

Health and Human Development

Pre-Physical Therapy

Four-Year Plan 2006-2008 Catalog

Name _____ Advisor _____

E-mail _____ www.montana.edu/hhd/

Freshman Year			Term	Credits
Grade				
BIOL	102	Molecular and Cell Biology	Fs	4
BIOL	207	Anatomy & Physiology	fS	5
CHEM	131	General Chemistry I	Fsm	4
CHEM	132	General Chemistry II	fSm	4
†MATH	170Q	Survey of Calculus	fS	4
UC		University Core & Electives		9
	<i>Total</i>			30

Sophomore Year			Term	Credits	Grade
BIOL	208	Anatomy & Physiology II	F	4	_____
HDFN	221CS	Human Nutrition	FS	3	_____
HDPE	222	Foundations of Exercise Science	S	3	_____
PSY	100IS	Intro to Psychology	Fs	3	_____
STAT	216Q	Elementary Statistics	Fsm	3	_____
STAT	217	Intermediate Statistical Concepts	fSm	3	_____
UC		University Core and Electives		3	_____
Take one of the following sequences:					
PHYS	205	College Physics I	Fsm	4	_____
PHYS	206	College Physics II	fSm	4	_____
or					
PHYS	211	General and Mod Physics I	Fs	4	_____
PHYS	212	General and Mod Physics II	fS	4	_____
	<i>Total</i>			30	_____

*Chemistry 215 is strongly recommended.

Junior Year			Term	Credits	Grade
HDPE	320*	Anatomical Kinesiology	F	4	_____
HDPE	323*	Biomechanics	S	4	_____
MB	301	General Microbiology	FS	5	_____
PSY	382	Abnormal Psychology	F	3	_____
UC		University Core and Approved Electives		14	_____
	<i>Total</i>			30	_____

Senior Year			Term	Credits	Grade
HDPE	322*	Exercise Physiology	F	4	_____
HDPE	475	Senior Seminar	Fsm	1	_____
HHD	476	Internship	fsm	2-5	_____
UC		University Core and Approved Electives		14-21	_____
Take one of the following:					
HDCF	371*	Research Methods	S	3	_____
HDPE	489	Undergraduate Research	fsm	2-6	_____
	<i>Total</i>			30	_____

Total needed for graduation 120 _____

† Please note this class has a math pre-req: Math 105 or Math Placement

* "C" grade or higher required to graduate

Check List For Graduation _____ **Students Must Also Satisfy These Requirements**

- | | |
|---|--|
| 1. Minimum credits required to graduate (120) ... _____ | Approved Upper Division HHD Electives \geq 12 |
| 2. Approved upper division credits (\geq 300 level) .. _____ | Approved Upper Division Science Electives \geq 6 |
| 3. University Core completed | |

Classification	Course	#	Class Title	CR	Pre-Requisite(s) from MSU Catalog
Required	CHEM	131	General Chemistry 1	4	2 yr HS math with algebra
Required	CHEM	132	General Chemistry II	4	CHEM 131 or CHEM 141
Required	BIOL	207	Anatomy and Physiology I	5	CHEM 121/131 w/ >C- grade
Required	BIOL	208	Anatomy and Physiology II	4	BIOL 102, 207, 214 or MB 301 with ≥C- grade
Required	MATH	170	Survey of Calculus	3	MATH 105 or math placement test
Required	PHYS	205	College Physics I	4	MATH 160 or HS trigonometry
Required	PHYS	206	College Physics II	4	PHYS 205 or 211
Required	STAT	216	Elementary Statistics	3	MATH 105 or 151, or math placement test
Required	STAT	217	Intermediate Statistics	3	STAT 216
Required	HDPE	320	Anatomical Kinesiology	4	BIOL 207 + math core
Required	HDPE	322	Exercise Physiology	4	BIOL 207
Required	HDPE	323	Biomechanics	4	MATH 170, BIOL 207, PHYS 205, HDPE 320
Required	HDPE	465	Exercise Testing & Prescription	4	HDPE 322, BIOL 208, STAT 216
Required	HDPE	489	Undergraduate Research	2-6	Corequisite HDPE 490
Required	HDCF	371	Research Methods	3	STAT 216
Required	HHD	476	Internship	2-6	Corequisite HDPE 475
HHD Elective	HDCF	360	Human Devl: Adult and Aging	3	HDCF 260 or Soc Sci core for non-majors
HHD Elective	HDFN	321	Life Cycle Nutrition	3	HDFN 221
HHD Elective	HDFN	351	Nutrition and Society	3	HDFN 221 + HDCF 343
HHD Elective	HDFN	411	Nutrition for Sport & Exercise	2	HDFN 221 + HDPE 221
HHD Elective	HDFN	421	Macronutrient Metabolism	3	HDFN 221 + BCHM 340 + BIOL 208, all w/≥C
HHD Elective	HDFN	422	Micronutrient Metabolism	2	HDFN 421 w/ ≥ C grade
HHD Elective	HDFN	425	Medical Nutrition Therapy	4	HDFN 401 + HDFN 421, both w/ ≥C grade
HHD Elective	HDHL	402	First Aid Instructor Lab	1	(HDHL 221 + HDHL 222) or current ARC CPR
HHD Elective	HDHL	410	Human Response to Stress	3	PSY 100 + Junior standing
HHD Elective	HDHL	440	Principles of Epidemiology	3	STAT 216 + Research Methods course
HHD Elective	HDPE	415	Management in Health/Fitness	3	Junior Standing
HHD Elective	HDPE	425	Health Psychology	3	PSY 100
HHD Elective	HDPE	436	Principles of Strength & Cond.	3	HDPE 221
HHD Elective	HDPE	440	Health & Fitness Promotion	3	None listed
HHD Elective	HDPE	445	Applied Sport Psychology	3	HDPE 267
HHD Elective	HDCF	319	Theories & Skills Help Relation	3	Junior Standing
HHD Elective	HDCF	429	Sm Business Operation in HHD	3	HDCF 138
HHD Elective	HDFN	401	Nut Assessment & Counseling	2	HDCF 319 + HDFN 351+ PS 318
HHD Elective	HDHL	451	Health & Healing	3	PSY 100
Science Elec	BCHM	340	General Biochemistry	5	BIOL 207/208 + (CHEM 215 or CHEM 312)
Science Elec	BCHM	442	Matabolic Regulation	3	BCHM 340
Science Elec	BIOL	301	Principles of Genetics	3	BIOL 102 or MB 301
Science Elec	BIOL	310	Comparative Vertebrate Anat.	4	BIOL 101
Science Elec	BIOL	402	Advanced Cell & Mol Biology	3	BIOL 301 + BCHM 340
Science Elec	BIOL	410	Dissection Anat. Human Extrem	3	BIOL 207 + BIOL 208, both w/>C grades
Science Elec	BIOL	411	Animal Physiology	3	BIOL 102 + (CHEM 215 or CHEM 311 or
Science Elec	BIOL	413	Neurophysiology (spring)	3	BCHM122)
Science Elec	CHEM	311	Organic Chemistry I	4	BIOL 207 or BIOL 411
Science Elec	CHEM	312	Organic Chemistry II	4	CHEM 132 or CHEM 142
Science Elec	CHEM	323	Physical Chemistry I	3	CHEM 311
Science Elec	CHEM I	324	Physical Chemistry II	3	See MSU course catalog
Science Elec	& ME	313	Work Design and Analysis	3	CHEM 323
Science Elec	I & ME	413	Ergonomics and Safety I	3	COM 110 + ENGL 121 I & ME 313

Graduate courses listed below maybe taken as upper division HHD electives, however, the following rules apply:

1. Students must have senior status and GPA > 3.25 ; and
2. Graduate courses taken to fulfill undergraduate degree requirements may not be counted toward a graduate degree, i.e. students planning to pursue a Master of Science in HHD at MSU should be cautious about taking graduate courses.

HDFN 511: Exercise Metabolism and Nutrition - 3 cr, S

HDPE 540: Mech Anal Human Mov. - 3 cr, F

HDPE 545: Graduate Ex Phys - 3 cr, F