

CURRICULUM VITA

MARK D. NELSON, Ed.D., LCPC, NCSC, ACS

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Montana State University
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CURRENT RANK AND POSITION

Professor: Graduate Coordinator – Counseling; Program Leader for School Counseling

EDUCATION

Doctor of Education in Counselor Education, 1994
University of Nevada - Reno, Nevada

Master of Arts in Counseling and Guidance, 1988
University of Nevada - Reno, Nevada

Master of Science in Economic Geology, 1984
University of Idaho - Moscow, Idaho

Bachelor of Science in Geology, 1980
Mesa State College - Grand Junction, Colorado

ACADEMIC AND PROFESSIONAL POSITIONS HELD

PROFESSOR – Montana State University
Bozeman, Montana

September 1995 – Present

Graduate Coordinator and Program Leader for the School Counseling Program in the Department of Health and Human Development. Teach courses: Group Counseling, Counseling Children & Adolescents, Adventure-Based Counseling, Ethics and Legal Concerns, School Counseling Programs, Adlerian Psychology, and Professional Issues in School Counseling. Supervise students in Practicum and Internships. Trained as a CACREP evaluation team member.

INSTRUCTOR – University of Nevada, Reno
Reno, Nevada

September 1993 – May 1995

Taught graduate courses in the Counseling and Educational Psychology Department: Introduction to Counseling and Guidance, Introduction to Elementary School Guidance, and Group Counseling. Supervised numerous counseling interns as a university supervisor and as a site supervisor in a public school setting.

COUNSELOR – Carson Valley Middle School
Gardnerville, Nevada

September 1994 – 1995

Implemented a comprehensive guidance program. Consulted and provided counseling services to a

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Student Assistance Program. Designed and implemented a Peer Mediation program, conducted two-day training for students and served as an advisor to the program. Developed a curriculum for an Advisor-Advisee program, and coordinated monthly activities for the program. Assisted writing a grant in order to build a ropes course for the school district, an adventure-based counseling program to be integrated with academic curricula.

COUNSELOR – Billingshurst Middle School
Reno, Nevada

September 1990 – August 1994

Designed and implemented comprehensive guidance program which included classroom guidance curriculum, individual planning program, responsive services and system support components. Developed Inside/Outside classroom discussion model and trained faculty in its use. Designed and implemented a Peer Mediation program, trained students and staff. Established and coordinated a Student Assistance Program. Led numerous parenting classes and co-led an Adlerian family counseling/education program offered to Billingshurst parents. Assisted in the planning and development of a Professional Development School, a collaborative relationship between the College of Education at UNR and Billingshurst M.S. Elected president of Billingshurst Faculty Senate, 1991-1992.

COUNSELOR – Sparks High School
Sparks, Nevada

February 1989 – June 1990

Developed a pilot program for at-risk students. Counseled students in the pilot night program and students enrolled in the daytime Alternative Education Program. Assisted in the design and implementation of a pilot Saturday school for high-risk middle school students. Represented Washoe County on a statewide task force on at-risk students.

COUNSELOR – Swope Middle School
Reno, Nevada

August 1988 – January 1989

Responsible for counseling students, conferring with parents, teaching life-skills classes and facilitating counseling groups. Designed a Student Assistance Program for staff and students.

PUBLICATIONS

- Christopher, J. C., Nelson, T., & Nelson, M. D. (2004). Culture and character education: Problems of interpretation in a multicultural society. *Journal of Theoretical and Philosophical Psychology*, 23, 81-101.
- Dollarhide, C., & Nelson, M. D. (2000). Adlerian supervision: A proposed model. *The Canadian Journal of Adlerian Psychology*, 30(1), 35-46.
- Gregerson, D. L. & Nelson, M. D. (1998). Striving for righteousness: Perfection as completion. *The Canadian Journal of Adlerian Psychology*, 28(2), 21-28.
- Johnson, P. & Nelson, M. D. (1998). Parental divorce, family functioning, and college student development: An intergenerational perspective. *Journal for College Student Development*, 39(4), 355-363.
- Johnson, P., Smith, A., & Nelson, M. D. (2003). Predictors of social interest in young adults. *Journal of Individual Psychology*, 59(3), 281-292.
- Mathews, G., Dahlen, P., & Nelson, M. D. (2008). *Domestic abuse prevention program: An Adlerian group approach. Canadian Journal of Adlerian Psychology*, 38(1), 37-52.

- Nelson, M. D. (1993). Inside/Outside: Groups for adolescents. *Journal of Counseling and Human Service Professionals*, 7(1), 33-41.
- Nelson, M. D. (1998). Professional development schools: An implementation model. *NASSP Bulletin*, 82, 93-102.
- Nelson, M. D. (1999). Applying Individual Psychology to the study of organizational dynamics. *Journal of Individual Psychology*, 55(2), 200-208.
- Nelson, M. D. (1999). Middle school improvement initiatives: An exploratory study. *NASSP Bulletin*, 83, 106-116.
- Nelson, M. D. (2001). Prevention development: An Adlerian experiential model for effective programs. *The Canadian Journal of Adlerian Psychology*, 31(1), 1-22.
- Nelson, M. D. (2005). *The guide: Elementary school guidance curriculum activities*. Bozeman, MT: Hyalite.
- Nelson, M. D. (2005). *The guide: Middle school guidance curriculum activities*. Bozeman, MT: Hyalite.
- Nelson, M. D. (2005). *The guide: High school guidance curriculum activities*. Bozeman, MT: Hyalite.
- Nelson, M. D., & Johnson, P. (1999). School counselors as supervisors: An integrated approach to supervising school counseling interns. *Counselor Education and Supervision*, 39, 89-100.
- Nelson, M. D., Johnson, P., & Thorngren, J. M. (2000). An integrated approach for supervising mental health counseling interns. *Journal of Mental Health Counseling*, 22, 45-58.
- Nelson, M. D., Pierce, K. A., & Thomas, J. (1995). Inside/Outside: A classroom discussion model for conflict resolution. *The School Counselor*, 42, 399-404.
- Nelson, M. D., & Williamson, T. (2004, March 4). Emotional/behavioral disorders: Understanding the challenges. *Journal of School Counseling*, 2(1). <http://jsc.montana.edu/articles/v2n1.pdf>.
- Smaby, M. H., Harrison, T., & Nelson, M. D. (1994). Principals as consultants to site-based management teams. *Education*, 115(1), 144-152.
- Smaby, M. H., Harrison, T., & Nelson, M. D. (1995). Elementary school counselors as total quality management consultants. *Elementary School Guidance & Counseling*, 29, 310-319.
- Thorngren, J. M., Nelson, M. D., & Baker, L. J. (2004, March 4). School counseling programs: Comparing GEAR UP schools with non-GEAR UP schools. *Journal of School Counseling*, 2(2). <http://jsc.montana.edu/articles/v2n2.pdf>
- Thorngren, J. M., Downey, J., & Nelson, M. D. (2006). Promoting a Pro-College Culture with At-Risk Students: School Counselors' Perspectives. *Journal of School Counseling*, 4(11). <http://www.jsc.montana.edu/articles/v4n11.pdf>

GRANT ACTIVITIES

Funded

- Nelson, M. D., & Baker, L. (1999-2004). School Counseling Component of Montana Gear Up. Submitted to Office of Commissioner of Higher Education, \$525,000. Grant funded. Five-year grant: 1999-2000 funding

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\$150,000; 2000-01 funding \$80,000; 2001-02 funding \$80,000; 2002-03 funding \$115,000; 2003-04 funding \$100,000.

Nelson, M. D. (2001). Distance / Distributed Learning Program. Submitted to Extended Studies, Montana State University. Grant Funded \$7,500.

Submitted

Nelson, M. D., & Horswill, R. K. (1995). Professional Development Demonstration Grant. Submitted to the Montana Board of Social Work Examiners and Professional Counselors, \$15,000. Grant unfunded.

Nelson, M. D., & Erickson, J. (1999). Career Counseling Proposal. Submitted to Montana Office of Public Instruction, School-To-Work Program, \$50,000. Grant unfunded.

Thorngren, J. M., & Nelson, M. D. (2001). Understanding Mental Health Barriers in Rural Montana. Submitted to the National Institute of Mental Health, \$100,000. Grant unfunded

PRESENTATIONS

Birch, J. & Nelson, M. D. (1998, October). *Certification standards for counseling education programs*. Paper presented at the Montana Counseling Association Annual Convention, Great Falls, MT.

Nelson, M. D. (1993, February). *Inside/Outside: Groups for adolescents*. Paper presented at the Washoe County Middle School Conference, Reno, NV.

Nelson, M. D. (1994, April). *Inside/Outside: A classroom discussion model for conflict resolution*. Paper presented at the American Counseling Association National Convention, Minneapolis, MN.

Nelson, M. D. (1995, October). *Inside/Outside: A group process for conflict resolution*. Paper presented at the Montana Counseling Association Annual Convention, Great Falls, MT.

Nelson, M. D. (1996, October). *Peer mediation programs*. Paper presented at the Montana Counseling Association Annual Convention, Bozeman, MT.

Nelson, M. D. (1997, May). *Building a sense of community among adolescents: A group process model*. Paper presented at the North American Society of Adlerian Psychology 45th Annual Convention, Vancouver, B.C.

Nelson, M. D. (1997, October). *Training school counselors as site supervisors*. Paper presented at the Rocky Mountain Association for Counselor Education and Supervision Annual Convention, Jackson, WY.

Nelson, M. D. (1999, June). *Empowering adolescents*. Invited presentation at the Teaming and Beyond Middle School Conference, Reno, NV.

Nelson, M. D. (1999, June). *Counselors, teachers, and students team up*. Invited presentation at the Teaming and Beyond Middle School Conference, Reno, NV.

Nelson, M. D. (1999, October). *Adventure initiatives*. Paper presented at the Montana Counseling Association Annual Convention, Great Falls, MT.

Nelson, M. D. (2001, October). *Adventure based counseling*. Workshop presented at the Montana Counseling Association Annual Convention, Big Sky, MT.

Nelson, M. D. (2002, May). *Portable adventure therapy: An Adlerian approach to experiential therapy*. Full-day

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workshop presented at the North American Society of Adlerian Psychology 50th Annual Convention, Chicago, IL.

Nelson, M. D. (2002, June). *Portable adventure counseling for school counselors*. Paper presented at the American School Counseling Association Annual Conference, Miami, FL.

Nelson, M. D. (2002, August). *Character Education*. Paper presented at the Montana Association of Family & Consumer Sciences Update Conference, Bozeman, MT.

Nelson, M. D. (2003, March). *Adventure counseling: Using experiential learning in school counseling*. Paper presented at the Washington School Counselor Association Annual Conference, Spokane, WA.

Nelson, M. D. (2003, May). *Adlerian psychology: Using experiential initiatives*. Paper presented at the North American Society of Adlerian Psychology International Conference, Vancouver, B.C.

Nelson, M. D. (2003, September). *School counseling programs: Moving towards student development*. Paper presented at the Montana Gear Up Annual Conference, Great Falls, MT.

Nelson, M. D. (2004, March). *Using adventure counseling in program delivery*. Paper presented at the combined Oregon/Washington School Counselor Association Annual Conference, Portland, OR.

Nelson, M. D. (2004, March). *Program evaluation: Assessing student development*. Paper presented at the combined Oregon/Washington School Counselor Association Annual Conference, Portland, OR.

Nelson, M. D. (2004, May). *Adventure strategies for the classroom and group work*. Paper presented at the Montana School Counselor Association Annual Conference, Bozeman, MT.

Nelson, M. D. (2004, October). *Montana comprehensive counseling model*. Paper presented at the Montana Education Association Annual Conference, Helena, MT.

Nelson, M. D. (2004, October). *Academic development for all students*. Paper presented at the Montana Education Association Annual Conference, Helena, MT.

Nelson, M. D. (2004, October). *Evaluating your school counseling program*. Paper presented at the Montana Education Association Annual Conference, Helena, MT.

Nelson, M. D. (2005, April). *Adventure counseling and experiential learning*. Paper presented at the Montana School Counselor Association Annual Conference, Bozeman, MT.

Nelson, M. D. (2005, October). *Common ground: Experiential learning and the counseling process*. Paper presented at the Association for Counselor Education and Supervision National Conference, Pittsburgh, PA.

Nelson, M. D. (2006, April). *Taking the steps: The why, what, and how of school counseling programs*. Paper presented at the Montana School Counselor Association Annual Conference, Bozeman, MT.

Nelson, M. D. (2006, September). *Back to the Future: Setting Goals to Meet Career Plans*. Paper presented at the Montana Gear Up Annual Conference, Helena, MT.

Nelson, M. D. (2007, March). *Design, Deliver, and Evaluate Guidance Curriculum*. Paper presented at the combined Oregon/Washington School Counselor Association Annual Conference, Portland, OR.

Nelson, M. D. (2007, March). *School Counseling Programs: Delivery and Evaluation Strategies*. Graduate

Course offered at Portland State University.

Nelson, M. D. (2008, February). Adventure Counseling: Using Experiential Learning in School Counseling. Paper presented at the Wisconsin School Counselor Association Annual Conference, Stevens Point, WI.

Nelson, M. D. (2008, February). Academic Development for ALL Students. Paper presented at the Wisconsin School Counselor Association Annual Conference, Stevens Point, WI.

Nelson, M. D. (2008, February). Design, Deliver, and Evaluate a Guidance Curriculum. Paper presented at the Wisconsin School Counselor Association Annual Conference, Stevens Point, WI.

Nelson, M. D. (2008, February). AIM: A Career Counseling Model. Paper presented at the Wisconsin School Counselor Association Annual Conference, Stevens Point, WI.

Nelson, M. D. & Johnson, P. (1998, October). *Counseling supervision: An integrated approach for supervisors*. Paper presented at the Montana Counseling Association Annual Convention, Great Falls, MT.

Nelson, M. D. & Johnson, P. (2002, October). *Training Intern Site Supervisors*. Paper presented at the Association for Counselor Education & Supervision, Park City, UT.

Smaby, M. H., Harrison, T., Nelson, M. D., Testa, A., & Jiang, Q. (1994, February). *Counselors as school-based management team consultants*. Paper presented at the Nevada Counseling Association Annual Conference, Las Vegas, NV.

Smaby, M. H., Harrison, T., Nelson, M. D., Testa, A., & Jiang, Q. (1994, April). *Counselors as school-based management team consultants*. Paper presented at the American Counseling Association National Convention, Minneapolis, MN.

Smaby, M. H., Harrison, T., Nelson, M. D., Thomas, J., Griffin, J., & Testa, A. (1993, March). *School counselors as lead consultants to site-based management teams*. Paper presented at the American Counseling Association National Convention, Atlanta, GA.

Smaby, M. H., Nelson, M. D., Thomas, J., Griffin, J., & Doyle, C. (1992, November). *The school counselor as a consultant to site-based management teams*. Paper presented at the Nevada Association of Counseling and Development Annual Conference, Reno, NV.

Thorngren, J. M., & Nelson, M. D. (2007, October). Teaching family & child/adolescent counseling through experience. Paper presented at the Association for Counselor Education & Supervision, Columbus, OH.

Thorngren, J. M., Downey, J., Baker, L. J., & Nelson, M. D. (2003, October). *K-16 relationships: Promoting post-secondary academic success in at-risk youth*. Paper presented at the American Council on Education Annual Conference, Atlanta, GA.

Thorngren, J. M., & Nelson, M. D. (2006, September). Teaching family education. Paper presented at the Rocky Mountain Association for Counselor Education and Supervision Annual Convention, Jackson, WY.

Waldo, M., Nelson, M., Rifenbary, D., Horswill, R., & Johnson, P. (1997, October). *Diminishing division: Purging counselor education of debilitating master's level specializations*. Paper presented at the Rocky Mountain Association for Counselor Education and Supervision Annual Convention, Jackson, WY.

CONSULTATION

Peer mediation training (1997, February). Provided staff and program development for peer mediation at Chief

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Joseph Middle School, Bozeman, MT.

At-risk youth workshop (1997, November). Conducted staff presentation and provided program development for working with at-risk students at Livingston middle and high schools, Livingston, MT.

Adventure-based counseling workshop (1998, May). Coordinated and co-presented a workshop on adventure-based counseling and experiential education for counselors and educators, Bozeman, MT.

Group counseling workshop (1998, May). Conducted workshop and training in group counseling. Focus was placed on basic group skills and co-facilitation, stages, leadership styles, and experiential counseling strategies and techniques for counselors, social workers, and staff at youth facility, Billings, MT.

Montana schools workshops (2001, August). Conducted workshops and training to Richey and Plentywood schools on Classroom Management: Understanding and Managing Behavior and Adventures in the Classroom: An Experiential Approach to Teaching.

Portable Adventure Counseling (2001, September). Conducted workshop for Montana Licensed Professional Counselors on theory and practice of experiential therapeutic approaches to be used with various clients, Bozeman, MT.

Clinical Supervision (2001, September). Conducted workshop for Montana Licensed Professional Counselors on theory and practice of clinical supervision of counselors, Bozeman, MT.

Montana Licensure Board (2002-03). Designed and delivered online continuing education courses and workshops for Licensed Clinical Professional Counselors and Licensed Social Workers in Montana.

Professional Development Workshops (2003). Presented workshops for Washington and Idaho Licensed Clinical Professional Counselors and Social Workers in Spokane and Seattle. Topics included Clinical Supervision and Adventure Therapy.

School Counseling Program Consultation (2003). Consulted with Helena and Browning School Districts in the design and implementation of comprehensive school counseling programs.

Staff Development (2004). Conducted an all day workshop on teambuilding for Ophir School faculty, staff, and administration using experiential initiatives.

School Counseling Program Consultation (2005). Consulted with Belgrade Public School District in two separate workshops regarding the design and implementation of a comprehensive school counseling program.

Guidance Curriculum: Using "The Guide" to Map a Path (2006). Consulted for Virginia Beach Public School District to train all of the district's high school counselors in the design, delivery and evaluation of a guidance curriculum.

Guidance Curriculum: Using "The Guide" to Map a Path (2007). Consulted for Virginia Beach Public School District to train all of the district's middle school counselors in the design, delivery and evaluation of a guidance curriculum.

Guidance Curriculum: Using "The Guide" to Map a Path (2007). Consulted for Recovery School District, New Orleans, LA to train all of the district's high school counselors in the design, delivery and evaluation of a guidance curriculum.

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Guidance Curriculum: Using "The Guide" to Map a Path (2007). Consulted for Eagle Pass Independent School District, Eagle Pass, TX to train all of the district's school counselors in the design, delivery and evaluation of a guidance curriculum.

Guidance Curriculum: Using "The Guide" to Map a Path (2008). Consulted for Virginia Beach Public School District to train all of the district's elementary school counselors in the design, delivery and evaluation of a guidance curriculum.

PROFESSIONAL AFFILIATIONS

American Counseling Association
American School Counselors Association
Association for Counselor Education and Supervision
Montana School Counselors Association
North American Society of Adlerian Psychology

PROFESSIONAL SERVICE

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|------------------------|--|
| Co-editor | Journal of School Counseling – Only online school counseling journal in the nation. |
| Editorial Board Member | Association for Counselor Education and Supervision (1997–2000). |
| Site Team Evaluator | Council for Accreditation of Counseling and Related Educational Programs (1997–present). |
| Consultant | Project HEART (Health Enhancement Activities for Rural Teachers) (1996–2000). Grant designed to promote the Health Enhancement Model for health and physical educators in Montana. |
| Consultant | Fort Peck Indian Reservation (1997). Grant designed to reduce the risk of substance abuse among Native American youth. |
| President-Elect | Rocky Mountain Region of Association for Counselor Education and Supervision 2006-2007. |
| President | Montana Counseling Association (1996–97). |

LICENSURE AND CERTIFICATION

Licensed Clinical Professional Counselor – Montana
Licensed School Counselor – Nevada
National Certified School Counselor
National Certified Counselor
Approved Clinical Supervisor