N223: Foundations for Planning and Providing Clinical Nursing Care  
Credits: 2 lecture; 2 clinical laboratory  
Prerequisites: BIOL 207-208, and HDCF 150, and MB 201, Current American Heart Association CPR certification (adult, child, infant)

Course Description: Application of nursing principles, concepts and related skills for care of the individual needing assistance. The clinical decision-making process will be utilized in the provision of nursing care in clinical settings.

Course Objectives: The student will:

1. Utilize clinical decision making in the provision of care for a variety of clients across the lifespan.  
2. Demonstrate application of basic nursing skills.  
3. Integrate principles of safety in the delivery of nursing care.  
4. Incorporate concepts of health promotion in the provision of care across the lifespan.  
5. Demonstrate accurate written and verbal communication with team members and clients.  
6. Integrate teaching-learning principles in the care process.  
7. Demonstrate individual accountability and professionalism in clinical settings.  
8. Discuss the current state of research related to basic nursing concepts and client care principles.

Recommended Content:
A. Safety  
   Safety devices in client care, avoidance of hazards in the clinical setting, use of restraints

B. Medical-surgical asepsis  
   Application of infection control measures

C. Body mechanics, mobility/immobility  
   Apply proper positioning and mobility techniques, including range of motion exercises, transferring, ambulation and use of assistive devices

D. Hygiene (including bathing, bed making, bed pans, perineal hygiene)

E. Vital signs

F. Wound care  
   Assessment of wound, basic dressings, hot/cold applications, suture/staple removal

G. Teaching-learning principles
H. Therapeutic communication
   Basic communication principles; provision of teaching, emotional and physical support
   in preparation for therapeutic procedures; concepts of touch

I. Documentation

J. Clinical decision making, nursing process, scientific process

K. Other skills
   Feeding, aspiration risks
   Care of nasogastric tubes
   Suctioning (NG, oral)
   Spirometry
   Catheterization and retention urinary catheter care, specimen collection from catheters
   Specimen collection - stool, clean catch urine, standard sputum, wound culture, throat
   culture
   Intake and output calculation and recording

Learning Activities:
   Laboratory introduction of skills with return demonstration
   Clinical applications of nursing process and skills
   Development of nursing care plans
   Chart review
   Role plays
   Case studies
   Demonstrations
   Lecture
   Videos
   Patient interviews
   Guest speaker
   Utilization of informatics
   Test/quizzes
   Reading assignments
   Literature searches
   Cooperative learning

Approved by Faculty October 8, 2002