Beginning July 1, 2016, medical massage therapy visits will require **prior-approval** from the MUS Nurse Case Manager. All requests for medical massage therapy are to be submitted by the patient’s Primary Care Physician (PCP), using the MUS Medical Massage Therapy Medical Necessity Application. The application requires a diagnosis and statement of medical necessity and requires that the patient is covered on the MUS Choices medical plan at the time of service.

The Medical Massage Therapy Medical Necessity Application is posted on the MUS Choices website at:


The Plan will cover no more than 12 massage therapy visits in a plan year when it is directed at the maintenance of current level of functioning or for members with chronic conditions, over use conditions or musculoskeletal aches or pains. It will not cover medical massage therapy for prevention of future injury, recreation (spa therapy), sports conditioning and/or stress reduction of any kind (self-help therapy). The Plan will approve an initial 12 visits of massage therapy when the condition is acute and is part of a rehabilitation plan that includes other treatment modalities, such as physical or occupational therapy or chiropractic care. Requests for additional visits will require a letter of medical necessity (LOMN) from the patient’s PCP or the LOMN MUS Application, along with progress notes from the therapist or chiropractor.

The patient will receive a letter notifying them of the approval or denial of services.

Information may be sent to the case manager by mail or email at:

MUS Employee Benefits  
c/o Joan Fabricius, RN CM  
PO BOX 203203  
Helena, MT 59620

[jfabricius@montana.edu](mailto:jfabricius@montana.edu)

Phone: **406-444-0306**