NRSG 377: Introduction to Community Based Nursing
Credits: 2 lecture
Semesters Offered: F, Sp
Prerequisites: None

Course description: The focus of this course is to introduce the student to community based nursing practice for individuals, families, populations and communities. There is an emphasis on health promotion, disease prevention and health determinants in a variety of settings.

Course Objectives: The student will:

1. Apply the concepts of community based nursing in a variety of settings. (F 1, 6, 9, T 1, 4, 6, 9)
2. Discuss environmental health as a key concept in community based nursing. (F 9; T 3, 9)
3. Describe home visiting and other methods of delivering nursing care in the community. (F 1, 5, 12; T 8)
4. Examine basic concepts of epidemiology. (F2, 9; T 2, 3, 10)
5. Apply the basic principles of health promotion, interdisciplinary partnerships, disease prevention and risk reduction in nursing practice. (F1, 2, 4, 5, 8, 10; T 1, 2, 4, 6, 10)
6. Discuss the effects of health determinants on the health behaviors of individuals, families and populations. (F1, 4, 5, 9; T 3, 7, 9)
7. Utilize national health reports, benchmarks, and appropriate resources in planning health care. (F5, 9; T4, 7, 10)
8. Students will demonstrate behaviors that are congruent with the MSU Code of Conduct, CON Student Handbook, ANA Code of Ethics, Scope and Standards of Practice, and Social Policy Statements in all class related interactions. (F3-11; T3-6, 8-11)

Recommended Content and Concepts:

1. Community based nursing concepts
   Family centered care
   Philosophy
   Settings for Care Including Home Visits, Rural Settings, Worksite, Schools, Clinic Parish
   Environmental health
   Culture
   Continuity of Care

2. Health promotion, risk reduction
   Wellness
   Self-care
   Prevention
Health education
Teaching/learning principles

3. Basic epidemiology
   Epidemiology models
   Use of rates
   Concepts: Levels of Prevention, Risk, Trends & Distribution Of Disease

4. Current trends and issues
   Interdisciplinary practice
   Policy
   Economics
   Aging America
   Chronic Disease Management over the Lifespan
   Telehealth

5. Health determinants
   Biology
   Lifestyle
   Genetics
   Social determinants of health
   Policy
   Environment

6. Healthy People 2020
   Advisory Committee on Immunization Practices
   Web-based Injury Statistics Query and Reporting System (WHISQARS)
   MT DPHHS Community Health Profiles
   US Preventative Services Task Force
   Local Community Health Assessments

Suggested Student Learning Activities:
Discussion
Teaching/Health Promotion Plan
Group presentation/Application presentation from HP 2020
Infographic related to course topic
Use of MMWR
Current local/Montana environmental health issues

Approved by UAAC: May, 2018
Approved by Faculty: May, 2018