N377: Introduction to Community Based Nursing

Credits: 2 lecture
Semesters Offered: F, Sp
Prerequs: None

Course description: The focus of this course is to introduce the student to community based nursing practice for individuals, families, populations and communities. There is an emphasis on health promotion, disease prevention and health determinants in a variety of settings.

Course Objectives: The student will:

1. Apply the concepts of community based nursing in a variety of settings.
2. Discuss environmental health as a key concept in community based nursing.
3. Describe home visiting and other methods of delivering nursing care in the community.
4. Examine basic concepts of epidemiology.
5. Apply the basic principles of health promotion, disease prevention and risk reduction in nursing practice.
6. Discuss the effects of health determinants on the health behaviors of individuals, families and populations.
7. Utilize national health reports, benchmarks, and appropriate resources in planning health care.
8. Describe the role of nursing in developing partnerships in a variety of settings.
9. Demonstrate responsibility and accountability reflecting professional values.

Recommended Content:
Community based nursing concepts
   Family centered care
   Philosophy
   Settings for care - includes home visiting, rural settings
Health promotion, risk reduction
   Wellness
   Prevention
   Health (continued)
   Health education
   Teaching/learning principles
Basic epidemiology
   Triad model
   Use of rates
   Concepts - Levels of prevention, multiple causation, risk, trends & distribution of disease
Current trends and issues
   Responsibilities in providing nursing care in the home and at other settings
   Self care
Family centered nursing care
Interdisciplinary practice
Environmental health- competencies for nurses
Policy
Economics
Aging America
Health determinants
  Biology
  Lifestyle
  Genetics
  Access to health care
Policy
Poverty
Environment
Parish nursing

Community based nursing models
Definition of health, health continuum
Health promotion, risk reduction, prevention and wellness
Acute and chronic illness
Impact of health care systems on health
Community based nursing philosophy
Basic epidemiology
Rural health
related evidence based work
health education
teaching/learning
current trends and issues
responsibilities in home visiting
(safety and autonomy across the life span)
(social & environmental influences on health)
(aging America and affect on health care system)
(environmental competencies for nurses)

Approved by UAAC: April 2007
Approved by Faculty: May 2007