



THE GRADUATE SCHOOL | MONTANA STATE UNIVERSITY

Health and Human Development

DEGREES OFFERED

- M.S. in Community Health
- M.S. in Counseling
 - Marriage and Family
 - Mental Health
- M.S. in Exercise and Nutrition Sciences
 - Exercise Physiology and Nutrition
 - Sport and Coaching Sciences
- M.S. in Family Financial Planning
- M.S. in Sustainable Food Systems
- M.Ed. in School Counseling

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COUNSELING

The marriage and family counseling 60-credit option is designed to prepare counselors to address a variety of mental health and relationship issues from a family systems framework. Students in this program are trained to work with individuals, families, or couples from a systems perspective. After licensure, graduates work in a variety of counseling contexts where they see children, adolescents, individuals, couples, and families. Students are prepared to work with individuals, as well as with couples and families. This extended focus beyond individual counseling provides a well-rounded training experience.

The 60-credit mental health counseling program prepares counselors to apply principles of counseling, human development, learning theory, group dynamics, and the etiology of mental illness and dysfunctional behavior in their work and a variety of mental health facilities. This area of study provides students with supervised experience working with adults in appraisal, individual counseling, group counseling, and consultation in primarily clinic and community agencies. Once licensed, graduates of the often work in settings such as mental health treatment clinics and hospitals, or private practitioners.

Both the marriage and family counseling program and mental health counseling program meet educational licensure requirements for a Licensed Clinical Professional Counselor (LCPC) in the State of Montana. Up to 1500 hours of the supervised counseling experience obtained during the program can be applied to the 3000 hours of supervised counseling experienced needed prior to licensure in the State of Montana.

The Master of Education in School Counseling is a 48-credit program designed to prepare students to work in public or private schools as professional counselors. Upon completion, students are eligible to apply for certification as a school counselor with the Montana Office of Public

continued



The
GRADUATE SCHOOL



Montana State University in the Fall



Whitewater rafting on the Gallatin River



Measuring physiological stress during downhill skiing at Bridger Bowl.



Springtime in downtown Bozeman

Health and Human Development, continued

Instruction. School counselors in Montana can be certified with a class 6 (specialist) certificate (for those without a Montana teaching certificate), or certified with a Guidance and Counseling endorsement on a Montana teaching certificate. In addition, graduates may apply for licensure as a licensed professional counselor with the Board of Social Work Examiners and Professional Counselors after completing 2200 hours post-graduate supervised counseling experience in the field.

EXERCISE AND NUTRITION SCIENCES

The Department of Health and Human Development offers a Master of Science degree with an option in exercise and nutrition sciences with two programs of study: 1) exercise physiology and nutrition, and 2) sport and coaching sciences. The exercise physiology and nutrition program allows students to focus on understanding the determinants of physical activity and energy expenditure, adaptations to exercise that impact human work performance and disease risk, and exercise metabolism and nutrition. Although not required, a graduate student may simultaneously complete course work needed to become a Registered Dietitian. The sport and coaching sciences program is designed to meet the need in advanced coaching and sport science abilities at the local, state, national and international levels. Course work includes knowledge pertinent to coaches of all sports at developmental, competitive, and high performance levels as well as sport administrators in both public and private sectors. Depending on the students' goals, undergraduate degree, and course work, additional courses may be added or deleted to supplement the curriculum.

FOOD, FAMILY, AND COMMUNITY HEALTH SCIENCES

Food, family and community health sciences offers two programs of study: 1) family and community health, and 2) sustainable food systems. The family and community health program offers a skills-based program which integrates theory and critical thinking to assess the needs of individuals, families, and communities. Students learn to plan, implement and evaluate programming designed to promote health, human development and well-being. The sustainable food systems program focuses on sustainable food production, food preparation and processing, distribution, nutrition, and community food security in order for students to better understand how food systems influence health. Depending on the students' goals, undergraduate degree, and course work, additional courses may be added or deleted to supplement the curriculum.

DEPARTMENT HEAD

- Deborah Haynes

PROFESSORS

- S. Bailey; extension specialist, family and human development
- A. Harmon; food and nutrition/sustainable food systems
- D. Heil; health and human performance
- S. Held; community health
- M. Miles; health and human performance/nutrition
- L. Paul; extension specialist, food and nutrition
- C. Stewart; health enhancement teaching K-12, coaching

ASSOCIATE PROFESSORS

- D. Haynes; human development and family science
- H. Hunts; human development and family science
- R. Koltz; marriage and family counseling
- S. Osborne; human development and family science
- L. Owens; health enhancement teaching K-12
- E. Rink; community health
- J. Seifert; health and human performance

ASSISTANT PROFESSORS

- S. Ahmed; sustainable food systems
- J. Becker; health and human performance
- C. Byker Shanks; food and nutrition/sustainable food systems
- N. Colton; health enhancement teaching K-12
- K. Decker; early childhood education/child services
- A. Elliott; mental health counseling
- C. Lux; early childhood education/child services
- M. Schure; community health
- V. Simonds; community health
- D. Tarabochia; community health
- J. M. Vaterlaus; human development and family science

ADJUNCT FACULTY

- M. Anacker; food and nutrition
- K. Franklin; addiction counseling
- D.C. Kaiser; food and nutrition, dietetic internship
- M. Stein; sustainable food systems