

# + School Wellness Regional Workshops

Learn how a local school wellness policy can fuel students to learn and behave better and support staff in creating healthy school environments.



## School wellness in action!

**WHAT:** This workshop will review the benefits of a strong wellness policy, USDA requirements for the school wellness policy and showcase best practices and available tools (for assessing and outreach). It will include inspiring presentations, resources, networking, roundtable discussion, and goal setting to all attendees get involved. We recommend bringing a team (2-3) people from your school community such as an administrator, food service director, educator, health professional or community member.



**WHO:** School wellness coordinators, wellness champions, school board trustees, administrators, school nutrition directors, educators, health professionals, parents, and community partners.

**WHEN & WHERE:** **Great Falls, Wednesday, January 31<sup>st</sup>, 2017.** The workshop is from 12:30 to 4:00 pm.

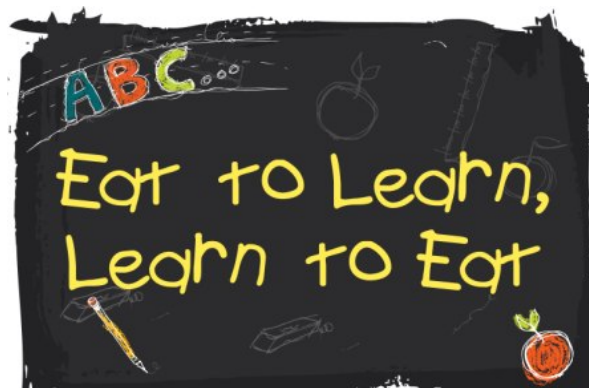
**Continuing Education:** 3 hours of OPI Credit/USDA Professional Standards is available.

This workshop will be repeated in Butte, Kalispell and Miles City in fall 2018. If these dates don't work for you or you would like to host a school wellness workshop for your area, we are happy to provide the training. Contact us to schedule it.

**REGISTER:** Space is limited, so register early (for free) at: <https://app.keysurvey.com/f/1182670/27d7/>

**Wednesday, January 31<sup>st</sup>, 2018 -12:30 to 4:00 p.m.**

Great Falls School District Administration Building,  
1100 4<sup>th</sup> Street South, Birch/Cedar Conference Room



For more information contact Katie Bark, Montana Team Nutrition at  
+ [kbark@mt.gov](mailto:kbark@mt.gov) or (406) 994-5641.