N349: Nursing Care of Children and Families
Credits: 5 (2 lecture, 3 clinical lab)
Semesters offered: F, S
Prerequisites: N224, N337, N342, N354

Course Description: The focus of this course is health promotion, disease prevention, illness management, and nursing care of children within the family context in a variety of settings. This course builds upon and integrates knowledge gained from nursing, sciences, and the humanities.

Course Objectives: The student will:
1. Utilize evidence-based nursing practice to assist children and their families with the promotion, maintenance, and restoration of health; disease prevention and management; and death with dignity. (T2, 3, 5-7, 13)
2. Provide culturally sensitive and competent nursing care to children and their families. (T2, 3, 5-7, 9, 12, 13)
3. Utilize knowledge of growth and development to provide safe nursing care for children and their families. (T2-5, 10, 13)
4. Utilize community-based nursing concepts in caring for children and their families. (T1-7, 12, 13)
5. Demonstrate responsibility and accountability reflecting professional values. (T6-10, 13)
6. Demonstrate ability to communicate effectively with children, families, and professionals. (T2-4, 6, 7, 9, 10)

Recommended Content:
Physiological principles: the application of these principles that are unique to infants, children, and adolescents; eg. Fluid balance, nutrition, pharmacodynamics, pharmacokinetics
Application of developmental theory to the nursing care of children and their families, including developmentally appropriate communication.
Nursing care of children in both the (hospital) acute care setting and the community setting with acute and/or chronic illnesses.
Culturally sensitive nursing care of families who have a child who is acutely or chronically ill or is in need of palliative care.
Children’s perception of health, illness, and death
The concept of chronic sorrow for families
Health promotion and disease prevention for children: eg. Immunizations, health screening, safety, developmental assessment, prevention of violence
Acute illnesses will include the respiratory, integumentary, gastrointestinal, renal, musculoskeletal systems
Chronic illnesses and/or conditions will include cardiovascular, respiratory, hemolytic, renal,
neurological systems as well as children with genetic and developmental disorders. Common behavioral problems in childhood; eg. ADD-ADHD, bullying

**Suggested Learning Activities:**
- Implement nursing care in hospital/community settings
- Perform age appropriate assessments utilizing developmental theory
- Develop nursing care plans
- Incorporate research findings and evidence-based practice into nursing care
- Clinical conference
- Assigned readings and selected written assignments and/or projects
- Student self-evaluation

Approved by UAAC:  September 17, 2007
Approved by Faculty:  October 8, 2007