# Health and Human Development

## Family & Consumer Sciences Major

### Non-Teaching Option

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<tr>
<th>Name</th>
<th>____________________________</th>
<th>Advisor</th>
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### Freshman Year

<table>
<thead>
<tr>
<th>Course Code (Prefix)</th>
<th>Course Title</th>
<th>Term</th>
<th>Credits</th>
<th>Grade</th>
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</thead>
<tbody>
<tr>
<td>FCS 101IS</td>
<td>Individual and Family Development: Lifespan</td>
<td>FSM</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>FCS 138</td>
<td>Survey Family Finance &amp; Consumer Issues</td>
<td>F</td>
<td>3</td>
<td></td>
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<tr>
<td>LSCI 121</td>
<td>Electronic Library Research Skills</td>
<td>FS</td>
<td>2</td>
<td></td>
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<tr>
<td>US 101US</td>
<td>First year Seminar</td>
<td>FSM</td>
<td>3</td>
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<tr>
<td>WRIT 101W</td>
<td>College Writing I</td>
<td>FSM</td>
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**Total Credits:** 30

### Sophomore Year

<table>
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<tr>
<th>Course Code (Prefix)</th>
<th>Course Title</th>
<th>Term</th>
<th>Credits</th>
<th>Grade</th>
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<tbody>
<tr>
<td>CTH 205</td>
<td>Drugs and Society</td>
<td>FSM</td>
<td>3</td>
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<tr>
<td>FCS 239</td>
<td>Contemporary Consumer Issues</td>
<td>F</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>FSC 261</td>
<td>Adult Development and Aging</td>
<td>S</td>
<td>3</td>
<td></td>
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<tr>
<td>FCS 263</td>
<td>Relationships and Family Systems</td>
<td>F</td>
<td>3</td>
<td></td>
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<tr>
<td>FCS 271</td>
<td>Measures Well-Being: American Families</td>
<td>S</td>
<td>3</td>
<td></td>
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<tr>
<td>HTH 220</td>
<td>Human Sexuality</td>
<td>FSM</td>
<td>3</td>
<td></td>
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<tr>
<td>NUTR 221CS</td>
<td>Basic Human Nutrition</td>
<td>FSM</td>
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**Total Credits:** 30

**Take one of the following:**

- FCS 338 Personal and Family Finance II
- FCS 339 Family Financial Counseling

**or**

- FCS 359 Theories and Skills for Helping Relationships

### Restricted Electives

**Total Credits:** 12-15

**Total Credits:** 30

### Senior Year

<table>
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<tr>
<th>Course Code (Prefix)</th>
<th>Course Title</th>
<th>Term</th>
<th>Credits</th>
<th>Grade</th>
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<tbody>
<tr>
<td>FCS 437</td>
<td>Managing Work and Family</td>
<td>S</td>
<td>3</td>
<td></td>
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<tr>
<td>FCS 454</td>
<td>Professional Issues and Senior Seminar</td>
<td>SM</td>
<td>4</td>
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<tr>
<td>FCS 455R</td>
<td>Program Planning and Admin in FCS</td>
<td>F</td>
<td>3</td>
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<tr>
<td>FCS 457</td>
<td>Family Life Education</td>
<td>F</td>
<td>3</td>
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<td>FCS 464</td>
<td>Gender, Race, Class, and Family Diversity</td>
<td>S</td>
<td>3</td>
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<tr>
<td>FCS 465R</td>
<td>Family Law and Public Policy</td>
<td>FS</td>
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**Restricted Electives**

**Total Credits:** 30

**Total Needed for graduation**

**Total Credits:** 120

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Updated 06/01/2015
Suggested Minors or Certificates (20-23 total credits needed)
- Business Administration (30 credits)
- Coaching (27-29 credits)
- Museum Studies (24 credits)
- MSU Leadership Fellows Certificate (16 credits)
- Political Science (15 credits)
- Psychology (25-26 credits)
- Sociology (21 credits)
- Women’s and Gender Studies (21 credits)

OR

Restricted Elective Focus Groups: Contact HHD Advising Office for corresponding suggested course lists
- Business
- Human Services
- Social Work/Counseling
- Education/General

Restricted Electives: 20-23 Credits
Seek approval of these electives

<table>
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<tr>
<th>Credits</th>
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Graduates of the program may pursue Certifications as:

1. Accredited Financial Counselor (AFC)
2. Certified Family Life Educator (CFLE)
3. Certified in Family and Consumer Sciences (CFCS)

Check List for Graduation

1. Minimum credits for graduation
2. Upper division credits (any 300 and 400 level course)
3. University Core Completed
4. Officially enrolled in your major for 2 semesters
5. Must receive a grade of “C” or higher in all required courses as outlined in the major

Updated 06/01/2015
Restricted Electives (20-23 Credits)
Select one of the following Focus Groups for your restricted electives, Business, Human Services, Social Work/Counseling, or Education/General OR complete a minor and if necessary additional coursework to meet the credit requirement for restricted electives.

Focus Group: Business
ACTG 220 Survey of Accounting
BMGT 205 Prof Business Communication
BMGT 335 Management and Organization
BMKT 325 Principles of Marketing
CAPP 120 Introduction to Computers
ECNS 101S Economic Way of Thinking
FCS 338 Personal and Family Finance II
FCS 339 Family Financial Counseling
SFBS 429 Small Business Operations in HHD
UC 202 Leadership Foundations
WRIT 201 College Writing II

Focus Group: Human Services
BMGT 469 Com & Soc Entrepreneurship
CHTH 428 Health Disparities
EDSP 306 Exceptional Learners
EDSP 307 Exceptional Learners Lab (1)
EDSP 458 Assessment and Intervention (4)
HTH 455 The Ethic of Care
KIN 270 Exercise Prog for Older Adults
NASX 280IS NAS Research Theor/Methods
NUTR 321 Nutrition in the Life Cycle
NUTR 351 Nutrition and Society
PSCI 240 Intro to Public Administration
PSCI 260 Intro to State and Local Gov
SOCI 221 IS Criminal Justice Systems
SPNS 101 Elementary Spanish I (4)
SPNS 102D Elementary Spanish II (4)
UC 202 Leadership Foundations
WRIT 201 College Writing II

Focus Group: Social Work/Counseling
HTH 455 Ethic of Care
NASX 280IS NAS Research Theor/Methods
PSCI 260 Intro to State and Local Gov
PSYX 274 Psychological Measurement
PSYX 340 Abnormal Psych
PSYX 360 Social Psychology
SOCI 201D Social Problems
SOCI 311 Criminology
WRIT 201 College Writing II

Focus Group: Education/General
EDU 222 Edu Psych & Child Dev
EDU 223 Edu Psych & Adolescent Dev
EDU 211D Multicultural Education
GPHY 121D Human Geography
PSYX 100IS Intro Psychology
PSYX 375 Behavior Modification
SOCI 101IS Intro to Sociology
UNIV 125 CS Microbes in the Environment
WRIT 201 College Writing II

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