemplary Program: MSU Extension Pathways to Health Campaign.
2000 First Place Award for Professional Poster: Paul, L. et al. Pathways to Health: Public Health Model for Preventing Eating Disorders. Montana Dietetic Association Annual Meeting Annual Meeting. Bozeman, MT.
2000 Membership Appreciation Award. Montana Extension Association of Family and Consumer Sciences.
1999 Recognition Award for work with state coalitions and national task forces to address food insecurity and public policy, Montana State Advisory Council on Food and Nutrition.
1999 Leadership Certificate from the Society for Nutrition Education.
1999 Montana Food Stamp Nutrition Education Program State Team Award from Epsilon Sigma

Phi.

1996 Outstanding Service in Public Health from Governor Marc Racicot during National Public Health Week.

1995 Certificate of Appreciation from Montana Public Health Association for work in the safe food handling program "SAFE." This award was given collaboratively with Alice Dailey, Missoula County Extension Agent, and Mary Lou Gillman, Missoula County Sanitarian.

1990 Outstanding Graduate Student Award from the College of Health, Education & Human Development, Montana State University.

1988-90 Kellogg Fellow from the Kellogg Center for Adult Learning Research, Montana State University, Bozeman, Montana. Conducted naturalist research and assisted in development of a learning strategy instrument.