NRSG 377: Introduction to Community Based Nursing
Credits: 2 lecture
Semesters Offered: F, Sp
Prerequisites: None

Course description: The focus of this course is to introduce the student to community based nursing practice for individuals, families, populations and communities. There is an emphasis on health promotion, disease prevention and health determinants in a variety of settings.

Course Objectives: The student will:

1. Apply the concepts of community based nursing in a variety of settings. (TO 1, 4, 6, 9)
2. Discuss environmental health as a key concept in community based nursing. (TO 3, 9)
3. Describe home visiting and other methods of delivering nursing care in the community. (TO 8)
4. Examine basic concepts of epidemiology. (TO 2, 3, 10)
5. Apply the basic principles of health promotion, interdisciplinary partnerships, disease prevention and risk reduction in nursing practice. (TO 1, 2, 4, 6, 10)
6. Discuss the effects of health determinants on the health behaviors of individuals, families and populations. (TO 3, 7, 9)
7. Utilize national health reports, benchmarks, and appropriate resources in planning health care.
8. Students will demonstrate behaviors that are congruent with the MSU Code of Conduct, CON Student Handbook, ANA Code of Ethics, Scope and Standards of Practice, and Social Policy Statements in all class related interactions. (F6-9, 12-13, T2,3, 6, 8, 13)

Recommended Content and Concepts:

1. Community based nursing concepts
   - Family centered care
   - Philosophy
   - Settings for care- includes home visiting, rural settings
2. Health promotion, risk reduction
   - Wellness
   - Prevention
   - Health (continued)
   - Health education
   - Teaching/learning principles
3. Basic epidemiology
   - Triad model
   - Use of rates
Concepts - Levels of prevention, multiple causation, risk, trends & distribution of disease

4. Current trends and issues
   Responsibilities in providing nursing care in the home and at other settings
   Self care
   Family centered nursing care
   Interdisciplinary practice
   Environmental health- competencies for nurses
   Policy
   Economics
   Aging America

5. Health determinants
   Biology
   Lifestyle
   Genetics
   Access to health care
   Policy
   Poverty
   Environment

6. Parish nursing

Community based nursing models
Definition of health, health continuum
Health promotion, risk reduction, prevention and wellness
Acute and chronic illness
Impact of health care systems on health
Community based nursing philosophy
Basic epidemiology
Rural health
related evidence based work
health education
teaching/learning
current trends and issues
responsibilities in home visiting
{safety and autonomy across the life span)
(social & environmental influences on health)
(aging America and affect on health care system)
(environmental competencies for nurses)

Suggested Student Learning Activities:
Family Tree / Genogram / EcoMap
Case Studies
Discussion
Community Assessment / care plan

Approved by UAAC:  April 14, 2014
Approved by Faculty: May 1, 2014