

This information is for MSU employees and retirees who are currently covered under Montana University System insurance benefits:

Medical Massage Therapy falls under the Rehabilitative Services for MUS' benefit plan year 2018-2019. The Rehabilitation Services benefit encompasses Physical, Occupational, Cardiac, Respiratory, Pulmonary, Massage and Speech therapy, Acupuncture and Chiropractic. Outpatient services allow a maximum combined 30 visits for all rehab services; \$25 copay/visit with an in-network provider. Currently there is no network for Acupuncture and Massage, so out of network is the same as in network but the member will be balance billed the difference between the allowed amount and provider charge.

To request reimbursement from your insurance provider, you will need to do the following: • Request a receipt for your massage from your therapist at the time of your appointment. • Submit: (1) the receipt from your therapist and (2) a MUS Medical Massage Therapy Claim Form to your insurance provider. Form can be found at:

[http://choices.mus.edu/Forms/2017-2018/Massage%20therapy%20claim%20form\\_070117.pdf](http://choices.mus.edu/Forms/2017-2018/Massage%20therapy%20claim%20form_070117.pdf)

Please reference the 2018-19 Choices Active Book for further information:

<http://www.montana.edu/msucommon/extras/wellness/2018-19/active/> or contact your insurance provider directly.