Family Nurse Practitioner Program

Clinical Manual
2011-2012

Reviewed August, 2011
Associate Dean for Research and Graduate Education
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Introduction

Welcome to Montana State University College of Nursing Family Nurse Practitioner graduate option! This manual serves as a guide for FNP graduate students to achieve successful clinical experiences. The manual outlines student responsibilities for:

- Clinical preparation and placement
- Scheduling clinical hours
- Establishing clinical objectives
- Proper documentation

Goals of the Clinical Experience

1. Expand student’s exposure to clinical situations, strategies and variety of treatment modalities.
2. Provide the opportunity to apply theory.
3. Work with and learn from experienced clinician as a preceptor.
4. Develop and expand expertise in clinical skills.
5. Expand knowledge about how clinical sites operate.
6. Develop knowledge of the financial aspects of primary health care practice.
7. Expand experience in the care of families in primary health care.
8. Provide opportunities for collaboration with other disciplines in the provisions of health care services.

Appropriate Clinical Sites

To prepare for the best clinical experiences, students are strongly encouraged to complete a clinical plan.

To facilitate the clinical placement and paperwork process, a current short-form vitae is required from each preceptor. Clinical experiences with preceptors that are observational such as radiology do not need a vitae. The form is located online at: http://www.montana.edu/wwwnu/student/graduate.php

Please limit preceptors to 1 or 2 per semester.

**NRSG 561** (135 hours) – In NRSG 561 Primary Care I you will need 2 preceptors. You will spend 2/3 of the semester (approximately 9 weeks) with a pediatric clinician or a family practice clinician who has a large pediatric practice. You will spend 1/3 (6 weeks) of the semester with clinician whose focus is care of women during pregnancy.

**NRSG 562** (135 hours) -- The focus of NRSG 562 Primary Care II is the midlife family. The student will expand H&P skills and broaden the scope of diagnostic and treatment plans. Students begin to develop an understanding of the scope and complexity of the FNP role.

**NRSG 563** (135 hours) – NRSG 563 Primary Care III introduces the student to the complexities of elder care. The student will continue to expand H&P skills and develop treatment plans which involve diagnoses and recognition and use of poly-pharmacy.
NRSG 571 (270 hours) -- The goal of NRSG 571 Primary Care IV is to enable the student to progress from a novice to a more expert level of clinical skill and decision-making. Students frequently request clinical sites that are congruent with post graduation career goals.

**Who Can Act as a Preceptor?**

**Nurse Practitioners -- Nurse Midwives -- Physician Assistants**

- Actively involved in clinical practice
- Nationally certified as an NP, CNM, or PA
- Hold master’s degree with at least 1 year of clinical experience.
- Recognized as an APRN in Montana with prescriptive authority OR recognized as APRN meeting federal guidelines. [Federal facility requirements as VA clinics, military, US Public Health Service Corps (USPHSC), etc]

**Physicians**

- Actively involved in clinical practice.
- Board certified preferred
- Licensed in Montana as MD, DO or recognized as MD/DO meeting federal guidelines.

**Preceptor Interview**

Some preceptors request an interview with the student. The interview:

1. provides the preceptor with an understanding of the level, ability, and personality of the student; and
2. enables the preceptor to assess if the student would be a "good fit" for the clinical site and the population it serves. Remember you are a guest in the clinical practice. The preceptor has the right to make a decision about whether you are a good match for that particular practice.

**Scheduling of Clinical Hours**

Clinical practicum hours are to be scheduled at the convenience and availability of the preceptor.

- Students are not to ask preceptors to conform to a schedule that meets their personal and employment needs.
- The student’s personal and work schedules are expected to accommodate the required number of clinical hours prescribed by the clinical course.
- Prior to beginning the practicum experience, students and preceptors need to agree on the days and times that the student will be in the clinical agency.
- Each Primary Care course requires 9 clinical hours per week or 135 total hours except NRSG 571 Primary Care IV which requires 270 total clinical hours over 15 weeks or 18 hours per week.
Attendance

- It is the student’s responsibility to monitor the number of clinical hours.
- Extension of the clinical experience with the preceptor cannot be assumed. Unexpected illness of the student, family and/or preceptor should be discussed with clinical faculty and the parties involved.
- Failure to notify the preceptor as negotiated is unacceptable and may place the student and clinical placement in jeopardy.
- Absences resulting in lost clinical hours must be completed before the end of the semester and at the convenience of the preceptor.

Professional Dress and Behavior

- Students present themselves as ambassadors of the FNP program. Students are expected to be respectful to preceptors, faculty, staff, patients and their families.
- Reports of unprofessional behavior will result in the student being counseled and is subject to review by the College of Nursing Associate Dean. Refer to College of Nursing (CON) Policy D-3 Clinical Performance in Required Graduate Clinical Nursing Courses. Students should be dressed professionally (clinical site-specific attire) and wear a student nametag that meets State Board of Nursing requirements.
- Each student is required to send his or her preceptor/s a thank you note using CON letterhead (letterhead can be obtained from your campus administrative assistant). A copy of the letter must be given to the clinical faculty and will be included with the final course evaluation.

Clinical Placement

Preparation

1. Students are expected to have full knowledge of agency requirements for the clinical practicum (orientation, dress, location, schedule, etc.) before scheduling the first clinical day.
2. On the first clinical day discuss questions about orientation, computer access, the procedure for cosigning documents, communication with other disciplines, eating, parking arrangements, etc.
3. Learn something about the preceptor, when possible, in order to acknowledge the preceptor’s background and broaden the student’s educational experience.

Placement Process

1. Meet with your assigned clinical faculty by mid-semester in the semester before taking the course. Review your goals, strengths and weaknesses. Discuss your ideas for clinical sites and potential preceptors. If needed, meet with your clinical faculty again for assistance.
2. Contact the potential preceptor by phone or letter of introduction. You will need to know:
   a) when the course begins and ends
   b) how many clinical hours you will be spending with the preceptor
   c) days/hours that you are NOT available (e.g., class days, holidays, work)
3. Obtain the preceptor’s vita or resume and send the vita to the FNP Option Coordinator by email or fax.

4. Kay Lawhon, Administrative Associate (406-771-4450), will prepare a preceptor packet and send it directly to the student. The preceptor packet contains an introductory preceptor letter, agency agreement (when applicable), course description/objectives and student evaluation form.

5. The student will be responsible for:
   a) sending the preceptor’s vita to the FNP Option Coordinator
   b) delivering the preceptor packet to the preceptor
   c) obtaining a signature on the agency agreement
   d) returning the signed agency agreement to Kay Lawhon before beginning the clinical experience. Kay’s address is 400 15th Ave South, Suite 106, Great Falls, MT 59405. Her email is teresa.lawhon@montana.edu.

Compliance Card

Students will not be allowed to attend clinical without the required clinical documentation. Students will be given a “compliance” card with the expiration dates of the following items. The card will expire on the earliest expiration date listed.

- PPD
- Professional CPR certification
- Standard Precautions
- HIPAA review form

This card should be with the student at all times during clinical.

IMPORTANT:

- No student will be allowed to attend clinical until the preceptor vita is on file, the signed Agency Agreement has been returned to the FNP Option Coordinator, and the student has a current compliance card.

- Students without a preceptor in the place the first week of classes for NRSG 561, NRSG 562, NRSG 563, & NRSG 571 will be asked to withdraw from the course.

Documentation

Clinical Hours

Documentation of clinical hours is required for:

- Satisfactory completion of each clinical course
- Certification as an advanced practice nurse
- Preceptor recertification

It is the student’s responsibility to maintain documentation of clinical hours and to obtain the preceptor’s signature at the appropriate time.
Clinical SOAP Notes

Each Primary Care course requires clinical SOAP notes including a complete history and physical. Each primary care course syllabus outlines:

a) The data to be included, e.g. number and type of patients seen, clinical problems, etc.
b) Frequency for submitting the SOAP notes or complete history and physical.
c) The medium in which the documentation is to be provided (e.g. audio tape, e-mail, computerized log program, typewritten, e-mail.)
d) When clinical SOAP notes are due to the clinical faculty supervisor.

Skills List

Students are encouraged to keep track of new skills. A suggested skills list is included in this manual. This list may be used for documentation in job interviews after graduation.

Preceptor Evaluation of the Student

It is important for students to review the evaluation form at the beginning of each semester. See http://www.montana.edu/wwwnu/student/graduate.php for evaluation forms. Course and individual student learning objectives also could be reviewed at this time, providing the student and preceptor with an opportunity to discuss expectations and responsibilities.

The preceptor provides the student with two types of evaluation: formative and summative.

1. Formative evaluation is the ongoing evaluation provided over the course of the semester. Formative evaluation is valuable to students because feedback can build the student’s confidence, as well as identify areas needing improvement.

2. Summative evaluation is the final evaluation of the student’s performance at the end of clinical practicum. The preceptor will document the summative evaluation on the form provided in the preceptor packet.

Purposes of Preceptor Feedback/Evaluation

- To improve and enhance performance.
- To enable the student to successfully complete course objectives.
- To mentor the student in role and professional development.
- To provide ongoing and final evaluation.
- To assist clinical faculty in evaluation of student performance.

Student Evaluation of the Preceptor

For accreditation and credentialing purposes, students are required to evaluate preceptors. Evaluations are completed at the end of the clinical practicum and returned to the clinical faculty.
Primary Care Forms

See [http://www.montana.edu/wwwnu/student/graduate.php](http://www.montana.edu/wwwnu/student/graduate.php) for various primary care forms including evaluations. A copy of the Clinical Hours Record, Clinical Skills and Procedures Checklist, and the Clinical Supervisors Reference Guide is included in this manual for your reference.

Montana Area Health Education Centers

Montana State University was awarded a grant from the Health Resource Service Administration to establish a statewide system of regional Area Health Education Centers (AHEC). The Program Office is located on the Montana State University Campus, directed by Kristin Juliar. The purpose of the regional centers is to connect health professions education to rural and underserved communities. Programs developed at the center focus on creating a link between health professions students (such as WWAMI and nurse practitioner students) and clinical rotations in rural communities. For more information contact Kristin Juliar, (406)-994-6001, kjuliar@montana.edu or go to [http://healthinfo.montana.edu/ahec.html](http://healthinfo.montana.edu/ahec.html)

Looking for a Clinical Site? Go Rural

Rural health clinics, public health department clinics, critical access hospitals or hospital-affiliated primary care practices, managed care networks, prisons, U.S. Immigration, Customs & Enforcement, and Indian Health Clinics provide rich clinical experiences. Most of these sites are defined as Health Professional Shortage Areas and some offer housing for students traveling to clinical. Students are often employed in these areas after graduation and are eligible for loan repayment. For more information on the loan repayment plan go to: [http://nhsc.bhpr.hrsa.gov/loanrepayment/](http://nhsc.bhpr.hrsa.gov/loanrepayment/)

Certification Examinations

Two certification examinations are available for family nurse practitioner graduates through American Academy of Nurse Practitioners (AANP) or American Nurses Credentialing Center (ANCC). Both are recognized for licensure by the Montana Board of Nursing. Both are computerized and upon completion will give the candidate a “pass/fail” result. To save time in the application process, students should request official transcripts be sent directly from the university to AANP or ANCC. Students can submit an official transcript with work to date if applying before the end of semester of program completion. Automatic notification of local state board of nursing can be requested for eligibility to sit for the examination and successful examination pass.

Basic eligibility requirements

1. Hold a current, active, unrestricted professional RN license in the United States or its territories.
2. Hold a master’s or higher degree in nursing.
3. Have successfully completed formal education and training in the same role and specialty area of practice in which you are applying for certification through either a master’s program or a formal post-graduate master’s program in nursing.
4. Have graduated from a program offered by an accredited institution granting graduate-level academic credit for all course work that includes both didactic and clinical components and a minimum of **500 hours** of supervised clinical practice in the specialty area and role and includes core content in:
   a. advanced health assessment
   b. pharmacology
   c. pathophysiology
   d. health promotion and disease prevention, and
   e. differential diagnosis and disease management.

**AANP Certification**

The American Academy of Nurse Practitioners (AANP) Certification Program is fully accredited by the National Commission for Certifying Agencies (NCCA), and is recognized by the National Council of State Boards of Nursing. The candidate will request an application (online) from the American Academy of Nurse Practitioners Certification Program. The application must be submitted with the appropriate documentation to the Certification Program for review. Qualified candidates will be given a **120 day opportunity to test**. Applicants who do not test during this window will be required to re-submit their application with all applicable fees. Applications are located on the website [http://www.aanpcertification.org/ptistore/control/index](http://www.aanpcertification.org/ptistore/control/index)

Testing sites in Montana are located in Billings and Helena. For sites in other states consult the website. Should you be unable to take the examination at the scheduled time, you must notify AANPCP prior to making an appointment for the examination. The registration fee less a $120 processing fee will be refunded within 30 days. Candidates withdrawing after an appointment has been made for an examination are not entitled to a refund. Applications may be delayed during June when AANP has their annual nurse practitioner convention.

**AANP Testing Fees: Computer-Based Examination**

<table>
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<tr>
<th>Status</th>
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<tr>
<td>AANP Members</td>
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<tr>
<td>Nonmembers</td>
<td>$315</td>
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**ANCC Certification**

ANCC is the largest nursing credentialing organization in the United States. Computer-based exams are available year-round at more than 300 test sites. Testing sites in Montana include Billings and Helena ANCC certification examinations also are fully accredited by NCCA, the National Commission for Certifying Agencies and are recognized by the National Council of State Boards of Nursing. The current director of the family nurse practitioner program must complete an education validation form to include with your application. It often takes up to 8 weeks to receive your admission ticket to sit for the examination. The website has study guides, sample questions, and an outline of the examination. Credential awarded is APRN, BC (Advanced Practice Registered Nurse, Board Certified)
ANCC Testing Fees

ANA Members ........................................................................................................ $270
American College of Nurse Practitioners member ........................................ $340
Non-member ...................................................................................................... $395

For more information see http://www.nursecredentialing.org/Certification/NurseSpecialties/FamilyNP.aspx

Graduate Clinical Placement Plan

Student_________________________________________Academic Year________________

<table>
<thead>
<tr>
<th>Course</th>
<th>Preceptor</th>
<th>Agency</th>
<th>Vita on file with MSU</th>
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<tbody>
<tr>
<td>NRGS 561</td>
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<tr>
<td>Primary Care I</td>
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<td>NRSG 571</td>
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<td>Primary Care IV</td>
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Montana State University - Bozeman  
College of Nursing Graduate Program  
Clinical Hours Record

Student Name: ________________________________  Clinical Specialty: ________________________

Course Number and Title: ________________________________  Semester/Year: ________________

Preceptor Name: ________________________________  Faculty Name: __________________________

Total number of clinical hours needed: ____________  Total Clinical hours achieved: ____________

## Documentation of Hours

<table>
<thead>
<tr>
<th>Date</th>
<th>Clinical Site(s)</th>
<th>Hours</th>
<th># of Clients seen</th>
<th>Types of Clients Seen (e.g., prenatal, postpartum, children, elderly)</th>
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Preceptor signature: ________________________________  Date: ________________

Clinical Supervisor signature: ________________________________  Date: ________________
Students enrolled in the College of Nursing recognize the importance of protection of confidential information about patients and their families and of the operations of agencies where students are placed for clinical experiences. It is the obligation of every student to protect and maintain this confidentiality. All patient information stored via paper or computer system is considered confidential. It is the ethical and legal responsibility of all students to maintain and comply with all confidentiality requirements of the agencies used for clinical experiences.

As a student at Montana State University Bozeman College of Nursing, I agree to the following:

1. I will protect the confidentiality of all patients, family and clinical agency information.
2. I will not release unauthorized information to any source.
3. I will not access or attempt to access information other than that information which I have authorized access to and need to know in order to complete my assignment as a student.
4. I will report breaches of this confidentiality agreement by others to my clinical instructor and/or the course coordinator of NRSG ______. I understand that failure to report breaches is an ethical violation and subjects me to disciplinary action.
5. I will not put patient/family/clinical agency identifying information on any written work completed for any assignment.
6. I will not put patient/family/clinical agency identifying information on any stored information (disk or hard drive) on my own personal computer or on any other public or private computer.

________________________________  ____________________________
Date                               Signature

______________________________
Print Name

This form will be placed in my academic file; I was given a copy of this agreement for my records.
Clinical Faculty Reference Guide

Clinical Faculty Responsibilities

- Meet with students to discuss clinical site selection.
- Meet with students twice monthly for N561 & N562, once monthly for N563, to review notes, discuss clinical and role issues.
- Maintain monthly contact with preceptor
- ½ day site visit (or more if needed)
  ___ Track student’s clinical hours – signed by preceptor and clinical supervisor
  ___ Complete Guidelines for Clinical Site Visits form (Yes/No)
  ___ Complete Clinical Performance Criteria form (Satisfactory/Unsatisfactory)
  ___ Complete Clinical Supervisor Evaluation of Student (Satisfactory/Unsatisfactory)
  ___ Receipt of all paperwork from student (see student’s list)
  ___ Preceptor Evaluation (evaluation of preceptor at end of semester)

Student Responsibilities

1. Preceptor packet is sent directly to student to take or send to preceptor.
2. Student to see that the Agency Agreement and preceptor vita have been returned to Kay before being allowed to start clinical.
3. Student to monitor clinical hours
4. Student to return all paperwork to clinical supervisor at end of the clinical experience.
   Paperwork to include:
   ___ Log and/or SOAP notes as required by course instructor
   ___ Record of the FNP Student’s Clinical Hours form – must be signed by preceptor and clinical supervisor
   ___ Clinical calendar (optional)
   ___ PC IV self evaluation
   ___ Preceptor’s Evaluation of the FNP Student form
   ___ Student’s Evaluation of the Clinical Preceptor
   ___ Copy of preceptor “thank you” letter sent by student

FYI – Preceptor Packet contains:

- Cover letter introducing student and clinical supervisor; preceptor responsibilities; duration of course and required clinical hours
- Student evaluation form
- Clinical faculty responsibilities
- Agency Agreement (if applicable)
- Vita short form & MSU employment information (for affiliate appointment, if desired)
- Specific primary care course description
- Self addressed, stamped return envelope

Primary Care forms available online at http://www.montana.edu/wwwnu/student/graduate.php
### MSU-Bozeman College of Nursing Graduate Program
#### FNP Clinical Skills and Procedures Checklist

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Competence Level</th>
<th>Preceptor Signature</th>
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<tbody>
<tr>
<td></td>
<td>Confident &amp; Independent</td>
<td>Minimal supervision needed</td>
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<tr>
<td>Exam of eye for foreign body</td>
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<td></td>
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<tr>
<td>I &amp; D of cyst</td>
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<tr>
<td>Ingrown toenail removal</td>
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<td>Joint injection and aspiration</td>
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<td>Removal of foreign body from skin, foot</td>
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<td>Slide preparation and Wet Preps</td>
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<td>Speculum/Pap</td>
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<td>Suturing</td>
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<td>Use of microscope</td>
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Can be continued after the student enters advanced practice to document newly acquired expertise.