

Theory and Practice of Addiction

HDCO 523/Spring 2008

Mondays 11:00-12:50pm 1126 Wilson

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122 Herrick Hall

Course Overview

This course is designed to review the history of and current developments in the field of addictions, as well as evaluate research and treatment trends within addiction practices. Students will be required to synthesize addictions theory and apply it to practical cases.

Course Objectives

Students will:

- Synthesize addictions theories and treatment models.
- Understand basic information about drugs and alcohol as it relates to substance abuse and addiction.
- Apply information to clinical practice.
- Evaluate how delivery of addictive treatment services can be applied in a variety of settings.
- Research a specific topic within the field of substance abuse and addiction treatment and develop a specific treatment, tool, or therapy for this area.

Required Text:

Van Wormer, K, Davis, D.R. (2008). *Addictions Treatment: A Strengths Perspective* (2nd Edition).

Other readings that will be sent out via the listserv.

Methods of Instruction:

This course includes lecture, seminar discussion, and in-class activities.

Student Performance and Evaluation Criteria

Grade Breakdown

25% Attendance & Participation

25% Exam

10% Journal Article Review

25% Final Paper

15% Presentation

Course Assignments:

Exam (25%)

Due to the large amounts of factual information in this field, there will be one multiple choice exam in the first half of the semester to familiarize the students with the drug categories, brain information and other content-based information related to substance abuse and addiction.

Journal Article Review (10%)

Students will find one article from a peer-reviewed, academic journal that is not less than 4 years old on a topic of their choice within the field of addictions. The first part of the paper should include a concise overview of the article/research/etc. The second part of the paper should include the student's discussion of the implications of the article for the field of addictions

treatment. The paper must be typed, written in APA style and be no more than 2 pages long. No cover page is needed. These can be printed double-sided to reduce paper.

Final Paper (25%)

With a partner, you will write a final paper for this course. This paper needs to be written in APA format and needs to include the follow:

- A) Title page and abstract
- B) Introduction to an addiction issue (ie: a specific drug, population, addictive behavior, etc.)
- C) 4-5 page literature review on the topic (including at least 8 references)
- D) 5-6 page description of a program (either prevention, treatment, or relapse prevention), therapy or tool to use for your issue
- E) reference page

Research Presentations (15%)

With your partner, you will present your research topic and your treatment design in about 10 minutes. Please make these as interesting as possible!! Visuals, hand-outs, experiential activities, creative presentation styles, etc. **are strongly recommended** to enhance the learning of your classmates and to increase their retention of the information presented. This should be an interesting summary the process of both formulating your idea and of your discoveries as you and your partner researched and wrote the paper.

TENTATIVE SCHEDULE

Date	Topic	Readings and Assignments
January 28	Introduction The Nature & History of Addiction	Chapters 1 & 2
February 4	The Biology of Addiction	Chapter 4
February 11	Interventions Related to Biology	Chapter 5

February 18	President's Day – No Classes	
February 25	Strengths-Based Helping Strategies	Chapter 3, Take Home Exam passed out (covering info. from Chs. 1-5)
March 3	Harm Reduction	Exam Due
March 10	Spring Break– No Classes	
March 17	Addiction Across the Lifespan	Chapter 6
March 24	Substance Abuse & Mental Illness	Chapter 8
March 31	Substance Abuse & Families	Chapter 9
April 7	Treatments Options	Chapter 13
April 14	Other Behavioral Addictions	Chapters 7 & 12
April 21	Substance Abuse & Race, Ethnicity, Culture, Gender & Sexual Orientation	Chapters 10 & 11
April 28	Presentations	Papers Due
Finals Week	Presentations (con't)	

Reasonable Accommodations for Students with Disabilities: If you have a diagnosed disability or believe that you have a disability that might require “reasonable accommodation” on the part of the instructor, please advise the instructor through university documentation. It is the responsibility of the student to disclose a disability prior to requesting reasonable accommodation.