First day meeting with MDI intern (15-30 min)
- Orient to facility
- Introduce to staff
- Discuss plans for week
- Discuss projects, goals, competencies
- Discuss food bank expectations of intern
- Discuss intern expectations of food bank/preceptor/rotation experience
- Agree on plan for the week

Possible Activities:
**Introduction to nonprofit organizations**
- Discuss why there is a need for a nonprofit to exit
- Identifying nutritional needs in the community
- Meeting nutritional needs of groups
- Nutrition education demonstrations, handouts, curricula development, etc.
- Food pantry operation as associated with the MFBN (the role of the MFBN)

**Attend/participate in organization meetings**
- Meetings with partnering organizations
- Healthy Gallatin County Initiative
- Kids Pack
- Meetings with staff
- Meetings with volunteer staff

**Understanding food bank sponsored programs/projects**
- Child nutrition programs; i.e., after school program, summer lunch program, Kids Pack, CACFP
- Gardening project
- Senior project

**Food bank associated research & projects**
- Client surveys, information gathering, research initiatives, special project population research/surveys

**Create and use nutrition education materials**
- Specific food facts
- Homemaker program
- Café kid cards
- Food/cooking demonstrations

**Education/observation/hands on experience with the intake process**
- Community Café
- One experience with food preparation/meal production
Foodservice management in the café – share experiences, explain procedures, utilize intern skills to address challenges
At least one experience waiting tables for a meal at the Community Café

**MDI Intern Feedback (15-30 min)**
Plan to meet with the MDI intern one time toward the end of the week (Thurs afternoon or Friday) to provide them with feedback and exchange ideas and thoughts about the week. Please use the MDI Evaluation form to complete this step.

**Best practices**
The MDI intern comes to the food bank with nutrition skills and a desire to learn – be confident in using their skills, innovation and motivation!

Think of MDI interns as being able to assist your work in various modes and as a source of great potential to learn, problem solve, and contribute. Be confident in utilizing their abilities in ways beyond a typical volunteer role.