Lessons from Mali

By YungBen Yelvington
yungben@yahoo.com
Self-help with a Twist

- This is Mali-Help
- Sanambele has an evolved and time tested system we can learn from
The punch line

Socialize like a subsistence farmer
Socialize

- joke and laugh easily
- visit friends and family
- relax
- smile
- connect easily,
- respect elders
- put family first
Environmental

- self sufficiency
- Interconnectedness
- sense of place
- understand your environment
Learning how to help

“People love their country more than outsiders.”

“Locals know better.”

be respectful

non-commanding

willing to learn and listen
Best way to learn these lessons: Visit.

Be open to the wisdom of developing countries and lifestyles. Acknowledge and appreciate the good as well as the bad parts of the subsistence culture. Focus on learning the kindness, friendliness, and family system. Be humble while learning. Both give and take lessons.
The Conclusion

- Socialize like a subsistence farmer