

Cristen C. Wathen, Ph.D., LCPC, NCC

Department of Health and Human Development, Montana State University
P.O. Box 173540 Bozeman, MT 59717-3540
cristen.wathen@montana.edu 406-994-3274

UNIVERSITY FACULTY EXPERIENCE

- Assistant Professor** August 2013-Present
Counseling Program
Department of Health and Human Development
Montana State University
.50 FTE Teaching
.40 FTE Research
.10 FTE Service
- Adjunct Professor** Jan. 2013-Aug. 2013
Department of Health and Human Development
Montana State University
- Faculty Member** Jan. 2013-Present
Licensed Addictions Counseling Online Program
Montana State University

EDUCATION

- Doctor of Philosophy in Counselor Education and Counseling** May 2013
Idaho State University, Pocatello, Idaho
CACREP ACCREDITED
- CACREP Core Concentrations:** Group Work, Helping Relationships, Professional Orientation and Ethics
Dissertation: *Visions in Our Heads: Lived Experiences of Cross-Cultural Study Abroad Trips for Counselors-In-Training*
- Master of Science in Education, Community Counseling** May 2005
Baylor University, Waco, Texas
- Bachelor of Arts, Summa Cum Laude Graduate** May 2001
Ouachita Baptist University, Arkadelphia, Arkansas

LICENSURE AND CERTIFICATIONS

Licensed Clinical Professional Counselor & Approved Supervisor- Montana, #4915
Licensed Professional Counselor- Idaho, #4764
National Certified Counselor, #30837

TEACHING

.50 FTE

TEACHING AND SUPERVISION EXPERIENCE

*Assistant Professor
Montana State University
Department of Health and Human Development-Counseling
.50 FTE 2013-Current*

Counseling Theory II , HDCO 510 (3 credits)	Fall 2015, 2014, 2013
**Counseling Skills Lab , HDCO 521 (1 credit)	Fall 2015, 2014, 2013
Professional Issues in Counseling , HDCO 503 (3 credits)	Fall 2014
Consultation & Crisis, Theory and Practice , HDCO 524 (2 credits)	Summer 2015, 14
Career Counseling , HDCO 558 (2 credits)	Summer 2015, 14
Counseling Children and Adolescents , HDCO 525 (3 credits)	Spring 2015, 2014
Counseling Research and Evaluation , HDCO 550 (2 credits)	Spring 2016- Online
Theory and Practice of Addiction , HDCO 523 (2 credits)	Spring 2016-Online, 2015 & 2014 In person
**Counseling Practicum (Marriage and Family) , HDCO 571 (3 credits)	Spring 2015, 2014
<i>Group Supervision Weekly and Individual Weekly Supervision</i>	
Chemical Dependency Counseling , LAC 501 (3 credits) Online	Spring 2015, 2014
<i>Extended University, Licensed Addiction Online Counseling Program</i>	
Research Methods in HHD , FCS 371 (3 credits)	Fall 2013
<i>Guest Lecture on Qualitative Research Methodology Family and Consumer Sciences</i>	

***Designates Supervision Experience*

*Adjunct Faculty
Montana State University
Department of Health and Human Development-Counseling*

Theory and Practice of Addiction , HDCO 523 (2 credits)	Spring 2013
<i>Hybrid Online/In Person Course</i>	
Counseling Theories I (Family Theories) , HDCO 508 (3 credits)	Summer 2013
Consultation & Crisis, Theory and Practice , HDCO 524 (2 credits)	Summer 2013
Career Counseling , HDCO 558 (2 credits)	Summer 2013

GRADUATE ADVISING

Master's Thesis Committee, Dan Koltz, Community Health	2013-2015
19 Graduate Committees, Counseling	2014-Present
16 Graduate Committees, Counseling	2013-2014

***Doctoral Teaching Experience
Idaho State University***

Doctoral Teaching Practicum Course

Adventure Based Counseling, COUN 6691 (1 credit) Summer 2012
Developed course and partnered with Idaho State University's (ISU) Outdoor Adventure Center to coordinate activities such as hiking, rock climbing, rafting, and completing a challenge course

Mental Health Courses: Co-Teaching

Psychodiagnosis and Psychotropic Drugs, COUN 6644 (3 credits) Fall 2012
Distance Learning Course
Application of Counseling Techniques, COUN 6628 (2 credits) Spring 2012
Issues in Mental Health Counseling, COUN 6691 (2 credits) Spring 2011
Wellness and Prevention in Counseling, COUN 6692 (1 credit) Spring 2011
Substance Abuse, COUN 6630 (2 credits) Spring 2010
Guest Lecturer

Couple and Family Courses: Co-Teaching

Family & Couples Counseling Practicum, COUN 6669 Fall 2012
Lead live supervision with master's level students
Facilitated a live reflecting team with master's level students
Theories of Couples Counseling, COUN 6662 (2 credits) Spring 2012
Distance Learning Course
Theories of Family Counseling, COUN 6660 (3 credits) Fall 2011
Issues in Family Counseling, COUN 6661 (2 credits) Fall 2010
Guest Lecturer

CACREP Core Area Courses:

Professional Orientation and Ethical Practices Core: Co-Teaching

Professional Orientation and Ethics, COUN 6621 (3 credits) Fall 2012
Introduction to Counseling, COUN 4491 (1 credit) Fall 2011

Helping Relationships Core: Co-Teaching

Theories of Counseling Supervision (Doctoral), COUN 7790 (2 credits) Fall 2011
Pre-practicum Counseling Techniques, COUN 6696 (3 credits) Fall 2011
Co-Supervisor Fall 2010

Group Core: Co-Teaching

Small Group Experience, COUN 6671 (1 credit) Fall 2012
Co-developed Adventure Based Counseling Group for Fall 2012 Fall 2011
Pre-screened graduate students for small group experience Fall 2010
Group Counseling Techniques, COUN 6697 (3 credits) Fall 2011, 2010
Advanced Group Procedure (Doctoral Level), COUN 7774 (3 credits) Fall 2011
Guest Lecturer

Research Core

Qualitative Research, COUN 7703, (2 credits) Spring 2013
 3 Guest Lectures, Doctoral Level Research Course

Doctoral Supervision Experience
Idaho State University

Pre-practicum Counseling Techniques, COUN 6696 Fall 2011
 Individual Supervisor Fall 2010
 Provided individual supervision to students as they practiced counseling skills

Internship, COUN 6699L Fall 2011
 Individual Supervisor
 Provided individual supervision for graduate internship students in mental health, couple and family, and school counseling

Internship, COUN 6699L Summer 2012
 Group Co-Facilitator

Family & Couples Counseling Practicum, COUN 6699 Fall 2012
 Teaching Assistant
 Facilitated couple and family theory based discussion among master degree students
 Led live supervision weekly with graduate level students
 Facilitated a live reflecting team with graduate level students

Internship, COUN 6699L Fall 2012
 Group Co-Facilitator Spring 2012
 Fall 2010

Practicum, COUN 6699L Spring 2013
 Group Supervisor, Group Co-Facilitator Spring 2012

Internship, COUN 6699 Spring 2013
 Site Supervisor
 ISU- Pocatello Counseling Clinic
 Supervised individual student intern on counseling skills

RESEARCH

.40 FTE

PUBLICATIONS

(Name change from McClure to Wathen in 2012)

*Star designates working with & mentoring graduate students

Peer Reviewed:

Meekums, B., **Wathen, C.**, & Koltz, R. (2016). Technology as a bridge: Developing intercultural understanding through a student videoconference. *British Journal of Guidance and Counselling*. doi: 10.1080/03069885.2015.1135875.

*Koltz, R., Tarabochia, D., **Wathen, C.**, Koltz, D., Foote, A., Cuyle, N., Volkman, A. (2016).

- Living well into later years: A psychoeducational support group. *In ideas and research you can use: VISTAS 2016*. Retrieved from https://www.counseling.org/docs/default-source/vistas/article_15e3bf24f16116603abcacff0000bee5e7.pdf?sfvrsn=4
- Bohecker, L., Vereen, L., Wells, P. & **Wathen, C.** (2016). A mindfulness experiential small group: A study to explore ambiguity. Accepted by *Counselor Education and Supervision* on August 17, 2015. Tentative publication date March 2016. (equal participation by both Wells & **Wathen**).
- *Bateman, J., & **Wathen, C.** (2015). Understanding rape myths: A guide for counselors working with male survivors of sexual violence. *In ideas and research you can use: VISTAS 2015*. Retrieved from <https://www.counseling.org/knowledge-center/vistas/by-year2/vistas-2015/docs/default-source/vistas/understanding-rape-myths>
- Wathen, C.** & Kleist, D. (2015). Internationalization of counselor education: Exploring the lived experiences of counselors-in-training internationally. *The Qualitative Report*, 20(1), 59-83. <http://www.nova.edu/ssss/QR/QR20/1/wathen4.pdf>.
- Wathen, C.** & Wells, P. (2015). Sharing strengths. In K. Goodrich and M. Luke (Eds.), *Group work experts share their favorite supervision activities*. Alexandria, VA: Association for Specialists in Group Work (ASGW).
- Wells, P. & **Wathen, C.** (2015). Open to page 57. In K. Goodrich and M. Luke (Eds.), *Group work experts share their favorite supervision activities*. Alexandria, VA: Association for Specialists in Group Work (ASGW).
- *Kostohryz, K., Wells, P., **Wathen, C.** & Wilson, D. (2014). More than a vacation: Exploring the impact of reentry for international sojourners. *Journal of Mental Health Counseling*, 36(4), 315-327.
- Bohecker, L., **Wathen, C.**, Wells, P., Salazar, B. (2013). Mindfully educating our future: A group curriculum for training emergent counselors. *Journal for Specialists in Group Work*, 39(3), 257-273. doi: 10.1080/01933922.2014.919046.
- Wells, P. & **Wathen, C.** (2013). Our photos, our voices. In J.S. Glass and K. Dotson-Blake (Eds.), *Online group activities to enhance counselor education* (pp. 65-71). Alexandria, VA: Association for Specialists in Group Work (ASGW).
- *Gardner, R., Adkins, J., Gillespie, W. & **Wathen, C.** (2012). Needs assessment for counseling GLBT clients. *Vistas 2012*. Alexandria, VA: American Counseling Association.
- Harrawood, L., **Wathen, C.** & Nelson, J. (2012). Music and lyrics: Understanding addiction cravings. *ACA-ACC Creative Interventions and Activities Online Clearinghouse, Charter Member*.
- Harrawood, L., **McClure, C.** & Nelson, J. (2011). Using experiential activities to prepare counselors-in-training to understand the power of cravings when addressing clients with

addiction. *Journal of Creativity in Mental Health*, 6(2), 105-117, doi: 10.1080/15401383.2011.579872.

Non-peer reviewed:

Wathen, C. (Spring, 2015). Spirituality in the field. *ASERVIC Interaction Newsletter*, XIV(3), 7.

Wathen, C. (Fall, 2013). "The only normal people are the ones you don't know very well." *ASERVIC Interaction Newsletter*, XIII(1), 7-8.

Bohecker, L. & **Wathen, C.** (Summer, 2013). Two personal perspectives on spirituality in the counseling classroom. *ASERVIC Interaction Newsletter*, XII(4), 10-11.

RESEARCH IN PROGRESS:

Studies in progress or completed:

***Wathen, C.**, Tarabochia, D., Koltz, R., Shirley, S & Foote, A.. (2016). Investigating the experiences of multidisciplinary teams at children's advocacy centers in Montana. IRB approved, and 1st round interviews scheduled for August and September. Grant Funded by EHHD.

Wathen, C., & Koltz, R., & Meekums, B. (Complete 2014) Cross cultural perspectives: An online learning environment.

Koltz, R., Tarabochia, D., & **Wathen, C.** Perceived impact of an 8 week well-being with aging adults.

Koltz, R. & **Wathen, C.** (2012-present) Perceived impact of a wellness plan implementation during counseling practicum courses. Joined project in Spring 2014.

Manuscripts In Preparation:

Wathen, C., Thiemann, J., Berry, J. Michalak, M., & Boyes, R. (2014). A picture is worth a thousand words: A qualitative inquiry into the experience of using photosharing in supervision.

Wathen, C. (2015). Building on Cheston's (2000) Ways model: Creative assignments for the counseling theory classroom.

Moody, S., Kostohryz, K., & **Wathen, C.** (2015). Existential ideas in experiential education.

GRANTS

Grants funded:

Wathen, C., Tarabochia, D. (2015). *Montana children's advocacy centers (CAC): A needs Assessment*. Awarded by Montana State University College of Education, Health, and Human Development's Research/Creativity Seed Grant. Grant Award Amount: \$3000.

Wathen, C., Koltz, R., & Tarabochia, D. (2015). Teaching workshop: *Reflecting on and engaging in effective teaching*. MSU Department of Health and Human Development Teaching Grant submitted March 2015. Grant Award Amount: \$7500.

Bohecker, L., Vereen, L., Wells, P., **Wathen, C.,** & Salazar, B. (2013). *Exploring the process of a mindfulness-focused small group experience: A qualitative investigation in counselor training*. Awarded by Association for Counselor Education and Supervision: Research Grant Award: \$1500.

Vereen, L., Hill, N., Michalak, M., Theimann, J., **McClure, C.** & Nelson, J. (2011). *Launching the Idaho State University Institute for Counselor Training: Home of the Rocky Mountain Center for Play Therapy and Family Education and Counseling Center*. Awarded by Idaho State University's Department of Health Sciences. "DHS Fund Enhancement Award." Total amount of grant: \$9799.99.

Grants not funded

Koltz, R. & **Wathen, C.** (2015). *The Montana cowboy and the British stiff upper lip: Comparing and contrasting counselor identity globally*. MSU Instructional Grant submitted January 2015.

Koltz, R. & **Wathen, C.** (2014). *The Montana cowboy and the British stiff upper lip: Comparing and contrasting counselor identity globally*. MSU Instructional Grant submitted January 2014.

PRESENTATIONS

*Star designates working with & mentoring masters' students

INTERNATIONAL

Peer Reviewed and Presented:

Wathen, C. (May, 2014). *Visions in Our Heads: Lived Experiences of Counsellors-in-Training Participating in Study Abroad Programs*. Poster presented at the British Association for Counselling & Psychotherapy Conference (BACP), London, England.

Meekums, B., **Wathen, C.,** & Koltz, R. (May, 2014). *Cross Cultural Perspectives: An Online Learning Environment*. Poster presented at the British Association for Counselling & Psychotherapy Conference (BACP), London, England.

Non- Peer Reviewed and Presented:

Koltz, R. & **Wathen, C.** (May, 2014). *Wellness Counselling. What is it? What are its applications?* Presented at the University of Leeds Counsellor Training Program Student Research Conference, Leeds, England.

Peer reviewed and Accepted:

Koltz, R., Tarabochia, D., Koltz, D., & **Wathen, C.** (2016). *Living Well in Later Years: A Psychoeducational Support Group for Aging Adults.* Education session will be presented at the 2016 American Counseling Association (ACA) National Conference in Montreal, Canada.

NATIONAL

Peer Reviewed and Accepted:

Tarabochia, D., Koltz, R., Koltz, D., **Wathen, C.** (2016). *The development and impact of a well-being group for older adults living in an assisted living community: An intergenerational, community-based project.* Presentation at the 2016 Association for Gerontology in Higher Education in Long Beach, CA.

Peer Reviewed and Presented:

Wathen, C. & Kleist, D. (2016). *Internationalization of counselor education: Lived experiences of US counselors-in-training.* Paper presented at the 7th Annual Qualitative Report Conference in Ft. Lauderdale, FL.

Wathen, C. & Elliott, A. (2015). *Ways to teach the Ways: Creatively integrating Cheston's (2000) Ways paradigm into the counseling theory classroom.* Education session presented at the 2015 Association for Counselor Education and Supervision Conference (ACES) in Philadelphia, PA.

Koltz, R., Odegard, M., **Wathen, C.** (2015). Wellness strategies to thrive during the pre-tenure experience. Education session presented at the 2015 Association for Counselor Education and Supervision Conference in Philadelphia, PA.

Wathen, C., Bohecker, L., Wells, P., Theimann, J., & Anekstein, A. (2015). *Personal and professional: Autoethnographic pictures integrating spiritual and religious development and counselor educators.* Education session presented at the Association for Spiritual, Religious, and Ethical Values (ASERVIC) Conference, New York, NY.

Wathen, C. & Kleist, D. (October, 2013). *Visions in our heads: The experience of counselors-in-training participating in study abroad programs.* Presentation to the Association for Counselor Education and Supervision Conference, Denver, CO.

Michalak, M., Thiemann, J., Boyes, R., **Wathen, C.,** & Berry, J. (October, 2013). *A picture is*

worth a thousand words: Photosharing in supervision. Poster session for the Association for Counselor Education and Supervision Conference, Denver, CO.

Bohecker, L., Salazar, B., **Wathen, C.**, & Wells, P. (October, 2013). *Mindfully educating our future: A group curriculum for training emergent counselors.* Roundtable presentation for the Association for Counselor Education and Supervision Conference, Denver, CO.

Wathen, C., Kostohyrz, K., Wells, Pam, Vereen, L., & Anekstein, A. (March, 2013). *International sojourning at Idaho State University: Understanding, experiencing, evidencing.* Poster presentation at the American Counseling Association, Cincinnati, OH.

***McClure, C.** & Seaich, J. (June, 2012). *Spiritual but not religious? Is that a match?* Poster session at the Association for Spiritual, Religious, and Ethical Values Conference in Counseling, Santa Fe, NM.

McClure, C., Michalak, M., Berry, J., Theimann, J. (October, 2011). *Empowering communities through innovative scholarship in sex offender education and treatment: Recommendations for counselor training.* Presentation at the Association for Counselor Education and Supervision Conference, Nashville, TN.

Harrawood, L., **McClure, C.**, Thiemann, J. (October, 2011). *Navigating addictions: Experiential, educational, and creative tools for understanding cravings.* Presentation at the Association for Counselor Education and Supervision Conference, Nashville, TN.

REGIONAL

Peer Reviewed and Presented

***Wathen, C.**, Koltz, R., McKinley, H., & Lamb, B. (October, 2014). *The Montana cowboy and the British stiff upper lip: Comparing and contrasting counsel(l)or identity globally.* Education Session at the Rocky Mountain Association for Counselor Education and Supervision (RMACES), Jackson Hole, WY.

Bohecker, L., Vereen, L., Wells, P., & **Wathen, C.** (October, 2014). *What is the MESG? Results of research on the process of going through a mindfulness experiential small group.* Education Session at the Rocky Mountain Association for Counselor Education and Supervision, Jackson Hole, WY.

*Moody, S., **Wathen, C.**, & Langellier, K. (October, 2014). *Infusing social justice across the curriculum: nurturing dialogue and experience in the classroom.* Roundtable session at the Rocky Mountain Association for Counselor Education and Supervision.

McClure, C., Minor, A., & Thiemann, J. (September, 2012). *Gate-keeping and the 2016 CACREP standards: A context for taking action.* Content presentation at the Southern Association for Counselor Education and Supervision Conference (SACES), Savannah, GA.

McClure, C. & Wells, P. (September, 2012). *The long journey home: Resilient re-entry for*

emerging counselors sojourning internationally. Roundtable presentation at the Southern Association for Counselor Education and Supervision Conference, Savannah, GA.

Wells, P., **McClure, C.**, Wilson, D. & Kostohryz, K. (October, 2012). *Creating connections through transformational travel experiences: Training future counselors and counselor educators for work with international and sojourning students*. Presented at the Rocky Mountain Association for Counselor Education and Supervision Conference, Park City, Utah.

Berry, J., **Wathen, C.**, Michalak, M., Theimann, J., & Kleist, D. (October, 2012). *A picture is worth a thousand words: Photosharing in supervision*. Education session presented at the Rocky Mountain Association for Counselor Education and Supervision Conference, Park City, Utah.

Berry, J. & **Wathen (McClure), C.** (November, 2012). *Caught on Camera: The Supervision Relationship and Photosharing*. Poster session presented at the Western Association for Counselor Education and Supervision Conference, Portland, OR.

Thiemann, J., Michalak, M. B., Nelson, J., **McClure, C.** (October, 2010). *Empowering communities through innovative scholarship in sex offender education and treatment: Recommendations for counselor training*. Education presentation at the Rocky Mountain Association for Counselor Education and Supervision Conference, Jackson, WY.

STATE

Invited (Non-Peer Reviewed) and Presented:

Wathen, C. (June, 2015). *Impact on Crime Victims*. **Invited Training** session for the 2nd Annual Montana Victims Advocate Academy, Missoula, MT.

Wathen, C. (June, 2014). *Impact on Crime Victims*. **Invited Training** session for the Inaugural Montana Victims Advocate Academy, Missoula, MT.

Wathen, C. (October, 2013). *Collaborative Care and Advocacy for Sexual Assault and Abuse Survivors*. **Invited Presentation** at the Montana Crime Prevention Conference, Bozeman, MT.

Peer Reviewed and Presented:

Wathen, C. & Seitz, C. (April, 2014). *Creative and Experiential Collaborations in the Classroom: using innovative techniques to educate adolescents about addictions and substance abuse*. Presentation at the Montana School Counselors Association Conference, Bozeman, MT.

Elliot, A., Martinez, H., **Wathen, C.** & Kleist, D. (January, 2013). *Inside, outside and upside down: The spectrum of adventure based counseling and creative implications for counselors*. Presentation at the Idaho Counseling Association (ICA), Coeur D'Alene, ID.

Salazar, B., Bohecker, L., Wells, P., & **Wathen, C.** (January, 2013). *MindFULness for the client, counselor & educator*. Presentation at the Idaho Counseling Association, Coeur D'Alene, ID.

*Kostohryz, K., Wells, P., **McClure, C.** & Wilson, D. (January, 2012). *The transformational process of international sojourn through the eyes of students and faculty: Implications for counseling*. Presentation at the Idaho Counseling Association, Boise, ID.

Harrawood, L., **McClure, C.**, Michalak, M., Thiemann, J. (January, 2011). *Navigating addictions: Experiential, educational, and creative tools for understanding cravings*. Presentation at the Idaho Counseling Association, Pocatello, ID.

McClure, C., Shelton, J. (November, 2009). *How old is too old and what about my kids? Working with today's non-traditional college students*. Presentation at the Texas Counseling Association Conference. Dallas, TX.

LOCAL

Non-Peer Reviewed and Presented

Wathen, C. (October, 2014). Supervision Training and Models. Presentation at Montana State University for Counseling Program Site Supervisors, Bozeman, MT.

Wathen, C. (September, 2013). *Supervision Training and Models*. Presentation at Montana State University for Counseling Program Site Supervisors. Bozeman, MT.

SERVICE

.10 FTE

PROFESSIONAL SERVICE

Counselor Education:

Rocky Mountain ACES President (ACES Executive Council)	July 2015- Present
Rocky Mountain ACES President Elect (ACES Executive Council)	July 2014-June 2015
Montana State University Chi Sigma Iota Honor Society Co-Advisor	Sept. 2013-Present
ASERVIC Innovative Services Committee Co-Chair	June 2012-Present
ASGW Graduate Student and New Professionals Committee Co-Chair	July 2013-Present
CACREP Team Member/Site Visitor Training	September 2012
ASGW Graduate Student and New Professionals Committee	June 2012-July 2013
ASGW International Committee	June 2012- Present
RMACES Graduate Student Co-Representative	June 2012-May 2013
RMACES Conference Committee	June 2012-Nov. 2013
ACA International Committee Graduate Student Member	June 2011- July 2012

Montana State University (MSU):

MSU Equity Advocate-Health and Human Development (HHD)	August 2015-Present
Department Head Search Committee, HHD	April 2015-May 2015
Faculty-Senate Alternate, HHD	October 2013-Present
Faculty-Senate Representative, HHD	August 2014-Dec. 2014
Search Committee, MSU Human Development Clinic Director, HHD	Sept. 2014-Present
Search Committee, Psychologist Position, MSU Counseling Center	Jan 2014-March 2014
HFC Usage Oversight Committee, HHD Representative	October 2014-Present
Outreach Committee, HHD	December 2013-2015

Community:

Board Member, The Bozeman Help Center	June 2015- Present
Heart of Texas Counseling Association- Secretary	Aug. 2009-Aug. 2010
Board Member-Family Self Sufficiency Program, Waco, Texas	Oct. 2008-May 2010
Scholarship Committee, (McLennan Community College), Waco, Texas	Jan. 2009-May 2010

EDITORIAL EXPERIENCE**Editorial Reviewer:**

<i>The Journal for International Counselor Education</i>	October 2012- Present
<i>Interamerican Journal of Psychology</i>	March 2013- Present
<i>Journal of School Counseling</i>	June 2013- Present

Textbook Reviewer, Sage Publications:

Jones-Smith, E. (2014). *Theories of counseling and psychotherapy: An integrative approach (2nd ed)*. Thousand Oaks, CA: Sage Publications.

ACHIEVEMENTS/AWARDS

MSU Department of Health and Human Development Outstanding Teaching Award, 2015
 ASGW President's Award for Outstanding Service, 2015
 ASGW Emerging Leader Research Institute, 2014
 SACES Emerging Leader, 2012
 Featured in Association for Creativity in Counseling's Graduate Student Newsletter, 2012
 Awarded Associated Students of ISU Scholarship for WACES presentation, 2012
 Awarded ISU Research Travel Grant for ASERVIC conference presentation, 2012
 Awarded ISU Travel Grant for Idaho Counseling Association presentation, 2012
 Rocky Mountain ACES Scholar Nashville Conference Scholarship, 2011
 ASGW Conference Scholarship Recipient, 2010
 Rocky Mountain ACES Scholar, 2012, 2010
 Awarded Graduate Assistantship for Master's degree at Baylor University, 2003
 Phi Alpha Theta History Research Paper of the Year, 2001
 Pruet School of Christian Studies O.W. Yates Outstanding Senior, 2001
 Pruet School of Christian Studies Academic Achiever, 2001

INTERNATIONAL EXPERIENCE

University of Leeds/Montana State University Partnership, Leeds, England, Summer 2014
 Proyecto Lingüístico Francisco Marroquín, Antigua, Guatemala, Spanish School, Summer 2011
 Summer Volunteer Intern, Hebden Bridge, England, Summer 2010
 Centro Internacional de Idiomas, Honduras, Spanish School, Summer 2010
 CNI Gran Commision Clinica (Children's Clinic), Honduras, Volunteer, Summer 2010
 Buckner Orphan International: Guatemala, Peru, Trip Leader and Volunteer, 2008, 2006
 Study Abroad-Israel & Jordan, 2000

PROFESSIONAL DEVELOPMENT

Professional Memberships:

National Organizations

American Counseling Association (ACA)	March 2009 – Present
American Mental Health Counselors Association (AMHCA)	June 2012- June 2013
American Counseling Association Divisions	
Association for Counselor Education and Supervision (ACES)	August 2010-Present
-Rocky Mountain ACES (RMACES)	August 2010-Present
-Southern ACES (SACES)	March 2012-March 2013
Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)	January 2012-Present
Association for Specialist in Group Work (ASGW)	October 2010-Present
Association for Creativity in Counseling (ACC)	January 2012-Present
International Association of Marriage and Family Counselors	October 2013-Present
Counselors for Social Justice (CSJ)	May 2012- May 2014
Chi Sigma Iota- Phi Omicron Chi chapter (CSI)	May 2011-May 2013
Chi Sigma Iota- Mu Tau Sigma chapter (CSI) Co-Faculty Advisor	September 2013-Present

State Organizations

Idaho Counseling Association (ICA)	August 2010-Aug. 2013
-Idaho Association for Counselor Education and Supervision (IACES)	August 2010-Aug. 2013
-Idaho Mental Health Counselors Association (IMHCA)	August 2011-Aug. 2013
Texas Counseling Association (TCA)	Aug. 2009-Aug. 2010

Professional Conferences:

Association for Counselor Education and Supervision Conferences

ACES 2015 ACES Executive Council, Conference Presenter, Philadelphia, PA
 RMACES 2014 Executive Council, Conference Presenter, Jackson Hole, WY
 ACES 2013 Conference Presenter, Denver, CO
 SACES 2012 Conference Presenter, Volunteer, and Attendee, Savannah, GA
 RMACES 2012 Conference Presenter, Volunteer, and Attendee, Park City, UT
 WACES 2012 Conference Presenter, Portland, Oregon

ACES 2011 Conference Presenter, Volunteer, and Attendee, Nashville, TN
RMACES 2010 Conference Presenter, Volunteer, and Attendee, Jackson Hole, WY

American Counseling Association National and Organizational Conferences

ASERVIC 2015 Conference Attendee and Presenter
ACA 2014 ASGW Graduate Student Volunteer Coordinator, Orlando, FL
ACA 2015 Conference Attendee- ACES Executive Board, Orlando, FL
ACA 2014 Program Reviewer
ASGW 2014 Conference Graduate Student Volunteer Coordinator, Orlando, FL
ASERVIC 2012 Conference Poster Presenter, Volunteer, and Attendee, Santa Fe, NM
ACA 2012 Conference Attendee, San Francisco, CA
ACA 2011 Conference Volunteer and Attendee, New Orleans, LA
ACA 2009 Conference Attendee, Charlotte, NC
ASGW 2011 ACA Conference Volunteer, New Orleans, LA

State Conferences

Montana School Counselor Association 2014 Conference, Bozeman, MT
Montana Crime Prevention Conference 2014 Invited Presenter and Attendee, Bozeman, MT
ICA Conference 2013 Presenter and Attendee, Coeur d'Alene, ID
ICA Conference 2012 Presenter and Attendee, Boise, ID
ICA 2011 Conference Presenter, Volunteer, and Attendee, Pocatello, ID
TCA Conference 2009 Presenter and Attendee, Dallas, TX

Additional Professional Conferences and Trainings

Rocky Mountain Center for Play Therapy Training, 2015, Attendee, Laramie, WY
Evolution of Psychotherapy Conference, December 2013, Attendee, Anaheim, CA
Univ. of North TX Play Therapy Conference, July 2009, Volunteer and Attendee, Denton, TX
Crimes Against Children Conference, 2008, Volunteer and Attendee, Dallas, TX
Univ. of North TX Play Therapy Conference, July 2008 with Eliana Gil, Attendee, Denton, TX
Evolution of Psychotherapy Conference, December 2009, Attendee, Anaheim, CA
Helping Clients Heal Using their Spiritual Beliefs, WPPSP, April 2010, Waco, TX
Emotional Intelligence Learning Systems, *EILS Certification*, May 2010, Waco, TX
Suicide Prevention Resource Center Training: *Assessing and Managing Suicide Risk: Core Competencies for Mental Health Professionals*, September 2009, Houston, TX
Effective Ways to Reach our Youth, Youth Conference, February 2009, Waco, TX
The Meadows Training: *Deceived: Facing Sexual Betrayal, Lies and Secrets*, Claudia Black, April 2009, Dallas, TX

CEU WORKSHOPS PROVIDED

Idaho State University's Department of Counseling's Continuing Education Program

"Counseling Supervision" 2-day workshop Fall 2011, Fall 2010 Pocatello, Idaho
"Ethics and Spirituality" ethics training Fall 2011, Pocatello, Idaho

COUNSELING AND PROFESSIONAL EXPERIENCE

- Counselor & Doctoral Practicum Counselor** May 2012-May 2013
ISU Counseling & Testing Services, Idaho State University, Pocatello, Idaho
 -Provided individual, group, and couples counseling for students at Idaho State University
 -Participated in outreach activities, group and individual supervision, and prevention coordination
 -Implemented cross-cultural counseling skills with a diverse population of students
 -Managed confidential case notes, Titanium scheduling system, and coordination of client services
- Doctoral Supervisor and Graduate Teaching Assistant** August 2010-May 2013
Department of Counseling, Idaho State University, Pocatello, Idaho
 -Provided individual and group supervision services to master's students at ISU
 -Maintained ISU Pocatello Counseling Clinic hours and facilitated clinic services
 -Co-lead a pre-practicum course, internship/practicum lab, co lead a small group experience with a diverse population of students
 -Co-taught courses throughout the curriculum
 -Consulted frequently with faculty supervisor regarding cases and students
- Counseling Specialist, Single Parent Program** Oct. 2008-May 2010
Student Development, McLennan Community College, Waco, Texas
 -Directed program while implementing Strengths Based counseling initiatives for department
 -Provided Emotional Support and Crisis Management Counseling for Single Parent Students
 -Coordinated Perkins Grant providing Child Care and Transportation funding for eligible students
 -Presented seminars on campus and in the community on academic success, stress management, and other related topics
 -Interpreted the Myers Briggs and Strong Interest Inventory and provided career and academic counseling for a larger student population served under student development
- Contract and Volunteer Counselor** June 2008-May 2010
Advocacy Center for Crime Victims and Children, Waco, Texas
 -Provided individual and group counseling for children (play therapy), adolescents, and adults including both primary and secondary victims of crime
 -Primary focus- child sexual abuse; adult survivors of child sexual abuse; sexual assault survivors
 -Worked in conjunction with the Child Advocacy Center (CAC)
- Assistant Certification Officer and Advisor** June 2005-May 2008
Teacher Development Center, University of Texas at Dallas, Richardson, Texas
 -Advised caseload of undergraduate and graduate students for Teacher Certification
 -Developed certification plans for students; evaluated transcripts
 -Created special departmental projects for Teacher Development Center
- Adjunct Instructor, RHET 1101**
Freshman Experience, University of TX at Dallas, Richardson, Texas Aug. 2006-Dec. 2007
 -Designed and facilitated specific exercises to promote critical thinking and creative planning
 -Led small group discussions on social relationships, adapting to college, and academic issues

-Evaluated skills and progress, recorded grades, maintained academic records

Career Counseling Intern

Jan. 2005-May 2005

Career Counseling Department, Baylor University, Waco, Texas

- Completed over 200 hours of supervised counseling experience
- Assisted undergraduates in recognizing strengths and skills through a three-step Career Counseling
- Interpreted Career Assessments: the Myers-Briggs and the Strong Interest Inventory

Intern Counselor

Aug. 2004- Dec. 2004

Galaxy Counseling Center, Dallas, Texas

- Completed over 200 hours of supervised counseling experience
- Gained skills in working with varied client population in play therapy, individual, marital, and group counseling
- Facilitated weekly Truancy Prevention Group for children

Counseling Intern

June 2004-Aug. 2004

Advocacy Center for Crime Victims and Children, Waco, Texas

- Provided group and individual services, including play therapy, for survivors of crime
- Led a sexual abuse survivors' group at local drug and alcohol rehabilitation center
- Participated in the Child Advocacy Center program, attended multidisciplinary team meetings
- Worked in conjunction with detectives, SANE nurses, CPS workers, and Forensic Interviewers

Academic Counselor

Academic Support Programs, Baylor University, Waco, Texas

Aug. 2003-May 2005

- Mentored 40+ undergraduate students in individual, once a week sessions
- Provided emotional and academic support for students on academic probation
- Presented seminars to individuals and groups on stress management, emotional maturity, and study skills

Group Work

Spirituality Group, Idaho State University

Spring 2012,

- Lead 2 voluntary "Spirituality Groups for Counselors in Training" at ISU Spring 2011
- Processed multicultural views of students in a counseling program
- Discussed integrating spirituality into counseling with counseling trainees

Women Survivors' Group, Advocacy Center, Waco, TX

May 2008-June 2010

- Shared weekly psychoeducational information on sexual abuse and assault
- Processed the thoughts, feelings and experiences of group members throughout group sessions
- Facilitated group process and dynamics while keeping confidential case notes