MUS State-Wide Summit on Suicide Prevention

February 1-2, 2016

MSU-Bozeman

Final Schedule

Parking Directions - Free Parking will be offered to all MUS Summit participants in the East Stadium Lot, South Campus

Location - Strand Union Building (SUB) Ballrooms, MSU Campus

February 1, 2016

Opening Session

1:30 p.m. Summit Overview and Welcome – Matthew Caires, MSU-Bozeman

Greetings from the MUS System – MSU President Waded Cruzado, UM President Royce Engstrom & Commissioner Clayton Christian

Suicide in Montana – Karl Rosston, Montana Department of Public Health and Human Services

Reflections after a student death – Marny Lombard

Workshops #1 - 2:30 – 3:45 p.m.

Students Topic: Social Media and Suicide Prevention. Lead – Erin Butts, MSW

Faculty Topic: Research Initiatives across Montana and Future Collaborations. Presenters – David Schuldberg, Ph.D; Matt Byerly, MD; Sarah Keller, Ph.D

Student Affairs / Administration Topic: Means Reduction and Best Practices across MUS. Leads – Brian Kassar, Psy.D; and Jerry Girard, LCPC

Clinical Topic: Screening and intervention options with the imminently suicidal. Panel Discussion Facilitated by Lynn Weltzien, LCSW

Panelists: John Sommers Flanagan, Ph.D; Karl Rosston, LCSW; Jenny Given, LCSW; Kristi Lavin, APRN, FNP.

3:45 P.M. Break

4:00 p.m. Afternoon Keynote – Dr. Nance Roy, Assistant Clinical Professor, Dept. of Psychiatry, Yale School of Medicine and Clinical Director, JED Foundation

Description: The Value of Data Driven Outcomes

Dr. Roy has extensive experience with data-based outcomes and strategies to improve the mental health of university campuses, especially focusing on the link between student success, self-care, and mental health. During her keynote, Dr. Roy
will speak on emotional well-being, suicide prevention, and substance abuse prevention, and the role of data in achieving public health goals.

5:15 p.m. End of Day #1
5:30 p.m. **For Students Only** – QPR Training. Pizza Provided.

**February 2, 2016**

8:00 a.m. Breakfast

8:30 a.m. **Morning Keynote** – Donn Marshall, Ph.D. Associate Dean of Students & Director of Counseling, Health & Wellness Services – University of Puget Sound

*Title:* Building Campus Competence to Prevent College Student Suicide

*Description:* Reducing the rate of suicide among college students starts by acknowledging the scope of the problem, examining factors that increase and decrease risk, and identifying approaches to reducing risk. In this keynote, Dr. Marshall will open the second day of the conference with an overview of risk factors most relevant for a college population, an examination of promising elements of effective comprehensive campus suicide prevention programs, and consideration of institutional challenges to this work.

9:30 a.m. Break

**Workshops #2 - 9:45 – 11:00 a.m.**

**Students** *Topic:* Resiliency and support for our students.

*Lead* – Jerry Girard, LCPC

**Faculty** *Topic:* Question, Persuade, Refer (QPR) Training for Faculty.

*Presenters* – Jeff Rosenberry, M.S. & Triniti Halverson, BS, CHES.

**Student Affairs / Administration**

*Topic:* Mandatory student assessment after an attempted suicide.

*Lead* – Donn Marshall, Ph.D.

**Clinical** *Topic:* Postvention and supporting the campus after a student suicide.

*Leads* – Lynn Weltzien, LSW; Kyrie Russ, LCPC; Sandra Schoonover, M.Ed.

11:00 a.m. Break

**Workshops #3 - 11:15 – 12:30 p.m.**

**Students** *Topic:* Suicide Prevention and the Future.

*Lead* – Lynn Weltzien, LCSW

**Faculty / Student Affairs/Administration Joint Session**

*Topic:* Roundtable discussion on Behavioral Intervention Teams (BITs).
**Lead** – Rhondie Voorhees, Ph.D.

**Clinical Topic:** Balancing Increasing Demands with Effective Treatment  
**Lead** – Ben Locke, Ph.D.

**12:30 p.m.**  
**Working Lunch**

**1:00 p.m.**  
**Afternoon Keynote** – Dr. Ben Locke, Associate Director for Clinical Services & Founder/Executive Director of the Center for Collegiate Mental Health.

**Title:** Mental Health and Suicide Prevention in Higher Education: Lessons Learned from 475,000 College Students Seeking Treatment

**Description:** Dr. Locke will examine the topic of suicide prevention in higher education from the perspective of university/college counseling centers and the students they serve. Using recently published five-year trend results from The Center for Collegiate Mental Health (CCMH), Dr. Locke will review trends in college student mental health, explore contributing factors, and discuss data-based implications for higher education policy over the next five years.

**Workshops #4 - 2:00 – 3:15 p.m.**

**Students Topic:** Sustained Dialogue on Student Mental Wellness.  
**Leads** - Darby Lacey & Karli Kusler

**Faculty & Student Affairs / Administration Joint Track Topic:** Common Training Across the MUS System.  
**Lead** - Betsy Asserson, Ph.D.

**Special Session for SAOs & Directors Topic:** Roundtable Discussions with SAOs and Directors of Counseling Centers.  
**Lead** – Mike Frost, LAC, LCPC

**Clinical Topic:** Prevention and promising practices for Veterans.  
**Leads** – Brenda York, M.Ed., Chip Kern, LCPC.

**3:15 p.m.**  
**Break**

**3:30 p.m.**  
**Final Panel of Experts – Question and Answer Session**  
Panel to include: Donn Marshall, Ben Locke, Karl Rosston, & Brian Kassar  
(Moderator)

**4:30 p.m.**  
**Summit concluded**