NRSG 348: Nursing Care of Children and Families
Credits: 5 (2 lecture, 3 clinical laboratory)
Semesters offered: F, Sp
Prerequisites: NRSG 258, NRSG 336, NRSG 341, NRSG 352

Course Description: The focus of this course is health promotion, disease prevention, illness management, and nursing care of children within the family context in a variety of settings among diverse populations. This course builds upon and integrates knowledge gained from nursing, sciences, and the humanities.

Course Objectives: The student will:

1. Utilize evidence based nursing practice to assist children and their families with the promotion, maintenance and restoration of health; disease prevention and management; and death with dignity. (T2, 3, 5-7, 13)
2. Operationalize appropriate knowledge of pediatric cognitive, emotional, social, and moral development for infants, toddlers, preschoolers, school age and adolescents
3. Provide culturally sensitive and competent nursing care to children and their families. (T2, 3, 5-7, 9, 12, 13)
4. Utilize knowledge of growth and development to provide safe, quality nursing care for children and their families. (T2-5, 10, 13)
5. Utilize community based nursing concepts in caring for children and their families. (T1-7, 12, 13)
6. Students will demonstrate behaviors that are congruent with the ANA Code of Ethics, Scope and Standards of Practice and Social Policy Statement in all class and clinical related interactions. (T6-10, 13)
7. Demonstrate ability to communicate effectively through verbal, electronic, abstract, nonverbal and written form with children, families and professionals. (T2-4, 6, 7, 9, 10)

Recommended Content and Concepts:

1. Physiological principles: the application of these principles that are unique to infants, children and adolescents (eg. fluid balance, nutrition, pharmacodynamics, pharmacokinetics)
2. Application of developmental theory to the nursing care of children and their families, including developmentally appropriate communication, attachment, relational poverty, language and growth delays
3. Nursing care of children in both the (hospital) acute care setting and the community setting with acute and/or chronic illnesses.
4. Culturally sensitive nursing care of families who have a child who is acutely or chronically ill or is in need of palliative care.
5. Children’s perception of health, illness, and death
6. The concept of chronic sorrow for families
7. Health promotion and disease prevention for children (eg. immunizations, health screening, safety, developmental assessment, prevention of violence, nutrition and effects of media on children)
8. Acute illnesses will include the respiratory, integumentary, gastrointestinal, renal, and musculoskeletal systems.

9. Chronic illnesses and/or conditions will include cardiovascular, respiratory, hemolytic, renal, neurological, and endocrine systems as well as children with genetic and developmental disorders.

10. Common behavioral problems in childhood (eg. ADD-ADHD, bullying, reactive attachment, and high risk behaviors e.g. cutting, drug abuse etc..)

11. Child safety such as abuse, vehicle restraints, neglect, household prevention

**Suggested Student Learning Activities:**
- Implement nursing care in hospital/community settings
- Perform age appropriate assessments utilizing developmental theory
- Develop nursing care plans or concept maps
- Incorporate research findings and evidence-based practice into nursing care
- Clinical conferences
- Assigned readings
- Selected written assignments and/or projects
- Student self-evaluation
- Simulation and Skills Lab
- Student Presentations
- Evaluation questioning (iclicker, question implantation, games)
- Student Presentations

**Approved by UAAC:** March 26, 2013
**Approved by Faculty:** May 3, 2013