N377: Introduction to Community Based Nursing  
Credits: 2 lecture  
Semesters Offered: F, Sp  
Prerequisites: None

**Course description:** The focus of this course is to introduce the student to community based nursing practice for individuals, families, populations and communities. There is an emphasis on health promotion, disease prevention and health determinants in a variety of settings.

**Course Objectives:** The student will:

1. Apply the concepts of community based nursing in a variety of settings.
2. Discuss environmental health as a key concept in community based nursing.
3. Describe home visiting and other methods of delivering nursing care in the community.
4. Examine basic concepts of epidemiology.
5. Apply the basic principles of health promotion, disease prevention and risk reduction in nursing practice.
6. Discuss the effects of health determinants on the health behaviors of individuals, families and populations.
7. Utilize national health reports, benchmarks, and appropriate resources in planning health care.
8. Describe the role of nursing in developing partnerships in a variety of settings.
9. Demonstrate responsibility and accountability reflecting professional values.

**Recommended Content:**

- Community based nursing concepts
- Family centered care
- Philosophy
- Settings for care- includes home visiting, rural settings
- Health promotion, risk reduction
  - Wellness
  - Prevention
- Health (continued)
  - Health education
  - Teaching/learning principles
- Basic epidemiology
  - Triad model
  - Use of rates
  - Concepts - Levels of prevention, multiple causation, risk, trends & distribution of disease
- Current trends and issues
  - Responsibilities in providing nursing care in the home and at other settings
  - Self care
Family centered nursing care
Interdisciplinary practice
Environmental health- competencies for nurses
Policy
Economics
Aging America
Health determinants
Biology
Lifestyle
Genetics
Access to health care
Policy
Poverty
Environment
Parish nursing

Community based nursing models
Definition of health, health continuum
Health promotion, risk reduction, prevention and wellness
Acute and chronic illness
Impact of health care systems on health
Community based nursing philosophy
Basic epidemiology
Rural health
related evidence based work
health education
teaching/learning
current trends and issues
responsibilities in home visiting
(safety and autonomy across the life span)
(social & environmental influences on health)
(aging America and affect on health care system)
(environmental competencies for nurses)

Approved by Faculty January 2002