

Don't let long titles/headings automatically wrap to the next line. Stop the line about 3/4 way to the page number and continue on next line directly below the first letter of the title above. **Stop approximately here ↓**

LIST OF TABLES

Table	Page
1. Table Name.....	3
2. Example of a very long entry which requires you to wrap the text and start it again on the second line under the word above.....	8

Page numbers must line up exactly

If List of Tables continues on more than one page, the following pages must have a the page title and the table/page headers:

LIST OF TABLES CONTINUED

Table	Page
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Don't let long titles/headings automatically wrap to the next line. Stop the line about 3/4 way to the page number and continue on next line directly below the first letter of the title above. **Stop approximately here** ↓

LIST OF FIGURES

Figure	Page
1. Figure Name.....	3
2. Figure Name.....	8

Page numbers must line up exactly

If List of Figures continues on more than one page, the following pages must have a the page title and the table/page header:

LIST OF FIGURES CONTINUED

Figure	Page
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