

**MONTANA STATE UNIVERSITY  
COLLEGE OF NURSING**

**POLICY # C-10**

**TITLE:** UNDERGRADUATE STUDENT SKILLS CHECKLIST

**POLICY:** There is an undergraduate student skills checklist for student's to record and rate their student learning experiences.

**RATIONALE:** A thoughtful, careful and comprehensive inventory of nursing skills:

- a. assists in identifying and recording skills
- b. provides a communication mechanism for informing clinical preceptors (e.g. in NRSG 487, NRSG 498) of previously demonstrated skills
- c. provides information to prospective employers and others seeking information about a student's learning experiences during the MSU nursing curriculum
- d. helps in development of MROs
- e. assists in evaluating courses

**PROCEDURE:** 1. Students rate themselves using the attached student skills checklist prior to NRSG 487 and NRSG 498.  
2. UAAC will review and revise the student skills checklist every 5 years and more frequently as necessary.

Attachment #1: Student Skills Checklist

**Reviewed/Approved:**

**Level I:** UAAC (April, 2010)

**Level II:** Associate Dean for Undergraduate Programs (April, 2010)

**MONTANA STATE UNIVERSITY**  
**COLLEGE OF NURSING**  
 Policy C-10  
 Attachment #1  
**Student Skills Checklist**

STUDENT \_\_\_\_\_

Date: \_\_\_\_\_

Instructions: The student is to self evaluate the level of skill performance prior to NRS 487 and NRS 498 and complete the following list accordingly. This list may be required for additional courses or instructor review.

Rating Scale:

Skills Lab	1
Need Review	2
Feel Confident	3
No Opportunity	

**ASSESSMENT SKILLS**

<b>SKILL</b>	<b>RATING</b>	<b>SKILL</b>	<b>RATING</b>
Audiometric Screening		Musculoskeletal System	
Cardiovascular System		Neurological System	
Developmental Screening		Newborn Physical	
Diabetic Patients		Nutritional Assessment	
Gastrointestinal System		Pain Evaluation and Control	
Genitourinary System		Pediatric Physical	
Head and Neck		Perinatal Assessment	
Home Safety – Med Alert		Psychosocial Assessment	
Integumentary System		Respiratory System	
Medication Responses		Vision Screening	
Mental Status			
		Safety Assessments— Fall risk	
		Home environment	

**PSYCHOMOTOR SKILLS**

<b>SKILL</b>	<b>RATING</b>	<b>SKILL</b>	<b>RATING</b>
Ambulation		Chest tube management	
Gait belt		Cough and Deep breath: assist to	
Walker/cane		Enema administration:	
Crutches		fleets	
Transfer to chair/commode		soap suds	
To stretcher		tap water	
Bandaging Technique		Feed:	
Anti-embolic hose		adult	
Cold Packs		child	
Compression (Ace) wraps		infant	
Hot Packs		Hair and Nail Care	
Sling		Hand washing technique, basic	
Splint			
Bath:		Monitor Nutritional intake	
adult bed bath		Naso-gastric tube management:	
infant bath		care of patient with:	
sitz		insertion	
Bed Making:		irrigation	
occupied		lavage	
unoccupied		removal	
Bed Pan/Urinal		tube feedings:	
Blood drawing:		continuous	
finger stick		intermittent	
heel stick		Oral hygiene	
phlebotomy		Ostomy care	
Cast Care		Oxygen therapy:	
Change dressing:		nasal cannula	
sterile		mask	
unsterile		pulse oximetry	
wet			

**PSYCHOMOTOR SKILLS: (CONTINUED)**

<b>SKILL</b>	<b>RATING</b>	<b>SKILL</b>	<b>RATING</b>
Positioning:		Telemetry application	
bed pans		Tracheotomy care	
lifting and moving		Traction:	
log rolling		skeletal	
turning		skin	
urinal		Urinary Catheter	
Range of joint motion exercises		Catheter care	
Skin Care:		Insertion of:	
back massage		condom catheter	
foot care		female	
perineal care		male	
Suction:		irrigation	
endotracheal		continuous	
nose and throat		intermittent	
pharyngeal		removal of	
tracheal		Urine Sp. Gr. with chem. strips	
Surgical Asepsis		Ventilator: monitor response to	
gloving: open		Wound irrigation	
closed		Wound suction (e.g., Hemovac, Jackson Pratt)	
gowning		Wound Vac	
opening sterile packs			
surgical scrub			
Specimen collection:			
sputum			
stool			
throat			
urine, clean catch			
wound			

**MEDICATION SKILLS:**

SKILL	RATING	SKILL	RATING
Intravenous therapy management:		Medication administration:	
A. Peripheral Line:		ear	
administer blood/blood products		eye	
Bottle/bag change		I.M.	
convert to heparin/saline lock		inhalation	
discontinuation		intradermal	
heparin flush		I.V. piggy back	
infusion pump		I.V. push	
regulation of flow rate		nasal	
site care		PO	
tubing change		rectal	
venipuncture		subcutaneous	
B. Central Line		sublingual	
Bottle/bag change		transdermal	
CVP reading		vaginal	
site care		Z-track	
tubing change			
intermittent flushing			

**MANAGEMENT SKILLS:**

SKILL	RATING	SKILL	RATING
Charting		TPR	
I & O		Treatments	
Meds		Conduct change of shift report	
Nurses notes			