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Updated February 5, 2007

EDUCATIONAL BACKGROUND

- Ed.D. MONTANA STATE UNIVERSITY, BOZEMAN, MONTANA
1992
Adult and Higher Education
Advisor: Dr. Robert Fellenz
- M.S. UNIVERSITY OF TENNESSEE, KNOXVILLE, TENNESSEE
1979
Public Health Nutrition
Advisor: Dr. Daniel Hubbard
- B.S. PENNSYLVANIA STATE UNIVERSITY, UNIVERSITY PARK, PENNSYLVANIA
1978
Community Nutrition
Advisor: Dr. Laura Sims

PROFESSIONAL EXPERIENCE

Professor, State Food and Nutrition Specialist, Montana State University Extension Service, Bozeman, Montana. Provides leadership for extension educational activities in food and nutrition to address critical and emerging issues impacting Montana's consumers and families. Works cooperatively with field faculty to assess needs and develop programs, establish interdisciplinary coalitions, conduct research and disseminate information. (Full-time, 12 month appointment)

Graduate Research Assistant, Montana Family Cancer Project, College of Nursing, Montana State University, Bozeman, Montana. Facilitated research component of project, including preparation and distribution of research questionnaires, drafting reports, and organizing Advisory Council meetings. (September 1990 - April 1991)

Registered Dietitian, St. Patrick Hospital, Missoula, Montana. Provided nutrition instruction, documented instructions for patients on medical floors, conducted diabetic clinics, provided outpatient counseling, planned diets. Taught nutrition Wellness classes and wrote articles for *The Missoulian* and the

St. Patrick Wellness Newsletter. Developed ten-week weight management program. (May 1985 - June 1988)

Health Education Consultant, American Lung Association, Helena, Montana. Implemented new position for promotion of the American Lung Association programs and information in Western Montana. Developed elementary school health screening and smoking cessation class in conjunction with local agencies. (November 1985 - June 1986)

Health Information Specialist, Five Valley Health Care, Missoula, Montana. Spearheaded research in the availability of health/wellness information and health and social service resources for consumers. Oversaw incorporation of new information into system. Coordinated community development activities of Health Information Center; promoted Center in systems network. (May 1984 - May 1985)

Public Health Nutritionist, Missoula City/County Health Department, Missoula, Montana. Counseled individuals, groups, pregnant and nursing women, infants, and children in nutrition through two programs: Head Start and WIC (Women, Infants, Children). Provided training and needs assessment covering three counties, overseeing one other nutritionist plus nine aides and students. Developed and taught twenty classes in various nutrition areas. Wrote grants and presented lectures. (October 1981 - May 1984)

Regional Nutritionist-Maternal and Child Health, Missoula City/County Health Department, Missoula, Montana. Supervised two WIC Directors and consulted with five other WIC programs in a six-county region. Worked with variety of agencies by providing current nutrition information and consultation in nutrition program development. (November 1979 - September 1981)

Visiting Professor, University of Montana, Missoula, Montana. Developed and taught 3-credit undergraduate course in Family and Community Nutrition. Supervised and organized a field experience for twenty students each year. Developed and taught a 1-credit undergraduate Nutrition Course for Teachers with two other dietitians. (Winter Quarter 1981, 1982, 1983)

TEACHING

A. Teaching for Montana State University (MSU) County Extension Agents, Other Professionals, and the Public

1a. Teaching for MSU County Extension Agents Exclusively (since 1999).

“Strong Women Instructor Training for Agents”, October, 2008, Billings, MT.

“Strong Women Research Training for Agents” (co-taught with M. Raidl, C. Jeurgens, M. Erickson), October, 2008, Billings, MT.

“Food Preservation Training for Agents”, October, 2008, Billings, MT.

“Worksite Wellness Training for Agents” (co-taught with G. Hynes, P. Lachapelle, J. Wells, B. Andreozzi), October, 2008, Billings, MT.

“Nutrition and Physical Activity Program Update for Agents” (co-taught with N. Baehr, C. Costakis), October, 2008, webinar.

Presenter, Pre-Conference Workshop, “Community Coaching 101- Montana’s Legacy of Community Development”, MSU Extension Annual Conference, October, 2008.

Provided Breeze teleconference/webinar (with N. Baehr) for County agents on the Montana

Nutrition and Physical Activity Program, October 30, 2008.

“Nutrition”. Roundtable Discussion Leader, MSU Extension Annual Conference, October, 2008.

“Implementation of Small Steps to Health and Wealth Program”, (co-taught with M. Goetting) train the trainer Breeze (teleconference/web) for County agents, December, 2008.

“SMART Role Modeling for Teachers Program to FCS Extension Agents” (co-taught with K. Bark). October, 2007, Miles City, MT.

“Update in Food Preservation” (co-taught with L. Lauth, K. Tyra, J. MacNamee, P. Enkerud, E. Andress). June 2007, Great Falls, MT.

“Steps Research.” Food & Nutrition Program Update. April, 2007, Billings, MT.

“Powerful Tools for Caregivers Train the Trainer”(co-taught with S. Bailey). March 2007, Lewistown, MT.

“MSU Extension Family and Consumer Sciences-Food and Nutrition Update.” May, 2006, Bozeman, MT.

“MSU Extension Annual Conference” (led Facilitated Session on Evaluation of Food & Nutrition Programs). March, 2006, Bozeman, MT.

“Steps to a New You Train the Trainer.” September, 2005, Missoula, MT.

“Steps to a New You Train the Trainer.” September, 2005, Great Falls, MT.

“Steps to a New You Train the Trainer.” September, 2005, Miles City, MT.

“Promoting, Marketing and Documenting Success in FCS Programs” (co-taught with M. Vogel, S. Bailey, P. Dennee). MSU Extension Service Annual Conference. March, 2004, Bozeman, MT.

“Food and Nutrition Update: RIO.” September, 2003, Bozeman, MT.

“Food Safety” (co-taught with C. Juergens). Tribal Reservation and Tribal College Agents: Share the Resources Conference. April, 2002, Bozeman, MT.

“Food Safety.” Extension SPLICE Conference, October, 2002, Bozeman, MT.

“ServSafe: Food Safety Employee Guide” (co-taught with L.Lauth). FSNEP/EFNEP Agent and Paraprofessional Training. October, 2002, Bozeman, MT.

“Nutrition for the Future.” MSU Extension Annual Conference. May 2002, Bozeman, MT.

“Diabetes.” EFNEP/FSNEP Training. November, 2001, Bozeman, MT.

“Professional Update, MSU.” March 21-22, 2001, Bozeman, MT.

“Food Safety Education and Training.” EDUFAIM New Agent Training. July, 2000, MT.

“Aging Issues” (co-taught with P. Dennee). MSU Extension Service Annual Conference. March, 2000, Bozeman, MT.

“Train the Trainer: Nutrition Update for Teachers.” May, 2000, Bozeman, MT.

“Nutrition Update.” Training for EFNEP/FSNEP/EDUFAIM. November, 2000, Bozeman, MT.

“Nutrition Update.” Training for FSNEP/EFNEP Update. October, 1999, Bozeman, MT.

“Family and Consumer Science Update.” MSU Extension Annual Conference. March, 1999, Bozeman, MT.

1b. Teaching for MSU County Extension Agents Exclusively (1994-1998).

18 presentations covering topics: food safety, eating disorders, nutrition educational strategies, program evaluation, update on food and nutrition research.

2a. Teaching for Professionals, including MSU Extension Agents (since 1999)

“ServSafe Train the Trainer” (co-taught with C. Cox, C. Cramer, K. Tyra, T. Tazut, H. Hunts, MSU Students), May 2008, Bozeman, MT.

“Teaching Food Safety: Tricks of the Trade.” June, 2007, Great Falls, MT.

“MSU Extension Alzheimer’s Series- Nutrition.” May, 2007, Broadus, MT.
 “MSU Extension Alzheimer’s Series- Nutrition.” May, 2007, Glendive, MT.
 “MSU Extension Alzheimer’s Series- Nutrition.” May, 2007, Baker, MT.
 “MSU Extension Alzheimer’s Series- Nutrition.” May, 2007, Miles City, MT.
 “Science and Our Food Supply” (co-taught with W. Pierce). One Semester Graduate Credit for Teachers. March, 2007, MSU Northern, MT.
 “Powerful Tools for Caregivers Train the Trainer Course” (co-taught with S. Bailey). August, 2006, Bozeman, MT.
 “Montana (Tenderhearts) Caregivers Training” (co-taught with S. Bailey, M Goetting, T. Andrews). February, 2006, Miles City, MT.
 “Basic Meat Micro/HACCP Food Safety Training” (co-taught with J. Boles, C. Olmstead, M. Finnegan). January, 2006, Bozeman, MT.
 “Powerful Tools for Caregivers” (co-taught with V. Schmall, S. Bailey, M. Brintnall-Peterson). January, 2006, Bozeman, MT.
 “Regional School HACCP-Food Safety Course” (co-taught with OPI Registered Dietitian, Silver Bow County Sanitarian). January, 2006, Butte, MT.
 “Basic Food Labeling Workshop” (co-taught with J. Boles, C. Olmstead, K. Clawson). Montana State University. May, 2005, Bozeman, MT.
 “HACCP Training for Food Processors” (co-taught with J. Boles). May, 2005, Bozeman, MT.
 “ServSafe Food Protection Managers Certification.” (co-taught with J. Boles, C. Olmstead, K. Clawson, M. Finnegan). May, 2005, Helena, MT.
 “ServSafe Food Protection Managers Certification –Train the Trainer” (co-taught with L. Reik). June, 2005, Great Falls, MT.
 “HACCP Training for Food Processors” (co-taught with S. Silva, R. Brook, M. Finnegan, C. Olmstead). April, 2004, Malta, MT.
 “Basic Meat Microbiology for Food Processors” (co-taught with J. Boles, primary). Montana State University. March, 2004, Bozeman, MT.
 “ServSafe Food Safety Certification Workshop” (co-taught with D. Miller, J. Anderson, L. Lutt). Little Big Horn College. January, 2004, Crow Agency, MT.
 “ServSafe Food Safety Certification Workshop” (co-taught with D. Miller, J. Anderson, L. Lutt). November, 2003, Northern Cheyenne Reservation, MT.
 “Been Awhile: What’s New in Raising Grandchildren?” (co-taught with S. Bailey). 35th Annual Governor’s Conference on Aging. September, 2003, Helena, MT.
 “Pathways to Health for Youth.” January, 2003, Plentywood, MT.
 “ServSafe Food Protection Managers Certification.” April, 2003, Missoula, MT.
 “HACCP for Meat Processors” (L. Paul, et al). April, 2003, Bozeman, MT.
 “Food Safety at 4-H Fairs.” October 3, 2003, Big Sky, MT.
 “Food Safety Training” (L. Paul, et al). Hunger Conference. October, 2003, Helena, MT.
 “Food Safety Works.” MSU Collegiate Cattlewomen. October 23, 2003, Bozeman, MT.
 “ServSafe for Employees.” MSU Collegiate Cattlewomen. November, 2001, Bozeman, MT.
 “Barley, Bulgur & More.” Child Care Resources. January, 2002, Bozeman, MT.
 “What’s Up with Bioterrorism?” (co-taught with C. Olmstead, H. Reid, M. Finnegan). January, 2002, Havre, MT.
 “Eating Disorder Prevention and Pathways to Health.” CVD Task Force Meeting. January, 2002, Helena, MT.
 “Food Safety Works.” MAFCS Conference. April, 2002, Lewistown, MT.
 “Food Safety and Pathways to Health.” Montana Beef Council Meeting. May, 2002, Bozeman, MT.

- “Food Safety for the Food System: Enhancing Biosecurity.” Montana Dietetic Association Annual Meeting. May, 2002, Billings, MT.
- “MDA Moving Nutrition Advocacy Form ‘Intimating’ to ‘Awesome’” (co-taught with B. Brown, A. Sullivan, C. Emerson). Montana Dietetic Association Annual Meeting. May, 2002, Billings, MT.
- “Art of Community Work.” WIN the Rockies Conference. August, 2002, Bozeman, MT.
- “Senior Nutrition Partnership in Richland County” (co-taught with S. Rosaaen, T. Rudicil, J. Johnson, D. Blakeley). Governor’s Conference on Aging. October, 2002, Helena, MT.
- “The Power of Extension” (co-taught with B. Mason, C. DelGuerra, J. Johnson, H. Johns). Governor’s Conference on Aging, October, 2002, Helena, MT.
- “Current Nutrition Issues for Fitness Professionals.” Summit Health & Fitness Conference. October, 2002, Kalispell, MT.
- “ServSafe Training.” Collegiate Cattlewomen. November, 2002, Bozeman, MT.
- “Optimal Nutrition for Aging.” MT Community Service Bureau. September, 2001, Big Sky, MT.
- “HACCP Training” (L. Paul, et al). HACCP Course. September, 2001, Bozeman, MT.
- “Integration of Food Safety.” Chinese Delegation. Fall, 2001, Bozeman, MT.
- “Food for Thought: Understanding Nutrition,” (co-taught with K. Zulkowski). Third Annual Community Services Bureau Conference. Fall, 2001, Big Sky, MT.
- “Improving Aging Services in Rural Communities” (co-taught with K. Zulkowski). 33rd Annual Governor’s Conference on Aging. Fall, 2001, Helena, MT.
- “Body Image in Adolescents.” Montana Association of Career and Technical Educators. Fall, 2001, Bozeman, MT.
- “Status of USDA Community Food Security Initiative” (co-taught with T. Streit). Hunger and Homelessness Conference. Fall, 2001, Butte, MT.
- “HACCP Training.” September, 2001, Billings, MT.
- “Montana’s Present & Future Outlook for Nutrition in Aging” (co-taught with M. Cranston). Montana Dietetic Association Annual Meeting, May, 2000, Bozeman, MT.
- “WIC Nutrition Update.” WIC Professionals. September, 2000, Great Falls, MT.
- “ServSafe Train the Trainer” (co-taught with J. Lethert, P. Carol). County Extension agents, county sanitarians, food service professionals. September, 2000. Great Falls, MT.
- “ServSafe Train the Trainer” (co-taught with J. Lethert). County Extension agents, county sanitarians, food service professionals. January, 2000, Bozeman, MT.
- “ServSafe Training” (co-taught with J. Lethert). Senior Nutrition Program. August, 2000, Billings, MT.
- “ServSafe Training.” Montana Dietetic Association Annual Meeting. May, 2000, Bozeman, MT.
- “ServSafe Training.” Indian Health Service. March, 2000, Billings, MT.
- “ServSafe Train the Trainer” (co-taught with J. Lethert). County Extension agents, county sanitarians, food service professionals, September, 2000, Great Falls, MT.
- “ServSafe Train the Trainer” (co-taught with C. Lamkammer). County Extension agents, county sanitarians, food service professionals. April, 1999, Missoula, MT.
- “ServSafe Train the Trainer” (co-taught with K. Tyra, P. Lombard, T. West). County Extension agents, county sanitarians, food service professionals. February, 1999, Yellowstone National Park, WY.
- “Sanitation and Safety Update with Meal Preparation and Service” (co-taught with J. Lethert). Montana School Food Cooking Institute. August, 1999.
- “Serving it Safe” (co-taught with J. Lethert). Office of Public Instruction Satellite Conference, May, 1999.
- “Serving it Safe” (co-taught with J. Lethert). Governor’s Conference on Aging. October, 1999.

- “HACCP Training” (co-taught with R. Brook, M. Finnegan, C. Olmstead). June, 1999, Missoula, MT.
- “HACCP Training” (co-taught with R. Brook, M. Finnegan, C. Olmstead). March, 1999, Butte, MT.
- “HACCP Training” (co-taught with R. Brook, M. Finnegan, C. Olmstead). January, 1999, Billings, MT.
- “Folic Acid: WIC Foods” Annual WIC Conference. May, 1999, Helena, MT.
- “Germs 101.” Annual WIC Conference. May, 1999, Helena, MT.
- “Need an Update? Latest in Nutrition News.” Annual WIC Conference. May, 1999, Helena, MT.
- “Prevention to Treatment: What Is Being Done Nationally and in Montana?” (co-taught with F. Berg, J. Goetz, K. Sticka, J. Trost). Pathways to Health: Preventing Eating Disorders Workshop. April, 1999, Great Falls. MT.
- “What Needs to Be Done in Montana?” (co-taught with F. Berg, P. Harris, P. Steinmuller, K. Sticka). Pathways to Health: Preventing Eating Disorders Workshop. April, 1999, Great Falls, MT.
- “Focus on Food Security: Moving from Hunger to Health” (co-taught with M. Medora). MAFCS and MDA Annual Meeting. April 1999, Great Falls, MT.
- “Nutrition Labeling.” Mission Valley Kitchen/Processing Center Project. January, 1999, Ronan, MT.

2b. Teaching for Professionals, including MSU Extension Agents (1994-1998).

25 presentations covering topics: food safety, eating disorders, food systems, community nutrition coalitions, and food security.

3a. Workshops and Presentations for the Public (since 1999).

- “Small Steps to Health & Wealth” (co-taught with M. Goetting), November, 2008, webinar.
- “MSU Extension Alzheimer’s Series- Nutrition”, April, 2008, Havre, MT.
- “MSU Extension Alzheimer’s Series- Nutrition”, March, 2008, Malta, MT.
- “Intuitive Eating.” Guest Speaker, Spring Semester Provost-Sponsored Luncheon for Classified Staff, March 7, 2008. MSU Campus. Pod cast of presentation at <http://www.montana.edu/staffsenate/pods.html>.
- “Wellness in the Workplace”. Fall Semester Provost-Sponsored Luncheon for Classified Staff. November 8, 2007, MSU Campus. Pod cast of presentations “Why Not Diet” and “Intuitive Eating” at <http://www.montana.edu/staffsenate/pods.html>.
- “MSU Extension Family and Consumer Sciences Educational Programs.” Guest Speaker, DPHHS Chronic Disease Section, August, 2007, Bozeman, MT.
- “MSU Extension Family and Consumer Sciences Educational Programs.” Guest Speaker, Worksite Wellness Coalition Meeting, August, 2007, Helena, MT.
- “Fitting in Fitness.” June, 2007, Great Falls, MT.
- “Making Peace with Food.” Guest Speaker, MSU Wellness. October, 2006, Bozeman, MT.
- “Steps to a New You Program”, train the trainer teleconference with County agents. June, 2006 and August, 2006.
- “Women’s Health Issues.” June, 2006. MSU Campus-Bozeman, MT.
- “Overview of Food and Nutrition Extension Programs”, MSU Extension New Agent Training. January, 2006, Bozeman, MT
- “Food & Nutrition for People with Alzheimer’s and Their Caregivers” (co-taught with S. Bailey, M. Vogel, M. Goetting). October, 2006, Missoula, MT.

“Food & Nutrition for People with Alzheimer’s and Their Caregivers” (co-taught with S. Bailey, M. Vogel, M. Goetting), October, 2006, Butte, MT.

“Food & Nutrition for People with Alzheimer’s and Their Caregivers” (co-taught with S. Bailey, M. Vogel, M. Goetting), September, 2006, Ronan, MT.

“Steps to a New You. 8 classes, (co-taught with B Wheeler, A Cyr), Montana State University. January 24-February 27, 2006. Bozeman, MT.

“Nutrition and Alzheimer’s MSU Extension Series.” October, 2005, Scobey, MT.

“Nutrition and Alzheimer’s MSU Extension Series.” October, 2005, Culbertson, MT.

“Nutrition and Alzheimer’s MSU Extension Series.” October, 2005, Sidney, MT.

“Nutrition and Alzheimer’s MSU Extension Series.” October, 2005, Wolf Point, MT.

“Nutrition and Alzheimer’s MSU Extension Series.” October, 2005, Glasgow, MT.

“Nutrition and Alzheimer’s MSU Extension Series.” October, 2005, Plentywood, MT.

“Healthy Holiday Eating.” Optimist Club. November, 2005, Bozeman, MT.

“Steps to a New You” 7 -2hr sessions (co-taught, B. Wheeler). Montana State University. September 13-November 11, 2005. Bozeman, MT.

“Future Foods.” Women’s Week. June, 2005, Bozeman, MT.

“Food Safety for Volunteers” (co-taught with C. Cox). July, 2004, Bozeman, MT.

“Making of a Model: Media Literacy.” 4-H Congress. July, 2004, Bozeman, MT.

“A New You: Tickets to Your Good Health.” Women’s Week. June, 2004, Bozeman, MT.

“Dietary Supplements.” Women’s Week. June, 2003, Bozeman, MT.

“Calcium Plus.” October, 2001, Plentywood, MT.

“Fitness to Fit You.” October, 2001, Plentywood, MT.

“Common Sense Health for Heart and Cancer.” October, 2001, Plentywood, MT.

“What’s New in Food & Nutrition.” September, 2000, Great Falls, MT.

“Deciding About Herbal Supplements.” September, 2000, Blaine County, MT.

“High Protein Diets: Concepts and Controversies.” MSU Employee Wellness Program Wellcheck. November, 2000. Bozeman, MT.

“High Protein Diets- the”Atkins Craze” What Does It Really Mean?” January Thaw, Rocky Mountain College. January, 2000, Billings, MT.

“Saying *Yes* to Success and *No* to Dieting.” MSU Campus, October, 1999, Bozeman, MT.

“Understanding Eating Disorders” (co-taught with M. James, K. Sticka, L. Paul). MSU Women’s Center Sack Lunch Seminars. February, 1999, Bozeman, MT.

“Natural Alternatives: Facts vs Fiction” (co-taught with R. Kuiper). Chouteau County Extension, Public Health Department and Missouri River Medical Center. February, 1999, Ft. Benton, MT.

“Supplements and Herbs in Our Diet.” MAGIE Farm Show. January, 1999, Great Falls, MT.

“Diet, Nutrition and Eating Disorders.” MAGIE Farm Show. January, 1999, Great Falls, MT.

3 b. Workshops and Presentations for the Public (1994- 1998).

29 presentations covering topics: food safety, eating disorders, sports nutrition, nutrition across the lifecycle, women’s nutrition, and healthy weight management.

B. On-Campus Teaching

Guest Lecturer, AGED 416- HACCP in Meat Processing- Dr. Boles. Fall, 2007. Montana State University, Bozeman, MT.

Guest Lecturer, AGED 309- Role of an Extension Specialist- Dr. Frick. Spring, 2007. Montana State University, Bozeman, MT.

Guest Lecturer, HDCF 425 -Food and Nutrition Policy- Dr. Letiecq. Fall, 2006. Montana State

University. Bozeman, MT. Recruited 4 students from class to work on breastfeeding access in worksites for upcoming legislative session.

Guest Lecturer, HDCF 415 -Food System Projects- Dr. Harmon. Fall, 2006. Montana State University. Bozeman, MT.

Guest Lecturer, HDCF 319 -Theories and Skills for Helping Relationships, Adult Learning Styles- Jane Dubitzky. Spring, 2006. Montana State University. Bozeman, MT.

Guest Lecturer, HDCF 425 . Spring, 2005.

Guest Lecturer, HDCF 319 . Spring, 2005.

Guest Lecture, Meat Microbiology class, "Basic Microbiology." Spring, 2004.

Guest Lecture, HDFN 351, "Policy Issues." Spring, 2004.

Guest Lecture, HDFN 351, "Policy Issues." Spring, 2002.

Guest Lecturer, HDFN 351, "Policy Issues." Spring, 2001.

Guest Lecturer, HDCF 400, "Extension Nutrition Information." February, 2000.

Guest Lecturer, HDFN 351, "Policy Issues." Spring, 2000.

Co-planning, serving on Advisory Committee, listed as instructor for HDFN 524 (on-line course), Teaching Adolescent Nutrition (with Mary Stein as instructor, coordinator). Spring, 1999.

Guest Lecturer, HDCF 444. "Strategies for Working with Adults." February, 1999.

Guest Lecturer. Food Safety for Women's Cross Country Ski Team. January, 1999.

Instructor, HDFN 351, 2 credits, Community Nutrition, Spring, 1998.

Guest Lecturer, HDFN 351. "Community Nutrition Coalitions & Empowerment." Spring, 1996.

Guest Lecturer, HDHE 420. "Nutrition Policy." March, 1995.

Guest Lecturer, HDHL 221. "Nutrition: Role in Disease Prevention and Health Promotion." September, 1994.

Guest Lecturer, HDHL 221. "Nutrition: Health Promotion and Disease." February, 1994.

Guest Lecturer, HDFN 351. "Empowering Health Education." February, 1994.

C. Graduate and Undergraduate Student Committees/Internships

Committee member for Hannah Cowgill, Master of Science in Health and Human Development, Exercise and Nutrition Sciences, Food & Nutrition Option, October 3, 2008-current.

Committee member for Jennifer Odermann, Master of Science in Health and Human Development, Exercise and Nutrition Sciences, Food & Nutrition Option, November, 2007-current.

Committee member for Kathleen Malone, Master of Science in Health and Human Development, Exercise and Nutrition Sciences, Food & Nutrition Option, December, 2007-current.

Mentored and consulted with Taylor Moorman, English major, on an Undergraduate Scholars Program grant "Nutrition in the Darhad Valley: Exploring Vitamin C resources and effects in modern Mongolia," on a nutrition research project conducted in Mongolia as part of the MSU BioRegions project, 2008.

Mentored and consulted with Laura Janson, on an Undergraduate Scholars Program grant on nutrition research project conducted in Mongolia as part of the MSU BioRegions project, 2008.

Conducted Undergraduate Scholars Program Project Review Form for Laura Hanson with Cliff Montagne as Faculty Advisor, Summer, 2008.

Conducted Undergraduate Scholars Program Project Review Form for Taylor Moorman, with Cliff Montagne as Faculty Advisor, Summer, 2008.

Letters of Recommendations (12) for Minde Ericson for PhD Clinical Psychology applications.

Letter of Recommendation for Krista Cronholm for ADA scholarships.

Graduate Representative for Matthew Prissel, Chemistry, Doctorate, November, 2006-2007.

Graduate Representative for Jacob Verschuyf, Biological Science, Doctorate, May, 2004-2007.
 Committee Member for Hilary LaFoley, Master of Science in Health and Human Development, Exercise and Nutrition Sciences. May, 2006 – 2007.
 Committee Member for Tyson Weems, Master of Science in Health and Human Development, Exercise and Nutrition Sciences, Food & Nutrition Option, 2006 – 2007.
 Internship Liaison for Deb LaVeaux, Extension Internship for HHD 476, Internship, 3 credits, Fall Semester, 2005.
 Committee Member for Renee Harris, Native American Studies, Masters, February, 2004-May, 2005.
 Committee Member for Kim Skinner, Animal & Range Sciences, Masters, March, 2005-December, 2005.
 Committee Member for Travis Standley, Animal & Range Sciences, Master, March 2005-October, 2005.
 Graduate Representative for Jacob Verschuyf, Biological Science, Doctorate, May, 2004.
 Internship preceptor for Heather Filipowicz, HDFN 351, Spring, 2002.
 Internship preceptor for Amber Steffes, Family and Consumer Science Internship, Spring, 2002.
 Internship preceptor for Courtine McGowan, HDFN 351, Spring, 2001.
 Internship preceptor for Gina Veneziano, HDFN 351, Spring, 2001.
 Internship preceptor for Dianne Berry, Distance Education Dietetic Internship, Marywood University, June-November, 2001.
 Committee Member for Dorothy Albrecht, College of Nursing, Masters, 2000.
 Committee member for Thomas Bordelon, Adult and Higher Education, Doctorate, 1996-1997.
 Committee member for Mary Jo Nehasil, Adult, and Higher Education, Masters, 1996- 1997.
 Committee member for Recommending Appointments to Upper Division of MSU Dietetic Program, 1995-7.
 Served as Internship mentor for Mary Jo Nehasil, EDLD 576, Fall, 1996.
 Served as Instructor for Roxa Crowe, 1-credit HDPE 270, Summer, 1996.
 Served as Internship mentor for Margie Holland, Community Nutrition Class, HDFN 351, Spring, 1996.
 Committee member for Betty Neff, Adult and Higher Education, Doctorate, 1993-4.

D. MSU Plan of Work Leader for County Extension Agents and Other Professionals

1. Steps to a New You

Obesity is the most widespread, serious, and complex nutrition-related health problem facing Americans. Employing a health-centered (rather than a weight-centered) approach to well-being, the project is based on the idea that people can best improve their health by developing positive lifestyle habits rather than by trying to achieve a specific body size, shape, or weight. Steps to a New You combines a series of food/physical activity/body image classes with a physical activity program. Objectives for this project is to determine changes in people's attitudes, eating behaviors, physical activity, resting heart rate, height, and weight related to food, physical activity, and body image. Outputs include: 1) provide a train the trainer course, 2) provide a total of 350 sets of materials to agents, 3) provide support and direction for at least 15 agents to implement county program, with emphasis on developing the program to reach maximum effectiveness through rigorous evaluation.

2. Food Safety Training-Level 1: Basic Training for Food Service Employees

Level 1: BASIC FOOD SAFETY TRAINING FOR FOOD SERVICE EMPLOYEES are 3-4 hours in length and use the ServSafe® Employee Guide or other curriculum suitable to teaching the basics of food safety. This training covers the basics of safe food handling, focusing on four key principles -

controlling time and temperature when handling food, ensuring proper personal hygiene, preventing cross-contamination, and proper cleaning and sanitizing. Providing basic food safety training would reduce the incidence of foodborne illness, estimated at one in every 65 Montanans each year. Food safety is a growing concern for the food service industry and public and private agencies. Many of these food service groups are now requiring food safety training, such as the Montana school systems as they comply with the mandatory USDA policy to implement a School Food Safety Plan. Outputs include: 1) provide training and updates to agents so they can implement county based programs, 2) provide train the trainer other interested food safety educators (OPI, registered sanitarians) so they can implement trainings, 3) agents will provide a total of 25 trainings.

3. Food Safety Training: Level 2: ServSafe Food Protection Manager Certification Course

Level 2: ServSafe Food Protection Manager Certification Course is a comprehensive, nationally recognized food safety course for food service managers designed to provide food-safe knowledge and skills to maintain a safe establishment. This is an activity-based approach to food safety, which covers material in the ServSafe® Essentials text in three content areas: 1) the impact of safety on your operation; 2) the flow of food through your operation; and, 3) managing a food-safe operation. Providing the Level 2: ServSafe Food Protection Manager Certification Course would reduce the incidence of foodborne illness. Many of these food service groups are now requiring food safety training, such as the Montana school systems as they comply with the mandatory USDA policy to implement a School Food Safety Plan. Output includes: 1) provide a ServSafe Train the Trainer for those interested agents, registered sanitarians, and other food safety professional who are interested in presenting Level 2: ServSafe Food Protection Manager Certification Course.

MSU Plan of Work Team Member for County Extension Agents and Other Professionals

1. *Bailey, S. Leader: MSU Extension Alzheimer's Series*
Dr. Paul provides development of food and nutrition curriculum and evaluation, and presents at series.
2. *Bailey, S. Leader: Powerful Tools for Caregivers*
Dr. Paul is a Master Trainer with Dr. Bailey and assists Dr. Bailey in providing train the trainer sessions.
3. *Vogel, M Leader: Methamphetamine Prevention*
Dr. Paul provides presentations and poster sessions on the food and nutrition section of the Tools for Schools- The MSU Meth Prevention Education Initiative.

E. Affiliate Faculty

Affiliate Faculty Member, Division of Health Sciences, Montana State University, September, 2005-current.

RESEARCH/CREATIVE ACTIVITY

A. Refereed Journal Articles

- Bailey, S., Paul, L. (2007). Meeting the needs of rural caregivers: the development and evaluation of an Alzheimer's Caregiving series. *Journal of Extension* (accepted).
- Astroth, K., Bailey, S., Paul, L., Linkenbach, J., Vogel, M., Lande, G., (2007). Tools for Schools- The MSU Meth Prevention Education Initiative. Programs of Distinction Manuscript. National 4-H Headquarters. Online: http://www.national4-headquarters.gov/about/pod-health/tools_for_schools.pdf
- Paul, L., Stenberg, M., (2006). Celebration of safe foods at pow wows video. *Journal of the American Dietetic Association* 106:8 S2, A-53.

- Pelican S., Paul, L., Raidl, M., Gossett, L., Lanting, R. (2006). Steps to a New You helps participants change lifestyle habits related to food, physical activity, and body image. *Journal of Nutrition Education and Behavior*: 38:4, S35.
- Cudney, S., Sullivan, T, Winters, C, Paul, L., & Oriet, P.(2005). Chronically ill rural women: self-identified management problems and solutions. *Chronic Illness*.: 1, 49-60.
- Paul, L., (2005). Obesity and eating disorders in youth: making the prevention connection, a workshop for educators, health professionals, and community organizers. *Journal of Nutrition Education and Behavior*: 37: S2, S153.
- Duncan S., Dunnagan, T., Christopher, S., Paul, L. (2003). Helping families toward the goal of self-support : Montana's EDUFAIM Program. *Families in Society the Journal of Contemporary Human Services*, 84(2), 213-222.
- Liebman, M., Pelican, S., Moore, S., Holmes, B, Wardlaw, M., Melcher, L., Liddil, A., Paul, L., Dunnagan, T., Yanes, G. (2003). Dietary intake, eating behavior, and physical activity-related determinants of high body mass index in rural communities in Wyoming, Montana, and Idaho. *International Journal of Obesity*, 27, 684-692.
- Kendall, P., Thilmay, D., Melcher, L., Paul. (2001). Value of and satisfaction with food safety training in the Intermountain West. *Foodservice Research International* 13(1), 1-15.
- Christopher, S., Dunnagan, T., Duncan, S. & Paul, L. (2001) Education for self-support: evaluating outcomes using transformative learning theory. *Family Relations* 50(2), 134-42.
- Duncan, S., Dunnagan, T., Christopher, S. & Paul, L. (2000). EDUFAIM: a successful program helping empower rural families toward economic self-reliance. *Journal of Extension*, 39(1) 1-9.
- Paul, L., Weinert, C. (1999). Wellness profile of mid-life women with a chronic illness. *Public Health Nursing*, 16(5), 341-350.
- Paul, L., Johnson, A., Cranston, G.M. (1999). Successful video conference satellite providing nutritional information on dementia to rural care givers. *Educational Gerontology*, 26(5), 415-425.
- Dunnagan, T., Duncan, S., Paul, L. (1999). "Doing effective evaluations: A case study of family empowerment due to welfare reform. *Evaluation and Program Planning: An International Journal*, 23, 125-136.
- Paul, L. (1998). Teaching critical thinking to nutrition professionals. *Journal of Nutrition Education*, 30(4), 232A.
- Paul, L. (1995). Impact of nutrition related coalitions on welfare reform and food security in a rural state. *Journal of Nutrition Education*, 28(2), 119-122.
- Paul, L. (1994, November). Case study: Montana Hunger Coalition: responding to food security needs in a rural state. *Food Security in the United States: A Guidebook for Public Issues Education*. USDA Cooperative Extension System.
- Paul, L. (1992). Empowering health education: a conceptual framework and an instrument for assessing health professionals' use of empowering strategies. Doctoral dissertation, Montana State University. Ann Arbor, MI: University Microfilms International.
- Conti, G., Counter, J., Paul, L. (1991) Transforming a community through research. *Convergence*, XXIV(3), 31-41.
- Counter, J., Paul, L., Conti, G. (1991, July). Conrad, Montana: A community of memories. In R. Fellenz & G. Conti (Eds.), *Cultural influences on adult learning*, 1-8. Bozeman, MT: Montana State University, Center for Adult Learning Research.
- Paul, L. (1990). Instructional techniques for enhancing memory. *Adult Literacy and Basic Education*, 14(3), 238-242.

B. Refereed Abstracts

- Weddle, D., Paul, L. (2004). Using focus group interview to design nutrition education: the Richland County partnership experience. *Gerontological Nutritionists Newsletter*, Winter.
- Paul, L., Johnson, J., Rosaaen, S., Rudicil, T., Blakely, D., Weddle, D. (2003). A state and county partnership to improve the nutritional well-being of older adults in a rural community through increased availability of fruits and vegetables. *J Am Diet Assn Abstract Suppl 1* 103 (9), A-50.
- Paul, L., Cranston, M. (1999). Successful video conference satellite program: providing nutritional information on dementia for rural care givers. Society for Nutrition Education, Baltimore, MD.
- Paul, L. (1994). Empowering health education: a conceptual framework and an instrument for assessing health educators' use of empowering strategies. Abstract *Summary of Research in Extension*, 6, 1992-3. Department of Agricultural Education and Experimental Statistics, Mississippi State University.

C. Book Reviews

- Paul, L.C. (1990, Fall). Book Review of Adult learners' survival skills by W.H. Bittel. *Journal of Adult Education*, XIX(1), 45-46.

D. Manuscripts Submitted, in Preparation, and Research in Progress

- Paul, L., Stenberg, M. Development and impact of culturally-based video: celebration of safe food for pow wows. Will submit to *Journal of Extension*.
- Paul, L., Weinert, C. Developing a Nutrition Quality of Life Profile for Rural Older Adults. Will submit to *Journal of Extension*.
- Paul L., Weddle D. Participatory Research Drives Improved Nutrition Partnerships for Rural Seniors. Will submit to *Journal of Extension*.
- Paul, L., Cudney S., Weinert, C. Nutrition: Cyberspace Self-Management Education for Chronically Ill Women. Will submit to *Journal of Nutrition Education and Behavior*.

E. Refereed Conference Presentations

- Bailey, S., Paul, L. (2008, May 28-30). Powerful Tools (PT) for Caregivers Train the Trainer for First PT training for Georgia professionals sponsored by University of Georgia Cooperative Extension and Georgia Division of Aging Services, Macon, Georgia.
- Paul, L., (2008, April). Steps to a New You. 2008 Spring Public Health Conference. Missoula, MT.
- Paul, L., (2008, May). Steps to a New You. MDA Food and Nutrition Conference and Expo 2008. Bozeman, MT.
- Paul, L. (2004, April). Community tool for assessing environmental factors influencing food, physical activity, and body image. [roundtable] Impacting Health and Wellness: Priester Extension Health Conference, St. Louis, MO.
- T. Andrews, L. Paul, B. Wheeler. (2004, April) Pedometer programs as a way to increase physical activity. Impacting Health and Wellness, Priester Extension Health Conference, St. Louis, MO.

- Paul, L. (2003, May). Development of an assessment tool for identifying environmental factors influencing food, physical activity, and body image. National Rural Health Association Annual Conference, Salt Lake City, UT.
- Paul, L. (2003, July). Development of a community portrait tool to describe environmental factors related to food, physical activity and body image. Society for Nutrition Education Annual Meeting, Philadelphia, PA.
- Kendall, P., Paul, L., et al. (2001, July). Value of food safety training to restaurant managers. Society for Nutrition Education Annual Meeting, Oakland, CA.
- Paul, L., Harris, P. (2001). Prevention of eating disorders: creating awareness through television. Society for Nutrition Education Annual Meeting. Oakland, CA.
- Paul, L., Raine-Travers, L., Cunningham-Sabo, L. (2000, July). Community-based partnerships and collaborations. Food and Nutrition Extension Educator's Division Pre-Conference of the Society for Nutrition Education Annual Meeting, Charleston, SC.
- Paul, L. (2000, July). Women to women: using telecommunication technology to provide nutrition information to rural women with chronic diseases. Society for Nutrition Education Annual Meeting, Charleston, SC.
- Paul, L., Novakofski, K., Thomas, E., Voichick, J., Anderseon, J. (1999, July). How to determine the impact of community-based nutrition education, [moderator and presenter]. Society for Nutrition Education Annual Meeting, Baltimore, MD.
- Pittaway, M., Paul, L. (1999, July). A model collaborative community food system project: Garden City Harvest promotes community building for health. Society for Nutrition Education Annual Meeting, Baltimore, MD.
- Paul, L. (1998, July). University collaborates on statewide eating disorder campaign. Society for Nutrition Education Annual Meeting, Albuquerque, NM.
- Paul, L. (1997, July). Critical thinking: bringing a fuzzy concept into focus, [moderator]. Society for Nutrition Education Annual Meeting, Montreal, Canada.
- Paul, L. (1996, July). Nutrition policy forum: providing professional continuing education and opportunity for policy development. Society for Nutrition Education, St. Louis, MO.
- Stein, M. and Paul, L. (1996, July). Dining on DNA: a high school unit exploring food biotechnology. Society for Nutrition Education Annual Meeting, St. Louis, MO.
- Paul, L. (1995, July). Community nutrition coalitions: solving local and state nutrition issues. Society for Nutrition Education Annual Meeting, Washington, DC.
- Paul, L. (1994, July). Media savvy! The fine art of successful media coverage: a successful model for media training. Society for Nutrition Education Annual Meeting, Portland, OR.
- Paul, L., Counter, J. (1990, May). The impact of participatory research on building a better community. 31st Annual Adult Education Research Conference, Athens, GA.

F. Invited Conference Presentations

- Bailey, S., Paul, L. (2007, October 15-17). Powerful Tools (PT) for Caregivers Train the Trainer for First PT training for Georgia professionals sponsored by University of Georgia Cooperative Extension and Georgia Division of Aging Services, Albany, Georgia. Average rating of instructors and training was 4.7 on a scale of 1 "poor" to 5 "superior."
- Paul, L. (2004, July). Nutrition quality of life assessment for rural older adults. Federal and Local Nutrition Programs for Older Adults: Creating Opportunities for Collaboration: A Symposium at the Society of Nutrition Annual Meeting, Salt Lake City, UT.
- Paul, L. (2003, February). Creating Connections: Obesity and eating disorders. El Paso, TX.

- Paul, L., Aomair, L., Byfield C., Ernsberger, P., Parham, E. (2000, July). Marketing the healthy at any size paradigm: where did the traditional model go wrong? Society for Nutrition Education Annual Meeting, Charleston, SC.
- Paul, L. [panel member]. (1997, November). Food safety: farm to table. Senator Baucus' Food Safety Hearing, Bozeman, MT
- Paul, L. [panel member]. (1997, February). Community food systems: forming new partnerships and linking up for food security. "From Farm to Fork: Rethinking our Food System" Conference, Boise, ID.
- Paul, L. [panel member]. (1996, July). Dancing vs. Directing: building community partnerships. Society for Nutrition Education Annual Meeting Pre-session, St. Louis, MO.
- Paul, L. (1994, July). Montana Hunger Coalition: responding to food security needs in a rural state. Measuring Food Security in Preparation for Public Issue Education, Portland, OR.
- Paul, L. (1994, January). Pesticides and food: communicating risk. "Reduced Till/ No Till Main Event" Conference, Rapid City, SD.

G. Refereed Poster Presentations

- Paul, L. (2008, April). Meth Prevention and Losing Weight: A Curriculum Impacting Teens' Attitudes about the Dangers of Using Meth to Lose Weight. Priester National Extension Health Conference. Raleigh, NC.
- Paul, L. (2008, April). Impacting Teens' Knowledge and Attitudes About the Dangers of Using Meth to Lose Weight: Meth Prevention Curriculum. Shaping a Healthy Future IV: A Rocky Mountain Conference. Jackson, WY.
- Paul, L. (2008, May). Obesity and Eating Disorders in Youth: Making the Prevention Connection, a Workshop for Educators, Health Professionals, and Community Organizers. MDA Food and Nutrition Conference and Expo 2008. Bozeman, MT.
- Paul, L. (2008, May). Positively Impacting Teens' Knowledge and Attitudes About the Dangers of Using Meth to Lose Weight: Meth Prevention Curriculum. MDA Food and Nutrition Conference and Expo 2008. Bozeman, MT.
- Paul, L., Bark, K. (2008, May). A Team Approach to Implementing a School Food Safety Program Based on the Process Approach to HACCP Principles in a Rural State. MDA Food and Nutrition Conference and Expo 2008. Bozeman, MT.
- Bark, K., Paul, L. Stenberg, M., Sutherland, S. (2008, May). Implementing a Recess Before Lunch Practice in Montana Elementary Schools: A Look at Challenges, Benefits and Essential Factors for Success. MDA Food and Nutrition Conference and Expo 2008. Bozeman, MT.
- Paul, L. , Astroth, K., Bailey, S. (2006, June). Meth Prevention and Positive Youth Development: Using Technology to Impact Teens' Attitudes about the Dangers of Meth. Children, Youth, Families At-Risk (CYFAR) Annual Meeting 2006. Atlanta. GA.
- Paul, L., Stenberg, M. (2006, September). Celebration of Safe Foods at Pow Wows. American Dietetics Association Annual Meeting. Honolulu, HA.
- Paul, L. (2006, September). A Team Approach to Implementing a School Food Safety Program Based on the Process Approach to HACCP Principles in a Rural State. Food Safety Education Conference: "Reaching At-Risk Audiences and Today's Other Food Safety Challenges". Denver, CO.
- Paul, L. (2006, September). Tribally-Based Meat Microbiology and HACCP Training. Food Safety Education Conference: "Reaching At-Risk Audiences and Today's Other Food Safety Challenges". Denver, CO.

- Paul, L. (2006, September). Celebration of Safe Foods at Pow Wows Video. Food Safety Education Conference: "Reaching At-Risk Audiences and Today's Other Food Safety Challenges". Denver, CO.
- Paul, L., Seilstad, D., Andrews, T. Johnson, J., Mason, B., Oelkers, A. (2006, October). Enhancing Body Image through Steps to a New You Program. National Extension Association of Family and Consumer Sciences Annual Session. Denver, CO.
- Paul, L. (2006, May). Levels of Prevention for Disordered Eating. 2006 MDA Conference. Helena, MT.
- Paul, L. (2005, March). Top Notch Food Safety Training: Tribal Communities and Colleges. 2005 National Nutrition, Food Safety, and Health Conference. Washington, D.C.
- Paul, L. (2005, April). Obesity and eating disorders in youth: making the prevention connection. Shaping A Healthy Future III: A Rocky Mountain Conference on Weight Realities. Jackson, WY.
- Paul, L. (2004, July). Participatory research drives improved partnerships for rural seniors. Federal and Local Nutrition Programs for Older Adults: Creating Opportunities for Collaboration: A Symposium at the Society of Nutrition Annual Meeting, Salt Lake City, UT.
- Paul, L., Wheeler, B., Wardlaw, M., Harker, J. (2004, May). A new you: health for every body: program for your community. Idaho/Montana Dietetic Association Annual Meeting, Missoula, MT.
- Paul, L. (2003, March). *Get real: ads, images, and the truth* media literacy project. Cardiovascular Health Summit, Big Sky, MT.
- Paul, L. (2003, May). Montana Dietetic Association Annual Meeting, Public Policy Committee: resolution to support healthy school nutrition and physical activity environments. Montana Dietetic Conference, Missoula, MT.
- Paul, L., Stenberg M. (2003, May). Starting a specialty food business: knowing what questions to ask and where to find the answers. Montana Dietetic Annual Meeting, Missoula, MT.
- Paul, L. (2003, May). Top Notch Food Safety Training: tribal communities and colleges. Montana Dietetic Association Annual Meeting, Missoula, MT.
- Paul, L., Steinmuller, P., Stein, M., Wardlaw, M., Pelican, S., Moore, S. (2003, May). *Tune in to media literacy to help your tune in to a healthy body image*. Montana Dietetic Association Annual Meeting, Missoula, MT.
- Paul, L., Johnson J., Rosaaen, S., Rudicil, T., Blakely, D., Weddle, D. (2003, July). A state and county partnership to improve the nutritional well-being of older adults in rural community through increased availability of fruits and vegetables. American Dietetic Association Annual Meeting, Philadelphia, PA.
- Paul, L. (2003, April). Get Real: Ads, Images and the Truth. Shaping a Healthy Future II Conference, Jackson, WY.
- Paul, L. (2003, January). Pathways to Health Campaign: utilizing the prevention model in a rural state. California Department of Services and Center for Weight and Health, UC Berkeley, San Diego, CA.
- Paul, L., Miller, D., Steinmuller, P. (2002, July). Get real: Ads, images, and the truth" media literary project. Society for Nutrition Education Annual Meeting, St. Paul, MN.
- Pelican, S., Dennee, P., Holmes, B., Liddil, A., Melcher, L., Moore, S., Paul, L., Raidl, M., Wardlaw, M. (2002, July). WIN the Rockies: a health-improvement project in Idaho, Montana, and Wyoming. Society for Nutrition Education Annual Meeting, St. Paul, MN.
- Paul, L. (2002, September). Top notch food safety: tribal communities and colleges. Thinking

- Globally- Working Locally: Conference on Food Safety Education, Orlando, FL.
- Schroeder, M., Paul, L., et al. (2001). Food safety works: a welfare-to-work certificate job training. Society for Nutrition Education Annual Meeting. Oakland, CA.
- Weinert, C., Paul, L., et al. (2001). Women to women: using telecommunication technology to provide nutrition information to rural women with chronic diseases. Food and Nutrition Extension Education Annual meeting at Society for Nutrition Education, Oakland, CA.
- Paul, L., Harris, P. (2000, October). Pathways to health: public health model for preventing eating disorders. American Dietetic Association Food and Nutrition Conference and Exhibition, Denver, CO.
- Paul, L., Kendall, P. (2000, June). Motivators and barriers to safe food handling practices in restaurants. Society for Nutrition Education Annual Meeting. Charleston, SC.
- Paul, L. (2000, May). Pathways to Health: Public health model for preventing eating disorders. Montana Dietetic Association Annual Meeting, Bozeman, MT.
- Paul, L., Harris, P. (2000, April) Pathways to health: public health model for preventing eating disorders. University of Wyoming, Shaping a Healthy Future Conference. Jackson, WY.
- Paul, L., Cranston, M. (1999, July). Successful video conference satellite program: providing nutritional information on dementia for rural care givers. Society for Nutrition Education Annual Meeting, Baltimore, MD.
- Paul, L., Kendall, P., Melcher, L., Pelican, S. (1998, July). Motivators and barriers of safe food handling practices among food service workers and managers in restaurants. Society for Nutrition Education Annual Meeting, Albuquerque, NM.
- Paul, L. (1997, July). A focus on community: development of a community food and nutrition assessment tool. Society for Nutrition Education Annual Meeting, Montreal, Canada.
- Paul, L. (1997, July). SAFE AID: A food safety training program for food banks. Society for Nutrition Education Annual Meeting, Montreal, Canada.
- Paul, L., Stein, M. (1997, July). Online distance education courses on food biotechnology. Society for Nutrition Education Annual Meeting, Montreal, Canada.
- Paul, L. (1997, April) SAFE AID: A food safety program for food banks. Montana Dietetics Association Annual Meeting, Great Falls, MT.
- Paul, L. (1996, July). SAFE AID: A food safety program for food banks. Food and Nutrition Extension Educators Annual Meeting, St. Louis, MO.
- Paul, L. (1996, June). SAFE (Safety and Food Excellence): MSU Extension joins forces with sanitarians to help reduce food-borne illness. Montana Dietetic Association Annual Meeting Annual Meeting, Red Lodge, MT.
- Paul, L. (1995, July). Teaching critical thinking skills to nutrition professionals. Society for Nutrition Education Annual Meeting, Washington, DC.
- Paul, L. (1995, July). Community nutrition coalitions: solving local and state nutrition issues. Food and Nutrition Extension Education Division of the Society for Nutrition Education Annual Meeting, Washington, DC.
- Paul, L., Dennee, P. (1995, July). What's new in nutrition? [Resource session]. Food and Nutrition Extension Education Division of the Society for Nutrition Education Annual Meeting, Washington, DC.
- Paul, L. Dennee, P., Stein, M. (1995, July). A telecommunications course as a model for reaching teachers with food safety information. Society for Nutrition Education Annual Meeting, Washington, DC.
- Paul, L. (1995, May). Developing community nutrition coalitions. Tri-State Dietetics Conference, regional meeting,, Jackson, WY.

H. Other Creative/Research Activity

- Paul, L., Bark, K. (2007). Smart Role Modeling for Teachers: Wellness for All: Curriculum for Extension agents that will assist teachers to identify and practice healthy role modeling behaviors in the classroom. Curriculum includes PowerPoint's and script, participant handouts, resources, and evaluation tool. Topics cover food and nutrition, physical activity, and body image and self-esteem.
- Goetting, M., Paul, L. (2007). Revision of the Small Steps to Health and Wealth program originally developed by Rutgers University (2006). Revision include major revision of train the trainer materials and PowerPoint, participant Power Points and resources, teaching resources, program evaluation, marketing material, and creation of a MSU Small Steps to Health and Wealth website <http://www.montana.edu/sshw>.
- Andrews, T., Paul, L. Bailey, S., Goetting, M. (2007). Caregiver's Toolkit (Tenderhearts). Curriculum and caregiver notebook for Extension agents and other health professionals to teach caregivers an interdisciplinary approach to information, skills, and resources for providing optimal caregiving. Caregiver Toolkit is a notebook that assists caregivers in documenting and updating caregiver status in a variety of areas such as medical, nutritional, emotional, financial, and others.

Produced Television Shows

- Paul, L., Mallic S. (2001). Co-producer and presenter for *Every Body is Beautiful*, 1 hour KUSM Public television program.
- Paul, L., Mallick, S. (2000). Co-producer and presenter for *Boosting Children's Self-Esteem and Body Image*. 1 hour KUSM Public television program.
- Paul, L., Keating, M. (1999). Co-producer and presenter for *Helping a Friend with an Eating Disorder*. 1 hour KUSM Public television program.
- Paul, L., Keating, M. (1998). Co-producer and presenter for *Eating Disorders Awareness: Which Road Will Our Youth Take?* 1 hour KUSM Public television program.
- Paul, L., Dennee, P. (1993). Co-producer and presenter for *Healthy Eating Choices and Exploring Food Variety in Kidspeak*. 2 programs at 1 hour each, KUSM public television program and satellite videoconference.

Produced Educational Videos

- Paul, L. (2005). Celebrating Safe Food at Pow Wow's. Video, resource and promotional materials.
- Paul, L. (2003). *Starting a Specialty Food Business: Knowing What Questions to Ask and Where to Find the Answers* education video and resource guide.
- Paul, L., Miller D., Mallick, S. (2002). Project Director for *Get Real: Media, Images and the Truth* Pathways to Health education video and resource guide.

Produced Videoconferences

- Paul, L., Miller, D. (2002). Project Director for *Your Avenue to Revenue: Food Safety and Sanitation* videoconference.
- Paul, L. (2005) Meth and Weight as part of MSU Extension -Bozeman Meth Education Initiative :OPI. Methamphetamine Drug Awareness Project (RFP04-994P). PowerPoint, curriculum guide, team member.

Produces Instructional Curriculum/Guides/Resources (includes program objectives, agenda, teacher script, PowerPoints, evaluation, participant handouts, resources)

- Paul, L. (2005). Delightful Dining: Creative Solutions for Helping a Person with Alzheimer's.
- Paul, L. (2002). Fitness to Fit You.
- Paul, L. (2001). Common Sense Food Choices for Diabetes.
- Paul, L. (2001). Calcium Plus.
- Paul, L. (2001). Food Safety Works.
- Paul, L. (1999). Helping a Friend with an Eating Disorder- What Can You Do?
- Paul, L. (1998). Eating Disorders Awareness: Which Road Will Our Youth Take?
- Paul, L. (1998). Nutrition Labeling for Food Product Development.
- Paul, L. (1998). Deciding About Supplements.
- Paul, L. (1997). What Is A Healthy Diet, Anyway?
- Paul, L. (1997). Nutrition Just for Women.
- Paul, L. (1997). Five Tickets to Your Good Health.
- Willis, V., Paul, L. (1996). Safe Aid: A Food Safety Training Program for Food Banks.
- Paul, L. (1996). Top Tips for Safe Food Handling Program.
- Paul, L. (1995). Top Tips for Safe Food Handling" Poster and Brochure.
- Paul, L. (1994). New Food Label.

I. Grants

1. Grants received

- Clary, J, Dunn, C, Morgan, K, Owen, S, Paul, L. (2008). Families, Food, & Fitness: Preventing Obesity. eXtension, University of Nebraska, \$49,789.
- Paul, L., Lynch, W. (2008). Family and Community Influences on Childhood Obesity Development: An Integrated Research and Outreach Program for the State of Montana. CSREES, USDA, \$1,496,920 for 4 years.
- Paul, L., Campbell, C., Miles, M. (2008). Strong Women Strength Training for Rural Women: Multi State Integrated Research and Education Project. Health and Human Development, Montana State University, \$1,900.
- Paul, L., Lynch, W. (2007). Human Nutrition and Obesity. Clinical Research Development Program. Office of Research, Creativity and Technology Transfer, Montana State University, \$13,000.
- Harmon, A., Campbell, C., Paul, L. (2006) Food and Health Studies in Health and Human Development: An Assessment of Needs and Opportunities to Inform Development of an Interdisciplinary Major. Montana State University, Health and Human Development, \$8018.
- Astroth, K., PI, Martz, J. Project Coordinator, Paul, L., Dennee, P., Project Facilitators. (2006). Media Smart Youth. Academy for Educational Development, \$15,000.
- Weinert, C. (PI). Cudney, S., Haynes, D., Hill, W., Paul, L., Sullivan, T., Winters. C. (Co Investigators). (2006). Rural Chronically Ill Women: Online Support Network. National Institute of Nursing Research, National Institute of Health. \$1,399,894.
- Paul, L. (2006). Steps to a New You Program Implementation. Montana Nutrition and Physical Activity Project. Montana Department of Health and Human Development. \$5,000.
- Paul, L. (2006). Steps to a New You Program Implementation for Older Adults. Montana Nutrition and Physical Activity Project, Montana Department of Health and Human Development.

- \$2,000.
- Paul, L. (2005). Tribal College Food Safety Outreach Project. USDA/FSIS, \$40,000.
- Paul, L. (2005). HACCP and Food Safety Training Outreach Projects. USDA/FSIS, \$7,500.
- Astroth, K, Principal Investigator, Vogel, M., Paul, L., Bailey, S., Linkenbach, J., Lande, G. Co-Principal Investigators. (2004). MSU- Bozeman Meth Education Initiative. Montana Office of Public Instruction, \$60,000.
- Paul, L. (2004) Native American HACCP Training and Related Outreach Projects. USDA/FSIS, \$40,000.
- Paul, L. (2004). Food Safety Training_ Montana Beef Council, \$2,500.
- Paul, L. (2003). Food safety employee guides. Montana Beef Council, \$2,500.
- Paul, L. (2003). Tribal College Food Safety Outreach Project. USDA/FSIS, \$35,000.
- Paul, L. (2003). Native American HACCP Training and Related Outreach Projects. USDA/FSIS, \$30,000.
- Paul, L. (2002). Food Safety Training. Montana Beef Council, \$2,500.
- Paul, L. (2002). Tribal College Food Safety Outreach Project. USDA/FSIS, \$23,000.
- Paul, L. (2001). Rural America Nutrition Partnership. Florida International University, \$1,000.
- Paul, L. (2001). Tribal College Food Safety Outreach Project. USDA/FSIS, \$23,000.
- Paul, L. (2001). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Office on Aging, DPHHS, \$19,051.
- Paul, L. (2001). Creating A SAFE (Safety and Food Excellence) Montana. USDA/CSREES, \$25,000.
- Weinert, C. (PI) Paul, L, et al. (Co-Investigators). (2001) Rural Chronically Ill Women: Online Support Network. National Institute of Nursing Research, National Institute of Health, \$585, 000.
- Paul, L., Harris, P. (2001). Eating Disorders Prevention Program .Montana Beef Council, \$2,000.
- Weinert, C. (PI), Paul, L., et al (Co-Investigators). (2000). Rural Chronically Ill Women: Online Support Network. SC Ministry Foundation, \$57,511.
- Paul, L. (2000). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Office on Aging, DPHHS, \$38,102.
- Paul, L. (2000). Food Safety Works Project. Colorado State University Extension Service, \$2,530.
- Zulkowski, K.(PI), Paul, L., Weinert, C. (Co-PI). (2000). Promoting Optimal Nutrition Through Assessment of Rural Elderly in Montana. USDA, CREES, \$45,556.
- Paul, L., Harris. P. (2000). Eating Disorders: Prevention Program. Montana Beef Council, \$2,950.
- Paul, L. (1999). Montana's Food Safety Education and Training. Food Safety and Quality, USDA, \$40,000.
- Paul, L. (1999). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Montana Office on Aging, DPHHS, \$37,618.
- Paul, L. (1999). Factors Affecting Food Safety Attitudes and Behaviors. Clinical Nutrition Research Center, \$2,800.
- Paul, L (1998). Creating a SAFE (Safety and Food Excellence) Montana. Food Safety and Quality, USDA, \$25,000.
- Paul, L. (1998). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Montana Office on Aging, DPHHS, \$37,085.
- Paul, L., Harris, P. (1998) Eating Disorder Project. Montana Beef Council, \$3,560.
- Paul, L. (1997). Creating a SAFE (Safety and Food Excellence) Montana. Food Safety and Quality, USDA, \$25,000.
- Paul, L (1997). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging.

- Montana Office on Aging, DPHHS, \$72,879.
- Paul, L (1996). Creating a SAFE (Safety and Food Excellence) Montana. Food Safety and Quality, USDA, \$25,000.
- Paul, L (1996). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Montana Office on Aging, DPHHS, \$49,304.
- Paul, L. (1995). Creating a SAFE (Safety and Food Excellence) Montana. Food Safety and Quality, USDA, \$25,000.
- Paul, L. (1995). Nutrition Advisory Services for Senior Nutrition Program with Office on Aging. Office on Aging, DPHHS, \$12,379.
- Stein, M. (PI), Paul, L., Dennee, P., Co-project Directors (1995). Food Biotechnology Education Through Telecomputing Courses. Food Safety and Quality, USDA, \$60,000.
- Paul, L. (1994). Promoting Montana's Food Safety Priorities. USDA-Extension Service, \$20,000.
- Paul, L. (1994). Safety and Food Excellence. Colorado State University, \$1,760.
- Paul, L., Dennee, P., Co-project Directors (1994). An Interdisciplinary Approach to Food Biotechnology Education for High School. USDA, \$34,921.
- Paul, L., Dennee, P., Co-project Directors (1994). Nutrition Education Training Program. Montana Office of Public Instruction, \$37,400.
- Paul, L., Dennee, P., Co-project Directors (1994). Staff Development Program for Montana School Food Service. Montana Office of Public Instruction, \$39,800.

2. Grants submitted but not funded:

- Paul, L., Dunnagan, T. (2007). Translating Obesity Prevention Research n Rural Communities. Centers for Disease Control, \$1,348,593 for 3 years.
- Paul L., Bailey, S., Weinert, C (2005). Tenderhearts: Education for Caregivers of Rural, Chronically Ill Older Adults. Center for Research of Chronic Health Conditions in Rural Dwellers, Montana State University-Bozeman, College of Nursing, \$10,000.
- Hyman, L., Sweeney, S. (PI's). Capalbo, S., Lynch, W., Paul, L., Shreffler, J., Weinert, C., Newman, F. (Co-PI's) (2005). Center for Health Justice. NIH: NCMHD Project EXPORT- Establishing Exploratory Centers, \$7,779,388.
- Hyman, L., Linkenbach J., Lunde, G., Roche, V., Strachean, D., Bird, E., Hill, W., Evans., J. (PI's); Ford T., Letiecq B., Kuntz, S., Paul, L (PI's for Pilot Projects') (2005). Building Research Infrastructure and Capacity Program. Agency for Healthcare Research and Quality, \$493,975.
- Winters, C., Hill, W., Mayer, D., Haynes, D. , Paul, L, Weinert, C. (2003). Men's Heart Network. National Institute of Nursing Research, National Institute of Health, \$212,250.
- Winters, C., Hill, W., Mayer, D., Haynes, D. , Paul, L. (2003). Men's Heart Network. American Heart Association, Pacific Mountain Affiliate, \$110,000.
- Weinert, C. (PI), et al Paul, L., (C-PI's). (2000). Rural chronically ill women: online support network. US Department of Health and Human Services, Agency for Health Care Policy and Research, \$317,479.
- Weinert, C. (PI), et al, Paul, L., (C-PI's). (2000). Online support network for rural chronically ill women. USDHHS, \$546,523.
- Weinert, C. (PI), et al, Paul, L., (C-PI's). (2000). Rural chronically ill women: online support network. Pfizer Health Literacy Grant Program, \$75,000.
- Weinert, C. (PI), et al ,Paul, L., (C-PI's). (2000). Rural chronically ill women: online support network. USDA, \$162,000.
- Zulkowski, K.(PI) , Paul, L.(Co-PI). (2000). Promoting Optimal Nutrition through Assessment of

Rural Elderly in Montana. MONTS, \$24,994.

Zulkowski, K.(PI) , Paul, L.(Co PI). (1999). Promoting Optimal Nutrition through Assessment of Rural Elderly in Montana. American Foundation for Aging Research, \$49,993.

J. Honors, Awards, and Special Recognition

- Vogel, M., Paul, L., Bailey, S., Astroth, K. (2008). Meth in Montana. Honorable Mention, Western Extension Directors' Awards of Excellence.
- 2007 Jeanne M. Priester Award, 2007 Multi-State Category, National Priester Extension Health Conference. Alzheimer's Mini-Series. Bailey, S., Paul, L., Vogel, M., Goetting, M.
- 2007 MetLife Award, \$25,000 award, Montana 2007 MetLife Award for Caregiver Education in populations less than 100,000. Alzheimer's Mini-Series. Bailey, S., Paul, L., Vogel, M., Goetting, M.
- 2004 Society for Nutrition Education Weight Realities Division Certification of Appreciation for Outstanding Contributions.
- 2002 Montana Dietetic Association Annual Meeting "Dietitian of the Year."
- 2002 Cooperative State Research, Education, and Extension Service (CSREES) Nutrition, Diet and Health, Exemplary Program: MSU Extension Pathways to Health Campaign.
- 2000 First Place Award for Professional Poster: Paul, L. et al. Pathways to Health: Public Health Model for Preventing Eating Disorders. Montana Dietetic Association Annual Meeting Annual Meeting. Bozeman, MT.
- 2000 Membership Appreciation Award. Montana Extension Association of Family and Consumer Sciences.
- 1999 Recognition Award for work with state coalitions and national task forces to address food insecurity and public policy, Montana State Advisory Council on Food and Nutrition.
- 1999 Leadership Certificate from the Society for Nutrition Education.
- 1999 Montana Food Stamp Nutrition Education Program State Team Award from Epsilon Sigma Phi.
- 1996 Outstanding Service in Public Health from Governor Marc Racicot during National Public Health Week.
- 1995 Certificate of Appreciation from Montana Public Health Association for work in the safe food handling program "SAFE." This award was given collaboratively with Alice Dailey, Missoula County Extension Agent, and Mary Lou Gillman, Missoula County Sanitarian.
- 1990 Outstanding Graduate Student Award from the College of Health, Education & Human Development, Montana State University.
- 1988-90 Kellogg Fellow from the Kellogg Center for Adult Learning Research, Montana State University, Bozeman, Montana. Conducted naturalist research and assisted in development of a learning strategy instrument.

K. OUTREACH, SERVICE, PROFESSIONAL CERTIFICATION & RECOGNITION

OUTREACH:

Creative and Scholarly Activity Not Leading to Refereed Publication(

Goetting, M., Paul, L. (2008). Revision of the Small Steps to Health and Wealth program originally developed by Rutgers University (2006). Revision include major revision of train the trainer materials and PowerPoint, participant Power Points and resources,

teaching resources, program evaluation, marketing material, and creation of a MSU Small Steps to Health and Wealth website <http://www.montana.edu/sshw>.

1. MSU Extension Publications: Montguides and 4-H Curriculum

- Paul, L. (2005). Food Safety Training for Montana's Tribal Communities and Colleges. *Montana Policy Review* 12:1.
- Bailey, S., Paul, L., Dennee, D. (2004). Family Mealttime. (MT200403). Montana State University Extension, Bozeman, MT.
- Astroth, K., Dennee, P., Paul, L. (2003) Teens Entertain. 4 H Food and Nutrition Curriculum.
- Paul, L. (2000 with 2004 update). Preparing food for fun and profit (MT200007). Montana State University Extension, Bozeman, MT:
- Paul, L. (1998). What you should know about dietary supplements.(MT 9818). Montana State University Extension , Bozeman, MT.
- Paul, L., Mason B. (1996). Processing fruit, tomatoes, and mixtures in a pressure canner. (MT 8803). Montana State University Extension, Bozeman, MT.. Number distributed: 6,542.
- Paul, L., Mason, B. (1996). Home canning meat, poultry and fish. (MT 9610). Montana State University Extension , Bozeman, MT. Number distributed: 1,900.
- Paul, L.,Bautz, A. (1996). Canning pickles and sauerkraut. (MT 9607). Montana State University Extension, Bozeman, MT. Number distributed: 3,201.
- Paul, L., Bautz, A. (1996). Freezing vegetables. (MT 8331). Montana State University Extension Bozeman, MT. Number distributed: 3,700.
- Paul, L., Johnson, J. (1996). Freezing fruit. (MT 8330). Montana State University Extension, Bozeman, MT. Number distributed: 2,851.
- Paul, L., Bautz, A. & Mason, B. (1996). Making jams and jellies. (MT 9609). Montana State University Extension, Bozeman, MT . Number distributed: 955.
- Paul, L. (1995). Fruit and vegetable leather. (MT 8327). Montana State University Extension, Bozeman, MT. Number distributed: 1,700.
- Paul, L. (1995). Drying fruits and vegetables. (MT 8344). Montana State University Extension, Bozeman, MT. Number distributed: 2,005.
- Paul, L. (1995). Home canning pressures and processing times. (MT 8329). Montana State University Extension, Bozeman, MT. Number distributed: 8,550.

2. Newspaper Articles (since 1999)

- “MSU Extension Family and Consumer Sciences, Working Towards a Better Tomorrow.” December, 2008, with M. Vogel, M. Goetting, S. Bailey. MSU Extension, Bozeman, MT.
- “MSU Extension Family and Consumer Sciences, Empowering Montana Native Families and Communities.” December, 2008, with M. Vogel, M. Goetting, S. Bailey. MSU Extension, Bozeman, MT.
- “MSU Extension Ask People to Take the First Step.” March, 2007. MSU News Service, Bozeman, MT.
- “Holiday Favorites Recipes and Tips for the Cook.” November, 2007, with Phyllis Dennee. MSU News Service, Bozeman, MT.
- “Rely on Safe Food Handling, Not Luck at Holiday Potlucks.” November, 2006. MSU News Service, Bozeman, MT.
- “New Safety Recommendations Set for Turkey Cooking.” November, 2006. MSU News Service, Bozeman, MT.
- “Free Fact Sheet Available for Summer Food Safety.” July, 2006. MSU News Service, Bozeman,

MT.

- “Steps to a New You.” November, 2005. MSU News Service, Bozeman, MT.
- “Ten Gifts to Give Yourself.” November, 2005. MSU News Service, Bozeman, MT.
- “MSU Extension Releases New Video: Celebrating Safe Foods at Pow-Wows.” August, 2005. MSU News Service, Bozeman, MT.
- “Safer Picnics.” June, 2005. MSU News Service, Bozeman, MT.
- “New Dietary Guidelines Aim at Reducing Disease.” January, 2005. MSU News Service, Bozeman, MT.
- “Seasoned Brined Turkey.” 2003. MSU News Service, Bozeman, MT.
- “Herbal Supplement Use: Not Telling Your Doctor Can Be Dangerous.” 2002. MSU News Service, Bozeman, MT.
- “MSU Extension Seeks Experts for Video on Starting a Food Business.” 2002. MSU News Service, Bozeman, MT.
- “How to Make Jams and Jellies.” 2002. MSU News Service, Bozeman, MT.
- “Home Made Dill Pickles and Sauerkraut Are Mouth-puckering Good.” 2002. MSU News Service, Bozeman, MT.
- “Expert Says, Can the Creativity When Home-canning.” 2002. MSU News Service, Bozeman, MT.
- “Keep Summer Cookouts Fun, Tasty and Healthy.” 2002. MSU News Service, Bozeman, MT.
- “Canning Summer Produce.” 2002. MSU News Service, Bozeman, MT.
- “Picnic Packer’s Survival Guide.” 2002. MSU News Service, Bozeman, MT.
- “Dish up Happy Memories with a Tasty Turkey.” 2002. MSU News Service, Bozeman, MT.
- “A Celebration of Leftovers: the Second Time’s the Charm.” 2002. MSU News Service, Bozeman, MT.
- “Family Food and Fitness For the Holidays.” 2000. MSU News Service, Bozeman, MT.
- “Eating Disorder Prevention if Focus of Montana TV.” 2000. MSU News Service, Bozeman, MT.
- “All Foods Fit in a Healthy Diet- Use Good Judgment.” 2000. MSU News Service, Bozeman, MT.
- “If Diets Don’t Work, What Does?” 2000. MSU News Service, Bozeman, MT.
- “Buffets: Overcoming the Tendency to Overeat.” 2000. MSU News Service, Bozeman, MT.
- “Program on Women’s Health Offered.” 2000. MSU News Service, Bozeman, MT.
- “Food for Fun and Profit.” 2000. MSU News Service, Bozeman, MT.
- “Vitamins and Herbs: Are They Safe?” 1999. MSU News Service, Bozeman, MT.

4. Websites and eXtension Community of Practice

Member, eXtension Community of Practice, Family Caregivers, 2007.

Paul, L. (2002). MSU Extension Food and Nutrition Extension Website.

<http://www.montana.edu/extensionnutrition/>

Provide food and nutrition topics and resources for:

MSU EDEN (Extension Disaster Education Network) <http://montanahelp.org/>

5. Professional Monthly Updates

Bozeman Dietetic Association Presentations: 1) Food Systems-October 10, 2007; 2) Eating Disorders-November 7, 2007; 3) Barley- December 5, 2007.

Food and Nutrition Briefs, January-March, 2007.

SERVICE (leadership roles and committee membership included):

1. National Service

Professional Organizations

Member of Research Coordination and Implementation Committee (RCIC), 2008- current
Member of Families, Food, & Fitness: Preventing Obesity. eXtension, University of Nebraska, 2007- current.

American Dietetic Association, 1985-present.

State Representative for Public Health Practice Group, 2001-present.

Public Health Nutrition Practice Group, 1998- present.

Hunger and Malnutrition Practice Group, 1996-present.

Nutrition Research Practice Group, 1996-8.

Society for Nutrition Education, 1992-present.

Health Aging Practice Group, 2005-present.

Treasurer, 2006-2007.

Board Member, 2001-2004.

Board Member Liaison to Weight Realities Division, 2002-2004.

SNE Division Coordinator (10 Divisions), 2002-2004.

Board Member Liaison to Advisory Council on Public Policy, 2001-3.

Issues and Resolutions Task Force, 2001- 2003.

Weight Realities Division, 2000-present.

Food and Nutrition Extension Education Division, 1992-present.

President & President-Elect for Society for Nutrition Education's Division of Food and Nutrition Extension Education, 1997-1999.

Sustainable Food Division, 1994-8.

American Association for Adult and Continuing Education, 1989-present.

National and Federal Agencies

CREES Leadership Task Force on Childhood Obesity, 2003-2007.

HACCP State Information and Resources Coordinator, 1998-2007.

CREES Food Safety Liaison, 1998-present.

Organizing Committee for "National Nutrition, Food Safety and Health Specialists' Conference, March 2001.

USDA State Co-Liaison for Community Food Security Initiative, 1999-2001.

Food Security Public Issues Education Project of National ES-USDA Collaborative Team, 1994-5.

2. State Service

Professional Organizations

Member of Montana Coordinating Leadership Group for HACCP, 2000-current.

Member of Executive Committee, Montana Worklife Wellness Coalition, 2007-current.

Montana Dietetic Association, 1990-present.

Public Policy Committee Core Committee, 1998-present.

Board Member, 1993-5.

Treasurer, 1993-1995.

Continuing Education Coordinator, 1993-5.

State Agencies and Advisory Councils

Montana Department of Public Health and Human Services Food Safety Task Force, 2006-current

Montana School HACCP-Food Safety, 2005-current.

Member of Executive Committee, Montana Worklife Wellness Coalition, 2007-current.

Member of Advisory Committee to Montana Farmer Market Electronic Benefit Committee, 2007.
Cardiovascular Disease Prevention Task Force, 2000-2007.
Montana Food Safety Council, 2002-4.
AERO, Statewide Coordinating Council for Montana Food System Initiative, 1998-2000.
Eat Right Montana Coalition, 1995-present.
Montana Hunger Coalition, 1993-8.
Board Member, 1995-7.
Food and Nutrition Advisory Council, 1994-8.
Chairperson, 1995-6.

3. University Service

University

Women2Women Research Committee, 1999-present. Participate in numerous meetings and provide technical assistance. In 2007, current integrated research and education program was developed with one cohort completing session.
University Promotion and Tenure, 2005-2007.
MSU Biobased Institute, Board of Directors, 2003-2006.
WIN the Rockies, Tri-State Team, 2000-2004.
Center for Research on Chronic Health Conditions in Rural Dwellers, 2001-2005.
Provost Search Committee, 2001.
WIN the Rockies State Project Coordinator Search Committee, 2000.
Alternate, Faculty Council, 1994-5, 1997-9.

College

Promotion and Tenure Document Revision Committee, 2001-2.
Promotion and Tenure Committee, 2000.
College Faculty Council, 1994-6.
Chair, 1995-6.

Department

Health and Human Development Department Outreach Committee
Political Science Department Retention Review Committee for Paul Lachapelle
Participate with Montana Nutrition and Physical Activity program (NAPA) in numerous planning sessions, attend NAPA and Extension meetings, provide technical assistance, and initial planning for Center for Rural Obesity.
Organized MSU Food and Nutrition Update for MSU Food and Nutrition professionals, September 2007.
Organize meetings among Food and Nutrition Tenured Tract Faculty.
Outreach Committee, Chair, 2006-7.
Mentoring Committee, 2005-6.
Health and Human Development Advisory Council, 2004-5.
Food and Nutrition Search Committee, Co-Chair, 2003-4.
Promotion and Tenure Committee, 2003-4.
Promotion and Tenure Document Revision Committee, 2000-2.
MSU Pathways to Health and Preventing Eating Disorders Team, Chair, 1998-2002.
Food and Nutrition Search Committee, Chair, 1998-9.
Member, Promotion and Tenure Committee, 1995-6; 1998-9.

Member, Search Committee for HHD Department Head, 1996.
Chair, Search Committee for Nutrition for Aging Services Position, 1995.
Member, Search Committees for Food and Nutrition Position, 1994-1995.

4. Extension - Montana State University

Annual Conference Committee.
Search Committee for 4-H Curriculum Specialist.
Epsilon Sigma Phi, Montana Alpha Chapter, Cooperative Extension Professionals' Organization, 2007-current.
Provided professional assistance to MSU Extension Food Stamp Nutrition Education program and Expanded Food and Nutrition Program.
Plant Pathologist Specialist Search Committee, 2005- present.
eXtension Institutional Work Team, 2005-present.
MSU Extension Disaster and Emergency Network Technology Team, 2002-present.
MSU Legislative Committee, 1999-2000.
MSU Family and Consumer Science Specialists Committee, 1999-present.
MSU Extension Annual Conference Planning Committee, 2004.
MSU Extension Evaluation Committee, 2001-2.
MSU Strategic Planning, 1998-9.
MSU Extension Technology Task Force, 1997-8.
MSU EDUFAIM Team, 1996-9.
MSU Extension Food Safety and Quality Task Force, 1994- 7.
MSU/OPI Nutrition Education and Training Advisory Council, 1994-6.
MSU Extension Advisory Council for Decision for Health Initiative, 1995.
Member, Search Committee for MSU Health Outreach Position, 1994.
MSU Extension Food Biotechnology Education through Telecomputing Courses, 1996-7.

PROFESSIONAL CERTIFICATION AND RECOGNITION

Professional Certification

Re-certified as ServSafe Instructor by National Restaurant Association Education Foundation, 2008.
Certified Master Trainer for curriculum "Powerful Tools for Caregivers", Mather Life Ways Institute, June, 2006.
Licensed Registered Dietitian, Montana.
Commission on Dietetic Registration for American Dietetic Association.
Training Certification in Preparedness and Response to Agricultural Terrorism, Management Level, October, 2005. Louisiana State University.
Class Leader Certification, "Taking Care of You... Powerful Tools for Caregivers", Mather Life Ways Institute, 2005.
Human Participants Protection Education for Research Teams, certification of completion. July, 2001.
Certified as HACCP Train-the-Trainer by Dr. Von Mendenhall, Utah State University, Extension Nutrition & Food Sciences, 1998.