

HDHL 451 – Health and Healing

INSTRUCTOR: Greg Olson
Office Hours: Mon. 12:00 – 1:00, Tues. 12:15 – 1:00, Thurs. 12:15 – 2:00
PHONE: 994-6340 (Please, no home phone calls.)
E-mail: golson@montana.edu
TEXTS: Health and Healing by Andrew Weil, M.D.
The Handbook of Ayurveda by Dr. Shantha Godagama

In addition to the readings and assignments listed below the student will complete their individual contract as read and signed on the first day of class.

Week One - 8/28:

First day of Class -- Orientation
Preface, Treatment and Cure: The Strange Case of Homeopathy
Chapter 1, Weil – A Homeopathic Cure?
Preface, Godagama

Week Two – 9/4:

Chapter 2, Weil – Like Cures Like, and Less is More
Chapter 3, Weil – Why Does Homeopathy Work?
Chapter 1, Godagama – Introduction

Week Three – 9/11:

Chapter 4, Weil – Health as Wholeness; Wholeness as Perfection
Chapter 5, Weil – Health as Wholeness; Wholeness as Balance
Chapter 2, Godagama – Fundamental Elements

Week Four – 9/18:

Chapter 6, Weil – Ten Principles of Health and Illness
Chapter 7, Weil – The Nature of Healing
Chapter 3, Godagama – The Unique Individual

Week Five – 9/25:

Chapter 8, Weil – Allopathic Medicine I: Physicians and Surgeons
Chapter 9, Weil – Allopathic Medicine II; Materia Medica
Chapter 4, Godagama – Food and Diet

Week Six – 10/2:

Chapter 10, Weil – Allopathic Medicine: Sins of Omission
Chapter 11, Weil – Some Medical Heresies: Osteopathy,
Chiropractic, Naturopathy
Chapter 5, Godagama – Lifestyle

Week Seven – 10/9:

Chapter 12, Weil – Chinese Medicine
Chapter 13, Weil – Shamanism, Mind Cures, and Faith Healing
Chapter 6, Godagama – Treatment

Week Eight – 10/16:

Chapter 14, Weil – Psychic Healing
Chapter 15, Weil – Holistic Medicine
Chapter 7, Godagama – Medicinal Plants

Week Nine – 10/23:

Chapter 16, Weil – Quackery
Chapter 17, Weil – What Do All These Therapeutic Systems Have
in Common?
Chapter 8, Godagama – A Complete Science

Week Ten – 10/30:

Chapter 18, Weil – Why Warts Fall Off
Chapter 19, Weil – The Placebo Response
Chapter 9, Godagama – Common Preparations

Week Eleven – 11/6:

Paper Due: Monday, November 5th

Chapter 20, Weil – Medical Treatments as Active Placebos
Chapter 21, Weil – Powers of the Mind and the Problem of
Harnessing Them

11/6 Three Presentations

- 1.
- 2.
- 3.

11/8 Three Presentations
 1.
 2.
 3.

Week Twelve – 11/13:

Chapter 22, Weil – What Doctors Can Learn from Physicists
Chapter 23, Weil – New Medicine for a New Century

11/13 Three Presentations
 1.
 2.
 3.

11/15 Three Presentations
 1.
 2.
 3.

Week Thirteen – 11/20:

11/20 Three Presentations
 1.
 2.
 3.

11/23 Thanksgiving Holiday

Week Fourteen – 11/27:

11/27 Three Presentations
 1.
 2.
 3.

11/29 Three Presentations
 1.
 2.
 3.

Week Fifteen – 12/4:

12/4 Three Presentations

- 1.
- 2.
- 3.

12/6 Three Presentations

- 1.
- 2.
- 3.

Week Sixteen – 12/11 – 12/15 Final Examination Week

12/14 Final Review Period 12:00 -- 1:50 p.m.

Behavioral Expectations

Montana State University expects all students to conduct themselves as honest, responsible and law-abiding members of the academic community and to respect the rights of other students, members of the faculty and staff and the public to use, enjoy and participate in the University programs and facilities. For additional information reference see http://www2.montana.edu/policy/student_conduct/student_conductc-code_2006-2007.htm.

Collaboration

University policy states that, unless otherwise specified, students may not collaborate on graded material. Any exceptions to this policy will be stated explicitly for individual assignments. If you have any questions about the limits of collaboration, you are expected to ask for clarification.

Plagiarism

Paraphrasing or quoting another's work without citing the source is a form of academic misconduct. Even inadvertent or unintentional misuse or appropriation of another's work (such as relying heavily on source material that is not expressly acknowledged) is considered plagiarism. If you have any questions about using and citing sources, you are expected to ask for clarification.

Academic Misconduct

Section 420 of the Student Conduct Code describes academic misconduct as including but not limited to plagiarism, cheating, multiple submissions, or facilitating others'

misconduct. Possible sanctions for academic misconduct range from an oral reprimand to expulsion from the university.

Academic Expectations

Section 310.00 in the MSU Conduct Guidelines states that students must:

- A. be prompt and regular in attending classes;*
- B. be well prepared for classes;*
- C. submit required assignments in a timely manner;*
- D. take exams when scheduled;*
- E. act in a respectful manner toward other students and the instructor and in a way that does not detract from the learning experience; and*
- F. make and keep appointments when necessary to meet with the instructor.*

In addition to the above items, students are expected to meet any additional course and behavioral standards as defined by the instructor.