

MT COOK FRESH AGENDA AUGUST 6, 2018

Monday August 6th

	LESSON TOPIC	INSTRUCTOR
11:00	Registration Check In	MSU, Hannon Hall
12:30	Institute Starts – Welcome, Overview of Agenda	Hospitality Management & Culinary
	Icebreaker	Arts Institute
1:00	Nutrition Guidelines Menu Plan	
2:45	Break	
3:30	Inspiring Words of Wisdom	Chef Ann Cooper
5:00	Adjourn, Check in Days Inn	
6:15	Dinner at Fork and Spoon	

Tuesday August 7th

	LESSON TOPIC	INSTRUCTOR
8:00	Food Safety; Facility Orientation	
8:30	Whole Grain Baking	
10:00	Break	
10:15	Baking	
12:00	Lunch	
1:00	Breakfast Menu, Plan, Recipes	
2:00	Mise en Place	
3:00	Break/Knife Safety and Skills	
4:00	HACKS-Time Saving Tips	
5:00	Farmers Market Field Trip, Dinner	Bogart Park

Wednesday August 8th

	LESSON TOPIC	INSTRUCTOR
8:00	Standardized Recipes, Production	Jayne Elwess
9:00	Entrees, Soups, Seasonings,	
10:00	Break	
10:15	Cooking Stations	
12:00	Lunch	
1:00	Grab & Go, A la Carte, Field Trips	
2:00	Equipment and Time Saving Tools	Cindy Giese
3:00	Break/SNP Requirements	Caroline Olson
4:30	Adjourn	
5:00	Livingston Food Resource Center	Michael McCormick

Thursday August 9th

	LESSON TOPIC	INSTRUCTOR
8:00	Batch Cooking, Roasting Veggies	
9:00	F/V, Salad Bars, Local Food	
10:00	Break	
10:15	Cooking Stations	
12:00	Lunch	
1:00	Procurement	
2:00	Cost Control Strategies	
3:00	Break/SNP Requirements	
4:00	Focus Group/Networking	No Kid Hungry
5:00	Adjourn, Dinner Gathering	

Friday August 10

	LESSON TOPIC	INSTRUCTOR
8:00	Tour of MSU Miller Dining Hall	
9:00	Farm to School/Harvest of Month	Aubree Roth
10:00	Marketing/Smarter Lunchrooms	Katie or Molly
11:00	Next Steps, Evaluation, Photo	
12:00	Institute Adjourns	Pick up your
1:00		Sack Lunch!
2:00		
3:00		
4:00		
5:00		

NOTES

AUGUST 6-10, 2018	MSU BOZEMAN
Continuing Education Hours: 31	
Registration includes: lodging, 4 meals, parking, chef coat/cap.	
Smoking is not allowed on MSU campus	
Lodging is at Days Inn- share room	North 7 th Avenue
For more information:	
Kbark@mt.gov ; (406) 994 5641	MT Team Nutrition
Or maryann.harris@montana.edu	
406 994 5397	