



## FCS Webinar Series Resources

### End-of-Life Decisions: How Families Can Become Conversation Ready

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1. [National Healthcare Decisions Day and Video](#) 3:27 minutes  
*To inspire, educate & empower the public & providers about the importance of advance care planning*
  - a. [You-Tube Video](#)
2. [Dying in America: Improving Quality and Honoring Individual Preferences Near the End of Life](#) (Institute of Medicine of the National Academies)

### Online Resources About End-of-Life Conversations

1. [The Conversation Project](#)
  - a. [Conversation Starter Kit](#) (12 pages)
  - b. [Pediatric Starter Kit](#) (22 pages)
2. [Aging With Dignity](#)
  - a. [Five Wishes Order Publication](#) (Cost: \$5.00)
  - b. [Five Wishes Online Version](#)
  - c. [Voicing My Choices: A Planning Guide for Adolescents & Young Adults](#)
3. [Compassion & Choices](#)
  - a. [End of Life Consultation Packet](#)
  - b. [Doc 2 Doc Program](#)
  - c. [Good-to-Go Resource Guide](#)
  - d. [Good-to Go Toolkit](#)
  - e. [Unwanted Medical Treatment Toolkit](#)
4. [Death Wise](#)
5. [NIH Senior Health: Built With You in Mind](#) (National Institutes of Health)
6. [Engage with Grace: The One Slide Project](#)

7. [American Bar Association : Law and Aging](#)
  - a. [Consumer’s Tool Kit for Health Care Advance Planning](#)
  - b. [My Health Care Wishes App](#)
8. [Have the Talk of a Lifetime](#) [Funeral and Memorial Information Council (FAMIC)]
  - a. [Download Free Workbook](#)
9. [Caring Connections: Planning Ahead Have you made a Plan?](#)
10. [Center for Practical Bioethics Guidance at the Crossroads of Decision](#)
11. [Prepare For Your Care](#)
12. [Caring Resource Center Information, Tools and Tips for Caregivers](#) (AARP)
13. [New Conversations About End-of-Life Care](#)- Nursing in the Twenty-First Century
  - a. [App](#)

## States’ Online Resources for End-of-Life Conversations

1. [Honoring Choices: Minnesota](#)
  - a. [Start the Conversation the Easy Way: With a Video Email](#)
2. [Making Choices: Michigan](#)
3. [7<sup>th</sup> Annual Summit Palliative Care a call to Action: California](#)

## Books for End-of-Life Conversations

The following books can be searched online for purchase or download:

1. Can’t we talk about something more Pleasant?
2. The Other Talk: A Guide to Talking with Your Adult Children About the Rest of Your Life
3. Estate Planning for People with Chronic Conditions or Disability
4. The Lasting Matters Organizer
5. Atul Gawande: Being Mortal: Medicine and What Matters in the End

## Games to Help Start End-of-Life Conversations

1. [My Gift of Grace Game](#)
2. [The Go Wish Game](#)

- a. [Electronic version](#)

## **MSU Extension Resources**

1. [Montana Rights of the Terminally Ill Act](#)
2. [Provider Orders for Life-Sustaining Treatment \(POLST\)](#)
3. [Montana's End-of-Life Registry](#)
4. [Making Plans for the End-of-Life:](#) (26 slides)
  - a. [Handouts](#) (PDF) (5 pages)

## **PSA**

1. [It's Time to Have the Conversation Video:](#) PSA from Institute of Medicine, 30 seconds