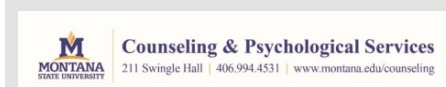


Elevating Behavioral Health:

Share-out from the Community Collaborative

April 6, 2018



Presenting on behalf of the Collaborative:



Vickie Groeneweg
Chief Nursing Officer
Bozeman Health





Convening Inspiration:

Community Conversations & Prevalence Data



Counseling & Psychological Services
211 Swingle Hall | 406.994.4531 | www.montana.edu/counseling



The consequences of untreated behavioral health are devastating.

Montana's suicide rate is consistently double that of the U.S. as a whole.

Montana has the second highest rate of alcohol related deaths in the U.S.

Source: Montana Vital Statistics.





What is Behavioral Health?

- Mental Illness and Substance Use Disorders (SUD)
- Costliest chronic health conditions
- Locally:
 - Mental illness:
 - 30% reported depressive symptoms for two or more years (on par nationally)
 - 24% diagnosed with Depression (above national average)
 - 30% of youth reported depressive symptoms (on par nationally)
 - Substance use disorders:
 - 48% of Gallatin County residents report their lives have been negatively impacted by SUD (15% above national average)

Behavioral Health is Everyone's Challenge

- Montana is top five in per capita spending (public) on mental health with some of the poorest outcomes
- Most behavioral health is treated in primary care settings (not specialty)
- All of Montana's counties, except Yellowstone, are HRSA designated Healthcare Professional Shortage Areas for Behavioral Health
- Behavioral health is a top priority for all 56 counties
- Organizations in Gallatin County highlight importance of behavioral health



“The best people to design the work, are those who do the work”

Dr. Genichi Taguchi



Steering Committee:

Bozeman Health

Bozeman Health Foundation

Bozeman Public Schools

Community Health Partners

Gallatin City-County Health Department

Gallatin Mental Health Center

Gallatin Mental Health Local Advisory Council

Greater Gallatin United Way

HELP Center-211

HRDC

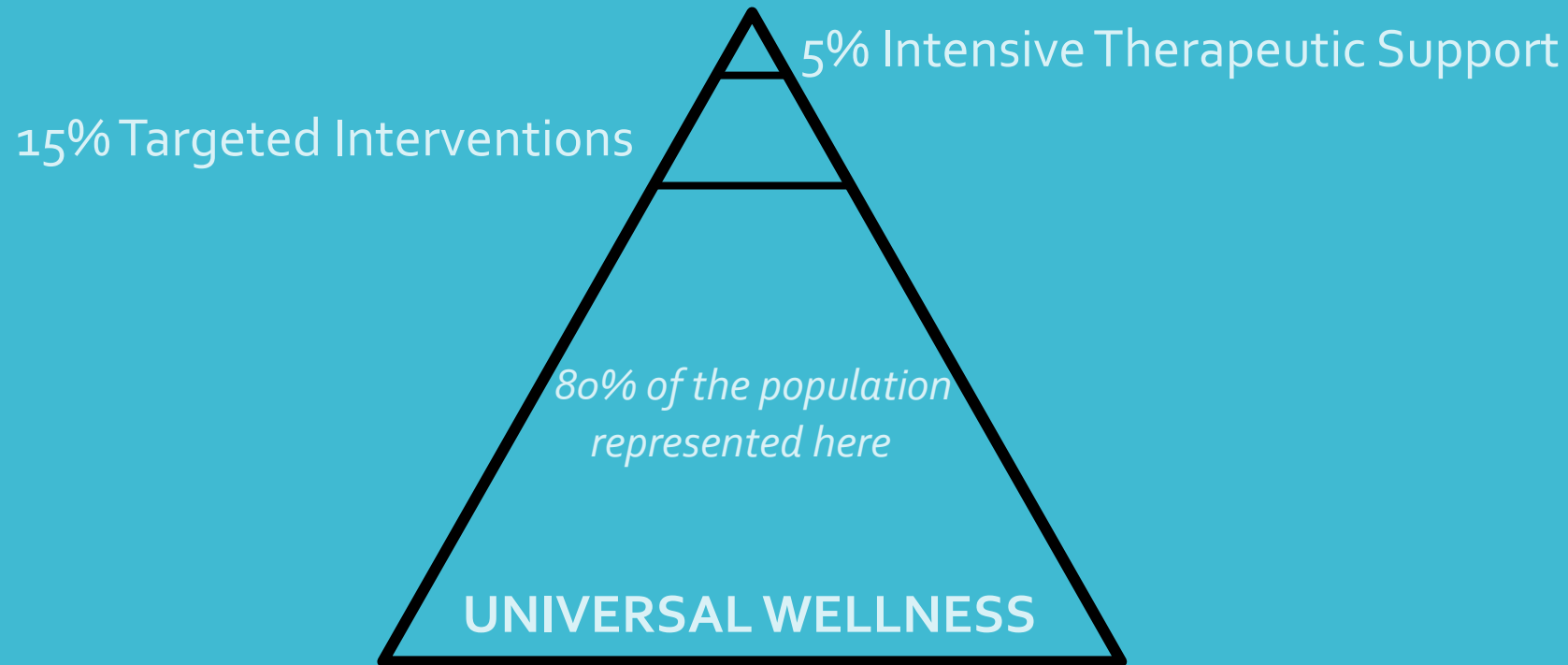
Montana Healthcare Foundation

Montana State University Counseling and Psychological Services

Western Montana Mental Health Center



Public Health Pyramid





Identifying Focus Areas

Improving Access

Supporting Providers

Enhancing Coordination

Advancing Awareness & Education

Ensuring Effective Crisis Intervention





Expanding the Conversation

October 10, 2017 ~ Community Workshop

More than 120 participants from over 70 organizations



Broadening the Collaborative

Absaroka Emergency Physicians
Alcohol & Drug Services of Gallatin County
AWARE, Inc.
Belgrade School District
Big Sky Psychological Consortium, PLLC
Bird Dog Strategies
Bloom Consulting
Bozeman Health Foundation
Bozeman City Commission
Bozeman Dharma Center
Bozeman Health
Bozeman Health Board of Directors
Bozeman Health Cancer Center
Bozeman Health Foundation
Bozeman Health Medical Group
Bozeman Municipal Court
Bozeman Police Department
Bozeman Public Schools
Bozeman School District 7
Business Leader
Calm Winds Counseling
Cntr for Mental Health Research/Recovery
Collaborative Mental Health
Comm. Counseling Correctional Services
Community Health Partners

Community Leaders
Community Members
Facilitators
Family Promise of Gallatin Valley
Gallatin City-County Health Department
Gallatin County
Gallatin County Detention Center
Gallatin County Mental Health Local
Advisory Council
Gallatin County Sheriff's Office
Gallatin Mental Health Center
Gallatin Valley Land Trust
Garden City Professional Offices
Greater Gallatin United Way
HAVEN
Help Center 211
Hope Lutheran Church
HRDC IX
Journeys Consulting
Leadership Outfitters
Lone Peak High School Counselor
Mental Health America of Montana
Montana Healthcare Foundation
Montana Nonprofit Association
Montana Primary Care Association

Montana State House Rep
Montana State Senator
Montana State University
MSU College of Nursing
MSU Counseling & Psychological Services
MSU Extension - Park County
MSU University Health Partners
MSU Addiction Counseling
MSU Dept. of Ag Economics & Economics
MSU-Project LAUNCH
NAMI
Office of Governor Steve Bullock
Park County Health Department
Peace of Mind Montana
Private Practice Counselors
Private Practice LCPC
Roots Family Collaborative
Routefinder Consulting
Tri Therapy
United Methodist Church
Western Montana Mental Health Center
Winds of Change Mental Health Center
Women In Action
Youth Dynamics





Introducing Focus Areas



Improving Access – Dr. Anne Rich, Bozeman Health

Supporting Providers – Matt Kelley, Gallatin City-County Health Dept

Enhancing Coordination – Ellie Martin, Routefinder Consulting

Advancing Awareness & Education – Danica Jamison, United Way

Ensuring Effective Crisis Intervention – Michael Foust, Mental Health Cntr





Breakout Sessions

Facilitation strategy

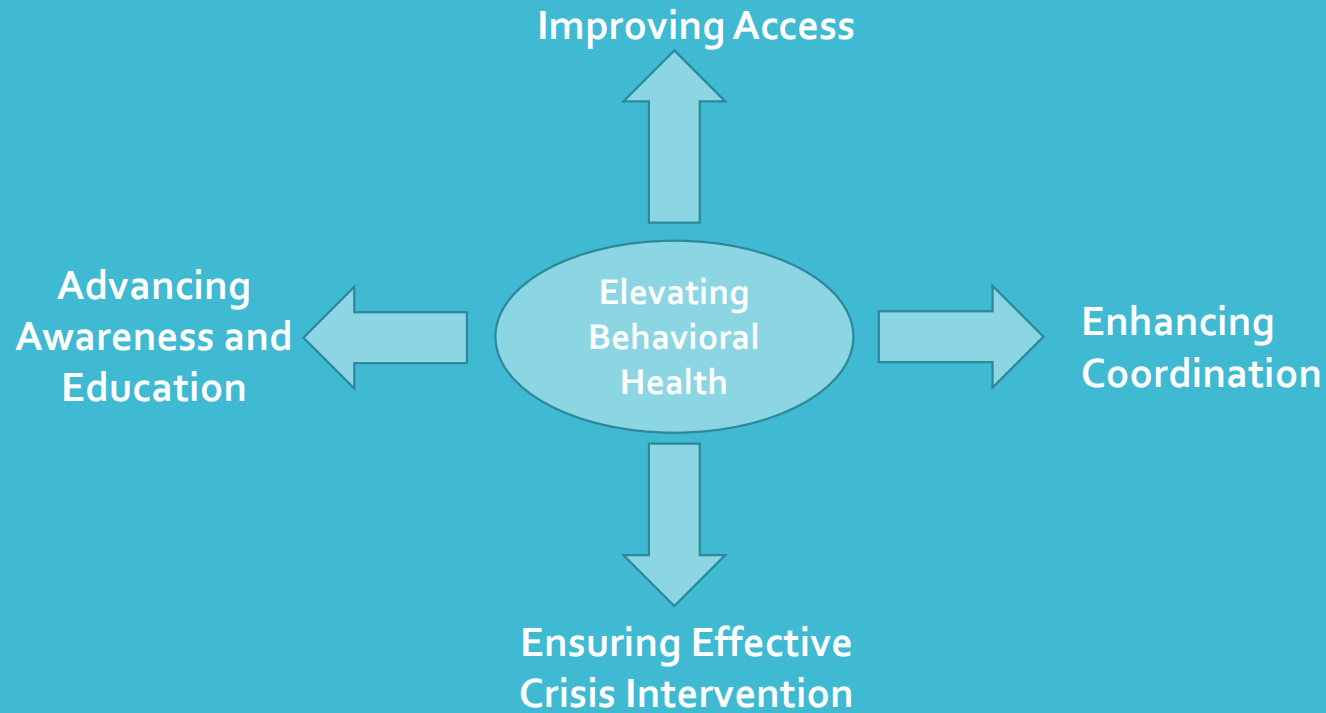
- Professional facilitators
- Designated note-takers

Two sessions

- Reflecting on the problems
- Focusing on the solutions



Continuing the Work...



One Day Review and Work Session: March 6, 2018



Going Forward....

May 24, 2018

GOAL:

Engage a broader cross-sector of community members in understanding the challenges and opportunities of behavioral health and harnessing hope regarding what's possible moving forward.



“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.”

Margaret Mead

