

**OLSON, GREGORY D.**  
**Assistant Professor**  
**Health and Human Development**  
**Appointment 1978**

**1. ACADEMIC DEGREES**

M.Sc.	MSU Bozeman, Montana	1975	Exercise Physiology
B.Sc.	U of M Duluth, Minnesota	1974	Teacher Education

**2. PROFESSIONAL EXPERIENCE**

1995	Visiting Professor, Oberlin College – Aikido Teacher
1978-present	Assistant Professor, Montana State University, Bozeman, MT
1993-present	President and Chief Instructor, Big Sky Aikido, Bozeman, MT
1991	Mansfield Exchange Professor to KGU University - Kumamoto, Japan
1978-1982	D. T. I., Montana Law Enforcement Academy, Bozeman, MT
1975-1977	Student – World Headquarters Aikido, Tokyo, Japan.
1975-1977	Teacher, Practical American Conversation Center, Tokyo, Japan.
1974-1975	Graduate Assistant, Montana State University, Bozeman, Montana.
1974-1975	Instructor - Montana Law Enforcement Academy, Bozeman, MT
1974-1975	Head Instructor - Montana State University Judo Club, Bozeman, MT
1974	Student teacher - Lincoln Junior High School, Duluth, Minnesota
1971-1973	Student – Kyonggi College, Seoul, Korea
1973-1974	Head Instructor - YMCA Judo Club, Duluth, Minnesota
1971-1973	Private English Instructor - Seoul, Korea
1969-1971	Head Instructor - YMCA Judo Club, Duluth, Minnesota

**3. FACULTY AND ADMINISTRATIVE LOAD**

**Spring Semester 2008**

HDPE 252	Sequential Skill Development	3 credits
HDPE 204	Ethics of Sport	2 credits
HDHL 451	Health and Healing	3 credits

**Fall Semester 2007**

HDPE 410	International Pers. History/Phil. in Health/PE	3 credits
HDHL 221	Responding to Emergencies, Lecture	1 credit
HDHL 222-01/02	Responding to Emergencies, Lab.	2 credits
HDHL 45101	Health and Healing	3 credits

**Other Collegiate Assignments**

Service/Outreach	Active
Student Advisor	Active
University, College, and Departmental Committees	Active

**4. CURRENT PROFESSIONAL CERTIFICATIONS**

American Red Cross - Responding to Emergencies -- Certified Instructor  
 American Red Cross - Community CPR – Certified Instructor  
 American Red Cross - Adult, Child, and Infant CPR -- Certified instructor

American Red Cross - Responding to Emergencies -- Instructor Trainer  
Aikido Schools of Ueshiba -- Teacher (Sensei) holding the certified rank of fifth-degree-black belt (one of the highest ranking aikido educators in the Western hemisphere).

## 5. PUBLICATIONS

Olson, G. D. (2003) Judo, Aikido, and Hot Peppers: A True Story of Violence Averted. *Journal of Asian Martial Arts*, 12, 80-87

Olson, G. D., Brooks, L. (2003) Analysis of a Mai and Hyoshi: The Japanese Martial Arts and the Analysis of Movement. *Journal of the Asian Martial Arts*. (Submitted)

Olson, G. D. & Bowlds, A. (2001) Injuries in the dojo: Responding correctly to shoulder dislocation and clavicle fracture. *Journal of the Asian Martial Arts*. (Submitted)

Olson, G. D. (1996) *Aikido: A Beginner's Text*. Dubuque, IA: Kendall-Hunt Publishing Company.

Olson, G. D., & Seitz F. C., & Guldbrandsen, F. (1996) An inquiry into application of gokyo (aikido's fifth teaching) on human anatomy. *Perceptual and Motor Skills*, 82, 1299-1303.

Olson, G. D., Seitz, F. C., & Guldbrandsen, F. (1994) An anatomical analysis of aikido's third teaching: an investigation of sankyo. *Perceptual and Motor Skills*, 78, 1347-1352.

Olson, G. D. & Seitz, F. (1994). What causing the pain?: A re-examination of aikido's nikyo technique. *Perceptual and Motor Skills*, 79, 1585-1586.

Olson, G. D., & Seitz, F. C. (1993). An anatomical analysis of aikido's second teaching: an investigation of nikyo. *Perceptual and Motor Skills*, 77, 123-131.

Olson, G. D. (1992). The martial encounter. *Aikido Today*, 27, 18-19.

Seitz, F. Olson, G. D., & Stenzel, T (1991). A martial arts examination of elbow anatomy: Ikkyo (aikido's first teaching). *Perceptual and Motor Skills*, 73, 1227-1234.

Olson, G. D. & Seitz, F. (1990). An examination of aikido's forth teaching: An anatomical study of the tissues of the forearm. *Perceptual and Motor Skills*, 71, 1059-1066.

Seitz, F., Olson, G. D., Locke, B., & Quam, R. (1990) The martial arts and mental health: The challenge of managing energy. *Perceptual and Motor Skills*, 70, 459-464.

## 6. SEMINARS/PRESENTATIONS/PARTICIPANT

Olson, G. D. (Dec., 2007). *Aikido: An Introduction to Shime Waza: Hadaka Jime*. Invited teacher to ASU's National Winter Intensive Training Seminar. Saint Petersburg, Florida. (Approximately seventy students from Japan, America, and Europe attended this conference.)

Olson, G. D. (Aug., 2007). *Aikido: A Celebration of Thirty Years of Teaching Aikido at MSU*. Presentation to Donald Clark -- Assistant to the President of MSU (Retired), Dr. Larry Baker -- Dean, College of Education Health and Human Development, Dr. Tim Dunnagan -- Department Head, HHD, Dr. Norman Peterson -- Vice Provost -- International Education, and Dr. Robert Gough -- Associate Dean -- Ag. Education and guests.

Olson, G. D. (Nov., 2007). *Aikido: A Special Seminar with Tres Hofmeister of Boulder, CO*. Organized and attended. Bozeman, Montana. (Approximately sixty students from Montana, Idaho, Wyoming, and Washington attended this seminar.)

**Olson, G. D. (Aug., 2007). Aikido: A Seminar with M. Saotome of Miyaka City, Florida (President of ASU). (Approximately one-hundred students from the United States and Canada attended this conference.)**

**Olson, G. D. (July, 2007). Aikido: A Seminar with M. Saotome, F. Doran, H. Ikeda, H. Ushiro. Glenwood Springs, CO. (Approximately two-hundred-fifty students from Japan, America, and Europe attended this conference.)**

**Olson, G. D. (April, 2007). Aikido: A Seminar with H. Ikeda. Missoula, Montana.**

**Olson, G. D. (Dec., 2003). Aikido: Maximum efficiency with minimum effort. Invited seminar leader to Spokane Aikido Association. Spokane, Washington.**

**Olson, G. D. (Nov., 2003). Aikido: What is it? Presentation to Leads - Chamber of Commerce, Bozeman, Montana.**

**Olson, G. D. (2003). Leadership and Aikido: Let's explore! What do martial arts and leading people have in common? Upward Bound Program – University of Montana, Dillon, Montana.**

**Olson, G.D. de Silva, E., Bowlds, A. (2002). 'Injuries in the Dojo: Responding Correctly to Shoulder Dislocations and Clavicle Fractures', Proceedings of the Fourth International Conference on Martial Arts, University of Salford, UK, 15th June 2002, p 8.**

**Olson, G.D. (June, 2002). "Healthy" or "Violent" Behavior Within the Ethical Foundations of the Marital Arts and Ways: What do the Images Teach Us?, Proceedings of the Fourth International Conference on Martial Arts, University of Salford, UK, 15th June 2002, p 4. (Key Note Address)**

**Olson, G.D. (June, 2002). An Anatomical analysis of Aikido's Second Teaching: An Investigation of Nikyo, Proceedings of the Fourth International Conference on Martial Arts, University of Salford, UK, 15th June 2002, p 6**

**Olson, G. D., Duncan, S. (Sept., 2002). The Martial Arts in Our Communities: Incorporating a Focus on Breathing Technique into Our Western Movement. Proceeding of Montana Association Of Health, Physical Education, Recreation and Dance, Bozeman, Oct. 2002.**

**Olson, G. D. (Sept. 2002) Aikido's Movement Philosophy - Seminar at WSU, Pullman for Mr. Robert Ferguson who is associated with the aikido program on campus.**

**Olson, G. D. (Aug., 2002) Instructor's: Keep the Attention -- Use Your Hands When Teaching. Best Teaching Practices. College of EHHD Annual Retreat, Bozeman, MT.**

**Olson, G. D. Fly Fishing casting technique: the basics. Association for Health, Physical Education, Recreation and Dance. October 19, 2001.**

**Olson, G. D. and Duncan, S. Aikido: incorporating breathing techniques into wellness classes. Association for Health, Physical Education, Recreation and Dance. October 19, 2001.**

**Olson, G. D. Guildbrandsen F. ESC – Educational Services Consortium Incorporated with Dr. Frank Guildbrandsen of the University of Minnesota to the American Tae Kwon Do Association in Tallahassee and the Faculty of College of Education at Florida State University (February 2000)**

**Olson, G. D. Aikido: Basic Waza and Movement. Spokane Aikido Dojo (1999)**

**Olson, G. D., Yonkyo: Anatomically, how does it work? Aikido Schools of Ueshiba Winter Conference, USF/New College Campus, Sarasota FL. Winter 1996.**

**Olson, G. D., Morning Class: A strategy for exercise, Friendship Seminar '96 Helena MT**

1996.

**Olson, G. D., Kyusho: Vital Points in the Martial Arts, Friendship Seminar '96 Helena MT 1996.**

## **7. GRANTS**

**Olson, G.D. Smart Board Technology Grant for the Curriculum Lab. – Taylor Foundation for \$3000. 2002. (Funded)**

**Olson, G.D. Smart-Cart Technology Grant for the Curriculum Lab. – Taylor Foundation for \$10,000. 2001. (Funded)**

**Olson, G.D. Invited Speaker Program - Dr. Francis Guldbrandsen, Monts Grant \$1,246.00. 1994. (Funded)**

**Olson, G.D. Use of Pressure Point Research for Use in Law Enforcement Response. A proposal submitted to U.S. Department of Justice for \$76,630. November 1995. (Unfunded)**

## **8. SPECIAL ACKNOWLEDGEMENTS**

**I have forged a relationship between Montana State Universities College of EHHD and Gymnastik- och idrottshogskolan (GIH), Stockholm, Sweden. I am currently in the process of developing student and faculty exchange between these two institutions.**

**I have been quoted extensively in these texts concerning ethics, and anatomy of technique within these texts:**

**Leizman, J. (1999) Let's kill 'em: Understanding and controlling violence in sports. Lanham, Maryland.**

**Shifflett, C. M. (1999), Aikido: Exercises for teaching and training. Merrifield, Virginia: Round Earth Publishing**

**Academic guests who have come to learn directly from me here at M.S.U. include Dr. Frank Guildbrandsen, University of Minnesota, Duluth and Dr. E. de Silva, Manchester, England.**

**The Bozeman Daily Chronicle did a feature article on my martial arts expertise with a full color photographs and full page interview. (2001)**

**Exchange Professor to Kumamoto, Japan representing Montana State University (1991)**

**Special Guest to Kumamoto Gakuan University with President Mike Malone celebrating KGU's fiftieth anniversary celebration. (1993)**