

SOCIAL DANCE-HHD 128
COURSE OBJECTIVES

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I. Objectives

- A. At the conclusion of this course, the student should be able to:
 - 1. Participate and demonstrate proficiency in a variety of social dances.
 - 2. Demonstrate knowledge and skill in:
 - A. Jitterbug/Swing
 - B. Waltz
 - C. Polka
 - D. Cha Cha
 - E. Salsa
 - F. Western Dances
 - G. Fox Trot
 - 3. Demonstrate a knowledgeable understanding of rhythm, meter, basic dance steps and dance positions.
 - B. It is the goal of the instructor that the student enjoys his/her experience with social dance and develops an interest and skill level for activity and participation in a social setting.

II. Evaluation

A. Since this is a physical education class, **ACTIVITY** is required. Each class member is responsible to participate in **EACH** and **EVERY** class meeting. **ATTENDANCE IS MANDATORY**. 20 points will be deducted for each unexcused absence.

B. The final grade will be determined by your attendance, and the results of both a written and skill test given at the completion of the semester.

III. Dress

A. Gym shoes that have not been worn as street shoes, ones that will not mark the gym floor are required. **STREET SHOES AS WELL AS HIKING BOOTS OR COWBOY BOOTS ARE NOT ALLOWED.**

B. The gym can be very warm on many days of the semester, please make sure you wear something cool and comfortable.

C. Since this is a close contact activity please remember to use good personal hygiene.