School Wellness Regional Workshops

Learn how a local school wellness policy can fuel students to learn and behave better and support staff in creating healthy school environments.

School wellness in action!

**WHAT:** These FREE workshops will review the benefits of a strong wellness policy, USDA requirements for the school wellness policy, and showcase best practices, and assessment and outreach tools. Each workshop will include inspiring presentations, roundtable discussions, review of resources, networking and goal setting activities. We recommend bringing a team (2-3) people from your school community such as an administrator, food service director, educator, health professional, parent, or community member.

**WHO:** School wellness coordinators, wellness champions, school board trustees, administrators, school nutrition directors, educators, health professionals, parents, and community partners.

**WHEN & WHERE:** Miles City – November 1, 2018; Kalispell – November 7, 2018; and Butte – November 29, 2018. Each workshop is from 1:00 p.m. to 4:30 pm. See below for location address and room information.

**Continuing Education:** 3 hours of OPI Credit/USDA Professional Standards will be available for participants.

If these dates don’t work for you or you would like to host a school wellness workshop for your area, we are happy to provide the training. These workshops were held in Billings, Great Falls, and Missoula in fall 2017.

**REGISTER:** Space is limited; register early:  

**November 1st, Miles City:** Miles Community College, 2715 Dickinson, Room 106  
**November 7th, Kalispell:** Red Lion Hotel, 20 North Main Street, Lake McDonald Room  
**November 29th, Butte:** Quality Inn & Suites, 2100 Cornell Avenue, Big Sky Conference Room  

Each workshop is from 1:00 p.m. to 4:30 p.m.

For more information contact Katie Bark, Montana Team Nutrition at kbark@mt.gov or (406) 994-5641.  
www.montana.edu/teamnutrition  
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