

**MONTANA STATE UNIVERSITY**  
**COLLEGE OF NURSING**  
**Master Resource Outline**  
**NRSNG 633 Advanced Clinical III (NP, Psych/Mental Health)**  
**Advanced Care of Individuals and Families With Acute and Chronic**  
**Mental Health Conditions**

**Credits:** 6 (3 lecture; 3 clinical)

**Semester Offered:** Summer

**Prerequisite:** NRSNG 632

**Degree:** DNP

**DNP Essentials:** I, II, III, IV, V, VI, VII, VIII

**Graduate Program Objectives:** 1, 2, 3, 4, 5, 6, 7, 8

**Course Description:** This graduate nursing course builds upon content and skills attained in Advanced Clinical I and II. Conceptual and theoretical foundations for psychotherapy, including selected therapeutic modalities for couples and families, are examined. A focus on educating and guiding individuals and families with mental health problems or psychiatric disorders who have acute and/or chronic mental health needs through complex health and situational transitions is emphasized. Planning care to minimize the development of complications and promote function and quality of life using psychopharmacology while incorporating appropriate prescriptive considerations is explored. The application of relevant evidence-based findings to develop practice guidelines and improve practice and the practice environment is stressed.

**Course Objectives:**

1. Analyze the advanced nursing practice role in the use of psychotherapeutic modalities for individuals and families with mental health problems across the lifespan.
2. Select and apply assessment strategies to determine the mental health treatment needs of individuals and families across the lifespan based on an understanding of biological, psychosocial, and developmental theories.
3. Select and apply relevant psychotherapeutic strategies for the treatment needs of individuals and families across the life span based on biopsychosocial theories, evidence-based standards of care, and practice guidelines.
4. Implement and evaluate psychopharmacologic interventions based on current knowledge of pharmacology and physiology, evidence-based standards of care, and practice guidelines.
5. Develop, apply, and evaluate advance nursing strategies using selected psychotherapeutic modalities to treat the mental health problems and psychiatric disorders of individuals and families across the lifespan.
6. Demonstrate the effective use of therapeutic communication strategies and sustain therapeutic relationships and partnerships with patients and other professionals to facilitate optimal care and patient outcomes.
7. Analyze and apply legal and ethical principles to the development, implementation, and evaluation of advanced nursing strategies.
8. Demonstrate advanced levels of clinical judgment, systems thinking, and accountability in designing, delivering, and evaluating evidence-based care to improve patient outcomes.

**Practice experience in the curriculum**

Practice immersion experiences afford the opportunity to integrate and synthesize the essentials and specialty requirements necessary to demonstrate competency in an area of specialized nursing practice.

**Approved by GAAC:** 2/6/12; modified 10/29/12; amended 11/19/12

**Approved by Faculty:** 4/9/12; modified 1/7/2013