

MONTANA STATE UNIVERSITY
COLLEGE OF NURSING
Master Resource Outline

NRS 377: Introduction to Community Based Nursing
Credits: 2 lecture
Semesters Offered: F, Sp
Prerequisites: None

Course description: The focus of this course is to introduce the student to community based nursing practice for individuals, families, populations and communities. There is an emphasis on health promotion, disease prevention and health determinants in a variety of settings.

Course Objectives: The student will:

1. Apply the concepts of community based nursing in a variety of settings. (TO 1, 4, 6, 9)
2. Discuss environmental health as a key concept in community based nursing. (TO 3, 9)
3. Describe home visiting and other methods of delivering nursing care in the community. (TO 8)
4. Examine basic concepts of epidemiology. (TO 2, 3, 10)
5. Apply the basic principles of health promotion, disease prevention and risk reduction in nursing practice. (TO 1, 2, 4, 6, 10)
6. Discuss the effects of health determinants on the health behaviors of individuals, families and populations. (TO 3, 7, 9)
7. Utilize national health reports, benchmarks, and appropriate resources in planning health care.
8. Describe the role of nursing in developing partnerships in a variety of settings.
9. Demonstrate responsibility and accountability reflecting professional values. (FO 2, 10, 12, 13; TO 2-10, 12, 13)

Recommended Content and Concepts:

1. Community based nursing concepts
 - Family centered care
 - Philosophy
 - Settings for care- includes home visiting, rural settings
2. Health promotion, risk reduction
 - Wellness
 - Prevention
 - Health (continued)
 - Health education
 - Teaching/learning principles
3. Basic epidemiology
 - Triad model
 - Use of rates
 - Concepts - Levels of prevention, multiple causation, risk, trends & distribution of disease

4. Current trends and issues
 - Responsibilities in providing nursing care in the home and at other settings
 - Self care
 - Family centered nursing care
 - Interdisciplinary practice
 - Environmental health- competencies for nurses
 - Policy
 - Economics
 - Aging America
5. Health determinants
 - Biology
 - Lifestyle
 - Genetics
 - Access to health care
 - Policy
 - Poverty
 - Environment
6. Parish nursing

Community based nursing models
 Definition of health, health continuum
 Health promotion, risk reduction, prevention and wellness
 Acute and chronic illness
 Impact of health care systems on health
 Community based nursing philosophy
 Basic epidemiology
 Rural health
 related evidence based work
 health education
 teaching/learning
 current trends and issues
 responsibilities in home visiting
 {safety and autonomy across the life span)
 (social & environmental influences on health)
 (aging America and affect on health care system)
 (environmental competencies for nurses)

Suggested Student Learning Activities:

Need to be added

Approved by UAAC: February 1, 2010

Approved by Faculty: February 8, 2010