

About the Human Development Clinic . . .

The function of the clinic is to provide high-quality, low-cost mental health services for the greater Bozeman area. The HDC also serves as a training facility through which graduate students in mental health and marriage and family counseling obtain clinical experience. Student counselors are supervised by licensed mental health professionals who also serve as faculty in the counseling program at Montana State University.

All counseling sessions are videotaped for training purposes only; they are erased after portions have been reviewed by the student counselor with his/her supervisor with the goal of improving the student's skill and ensuring that competent services are being rendered. Fees for sessions are computed on a sliding scale.



Research aimed at improving services and furthering an understanding of the counseling process is conducted at the HDC. In addition, opportunities for continuing education and professional development are sponsored periodically.

Services

Counseling is provided for children, adolescents, adults, couples, families, and groups.

Confidentiality

Information concerning a client's status and involvement at the HDC is kept strictly confidential. Graduate students and faculty supervisors adhere to the ethical guidelines of the American Counseling Association and of the American Association for Marriage and Family Therapy.

In accordance with legal and ethical guidelines, counselors must inform the appropriate individuals and agencies when there is potential imminent danger to the client or others, or when there is reason to suspect abuse or neglect of a child, or of an elderly or disabled person.



Human Development Clinic
1501 S. Third Ave.
Bozeman, MT 59715
406.994.4113

Parenting through Divorce



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What is the Parenting Through Divorce program?

Parenting Through Divorce is a three-hour workshop for parents contemplating separation or divorce

- to ease children's adjustment to divorce by educating parents about how their children are being affected
- to assist parents to bypass blame and to focus on their children's needs at this very trying time.

Why a workshop to help parents improve their parenting skills at this stage of the game?

Research suggests that there is no event more traumatic in a child's life than the loss of a parent, whether by separation, divorce, or death.



A child's emotional well-being needs special attention during stressful family transitions

Research also suggests that parenting quality and effectiveness declines during periods of family stress

The single best predictor of successful lifelong adjustment for children is continued meaningful involvement with *both parents*.

What will I learn at the workshop?

- The emotional tasks that families must master as they move through the divorce process.
- How divorcing parents often inadvertently place their children "in the middle."
- How to work cooperatively with your child's other parent.



When, where, and how?

Parenting Through Divorce workshops are held once per month on Saturdays from 10:00 AM to 1:00 PM at the Human Development Clinic, 1501 S. 3rd Ave., Bozeman, Montana.

Participants may register by completing the attached form, enclosing \$20/person registration fee, and returning it to the HDC. Payments must be received the Thursday before the class in order to secure a space in that class. For more information, call 994-4113. The following dates are set for 2008-09:

Saturday, October 4, 2008	Saturday, February 21, 2009
Saturday, October 25, 2008	Saturday, March 7, 2009
Saturday, November 1, 2008	Saturday, March 21, 2009
Saturday, November 15, 2008	Saturday, April 4, 2009
Saturday, December 6, 2008	Saturday, April 18, 2009
Saturday, February 7, 2009	

Who facilitates the program?

Master's degree candidates in the counseling program at Montana State University, supervised by licensed mental health professionals.

The HDC is a community resource whose purpose is the provision of high-quality, low-cost mental health services.

Cost

The \$20 per person fee includes a handy information packet, participation in a three-hour educational and interactive session, and snacks. Scholarships are available. Please call 994-4113 for more information.

Enrollment Form

Name _____
Address _____
City _____ State _____ ZIP _____
Phone _____ (home) _____ (work) _____
Date attending _____ Fee enclosed \$ _____

Please mail or deliver this form along with payment to:

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Or call 994-4113 if you have any questions