

HDHL 230
Drugs and Society
Monday/Wednesday/Friday
9:00 to 9:50 AM
Reid Hall 102

Instructor: Jim Carter

Office: 114A - Herrick Hall

Office Hours: Mondays and Fridays – 10 to 11 AM

Tuesdays – 9:45 to 10:45 AM

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Course Description

This course is designed to cover the basic issues surrounding drug use and abuse of both legal (alcohol, nicotine, OTC, etc.) and illicit (methamphetamine, cocaine, heroin, LSD, marijuana, etc.) substances. The effects of drug use on the individual and impact on society, as well as past and present prevention/education strategies will be examined. In addition, the student will be provided with background knowledge and risk reducing skills, so they will be guided to make healthy personal choices thus contributing to a healthier society.

Required Reading Material

- o Drugs, Behavior and Modern Society, 5th ed., Charles F. Levinthal

Objectives

- Describe the trends of drug use in the United States
- Identify the biological and societal impact of substance use
- Develop a basal understanding of substance classifications
- Formulate a critical understanding of the strengths and weaknesses of substance abuse prevention/education programs
- Reflect on personal values and perceptions of substance use and begin to integrate other's perceptions and points of reference
- Accept personal responsibility for the choices you make when using substances

Attendance

Attendance is expected. Student is solely responsible in obtaining notes and assignments. It has been proven that students who attend classes regularly and participate during discussions, complete exam study guides and assignments perform best on examinations. Furthermore, students are

expected to TURN MOBILE COMMUNICATION DEVICE OFF and stow away, arrive promptly for each session and to remain for the entire class. I advise each student to set up a network among fellow classmates to keep each other apprised to readings, assignments and exams. I will not respond to voice mails or emails from students desiring me to send them lecture abstracts or PowerPoint presentations.

Academic Expectations

- o *Read your syllabus thoroughly*, answers to most of your queries are found in this syllabus.
- o Associative lecture readings are to be completed prior to class sessions
- o In addition to attending class sessions, student is expected to pass in assignments when due and take exams when scheduled.

There are several mechanisms of communication that students can use:

- Attend class and glean changes in course assignments, etc. that are presented during class sessions
- email (james.carter@montana.edu)
- establish and use an in class network
- review emails sent from instructor via List serve
- Appointments with instructor during office hours
- Leave a message (994-1993)

Behavioral Expectations

- Mobile communication devices MUST BE TURNED OFF and stowed away during class sessions
- ELECTRONIC devices are NOT permitted during examinations

Academic Dishonesty

- Plagiarism includes the work of your fellow students as well as published materials.
- Plagiarism the using the work of another person and submitting it as your own, is strictly forbidden.
- The guidelines of MSU's Academic Integrity will be followed in cases of academic dishonesty. These include the assignment of the professional penalty of "F" for the assignment and/or the course and report of the offenses to the appropriate office. For complete review of guidelines: *MSU 2006-8 Undergraduate Bulletin- or visit this link:*
http://www2.montana.edu/policy/student_conduct/cg400.html

email - List Serve

All students enrolled in this section will AUTOMATICALLY be added to the List Serve email group for this course. MSU uses WHATEVER EMAIL ADDRESS YOU HAVE PROVIDED under "MY INFO" on the MSU website (www.montana.edu). If you are not receiving emails, it is YOUR

RESPONSIBILITY to ascertain your personal profile and update your email address. If you are still having problems, please call ITC at 994-1777 to find out why you are not receiving class emails. Some servers (hotmail, gmail, and yahoo) will sometimes block List Serve messages, mistaking them for junk mail. In this case you may need to set up a MSU email address. Please, DO NOT EMAIL THE PROFESSOR PROVIDING HIM/HER WITH YOUR NEW EMAIL ADDRESS. If you update your "My Info", then it will be added to the List Serve automatically.

Course Requirements

This course is organized into four major content areas:

- *Substance impact on human systems*
- *Substance impact on society*
- *Substance classifications*
- *Review of prevention/treatment substance programs*
- Resource development and networking

Exams 3 x75 points each = 225 points

- Exams are NOT cumulative in style but presented material is continually built upon and reinforced
- The exams will cover materials from the text, articles, class presentations and discussions. If you are concerned about study preparation for exams, consult with the study skills workshops offered each semester by Advance by Choice (SUB 146, 994-4541).

Writing Assignment = 50 points

Details of this assignment will be List Served to you. Generally, the focus of this paper will be the allied health professional's role in substance use intervention/treatment/prevention

- Papers are due at the *beginning of class* on the dates designated on the course outline.
- Students are expected to write their papers using proper APA format. Guidelines for APA formatting are available online at www.writingcenter.pdx.edu or on reserve at the library. You are strongly encouraged to go to the Writing Center on campus for extra support with your writing skills. HIGH STANDARDS OF WRITING ARE EXPECTED FOR THIS COURSE.

Instructor reserves the right to administer intermittent tasks/quizzes = 20 points

Grades will be based on the following points:

Exams	225
Paper	50
Intermittent tasks	<u>20</u>
Total	295

Grading Scale: (based on total points earned)

A	94% to 100%
A-	90% to 93%
B+	87% to 89%
B	84% to 86%
B-	80% to 83%
C+	77% to 79%
C	74% to 76%
C-	70% to 73%
D+	67% to 69%
D	60% to 66%
F	59% and below

It is recommended that students check the email grade updates that are sent out after exams via the List Serve to confirm that grades are correctly recorded.

Tentative Outline:

<i>Date</i>	<i>Topic</i>	<i>Readings</i>
8/27	Usual First Day Overview Another World Task	
8/29	Drug use Behavior	Ch. 1
8/31	Drug Seeking Behavior	Ch. 2
9/5	General Mechanism of Action associated with Substance Use	Ch. 3
9/7	Neurotransmitters, general research	
9/10	Stimulants	Ch. 4
9/12	Stimulants	
9/14	Stimulants	Ch. 11, 12
9/17	Depressants	Ch. 5
9/19	Depressants	
9/21	Depressants	Chs. 9, 10
9/24	Depressants	
9/26	EXAM	
9/28	Hallucinogens	Ch. 6
10/1	Hallucinogens	
10/3	Hallucinogens	Ch. 13

10/5	Hallucinogens	Ch. 7
10/8	Performance Enhancement Substances	Ch. 8
10/10	Exploitative Drugs	
10/12	Herbal Enhancers/Treatment	
10/15	Research	
10/17	Dietary Supplements	Ch. 14
10/19	OTC	
10/22	OTC	
10/24	Medicinal Use	Ch. 15
10/26	Medicinal Use	Ch. 16
10/29	Medicinal Use	
10/31	Exam	
11/2	FDA drug approval procedure	
11/5	Pharma Industry	
11/7	Treatment/Intervention	Ch. 17
11/9	Prevention Strategies	Ch. 18
11/12	Veterans Day - NO CLASS	
11/14	continuation of Prevention Strategies	
11/16	Medications and the older adult	
11/19	continued	
11/21	Panel Discussion	
11/23	Thanksgiving - NO CLASS	
11/26	Medications for Chronic Disease Management	
11/28	continued	
11/30	Legal Issues	
12/3	Debate	
12/5	Debate	
12/7	Wrap Up	

Tuesday December 11 - 4:00 PM to 5:50 PM - Exam