

# Lessons from Mali

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# Self-help with a Twist

- This is Mali-Help
- Sanambele has an evolved and time tested system we can learn from



# The punch line

- Socialize like a subsistence farmer



# Socialize

- joke and laugh easily
- visit friends and family
- relax
- smile
- connect easily,
- respect elders
- put family first





# Environmental

- self sufficiency
- Interconnectedness
- sense of place
- understand your environment



# Learning how to help

- *“People love their country more than outsiders.”*
- *“Locals know better.”*
- be respectful
- non-commanding
- willing to learn and listen

# Best way to learn these lessons: Visit.

- Be open to the wisdom of developing countries and lifestyles. Acknowledge and appreciate the good as well as the bad parts of the subsistence culture. Focus on learning the kindness, friendliness, and family system. Be humble while learning. Both give and take lessons.

# The Conclusion

- Socialize like a subsistence farmer

