

## School Wellness Regional Workshops

Learn how a local school wellness policy can fuel students to learn and behave better and support staff in creating healthy school environments.



## School wellness in action!

**WHAT:** These FREE workshops will review the benefits of a strong wellness policy, USDA requirements for the school wellness policy, and showcase best practices, and assessment and outreach tools. Each workshop will include inspiring presentations, roundtable discussions, review of resources, networking and goal setting activities. We recommend bringing a team (2-3) people from your school community, such as an administrator, food service director, educator, health professional, parent or community member.

**WHO:** School wellness coordinators, wellness champions, school board trustees, administrators, school nutrition directors, educators, health professionals, parents, and community partners.

WHEN & WHERE: Manhattan – Wednesday, April 3, 2019; and Wolf Point on Friday, April 12, 2019

The Manhattan workshop is from 1:00 p.m. to 4:30 p.m. The Wolf Point workshop is from 9:30 a.m. to 1:00 p.m. See below for the locations of each workshop.

**Continuing Education:** 3 hours of OPI Credit/USDA Professional Standards will be available for participants.

These same workshops were also held in Billings, Great Falls, Kalispell, Miles City, and Missoula.

**REGISTER:** https://montana.gualtrics.com/jfe/form/SV 6OYOnjGDJE28JuJ

**April 3, 2019, Manhattan: 1:00-4:30 p.m.** Manhattan Christian School, 8000 Churchill Road, Library

April 12, 2019, Wolf Point: 9:30 a.m.-1:00 p.m. Fort Peck Community College, Dumont Building, 301 Benton Street, Rooms 117/118

