

# Health and Human Development

Health Enhancement K-12  
Physical Education and Health Education

## Four-Year Plan 2006-2008 Catalog

Name \_\_\_\_\_ Advisor \_\_\_\_\_

E-mail \_\_\_\_\_ [www.montana.edu/hhd/](http://www.montana.edu/hhd/)

Freshman Year			Term	Credits	Grade
COM	110US	Intro to Public Communication	FS	3	_____
ENGL	121W	College Writing I	FSM	3	_____
HDCF	150IS	Lifespan Human Development	FS	3	_____
HDPE	224	Methods of Teaching Movement Exploration	S	3	_____
HDPE	102	Paraprofessional Experience I	S	1	_____
HDPE	222	Foundations of Exercise Science	S	3	_____
HDPE	251	Teaching Fitness & Physical Activity	S	3	_____
HDPE	267	Introduction to Coaching	FS	3	_____
<b>Take One of the following</b>					
MATH	150Q	Liberal Arts Math	FSM	3	_____
MATH	149	Secrets of the Infinite	FS	3	_____
UC		University Core & Electives		8	_____
<i>Total</i>				33	_____

Sophomore Year			Term	Credits	Grade
EDCI	209	Ed Psych and Adolescent Development	FSM*	3	_____
EDCI	320	Foundations Of Instr Computing	FSM	2	_____
HDFN	221CS	Human Nutrition	FS	3	_____
HDHL	221	First Emergency Response	FS	1	_____
HDHL	222	First Emergency Response Lab	FS	1	_____
HDHL	230	Drugs and Society	FS	3	_____
HDHL	240	Human Sexuality	FS	3	_____
HDPE	202	Paraprofessional Experience II	F	1	_____
HDPE	204	Ethics in Sports & Health Enhancement	S	2	_____
HDPE	221	Health Anatomy & Phys	F	3	_____
HDPE	252	Teach Seq Skill Dev	S	3	_____
HDPE	253	Teach Game Concepts	F	3	_____
STAT	216Q	Elementary Statistics	FSM	3	_____
UC		University Core & Electives		2	_____
<i>Total</i>				33	_____

Junior Year			Term	Credits	Grade
EDCI	360	Foundations of Assessment	FS	2	_____
EDEL	335	Teaching Elem Hlth Enhance	F	3	_____
EDSD	465	Mid & Sec Hlth Enhance Methods	S	3	_____
HDCF	371*	Research Methods	FS	3	_____
HDPE	302	Paraprofessional Experience III	S	1	_____
HDPE	314	Hlth Enhance for Atypical Populations	S	3	_____
HDPE	390	Curr Models in Hlth Enhance	S	3	_____
UC		University Core & Electives		10	_____
<i>Total</i>				30	_____



Senior Year		Term	Credits	Grade	
HDPE	410	Intl Perspective - Hist & Phil in Hlth	F	3	_____
EDSD	363	Multicultural Education	FS	1	_____
HDPE	430	Instruc Design & Admin of HE Curriculum	F	3	_____
EDEL	410	Student Teaching	FS	6	_____
EDSD	410	Student Teaching	FS	6	_____
EDSD	413	Professional Issues	FS	2	_____
UC		University Core & Electives		8	_____
<b>Take one of the following</b>					
HDPE	425	Health Psychology	S	3	_____
HDPE	445	Sport Psychology	F	3	_____
<i>Total</i>				32	_____
Total needed for graduation				128	_____

M\* offered alternating summers

**Electives (Select 11 credits from the following courses)**

HDFN	411	Sports Nutrition	alt S (S06, S08, S10)	3	_____
HDHL	455	Ethic of Care in HHD	alt F (F06, F08, F10)	3	_____
HDPE	201	Football Coaching Theory	alt F (F04, F06, F08)	2	_____
HDPE	317	Basketball Coaching Theory	alt F (F05, F07, F09)	2	_____
HDPE	318	Soccer Coach Theory	alt F (F05, F07, F09)	2	_____
HDPE	319	Volleyball Coaching Theory	alt S (S04, S06, S08)	2	_____
HDPE	320	Anatomical Kinesiology	F	3	_____
HDPE	322	Biomechanics	S	3	_____
HDPE	362	Track & Field Theory	F	2	_____
HDPE	367	Coaching Application	FSM	1-3	_____
HDPE	436	Principles of Strength and Conditioning	alt S (S05, S07, S09)	3	_____
HDPE	467	Advanced Concepts in Coaching	S	3	_____
HDPE	480	Teaching Responsibility through Physical Activity	on demand	3	_____

**Free Electives (Select 3 credits from any University course)**

**IMPORTANT NOTES (PLEASE READ BELOW)**

**Health Enhancement Time Line**

- Teacher Education Preparation Program (TEPP) Teacher Program Entrance ..... DONE BY END OF SOPH YEAR ..... \_\_\_\_\_
- Praxis Test
  - also complete for minor ..... PASS PRIOR TO STUDENT TEACHING . \_\_\_\_\_
- Student Teaching Application
  - attend seminar for information ..... ONE YEAR PRIOR TO STUDENT TEACHING \_\_\_\_\_
- Graduation Papers\*\*
  - HE Advising Center ..... TWO SEMESTERS PRIOR TO STUDENT TEACHING \_\_\_\_\_

\*\* If change occurs in schedule after papers are completed an add/drop memorandum must be completed.

**Grade Requirements for Graduation**

- A. All grades must be a "C" or above in the following core classes (US, W and Q), education preparation classes, as well as major and minor classes. For other core classes grades must be "C-" or better for university requirements .
- B. Students must also have a 2.5 for cumulative, core (US, W and Q), major and minor areas of study.

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**Check List For Graduation**

1. Minimum credits required for graduation: **128** ..... \_\_\_\_\_
2. Upper Division courses (300 & above): **42** ..... \_\_\_\_\_
3. University Core completed: ..... \_\_\_\_\_
4. Graduation papers completed: ..... \_\_\_\_\_

