## The Professional Interview----Gaining the Inside Track

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Allen Yarnell Center for Student Success Three Divisions

Academic Assistance / Advising
Financial Advising
Career Coaching



## Academic Advising / Student Success

- 1. "Success Coaching" / Learning Strategies
- 2. Workshops / Classes
- 3. Tutoring (Receiving / <u>Provider</u>) 1:1 \$10.00 for 5 Hours Group: Downstairs in the library



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## **Financial Advising**

- **1. NOT the Office of Financial Aid**
- 2. How to understand YOUR debt / options for consolidating / loan forgiveness
- 1. The cost of living----managing your financial realities
- 1. The good, bad and ugly of credit cards
- 2. 1:1 coaching / workshops

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## **Career Coaching**

- 1. Resume /CV development / Cover Letters
- 2. Mock Interviews
- 3. Job Searches / Part time and full time
- 4. Finding Internships
- 5. Utilizing "Hireabobcat.com" / other job search sites



#### A Little About Me

- □ 4-6<sup>th</sup> grade teacher
- union president
- elementary principal
- middle school principal
- high school principal
- superintendent of schools
- adjunct university instructor
- retired?????
  - MSU career coach

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#### Our Focus Today: Acing the Interview

Part 1: The core purposes of interviews
Part 2: Before the Interview-doing your research
Part 3: The day arrives
Part 4: The interview----opening and closing
Part 5: Common and behavioral questions
Part 6: Phone and video interviews
Part 7: Final tips



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## **Core Purposes of Interviews**

- 1. To determine if you match the organizational culture and mission
- 2. To see if you have the perquisite skills, demeanor, values and experience?
- 3. To watch how you handle pressure
- 4. To measure your enthusiasm and confidence
- 5. To see if they like you



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#### **Pre-Interview Research**

Skills & experience valued / The position posting
Key players in the organization
News / recent events / achievements
Mission and values
Clients / products services
The person(s) interviewing you
Inside perspectives (Glassdoor)



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#### **Pre-Interview Prep**

- Think through your core message
- Prepare to link your education, experience, research, etc., to <u>this</u> position
- Consider short stories / examples which explain your chosen academic / career path, your personal character, ability to handle and learn from challenges and disappointments.
- Know where you are going



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### The Day Arrives

- Get some sleep / use eye drops
- Shower / shampoo brush / deodorant / shave
- Check your clothes / empty pockets
- Avoid----perfumes, cologne, excessive make-up and jewelry, bright colors or patterns
- Bring ---money for parking, portfolio (if appropriate), several copies of resume / CV, a note pad / simple professional folder



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#### "The Interview"

- Arrive 10 minutes early
- Go to the restroom / check your outfit / get powerful!
- Project confidence, professionalism, enthusiasm / but not arrogance or bubbling over
- Show respect and courtesy to everyone you meet
- Follow the interviewer's lead / mirroring
- What about panel interviews?



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## Your Task

- To <u>create</u> a competitive edge (market position)
- To <u>highlight</u> your unique qualities and to <u>mitigate</u> potential weaknesses
- To <u>persuade</u> through verbal and potentially writing skills.



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### Body Language

- Use a firm handshake
- Good eye contact
- Maintain a strong posture no slouching, fidgeting, nervous laughs
- Facial Expressions appropriate? Do you appear engaged and interested?
   Smile and be yourself!



## Verbal Skills

- Are you believable? Sincere?
- Show empathy
- Use examples. Are your examples appropriate?
- Did you answer the question? You can always ask the interviewer if you did.
- A good interview is 50/50 talking time



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## Verbal Communication Cont..

- Promote your core message.
- Paint a picture about you as an employee and a person. Be proud of your "Montana grit".
- Have <u>at least two stories that tell your story and</u> demonstrate your knowledge, skills, abilities.
- Show/explain how you fit within the organizational culture. Discuss how your research, education experience makes you a great match.



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# **Answering Questions**

- Listen to the entire question asked by the interviewer.
- Do not start your response until the interviewer has finished speaking.
- Replay the question in your mind to ensure that you are answering their question appropriately and ontarget.
- Think about your response prior to answering the question. (1-2 seconds to develop the best response).

 Once you have decided on your response, vocalize your answer. Again, with confidence and sincerity.

## **Answering Questions**

- Prepare for all potential questions----especially the first and last question.
  - "Tell us about you and why you think you are a good fit for this job."
  - "Is there anything else you want to share with us and do you have any questions for us?



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#### 2 Types of Questions

Common: Can you work weekends?

# Behavioral: How would you manage conflicting directives?



## **Common Questions**

Tell us about your research? Why did you decide to become a astronaut? Would you rather be part of a team or work independently? What do you hope to be doing in 5 years? In graduate school what courses did you find difficult? Which did you most enjoy? When would you be available to start work? How would your professors describe you?

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## **Behavioral Questions**

- Tell us about a serious problem you faced and solved.
- Are you an honest person? What is your evidence?
- Tell us about a professor or a boss you really did not like.
- Tell about a time you broke the rules.
- How do stay positive when stressed? Share an example.
- How would you handle a disagreement with your supervisor?



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## **Salary Questions**

- Do your homework / know the range / know what it costs to live where the job is
- Avoid a specific answer
- Don't undersell yourself- make your case
- But----if you really want the job no matter what, talk about future salary increases based on your excellent performance



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### After the Interview

- Write handwritten thank you notes.
- Inquire regarding the progress of the candidate search.
- Ask if they need any other information from you.
- If you don't get the job, ask if they would be able to provide you any feedback regarding your interview and/or resume.

## Video / Interview Tips

- Check the visual / background / lighting / volume / etc.
- Be comfortable---but still prepared



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## Look Into The Camera

- Minimize or cover the side screen of yourself
- Look into the camera as if you are looking into your interviewer's eyes





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#### Head and Shoulders No Knees and Toes

- Make sure the camera is capturing your head, shoulders and hands
- Employers need to see your body language
- Sit further back into your chair / or have camera back a few feet from you
- Practice with a friend

## Phone Only Interview?

- Use the speaker phone---as long it works well
- Utilize your basic interview skills
- Smile-----it comes through on the phone
- Take some notes / have some notes----including core message reminder



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## **Final Tips**

- First impressions matter
- Confidence matters---fake it!
- Recommended mindset "I'm here eager to explore this position", which is different than "I'm here eager to get the job"
- Research, Prepare and Practice-----but don't overdo research, preparation and practice as you need to be <u>authentic</u>

Schedule a mock interview with a career coach at the AYCSS



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# Questions / Comments? Thank you----Best of Luck to Each of You!

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