NRSG 529 Psychotherapeutic Modalities Across the Lifespan (FPMHNP)

Credits: 7 (3 lecture; 4 clinical lab)
Semester Offered: Semester 3 - Summer
Prerequisite: NRSG 525 Advanced Nursing Practice and Psychiatric Care Formulation
Co-requisite: NRSG 529 Psychopharmacotherapeutics Across the Lifespan
Degree: DNP – FPMHNP specialty

Course Description: This graduate nursing course builds upon content and skills attained in NRSG 525. Conceptual and Theoretical Foundations for Psychotherapy, including selected therapeutic modalities for individuals, group psychotherapy, and the integration of multicultural skills for health promotion and management of mental health problems and psychiatric disorders are introduced and examined. Emphasis is placed on working with individuals and groups across the lifespan within culturally diverse environments. The application of relevant evidence-based findings to develop practice guidelines and improve practice and the practice environment is stressed.

Course Objectives:

1. Analyze the advanced nursing practice role in the use of psychotherapeutic modalities for individuals and groups with mental health problems across the life span.
2. Select and apply assessment strategies to determine the mental health treatment needs of individuals and groups across the lifespan based on an understanding of biological, psychosocial, and developmental theories.
3. Select and apply relevant psychotherapeutic strategies for the treatment needs of individuals and groups across the life span based on biopsychosocial theories, evidence-based standards of care, and practice guidelines.
4. Develop, apply, and evaluate advanced nursing strategies using selected psychotherapeutic modalities to treat the mental health problems and psychiatric disorders of individuals and groups across the lifespan.
5. Demonstrate the effective use of therapeutic communication strategies and sustain therapeutic relationships and partnerships with patients and other professionals to facilitate optimal care and patient outcomes.
6. Analyze and apply legal and ethical principles to the development, implementation, and evaluation of advanced nursing strategies.
7. Demonstrate advanced levels of clinical judgment, systems thinking, and accountability in designing, delivering, and evaluating evidence-based care to improve patient outcomes.

Practice experience in the curriculum
Practice immersion experiences afford the opportunity to integrate and synthesize the essentials and specialty requirements necessary to demonstrate competency in an area of specialized nursing practice.

Approved by GAAC: 10/31/11
Approved by Faculty: 4/9/12

DNP Essential # 8: Advanced nursing practice