NRSG 225: Foundations for Planning and Providing Clinical Nursing Care
Credits: 4 (2 lecture; 2 clinical laboratory)
Semesters offered: F, Sp, Su
Prerequisites: BIOH201, BIOH 211, FCS101, BIOM 250
Co-requisites: NRSG 238 or consent of instructor

Course Description: Application of nursing principles, concepts and related skills for care of the individual needing assistance. The clinical decision-making process will be utilized in the provision of nursing care in clinical settings.

Course Objectives: The student will:

1. Utilize clinical decision making in the provision of care for a variety of clients across the lifespan. (F3; T1, 2, 7)
2. Demonstrate application of basic nursing skills. (F4; T6, 8, 10)
3. Integrate principles of safety and delegation in the delivery of nursing care. (F5)
4. Incorporate concepts of health promotion, cultural sensitivity, and advocacy in the provision of care across the lifespan. (F9; T2, 4)
5. Demonstrate accurate written and verbal communication with team members and clients. (T11)
6. Integrate teaching-learning principles in the care process. (F11; T2)
7. Students will demonstrate behaviors that are congruent with the ANA Code of Ethics, Scope and Standards of Practice and Social Policy Statements in all class related interactions. (F6, 8, 11; T4, 5, 6, 11)
8. Discuss the current state of research related to basic nursing concepts and client care principles. (F7; T3)
9. Demonstrate beginning level proficiency with information technology. (F12; T10)

Recommended Content and Concepts:
A. Safety
   Safety devices in client care, avoidance of hazards in the clinical setting, use of restraints

B. Medical-surgical asepsis
   Application of infection control measures

C. Body mechanics, mobility/immobility
   Apply proper positioning and mobility techniques, including range of motion exercises, transferring, ambulation and use of assistive devices

D. Hygiene (including bathing, bed making, bed pans, perineal hygiene)
E. Vital signs

F. Wound care
   Assessment of wound, basic dressings, hot/cold applications, suture/staple removal

G. Teaching-learning principles

H. Therapeutic communication
   Basic communication principles; provision of teaching, emotional and physical support in preparation for therapeutic procedures; concepts of touch

I. Documentation (SOAP note) and Communication (SBAR) components

J. Clinical decision making, nursing process, scientific process

K. Other skills:
   Feeding, aspiration risks
   Care of nasogastric tubes
   Suctioning (NG, oral)
   Spirometry
   Catheterization and retention urinary catheter care, specimen collection from catheters
   Specimen collection - stool, clean catch urine, standard sputum, wound culture, throat culture
   Intake and output calculation and recording

Suggested Student Learning Activities:
   Laboratory introduction of skills with return demonstration
   Clinical applications of nursing process and skills
   Development of nursing care plans
   Chart review
   Role plays
   Case studies
   Demonstrations
   Patient interviews
   Utilization of informatics
   Reading assignments
   Literature searches
   Cooperative learning
   Presentations
   Clinical conferences

Approved by UAAC: March 25, 2013
Approved by Faculty: May 3, 2013